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## FREE

# October 2008 <sup>Vol.</sup> 1/4

## Program News **Emergency Contact Phone Number** 1-866-623-8883

This is a reminder of our emergency contact phone number. With winter soon to be arriving, you should have this number posted on your refrigerator or near your phone. Here are some tips to remember when an emergency arises:

\* When power outages happen: Keep your refrigerator and freezer doors closed. Constant opening and shutting doors will thaw and spoil any food.

\* Have emergency rations of water, batteries and candles available for extended power outages, floods and any other natural disaster. \* Use the emergency contact phone number for emergencies.

## **Tips to a More Positive Court Experience**

*By Beth Hofstetter, Court Clerk* 

No one likes to go to court, and often emotions run high. If we all work together, and follow traditional behaviors of respect for all, tribal court proceedings will run more smoothly. Keep in mind this is tribal court and it is different than county, state or federal court. Here are four things to remember:

Our criminal, civil and juvenile case records are not available to the public. Defendants and their attorneys have access to the records. Family members need permission from the person involved to have access to their records. A written request must be submitted to the judge, and it is his or her discretion to grant the request. (Refer to Chehalis Tribal Court Procedures 3.06.030 Access to Court Records.) ■When present in a court proceeding, either as a witness, defendant, friend or family member, your personal conduct must be dignified. Be orderly and respectful, addressing the court in a clear and courteous manner. (Refer to 3.10.010 Conduct.) Firearms or any weapon aren't allowed,

unless they are being submitted for evidence by an authorized law enforcement officer or bailiff.





Cooper She keeps busy by tending to her flower garden, reading books and collecting angels, 3



## **All Youth Come out Winners in Baseball Tournament**

It was their little tribal days tournament. Even though the weather was hot, they all had fun! 2

# **Construction Begins on** Long-Awaited Center



Tribal Chairman David Burnett (left), Vice Chairman Don Secena (with cap), tribal staff and construction crew wait for a blessing of the land by Dan Gleason, Sr., for the tribe's new community center.

## Fun, Learning and Teaming Up to Happen Within Walls of New Community Center

By Sarra Burnett-Lisle, Planning Administrative Assistant

You asked for it! With the guidance of tribal members and the business committee, the planning department has set into motion the construction of your new Chehalis Tribal Community Center at 461 Secena Road. In 2002, a facilities master plan was developed, including the construction of a new Public Safety Building and the Wellness Center. The Community Center is the last piece of this plan. On Wednesday, September 10, Dan "Bones" Gleason, Sr., blessed the land as it was getting prepared for construction. There were fifteen tribal members there to witness the event. You could see the smiles on their faces, and the high expectations of continued improvements for the tribe. This Community Center will provide many new opportunities for all our tribal and community members. It will be a

new place for our youth, elders and tribal members to work and have fun, and will offer new offices, a gymnasium, activity

## Not Just a Big Fish Story: **New Tribal Salmon Hatchery Will Provide Education, Jobs** and Fish

By Andy Olson, Fisheries Biologist

The Chehalis Tribe has approved the building and staff for a tribal salmon hatchery at the old Hamilton dairy milkparlor. The Chehalis Tribe has long wanted to build and operate a hatchery. The Fisheries Program is working on finalizing the design, sinking the well, and securing the building. The construction thus far has been slow, but we are getting some things done: The well has been drilled, and Derek Youckton and Shawn Goddard stripped the building, with the help of youth workers Mako Slighte and Daulton Youckton. They are currently putting in new doors and windows. The water lines for well water and waste are going to be done soon.

## **Deciding on Species**

The Fish and Wildlife Committee, the tribe, and the Business Committee will soon decide what species and stocks of salmon to raise. The Chehalis River and Black River support some of the most prolific and healthy stocks of Coho (Silver) salmon on the west coast of the lower 48 states. With this in mind, the tribe may consider raising the less prolific and healthy runs -- species such as fall and spring Chinook (King) and Chum (Dog) salmon. In the past several decades, the fall and spring Chinook runs have been under increasing pressure from sport and commercial fishers. WDFW (Washington Department of Fish and Wildlife) opens rivers to Chinook fisheries even when the forecast for these fish are small. At the

■If a person fails to follow these simple rules, he/she may be ordered to leave the courtroom, may be found in contempt of court, or placed in jail. (Refer to 3.10.020 Courtroom Order).

## **Your Native Vote** Counts!

More than ever, your Native vote in the upcoming presidential election will make a difference. Help make Native Americans an even more powerful voting force. Be part of this historical election.

If you have a Oakville address, cast your vote at the Oakville Fire Hall. Rochester residents vote at the Rochester Fire Hall.

> Vote on Tuesday, November 4

City, ST Zip Street Address FirstName LastName

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is a publication of the Confederated Tribes of the Chehalis Reservation.

rooms, a swimming pool, library, computer room and kitchen.

The south wing will be dedicated to our youth, and includes a large area for after-school activities and offices for youth program staff.

The library will have research and fiction sections, as well as computers with internet access. Near the library will be six classrooms that can be used by the youth, education, and cultural heritage programs.

The education and cultural and heritage programs will be housed at the new community center. With these programs working closely together, they can offer more options for us to learn about our tribe,

See Community Center, page 4

See Hatchery, page 4

## **Elders Keep Basket Weaving Alive by Sharing** Their Knowledge with Youth

## Elders Show Youth How to Gather Sweet Grass and Cattails

By Marie Griswold, Chehalis Elder

The first week of July, several Elders and several youth traveled to Bowerman field in Hoquiam to harvest sweet grass. This is one of the few remaining areas where sweet grass grows, and it is protected. In the last ten years, the field has diminished to about a quarter of what it used to be. Different areas are experimenting with growing sweet grass with limited success.

The purpose of this trip was to gather materials for the Elders Program, and to teach the youth how to properly gather sweet grass and cattail. We have a responsibility to preserve our traditions, and keep the art of basket making alive.

Youth learned that when gathering sweet grass, care must be given to not pull up the roots of the plant. This will ensure the grass

will continue to grow for years to come. The gathering time is from July to October, and done at low tide. A very important rule is to gather only the amount you can use.

Our permit allowed us to harvest cattail, too. We harvested it on the return home.

After the harvest, the group returned to

the Elders Center to clean the sweet grass. Each grass is washed individually one by one, using fresh water to rinse all salt water and mud. The grass is lavered on drying racks, and turned every two days. It takes about two weeks until the drying process is finished. Sweet grass is used for foundations of baskets on main weavers.

Cattails only need to be separated for

cleaning, then dried. The drying process is the same as drying sweet grass. After the drying process is done, the cattails are separated by size, tied and are ready to use.

It is great working with the youth, teaching them the process of harvesting sweet grass and cattail. They are our future basket weavers!



Scarlett Romero, Nancy Romero, and Marie Griswold (left to right) gather sweet grass at Bowerman field.

## 2 Turnout is Huge for 1st Youth Hardball Tournament

By Joyce Thomas, Volunteer

The third weekend of July marked the First Annual Youth Hardball Tournament hosted by the Chehalis Tribe and sponsored by the Lucky Eagle Casino. The brackets were set up so all teams would play each other at least once. The winning teams eventually advanced to play for the championship. There were four divisions and 17 teams: ■High School, ages 15-18; Stray Hawks, Oakville, Skokomish, Lacey Rams, Shelton ■Babe Ruth, ages; 12-15; Dew Crew, Chehalis Tribe, Skokomish, Nisqually, Lummi

■Little League, ages 9-12: Nisqually, Chehalis Tribe; Rainier Dodgers, K & S (Oakville)

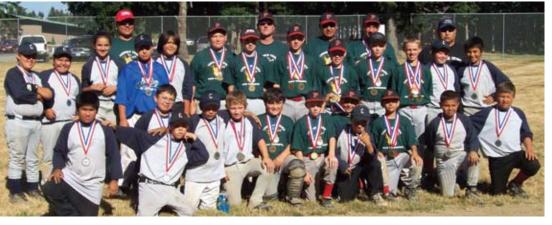
■T-ball, ages 5-8: Little Boston, Nisqually, Rainier Dodgers, K & S (Oakville)

This was the start and makings of our first "18 and under" hardball tournament. Along with parents, grandparents, fans and volunteers, we had the makings of a BIG league tournament.

### Three Fields at Once

The first game kicked off on Friday night with Lummi playing against our hosting Chehalis Tribe Babe Ruth team.

The next day, the T-ball series took off



The First Place Little League team, the Rainier Dodgers, in green, is flanked by the Second Place team, the Chehalis Tribe. Great job everyone! You are all "All Stars!".

with Oakville playing against the "Little Boston Braves" on the softball field, while the Dew Crew, coached by Chuck Burnett, played against Skokomish on the hardball field. That afternoon the Oakville High School field was utilized to play some of the Babe Ruth games, so all three fields were playing at once.

The tribe provided a barbeque on Saturday to feed everyone. Annie Jones, Derwin Goddard, Dan Jones and Kevin Bray did an outstanding job preparing the meal. You couldn't have asked for a better team of volunteers.

Watch Out for Chehalis Little League Team

The one team that we'll be seeing for years to come is one of our own little league teams. They've been playing together for years, and it definitely showed by their sound basic baseball fundamentals, teamwork skills, but most of all, in their attitudes. Ray Lopez was running the little league division and helping with the Babe Ruth and High School games. That's what it's all about, starting our kids young and keeping them together as a team, just as this team has done and will keep doing.

### Why the Volunteers Braved the Heat

Three-cheers to all the volunteers who stepped in and helped keep the tournament running throughout the weekend. It was SO, SO hot out there and they were keeping up the fields, umpiring, coaching and setting up the barbeque.

A proud moment for everyone was when the volunteers refused to be paid for umpiring the games. One volunteer said, "No, I don't want to be paid. It's for the kids and I enjoy watching them play." It was so awesome to see such support and so many people showing a real interest in teaching the values of sharing and playing the game of baseball.

### **All Youth are Winners**

All this would not have been possible without the players and their parents. There were so many talented players and was so exciting! It was their little tribal days!

ALL the youth came out winners in this tournament. As each player received a trophy and a T-shirt for their participation, they displayed addictive smiles. You're all "ALL STARS"!! With that in mind, I purposely left out details of any one team getting championship or the all-star awards: That's the coach's job.

# **Tomahawk Stadium Hosts Another Exciting Baseball Season**

### By Fred Shortman, Editor

Another successful baseball season has sadly come to an end. What a season it was, with six different baseball and softball tournaments. Our annual Tribal Days Memorial Baseball Tournament started the baseball season in May followed by five memorial tournaments. The memorial baseball and softball tournaments were

dedicated by the families in memory of those who have passed, to honor them in a game they loved to play, and to watch their kids continue to play. Each of the memorial tournaments provided free dinners for all to enjoy and share each others company and created a positive memories. All the families would like to thank the volunteers

for assisting in making each tournament a success.

It's great to see our Tomahawk Stadium continue to host baseball tournaments and honor our baseball tradition. It's exciting to hear the sound of the announcer's voice, and the cheering of the crowd, and to visit with competitors, friends, and family. It

fills us with pride to see the sportsmanship displayed after a game between competing teams. What a fun-filled baseball season!

George Youckton said, "Gunny Pickernell used to remind us before we started to play, whatever you do, just remember to have fun!"

# **Baseball Heroes' Legacies Live on Through Memorial Tournaments**

#### By Fred Shortman, Editor

Marvin Youckton, Sr., **Baseball Tournament** August 15, 16, 17, 2008

This tournament is dedicated to Marvin "Mutt" Youckton, Sr., by his family to honor him. Marvin's parents are Jessie and Clarence Youckton, and his grandparents are Bessie and Johnny Hayden.

Baseball was one of Marvin's greatest joys, and he followed the family tradition of his four brothers and five sisters who all played ball. In baseball, he could and would play any position just as long as he got to play. Defensively, he played third base and catcher, demonstrating his strong throwing arm while he played any position on the field. Offensively, he was a powerful hitter, pitchers knew that his bat was a lethal weapon, and with one swing he would launch the baseball into the oak trees. George Youckton, Sr., chuckles and says, "I remember at one of the tribal days events, they used to have a foot race. Marvin had great speed and was the one to beat. In one of the races, Marvin was in the lead. As he stumbled across the pitchers' mound, Jack Young from Taholah passed him. Marvin then regained his balance, and with a burst of speed ended up winning the race. Jack shook hands and joked with Marvin, telling him that he thought he was finally going to beat him, then added, 'Maybe next time." One thing most people will always remember was Marvin's sense of humor and laughter. Even when he tried to talk seriously, you could still detect the laughter in his voice.

Raymond Secena, Sr., **Baseball Tournament** August 23, 24, 2008

This baseball tournament is dedicated

to Raymond Secena, Sr. His parents are Nancy Beckwith and Murphy Secena, and grandparents are Alice Kitsap and Dan Secena. He was the



her, with her patience, encouragement, love and caring.

Coming from an athletic family, Irene displayed great skill and talent in sports. Having four brothers and four sisters, she enjoyed traveling and watching them play in baseball games wherever they went.

At the awards banquet, Irene's siblings shared their memories her. It was an awesome way of remembering her.

The family wants to say thanks to all of the volunteers, umpires, players and cooks who helped make this a successful and fun weekend of baseball in Gram's memory!

and Marrissa. He was an active person within our Chehalis tribal community. He enjoyed fishing, hunting, and loved playing



bingo. He always found time to assist someone in need, from fixing cars to changing a flat tire. You'll always remember his laugh as he joked with you. This was a double elimination coedsoftball tournament with five teams. Family members came out of the woodwork to play in this tournament! Many of them hadn't played for years. It was great to witness how they honored Leo by showing up and playing the game he loved. Tournament Director Patty Youckton was assisted by Cheryl Starr. It was the first annual tournament sponsored by Leo's wife, Linda, and family. They also provided an awesome meal, free to everyone who participated. The family would like to send out special thanks to Muckleshoot for donating the food, to the Lucky Eagle Casino, and to everyone who helped, played and honored Leo by having a great time. It was fun and it made everyone feel good. The tournament results are as follows: 1<sup>st</sup> – Justin's Team, 2<sup>nd</sup> – Orinda's Team, 3<sup>rd</sup> – Choke's Team, 4<sup>th</sup> – Rita's Team, 5<sup>th</sup> – Outlaws

Marvin is baseball legacy that still lives on in his children and grandchildren as they continue to follow in his baseball footsteps.

Seven teams played in the double elimination baseball tournament, placing in this order: Willies – Jackets; Tulalip Jackets; Little Boston – Sweatshirts; Puyallup – T-shirts; Nisqually; Skokomish; Lone Wolves



youngest of eight siblings Next to fishing,

Raymond enjoyed playing and watching baseball. He

was part of the Tomahawks baseball team for a long time. He encouraged all the up and coming Tomahawks. He passed on his knowledge and love of the game to his three sons, one daughter, and all his nephews, nieces. To no one's surprise, you would see Uncle Ray sitting in the visiting tribe's dugout, laughing, joking and enjoying the company of friends and relatives.

Using a round robin format, with each team playing two games. Points were accumulated through the difference between runs scored of the winning and losing team of each game. The two teams with the highest points qualified for the championship game.

This year there were seven teams participated and the results of the baseball tournament are as follows: Willies - Championship Jackets; Nisqually -

Hooded Sweat Shirts; Tomahawks - Crew Neck -shirts; Skokomish - T-shirts; Puyallup; Giles Team

### **Irene Thompson Coed Softball Tournament** September 19, 20, 21

This annual coed-softball double elimination tournament was dedicated to Irene Thompson, and the last tournament of the season. Irene's parents are Jessie and Clarence Youckton, and her Grandparents are Bessie and Johnny Hayden.

Her grandchildren dedicated this tournament in her name to help them remember "Gram" in a good way. She had always had an impact on them, and they could remember the family dinners that she enjoyed hosting. She also loved to cook and enjoyed the company of friends and family. She was dedicated and involved in the Shaker Church. She had one son, four grandchildren and nine great-grandchildren. She touched the life of everyone that knew

There nine teams showed up to play, ending with the following results:

All Nations - Jackets; Nisqually - Sweatshirts;

Hoh River "What's Up" – T-shirts; Orinda Goddard's "Coastals"; Patty's Team "IYT"; Chokes' Team; Bev's' Team, "Chehalis" Grams' Gang; Outlaws

### Leo Daniels **Coed Softball Tournament** September 6, 7, and 8

This co-ed softball tournament was dedicated to Leo W. Daniels. He was married to Linda Youckton on 1973. They had four daughters; Brenda, Sara, Claudea



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Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Chehalis Tribal Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs, and drawings to be considered for publication. These are subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal community members and staff.

Submission deadline: 6th of each month Printed: First week of each month

## **Business Committee**

David Burnett, Chairman Don Secena, Vice Chairman Jessie Goddard, Treasurer Joyleen McCrory, Secretary John Shortman, 5th Council Member

## **Chehalis Tribal Newsletter Staff:**

Fred Shortman, Communications Coordinator



The Confederated Tribes of the Chehalis Reservation...

"People of the Sands"



# **Honoring our Elders:** Mabel "Doodle" Cooper

## "...Is very committed to her kids. Now she spoils all the little ones."

Mabel is 86, and was born in 1925 to Earnest Beckwith and Lizzie Williams. She had five brothers and four sisters. Her first marriage was to Tony Rogers. Then she married Buddy Cooper. She had 12 children, 7 boys and 5 girls. She was married to Buddy Cooper for 57 years. She has many, many grandchildren, great-grandchildren and great-great grandchildren, and loves to spoil them when they visit.

Rain or shine, Mabel Cooper travels from her Shelton home to the Chehalis tribal cemetery to pay her respects. She places flowers on the grave sites of her beloved husband Buddy Cooper, and her daughter Delores Rogers. If she has extra flowers, she places them on sites of family and friends who have passed. Her reason is simple: "I miss them."

Mabel's few words are typical of her, says daughter Ruth. "She doesn't always say what is on her mind." But there is plenty on her mind, memories of tough times, good times, loved ones from the past and present.

Some of her earliest memories are of growing up on the Beckwith property on South Bank Road. Her father, Earnest Beckwith, always planted a huge vegetable garden, and the family helped weed and harvest. "There were vegetables for the whole family all year," remembers Mabel.

Another fond memory of her early home was her father and his love of fishing. He would often jump in a "leaky old dugout canoe" and go net fishing below the Sickman Ford Bridge.

Other early memories were of going to church at the tribal center and listening to the sermons of Pastor Nick Haven. When Mabel entered her teens, she would travel all the way to Centralia to get a milk shake. Once she hitch hiked to Aberdeen with her sister Gladys to pick up a car. She would not recommend hitch hiking these days.

When Mabel married Buddy Cooper, the couple moved to Squaxin Island. They lived inland, away from the beach. "It was no fancy house, just a couple of bedrooms and a kitchen and dining room together," says Mabel.

Buddy's father Edward Cooper also lived on the island, in a small house built on the water. The family kept busy by harvesting and selling clams, fishing, and picking huckleberries. That's how Mabel learned to be an expert huckleberry pie baker. "I used to make all that stuff!" she says.

It wasn't an easy life, living on Squaxin Island. There was no well water. The family got water from a creek. They heated the house with wood, and used kerosene lamps for light. They traveled to and from the island in a 12-foot boat. "It was really rough, especially in the winter," says Mabel. She lived there for 20 years. Mabel and her family left the island in the early 1950s, and were the last family to live there. "I was glad," she says. "I said I would never go back there." And she never has.

The family moved to Shelton. "There was running water, electricity. There was a refrigerator! It made me happy," says Mabel. These were good times for the family. Mabel and Buddy visited friends and family, driving to Hoodsport, Port

Angeles and Yakima. Buddy passed away two years ago. They had been married

Now Mabel keeps busy by keeping a flower fuchsias are her favorite), reading books (she enjoys Indian stories and old

westerns), and collecting angels. There are hundreds

57 years.

garden (purple

was just one little building. It is getting better." Mabel says the tribe is on the right course, and offers this: "The most important thing for the tribe is to take care of the children, to keep them off of drugs and alcohol."

of glass, ceramic and painted angels displayed in her home. "They represent the ones who have passed

away," Mabel explains. On one wall is a plaque: "When you lose someone you love, you gain an angel you know."

Mabel also regularly visits her children, grandchildren, great-

grandchildren. Here daughter Theresa visits and drives Mabel. Her son Ron

"Buck" Rogers helps her around her

When Mabel visits the reservation, she

is impressed with the advances. "It's a

lot better than it used to be. Years ago, it

grandchildren and great-great

home.



Mabel spends time with her family, including daughter Ruth Rogers, great-great grandson Xavier Klatush, age 5, and great-great granddaughter Camilee Klatush, age 9 months. Says Ruth, "Mabel was very committed to her kids. Now she spoils all the little ones." Xavier agrees, "She makes chocolate chip cookies for me."

# Lucky Eagle Casino Expansion Almost Complete

By John Setterstrom, General Manager

Your new addition to the Casino is complete. The total expanded area will allow us to increase the video games to 975 - the maximum number allowed by the compact. However, management will not increase to that level immediately; we will continue to monitor the economy while remaining conservative in our forecasting, being careful not to expand before business dictates. Our business philosophy has always been to grow your business based on what business levels are telling us to do. It is crucial now more than ever to maintain a steady course through these potentially turbulent times. If you haven't stopped in for awhile, I encourage you to come see all of the new and exciting changes. As the remodel efforts progress over the next six weeks you will see a lot of the new elements in the expansion being carried through to the old area:



- The Silver Oak Lounge is scheduled to begin its transformation this month. The lounge will have a completely new look and feel including a new bar, furniture and a signature silver oak tree that will tie in perfectly with the warm outdoor -streetscape theme of the Casino.
- The modular buildings will be removed

■ The new cashier's cage is well on its way and is scheduled for completion by October 22nd

The new addition is located at the north end of the casino. Many more machines, a sky ceiling and a non-smoking gaming section are already attracting customers.

■ A custom metal pergola will be installed over the pit in the table games area. The pergola will be a beautiful addition to

the gaming floor, as well as provide our table games players with a more intimate setting. This will be completed in mid-tolate October.

from the rear of casino making way for additional parking and easy deliveries.

The administration is currently in the process of moving into the new office building. Communication and coordination is sure to be more efficient with all departments being under one roof. As always, I have an open door policy; please feel free to stop by to discuss any issues on your mind or to just say hello.

Our goal is to have all projects completed by mid-November, just in time for the holiday season. Thank you for your support and providing us with the ability to meet the needs and expectations of our customers.

Bush, and my great grandparents are Katherine (Tobin) Edward Smith - Chehalis.

Since 1989, I have worked for the Skokomish Tribe, Squaxin Island Tribe and South Puget Intertribal Planning Agency in various capacities. I learned how to compose, edit and cut and paste a newspaper at Skokomish and then went to SPIPA to establish the SPIPA Intertribal Newspaper. The logo that SPIPA currently uses is the one that I designed.

Then I went to work at Hood Canal School. It was hard working in the school environment. But because my heart is with our Indian children, I stayed in that job four years. Then I went to work for Skokomish Head Start, while I obtained my bachelor's degree from The Evergreen State College. Since 1992, I have worked in Indian education. My most recent employer was SPIPA. The SPIPA Intertribal Pathways to Success Project was complete on June 4, 2008.

I look forward to helping our students in their educational endeavors. Please call me if you have any questions at 360-790-1888.

# **Tribal Staff Profiles**

## Greg Burnett, **Financial** Analyst



My name is Greg Burnett and I have been hired as the new Financial Analyst for the Tribe. My wife is Sandra Burnett, my parents are Steve and Renee Burnett, and my grandparents are Jimmy and Nadine Burnett.

I have been in the accounting field for over seven years. I received a Bachelors' Degree from Saint Martin's University with a double major in accounting and finance. Currently, I am preparing to take the CPA exam. As a tribal member, I am proud to have the opportunity to put my skills and experience to work for the tribe.

Since being in grade school I've dreamed about becoming an accountant. Attending Aberdeen High School, I started paving the

path to achieving my goal. I kept my grades up, and at seventeen an opportunity arose through the Running Start Program they provided. Starting early, I completed the 2 year program at Grays Harbor Community College and earned an AA Degree in Accounting.

I continued to further my education by attending St. Martin's College to work on my BA Degree. I was hired by a larger CPA firm in Olympia to be closer to school. It was a greater opportunity to learn and grow as an accountant. I became a small business consultant in the field of non-profit organizations and corporations.

Finding funding sources to further my education through student loans was interesting. In 2001, the Chehalis Tribe was beginning provide scholarship funding. I qualified and the program helped me achieve my goal to become an accountant.

When the Financial Analyst position for the Tribe was posted, I immediately applied. What an exciting opportunity to put my

education and skills to work for the tribe. Even a bigger thrill, when I was notified that I had received the position. I am proud to say, "I would like to thank the Chehalis Tribe for giving me the opportunity to give back what they gave me!"

## Bobby Bush, **TELO K-12** Program Assistant



Hello and good day to you. My name is Bobbie Bush. I am an enrolled Chehalis tribal member. September 16 was my first day as TELO Program Assistant. My focus will be on K-5<sup>th</sup> grade students. It is very exciting to work for our tribe.

Maybe you wonder where I come from and who my family is. My parents are Susanna Farinsky and Robert E. (Bob) Bush, an enrolled Chehalis tribal member. My grandparents are Mae Smith and Phillip



(continued from page 1)

same time, the Chehalis Tribe has limited its impacts on the Chinook runs through conservative fishing or conservation closures of all commercial fisheries, such as the closure for spring Chinook in 2008.

#### Salmon for Market and Dinner Table

We don't think that hatcheries will replace wild fish, but with proper management and working with the right stocks and species, we could supplement the Chehalis Tribe's commercial and sport fishing opportunities with hatchery fish -good quality fish for the market or the dinner table.

#### **Netting More Jobs**

In addition, we hope to create more jobs through increased recreational and commercial opportunities for tribal members. The hatchery could partner with commercial fish-buyers and caviar producers. The tribe's fisheries plan and products will not only increase profits for the tribe and fishermen, but create many jobs, such as jobs in aquaculture, fish-processing, caviar production, smoked salmon sales, fishing guide services, site maintenance, and access fees.

This will bring many great educational opportunities for tribal and local youth, from head-start to high-school and beyond. There are several local private aquaculture businesses that could employ tribal youth trained at the Chehalis Tribe's salmon hatchery. Youth will have a chance to take ownership of their resources and their river.

#### **Hooking New Fishers**

We are also looking at selective-catch fisheries, using traditional weirs and traps. If we do this, there is great potential for partnerships with groups such as the CCA (Coastal Conservations Association). This partnership would break new ground in tribal fisheries in Washington State. This selective fisheries could benefit new tribal fishers who do not have family fishing grounds. It would be a way to recruit young fishers, and encourage and enable them to carry on the tribe's fishing culture and heritage.

In the meantime, we will be providing classes to new fishers on net-making, netfishing, pole-fishing, river and boat safety, and fish preparation. These classes are tentatively planned for the fall and winter fishing seasons.

## Pitch in, be Patient, then Fish, Fish, Fish

Much of the work involved in the hatchery construction and operation will depend on volunteers, the Fish Committee, and the Fisheries Program. We will be calling upon the community to help guide and run the Chehalis tribal salmon hatchery. Volunteers will help in many ways from painting to spawning fish to collecting wild fish for brood stock.

The hatchery will operate on a yearround basis producing four batches of nearly 40,000 juvenile fish. We must all be patient as it can take as many as 5-7 years to see an increase in productivity and fish run size. We are confident this project will thrive and help restore the salmon fisheries of the past to the Chehalis people and those communities surrounding them.

# **Community Center**

(continued from page 1)



The Klatush family is excited about the new community center. Said mom Paula (on right), "The new community center will be a good thing. It will be right in our neighborhood. We won't have to drive. Plus, our kids are like fish! They love the water. The swimming will be great exercise." Also pictured are (from left) Desiray Pope, Dale Jr., Mariah, and Paul Klatush.

and increase resources for the youth to pursue higher education off-reservation. A teaming up of education, and cultural and heritage is exciting to think about.

There will be a regulation-sized gymnasium and a swimming pool, too. Both are probably the most highly anticipated attractions to the Community Center. The swimming pool will be 48' x 35' and the gym will be available for basketball tournaments.

A large meeting room and kitchen will provide the space and facilities we need for annual meetings and community events.

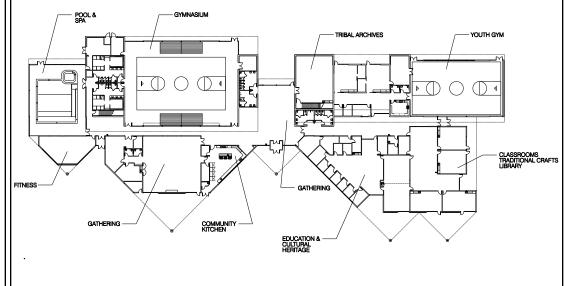
Right now, Secena Road right-of-way is being cleared. It will be paved in the spring from Anderson Road to the Community Center and street lights will be installed.

The Community Center will also become the place to go when the power goes out or we have flooding. It will have a generator and resources to shelter tribal members when natural disasters strike.

The new Community Center is projected to be completed July 10, 2009.

# **Great News: We are Winning** the Battle Against River Weed





The community center will have two wings. The south wing will house tribal archives, a youth gym, a library and the education and culture programs. The north wing will include a full size gymnasium, pool and fitness room.

Norman Berg (left) and Robert Cayenne (with cap) work with Maynard Starr (who is in the river), to vacuum up the Brazilian elodea weed from the Chehalis River. The team worked for several weeks. The weed removal will help lessen flooding of the Chehalis River Basin.

#### By Andy Olson, Fisheries Biologist

The Chehalis Tribe again battled the noxious weed, Brazilian elodea, in a battle for control of the river. I'm glad to report that we seem to be winning. The tribe's crew began at Fort Borst Park in Centralia, but encountered much less elodea than in past years. For several weeks, the tribe's crew removed the weed, beginning at the mouth of the Skookumchuck River, then working downstream until the river conditions prevented the use of the barge.

The barge and crew then moved to Galvin, the next area of concentrated elodea. Like the mouth of the Skookumchuck, the elodea at Galvin was much less than in past years. Our crew seems to have removed

most of the weeds in that area, and are now winding down the season.

This year, our crew pulled nearly 18,000 pounds of Brazilian elodea! This removal will help the river flow correctly without retaining damaging sediment that suffocates salmon eggs and causes more severe flooding in the Chehalis Watershed. The elodea also slows the water flow, which prevents salmon migrations. This slowmoving water warms up, creating a perfect habitat for invasive salmon predators like small mouth bass, large mouth bass, sunfish, rock bass and yellow perch.

Thank you to all who worked hard to eradicate this noxious weed.

# **Program Teaches that Lifestyle Change Helps Prevent Diabetes**

### By Cathy Visser, Nutritionist

Changing lifestyle habits is a process that takes time and is best accomplished through a variety of teaching methods. Helping people prevent the onset of diabetes through nutrition education and discussion is a good place to start. Another good way to teach nutrition is to show people how to shop, handle and prepare food. After all, we eat food, not vitamins and minerals.

During the past six months of working with DPP staff and participants, I have learned a lot about how people eat and why we make the food choices that we do. In our busy society, food choices are often based on convenience and cost. With some planning and a few cooking skills, it is possible to eat better even if your interest or ability to cook is limited.

### And if you enjoy cooking and trying new things, your chances of improving your nutritional status through learning new ways to buy and prepare food is even greater.

Some of the foods we've prepared so far include: fruit and yogurt smoothies, ground turkey spaghetti sauce, lentil tacos, vegetarian chili, and whole grain quick breads and muffins. More recently, we've explored ways to stir fry just about any meat and veggie to make a quick, economical, healthy and delicious meal. Fortunately, many of the folks who participate in DPP already know a lot about cooking. I constantly get feedback about dishes the group likes to prepare that are healthy and/or things they'd like for me to modify so that they are more nutritious.

We plan to continue to teach DPP participants' new and different ways to prepare healthy meals. My goal is to eventually produce a Diabetes Prevention cookbook to share with everyone who has an interest in eating a healthy diet. I also think it would be great to include DPP Participant stories, favorite recipes and pictures in the cookbook. If you have ideas about what you'd like to see included in such a cookbook, don't hesitate to contact me, Cathy Visser, or Pat Odiorne at the Chehalis Tribal Clinic, or call me at 273-5904.

General Council Annual Meeting Election Day	Veteran Appreciation Day Tuesday, November 11 5 pm - 8 pm
Saturday, November 8, 2008 10:00 - 3:00 Youth Center	Event Center Lucky Eagle Casino

Polls Open 8 am to 4 pm

The Chehalis Tribe invites area veterans to join us as we pay tribute to your service and valor. You deserve it!

## Wellness Center Extends **Monday Late Start** for Ninety Days

The clinic hours are: Monday: 9:30 am to 6:00 pm Tuesday: 8:00 am to 4:30pm Wednesday: 8:00 am to 4:30 pm Thursday: 8:00 am to 4:30 pm Friday: 8:00 am to 4:30 pm

Any questions please contact us at 273-5504 for scheduling or doctors schedule