April 2009
Vol. 2/4
Program News
Many Ways for Youth and Families to Avoid Substance Abuse
By Lorrie Bonifer, Family Services, Prevention Specialist
There are existing activities offered in April and May to help youth and families prevent drug and alcohol abuse. Please join us:
• Every Thursdays, starting April 16: Drug and Alcohol Prevention Youth Group, 4 - 5 pm at the Resource Center.
• April 29 and 30: Drug and Alcohol Substance Abuse (DASA) Youth Leadership Conference, 8 am – 6:15 pm, Great Wolf Lodge. We have a group of youth who will give a presentation on the Choice and Consequence Event that was held at the Youth Center on March 11. If they win, they will earn scholarships to go to CADC in Washington, DC, in 2010.
• May 25: Community Garden Project meeting at 10 am at the Youth Center. Lunch will be provided.
• The Prevention Program is looking for people to name our youth group and submit art representing your youth preventing drug and alcohol use. There will be two $100 prizes awarded, one for naming our group, and one for the art which will be used on flyers and posters. Winners will be announced on May 29. Submit your art or name to Lorrie Bonifer, Prevention Coordinator, at Lbonifer@chehalistribe.org or call 360-709-1888. Deadline for entries is no later than May 12 at 12 noon.

Program Available to Assist Graduating Seniors
By JJ Shortman, TELO Coordinator
Attention all Chehalis tribal and community members! It’s that time again, our high school seniors are starting to catch “senioritis” as they prepare to escape the rigors of high school. As most of you know, the Chehalis Tribe celebrates our graduating seniors with a dinner and recognition ceremony. As well, we have funds in place to help with anything your senior might require to make the culmination of the last thirteen years of hard work complete. 

If you or someone you know is a tribal or community member getting ready to graduate, please contact our office to get a questionnaire. We will need their name and the schools they attend to find out if they will be graduating or going on to college. 

Also a bit of other news: We have hired two new gifted employees - Jason Gillie and Anna Tagoe - and our staff is at full capacity. They will be able to help with our After-School Program to stay open until 5 pm, Monday through Friday. For more information, call JJ, Tawni, Jason or Anna at 709-1717.

Lucky Eagle Awards Recognize, Set High Standards for Employees
By Mae Wheelwright, Human Resources Director, Lucky Eagle Casino
On Tuesday, March 24, the Lucky Eagle Casino held its 10th Annual Associate of the Year Banquet at Great Wolf Lodge. The Casino is committed to recognizing the associate’s contributions which help make our business successful and our workplace more inviting. Front line associates are the face of Lucky Eagle Casino, and they provide our guests with “a more rewarding experience.” These individuals possess unique skills and talents which help set Lucky Eagle Casino apart from other casinos in a highly competitive arena.

This special recognition dinner is one way the casino rewards those who have provided outstanding guest service. An excellent meal, entertainment, and manager presentations set the stage for the evening.

The casino believes this helps to strengthen relationships and builds a family atmosphere. Other recognition programs that continue to encourage associates to strive towards better customer service are “Catch a Rising Star,” “Stars on Parade,” and “Steaming Service.” These programs help build strong morale, and a culture where associates feel recognized for their hard work.

In order to receive the prestigious honor of Associate of the Year, several selection criteria and high standards must be met. Each year, through a lengthy selection process, the Associate of the Month Committee works hard to narrow down the selection to just one candidate from a field of 12 top-notch Associates of the Month.

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The menu, similar to a Taco Bell franchise, includes a selection of tacos, burritos, gorditas, nachos and salads. The items are valued-priced from $1.99 to $4.99. Hours are 9 am to 7 pm, seven days a week. So come on in, say hello, and order a burrito to go!
By Cindy Gamble, Wellness Center Director

A group of Elders who called themselves “The Red Cedar Hat Club” based loosely after the Red Hat Club, enjoy sharing basket weaving techniques, new patterns or styles, but mostly they just like to visit with each other and have fun. The Red Cedar Hat Club made Easter baskets every year during the weekly meetings at the Resource Center. The club has had its line since its beginning. The gathering has been rescheduled to accommodate the needs of the community, for every Thursday evening from 4-7 pm at the Tribal Center.

The atmosphere is relaxing, as everyone brings in a basket to laugh, sharing memories, and working on different projects together. Someone might bring in a basket that was made for the baby. If you want to become a basket weaver, you’ll need to learn all the hard work it takes to accomplish this.

Baby Board Class has Never Faded from Native Traditions

By Cindy Beck, ND, Program Coordinator SDPI

Jodie Smith made a Yakima baby board in a class taught by Trudy Marcellay.

Trudy Marcellay volunteered her time and useful diagnostic tool for providers. It could be your key to weight loss.

Chehalis Tribal Newsletter

Options Provide New X-rays

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The Chehalis Tribal Wellness Center is proud to announce the arrival of a new X-ray machine and digital processor. The machine is installed and staff is being trained.

When a Wellness Center provider orders an X-ray for a Chehalis Tribe patient, the machine will be available on the second day. The X-ray machine is designed to take more images of a patient to see the anatomy at nearly the same time in the digital processor. An X-ray film is developed on a light box, but only if you can stick to just one. And remember to judge your portion by volume, not by the number of calories. One bagel used to be a reasonable volume of food each day but only if you stick to just one. And remember to judge your portion by volume, not by the number of calories. One bagel used to be a reasonable volume of food each day but only if you stick to just one. And remember to judge your portion by volume, not by the number of calories. One bagel used to be a reasonable volume of food each day but only if you stick to just one. And remember to judge your portion by volume, not by the number of calories. One bagel used to be a reasonable volume of food each day but only if you stick to just one. And remember to judge your portion by volume, not by the number of calories. One bagel used to be a reasonable volume of food each day but only if you stick to just one. And remember to judge your portion by volume, not by the number of calories. One bagel used to be a reasonable volume of food each day but only if you stick to just one. And remember to judge your portion by volume, not by the number of calories. One bagel used to be a reasonable volume of food each day but only if you stick to just one. And remember to judge your portion by volume, not by the number of calories. One bagel used to be a reasonable...
Helen Sanders was born in December 1927 to Daisy Ford and George Sanders. Her grandparents, on her mother’s side, were Josephine “Quisah” and Sidney Ford Jr; on her father’s side were Lucy Quapaw and Jim Sanders. She has nine siblings; Lenora, Ruby, Helen, and Andrew who died at birth. Helen was married three times to Roy Secena, Alston “Bud” Mitchell and Gerald Kirshling. While married to Roy Secena, the couple had one daughter, Susan Secena-Sanders. Helen has three grandchildren and two great-grandchildren.

Helen was born and raised in her family’s home on Howroot Road next to Black River by the reservation line. In the rest of the families at that time, they had horses, cows, chickens and a large vegetable garden. She considered herself a tom boy and preferred working outdoors helping her family around the house. Her sister Pearl did the house chores.

Her dad fished on the Black River by the house, and farther down the Chehalis River. She remembers sitting in front of the dugout canoe while he used a long pole to guide them to his fishing grounds, “the old channel,” on the Chehalis River. The fish helped supplement their income of it was smoked and canned and eaten for meals.

Her father worked for the Shaffer Logging Company. He was an old miner and had joined the Alaska commission for prospecting and bucking timber. The company logged on the hills south of the reservation. Her father got up early in the morning, and she was the only one who could still walk down the road to the beach, and then left the milk for a Darigold milk truck to pick up as she caught the “crummy” in front of the house to go to work.

It was the Great Depression, so Helen’s brothers Jim and Sid went to work for the CC Camps. These were forestry jobs that would play games outside. They liked to play Anti-E-I- over with the other children. It was fun.

While in school Helen played basketball and baseball with Pauline Klaush and Bertonne Secena. Due to the depression, the school didn’t travel to play other schools. Twice a week they would clean their classroom and everyone enjoyed the games.

Helen lost several of her brothers and a sister to tuberculosis. Back then people died from TB. Her sister Pearl died from it while at business school in Tacoma in her early twenties. Her brother Andy was attending WSU and died at age 21. Her uncle Ben Sanders had TB, and her mother took care of him. This might have been infected and inflicted a lot of suffering.

After graduating from Oakville High School, Helen continued helping her mother around the house. She remembered her brother Will Long mention that going, “There ain’t right!” in the reservation logging industry. This memory fueled Helen’s desire to help the difference for Indian people. In 1968 she became a dedicated member of the Allottee’s Association to protect individuals from poor management practices of the BIA.

Helen feels frustrated with BIA land management practices, so she took out a large loan to start purchasing allotment lands to help reduce the policy of termination of reservation land. The allottee’s also worked to secure a better price for their forest products. The Association filed a law suit against the Department of Interior (BIA) for mismanagement of the Federal Trust Lands on the Quinault Reservation. A major decision by the US Supreme Court spelled out clearly the trust responsibility of the government to the allottees.

Helen remains committed to protecting allottee’s trust land. Her mission is to educate allottees on BIA policies and procedures and inform them of how other tribes are effectively working with the BIA.

I am a Chehalis tribal member. I

Helen loves spending time with her great-grandchildren. She is pictured here with the 15 month old twins (L) Morgan and (R) Eliana enjoying Easter together.

Helen was a dedicated employee for the tribe for over forty years. The new Wellness Center is a great place to work. The tribal and community members here are working hard to educate themselves on diabetes. Helen is the eldest of three children and my parents are Margaret and William Cornelius. We grew up on a farm in Newport, Washington. She grew up raising milk cows and cattle, and a whole host of other animals. At harvesting time, we could work most of the produce. Canning and freezing is a hobby of mine.

Been raised on farm, I continued learning more about food production. In high school, I joined the local 4-H Club, entering contests at local fairs. I completed my Dietetic Internship in Milwaukee, Wisconsin. After graduation, I moved to Tacom, Washington, and worked as the Dietary Director for the Gray’s Harbor Community Hospital.

I met my husband, Ray Odiorne, while he was stationed in the Army at the Pacific Base Naval Beach.

We were married in Aberdeen, moved to Dallas, Texas, and had a girl. Ray and I yearned to return to the Washington. Some friends told me about an advertisement for the Dietitian Position with the Chehalis Tribe. This was the opportunity I was looking for, eagerly applied, and was awarded the position.

After 23 years in “Big D” we moved back to the beautiful Northwestern. Ray, who is a computer technician, transferred to a Tacoma company. Our daughter, Melissa, met and married a great man, Captian Chris Lileby, stationed presently at Fort Lewis. I enjoy my position in the prevention of diabetes. It is a preventable and manageable disease. My 25 years in diabetes care has taught me a lot, mainly the old adage, “An ounce of prevention is worth a pound of cure.”

When I’m not working, it’s nice to be at home in my flower garden. My favorites are my rose and dahlia and deep red and yellow flowers. I love to cook, entertaining and playing “Texas 42” (dominoes).
Grand Mount Tribal Convenience Store and Gas Station Opens to Public
By Fred Shortman, Editor

It was a wet, cold and windy morning for the Grand Opening of the End of the Trail III Convenience Store located in Grand Mount. But the weather didn’t dampen the spirits of tribal and community members who showed up to celebrate our new gas station and convenience store.

It was a friendly atmosphere as everyone visited and received their raffle tickets for the door prizes. People enjoyed free doughnuts and popcorn as they waited for the blessing of the store. Centralia’s KMNT Radio Station 106.3 FM provided a great soundtrack as they shared in recognizing their co-workers and manager who showed up to celebrate our new gas station.

The store and gas station opens to the general public. It was a wet, cold and windy morning for the Grand Opening of the End of the Trail III Convenience Store located in Grand Mount. But the weather didn’t dampen the spirits of tribal and community members who showed up to celebrate our new gas station and convenience store.

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The store and gas station opens to the general public. At 1 pm Bones (Elder Dan Glisson) performed the blessing and raffle tickets were drawn. Congratulations to all of you who won a prize. The winner of the grand prize, a barbecue, was Charles “Duffy” Black.

At the February soft opening, the parking for the truck fueling station wasn’t paved for the truck fueling station wasn’t. The paving for the truck fueling station was completed and the store was ready for opening.

In addition to the establishments, everyone had a chance to bid on door prizes. People enjoyed free doughnuts and popcorn as they waited for the blessing of the store. Centralia’s KMNT Radio Station 106.3 FM provided a great soundtrack as they shared in recognizing their co-workers and manager who showed up to celebrate our new gas station.

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The calendar, which is something to be proud of in and of itself, was single-sheet for the movie set to lend authenticity to the Native American characters and their surroundings in this wildly popular story that spans four books. The first movie, Twilight, debuted in November 2008 and the immense popularity has the second movie filming now, and the third, Eclipse, in pre-production. It speaks volumes to the quality of not only the calendar, but our local artists, that our calendar was chosen to represent the art of the Northwest Coast in a mainstream Hollywood movie.

New Moon will be in theaters in November, 2009.

Chehalis Art Card to Cameo in New Moon Movie
By Janet Chapman, Project Manager

The Chehalis Tribal Enterprises’ Arts & Economic Development project, the 2009 K’ah tuK’ee Tachee calendar, featuring Chehalis, Colville, Squaxin and Skokomish artists, is going Hollywood! CTE has been approached by the film makers of the very popular Twilight series to use the calendar as set dressing in the next installment, New Moon.

The second book in the series takes place primarily on the Quilalete Reservation in LaPush, and in and around the home of characters Billy and Jacob Black. The calendar, which is something to be proud of in and of itself, was single-sheet for the movie set to lend authenticity to the Native American characters and their surroundings in this wildly popular story that spans four books. The first movie, Twilight, debuted in November 2008 and the immense popularity has the second movie filming now, and the third, Eclipse, in pre-production. It speaks volumes to the quality of not only the calendar, but our local artists, that our calendar was chosen to represent the art of the Northwest Coast in a mainstream Hollywood movie.

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