Moved Recently? Let Us Know, and Get Your Mail

By Fred Shortman, Editor

If you have recently moved, or are planning to move, please make sure you contact me, the Newsletter Editor, with your new mailing address. Many important tribal documents, including this newsletter, will not be delivered to your address if you have not updated the mailing list. Many important tribal documents, including this newsletter will not be delivered to your address if you have not updated the mailing list. Please mail your new address change to the following address:

Chehalis Tribal Newsletter
5002 3rd Ave.
Chehalis, WA 98532

Please provide your new address along with your old address. If you do not provide your old address, your mail will not be delivered. Please also include your First Name and Last Name so that we can properly address your mail.

Activities Help Smokers Quit

By Lorrie Bonnifer, Family Services Prevention Specialist

Are you serious about quitting smoking? Please see Dr. Stubber, Dr. Solis, and Donna if you need a jump start to quit smoking. We are also starting a quit smoking group that will be meeting at the Resource Room every Wednesday 12:15 pm, starting June 10. Bring your own lunch.

June 17 we are having a “Kick Butts Day” and picking up all cigarette butts around the Tribal Center, Head Start, and other tribal properties. This will be noon. Yummy smoothies will be provided in the morning, and a great, nutritious lunch will be provided at noon. Everyone is encouraged to come and help clean up and be a part of our Kick Butts Day.

And, don’t forget the youth group meeting, Thursdays, May 7 and 28, 4:50 pm at the Resource Center.

Language Class - Wednesdays at 5:30-6:30

Carving Class - Every Wednesdays Start at 3:30 pm

Thursday Cultural Class Starts at 4:70 pm

Events

The Great Wolf Lodge Green Seal Team L-R: Brandon Gibeaut, Brent Turner, Sean Lynch, Rebecca Crane, Brian Ballarre, Karina Addard, James Anderson, Dylan Hjelm, Dylan Hjelm, Maggie Moore, Derrek Kinzel, Nick Cooper, Carrie Markle and John Peole

The Great Wolf Lodge Green Seal Team included in this newsletter, will not be delivered to your address if you have not updated the mailing list. Many important tribal documents, including this newsletter will not be delivered to your address if you have not updated the mailing list. Please mail your new address change to the following address:

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The Eagles Landing Hotel opened a new tribal gaming site on April 20. The slot room has 27 Class II rocket games and a POS station. The room was converted from an infrequently used conference room just off the hotel lobby.

Hours before the opening, the slot room employees, hotel managers, video cashiers, and security guards were introduced to the fundamentals of gaming. Guest speakers helped orient the new employees to gaming. Attending were representatives from Tribal Gaming, tribal police, Lucky Eagle Casino security staff, and Great Wolf Resort and rocket gaming staff. The new security guards had already attended a two-day training, which included first-aid, provided by the casino Security Department.

Expectations were high as everyone focused on learning their new roles. Hotel Manager Glen Brydges said, “The slot room opens a new avenue of excitement for our hotel guests.” The slot machines were moved from the Lucky Eagle Casino to the hotel and will be open 24 hours. For the first time in southwestern Washington, slot machine gaming is being offered to adults 18 years and older. This is permissible because alcohol is not served in the hotel.

Additional security guards have been hired on the premises, and surveillance cameras have been installed to protect and monitor the safety of patrons, employees, and tribal assets. With cigarette smoking allowed, the hotel and casino have upgraded to properly maintain the environment.

Chehalis Tribal Enterprises (CTE) worked closely with hotel and casino management as well as the Tribal Gaming Agency to open the slot room. CTE Financial Manager Chris Richardson said, “The Chehalis Tribe has

Tribal Members Care for the Environment

By Glenn Connelly, Environmental Program Specialist

Earth Day was April 22, and you probably noticed a week of events and activities, cleaning up around the reservation. That was your Spring Clean-Up Crew for 2009. The Business Committee, Natural Resources Department, and Maintenance Department worked together to organize Spring Clean-Up 2009 for the tribal community.

The tribe provided extra dumpsters and a recycling area at the old Hamilton Farm. We hired a crew to help tribal Elders clean up the yards, help people unload their trash into the dumpsters at the farm, clean up around the tribal center, and tribally-owned properties. They hauled garbage, moved lawns and helped make the Chehalis Reservation look its best. We’d like to thank MaryAnn Stare, Jerry Youckston, Derrek Kinzel, Tina Damis and Brian Benda, Casey Pickeweit, Walter Lewis, Mike Youckston, Dylan Hjelm, and Kly Meas for all their hard work. We cleaned up over 20 tons of trash, plus we recycled over 100 tires, about 20 old appliances, and some old paint and chemicals.

The work crew may be gone, but you can still do your spring cleaning anytime you want. The tribe keeps two dumpsters at the Hamilton Farm for any tribal member to use, for FREE! Washers, dryers, and other metal items can be dropped for FREE at the small scrap yard in Rochester. Refrigerators and freezers need to go to the Lewis County Transfer Station in Chehalis, or the Thurston County Transfer Station at Hawke Prairie and will cost $10 or $20 to recycle. Old chemicals, oil-based paints, and stains, pesticides, used oil, and other hazardous substances can be taken for FREE to the Hazardous Waste Management stations mentioned above. Please remember that you cannot burn garbage, furniture or construction debris anymore, but you can bring those items to the free dumpsters. If you have any questions about garbage, recycling or burning rules, please call Glen Connelly at 709-1854 and he’ll keep the air, water, and lands of the Chehalis Reservation clean and beautiful.
By Marla Medina and Teresa Pannkuk, Youth Center Staff

34th Northwest Indian Youth Conference
Banuelos, traveled to Spokane to attend the conference and Make Tribe Proud. In April, tribal youth and Tony Medina, Marla Medina, Theresa Pannkuk, and Art Medina, went to the conference as chaperones. With Tony’s excellent driving skills they were from and the number of youth in their group. Marcus Youckton was selected by our tribal youth. He boldly went up on stage to introduce himself, the Chehalis Tribal Youth Council. There were many other tribal youth from many different tribes. They were all wearing a variety of regalia, beadwork, and snow-covered passes. The group decided to go through The Dalles to avoid some of the snow hazards. This extended the trip after they encountered heavy snow. But, with Tony’s excellent driving skills they successfully arrived.

The first day at the opening ceremonies was an eventful one. Pearl Yellowman and Chance Rush were two opening guest speakers. Chance honored Tony Medina by recognizing his efforts in working with youth and how active he is in their lives. Where there is an activity going on involving youth, you will find Tony there with a group of kids. Marla said, “It was nice to see our Chehalis kids being of miles away, and Tony was recognized by a popular Native speaker.”

After the opening ceremonies, the conference held a drop-and-skate-off-free hip hop dance for the youth at the Knitting Factory. The youth really enjoyed this activity. Watching the little kids get up on stage dancing was quite inspiring. How our youth represented the tribe and interacted positively with all the other tribal youth was also inspiring.

During the morning exorcism, Marcus Youckton stood onstage alongside with youth from other tribes. With pride he introduced himself, the Chehalis Tribal Youth Program, and how many youth came to conference with him.

Photo Submitted by Marla Medina

By Fred Shortman, Editor

Ten Chehalis Youth go to Spokane Conference and Make Tribe Proud by Marla Medina and Teresa Pannkuk, Youth Center Staff

In April, our Tribal Youth Council, Marla Medina, Marla Medina, Teresa Pannkuk, and two chaperones, Art Medina and Ray Burroughs, attended the 34th Northwest Indian Youth Conference sponsored by the Coyer D’Aime Tribal Youth Council. There were many other tribal youth from many different tribes. They were all wearing a variety of regalia, beadwork, and snow-covered passes. The group decided to go through The Dalles to avoid some of the snow hazards. This extended the trip after they encountered heavy snow. But, with Tony’s excellent driving skills they successfully arrived.

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Head Staff and Parents Earn Impressive Reviews

By Lloyd Commander, Head Start Director

During the week of April 20th, the Federal Review team evaluated the Chehalis Tribal Head Start and Early Head Start programs. The team reviewed all of the disabilities files without errors. Every child enrolled in the Head Start/Early Head Start program was screened. Any children with a potential delay were identified, and after receiving parental consent, the child could get the required services. The Federal Review team was impressed with Chehalis Tribal Program that collaborates with the Oakesdale School District and the Lewis County Special Services Cooperative.

The Federal Review Team also evaluated 20 of the health files and didn’t have any concerns. They stated that the files were “perfect and model files.” They were very impressed with the collaboration with the Chehalis Wellness Clinic. For having every enrolled child receive a dental screening, and for exceeding Child Care Food standards. They were also very surprised and impressed with their lead and iron screenings, and how parents were supported in getting the recommended follow-up treatment via a children’s clinic.

The team reviewed 30 family service files. They reviewed the intake files in order, and they wished they could use them as model files to show other head start programs.

They were impressed with all of the community resources, and how we are working well with the families.

The Waadder Room was given kudos by the team for excellent individualization and planning.

The team remarked on the toddler room teachers’ teamwork in an effort in establishing an environment that the child enjoyed. They thanked us for sharing our classroom and said they enjoyed performing the interviews.

There were other great comments, but there are areas our program needs improvement. We need an education manager for both programs overseeing the curriculum design and management. We also need training for the infant teachers and the new expectant mothers coordinator. They also commented that the infant room was too small.

For program design and management, we need to have daily, weekly, and monthly reporting system to the Business Committee. The maintenance programs fixed the outside playground stairs. They saw as a two-year program because our consistent staff created a new sense of purpose and teamwork.

We expect an official report in 30 to 60 days. The staff are presently correcting small issues, and will finish in 90 days. Thanks to the policy council, and parents for giving great interviews.


Program Offers Services to Protect Victims of Domestic Violence

By Jency Penn, Domestic Violence Advocate

Domestic violence is any act or behavior with the intention to cause or perpetrate over a partner. Physical abuse is not the only form of domestic violence. Anyone can become a victim of domestic violence. It is an issue that affects people regardless of age, gender, or sexual preference.

Signs of domestic violence

• Physical force that produces pain, emotional pain, and deprives a person of freedom.

• Constant phone calls to “check up” on who you are with, where you are going, when you will be back, etc.

• Makes verbal threats, puts down, and/or names call you.

• Controls the finances

• Stops you from seeing friends and/or family

• Forbids you to have sex

• Account of buying and lying

• Constantly jealous

• Criticizes and humiliates you in front of others.

What to do for a friend, for yourself

The Chehalis Tribal Domestic Violence Program is here to provide you with resources. Staff is available to listen and support you. Even if you know your is being abused, here is what you can do to help:

Listen
Encourage
Contact domestic violence program

If you are being abused, you may feel confused and afraid. It is normal to feel this way. You may also feel like the abuse is your fault, but you are not to blame. You are never responsible for someone else’s abusive actions. Violence is not caused by anger, drugs, alcohol, or stress. Nothing you do makes your partner hurt you.

Help is available 24 hours a day, seven days a week. The number for the Chehalis Tribe’s Domestic Violence Program is (360) 709-1874. After hours, call the hotline at (360) 508-6879.

The project was supported by Grant No. 2007-T2-CX-RA1 from the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.
Fred James Sanchez, Sr., was born April 25, 1946 to Agatha Monahan and Levi James Sanchez, Sr. His grandparents were Mabel Monahan and “Wing.” Fred passed away on March 10, 2009. He was married to Priscilla Jones for 40 years. The couple had nine children; Ann, Ely, Tony, Trisha, Freddie, Jr., Lwanna, Anson, Janet, and Robert. There are 21 grandchildren and five great-grandchildren. Fred was a caring and loving family man, and placed his family first. He shared and taught his family the values that were taught to him by his parents. He encouraged all of his family to value education by achieving good grades and staying in school. Fred enjoyed doing things with his grandchildren and great-grandchildren. He loved spending holidays with them, going Easter egg hunting and trick-or-treating on Halloween. He would always check all the children’s candy to make sure it was safe for them to eat.

When his children and grandchildren were too young to drive, he would take them to work and save them money for their education. He would put their allowance money in their wallets until they reached the amount they needed for their purchase. Then he would say, “You know what? That’s not your allowance money. Here you go.” He was so, so special to his wife and kids and grandchildren.

Fred was born in Seattle, Washington, where he lived before moving to Abilene Village in 1962. He didn’t graduate and said that because of a lack of a formal education, he always felt like a second-class citizen. In his early years of school, he was always omitted in the back of the class. This was frustrating. Fred only completed two years of high school.

He did odd jobs while growing up, from mowing lawns and working on a nearby farm, to fixing cars and gold panning. He also worked at the Simpson Timber Company as a logger. He made sure that his family had food on the table and a roof over their heads.

He was Native American carving. He learned how to carve from his uncle, Bob James. He knew his art and was known for his designs: totem poles, masks, masks, canoes, and plaques. He was a natural self-taught carver, selling his carvings at local smoke shops, fairs, and Powwows, and to people who would pay for his work. His carvings were sold around the world. Fred liked fishing with Jack, Victor, and Jim and fishing the Payuup River. Fred learned how to hang nets, mend, and work the gear. Fred is missed by many. His at-ease attitude enabled him to talk and joke with everyone. He was proud to be a member of the Chehalis Tribe. Even though he lived in Sumner, Washington, he traveled to attend many of his meetings and Elders events. Since he wasn’t invited to the reservation, he wanted to learn everything about his tribe and the things being done to improve the tribe. He encouraged other family members to get involved in tribal affairs, expressing in his family’s belief in taking on an active role within the tribe.

Fred especially loved participating in Elders events and spending time with friends and family. He enjoyed hearing the stories that his cousins told as they shared Fred’s family. He was a Native American Sharing Tree. He was a native American carving. Fred went to work for the tribe as a groundskeeper for the reservation, he wanted to learn everything about his tribe and the things being done to improve the tribe.

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Eagles Landing

What is Swine Flu? How Do We Protect Ourselves?

By Lennea Magnus, Planning Director

Eagles Landing

The coordination between CTC, Gray's Harbor Public Utility District (PUD) and Comcast to get the plan in action is greatly appreciated. Everyone can see the above-ground work, but it’s hard to see the real work that goes into planning and establishing underground construction. With the addition of the water line, we’ll actually have diagrams, just like the big cities, for repair and upgrades as the system ages.

The work of installing the 2,500 feet of water line has caused some inconveniences for those traveling on Howanut Road. It will all be worth it when it is completed. Chehalis Tribal Construction has been working diligently to get the project completed by mid-May.

Remember to have patience and give the workers a break. This final phase will greatly enhance our community water system.

By Lameca Magnus, Planning Director

The road went along 188th Avenue SW to the casino and hotel has been completed, and the Howanut hatchery is presently

**Highly Poisonous to Our Bodies**

H3N1 Influenza A Virus (Swine Flu) is a serious disease, but with appropriate steps you can do your part to protect your family. For example, if you throw away any piggies, you may have swine flu.

**What is Swine Flu?**

- It is a common respiratory disease in pigs that doesn’t usually spread to people. When pigs catch it, they can pass it to people with less-than-perfect hygiene in pigs, but this strain appears to be a subtype never seen before in pigs or humans.

**How can people protect themselves?**

Here are some helpful tips to reduce the risk of catching Swine Flu.

- Wash your hands often with soap and hot water, especially after handling cough or sneeze. Alcohol-based hand cleaners (like Purell®) are also effective.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Avoid touching your eyes, nose, or mouth.
- Stay home from work or school if you get sick.

**What are the symptoms?**

- Most common symptoms are fever, fatigue, lack of appetite, and coughing, although some people also develop a runny nose, sore throat, vomiting, or diarrhea.

**More information:** From the CDC.

**What is Swine Flu?**

- It’s a common respiratory illness that is sometimes caught swine flu if they

**Breast Cancer Linked to Plastics**

Don’t drink from water bottles left in car

Don’t put water bottles in the freezer

Don’t use plastic wrap, plastic plates, or plastic

A recent study points to the plastic food containers as causing a rise in breast cancer.

Plastic contains dioxin chemicals which cause
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