



CHEHALIS TRIBAL

The Confederated Tribes of the Chehalis Reservation
"People of the Sands"

NEWSLETTER

September 2012

Free

Summer School Activities Made Learning Fun for Youth

The 2012 Summer Program was a collaboration between the Education Department and the Youth Center. The program was broken up into six weeks with a theme.

The first week was headed up by Dan Penn assisted by Dianne Devlin, Cultural Coordinator. His classes taught the kids how to pull cedar, clean and strip the cedar, and prepare it to be used in cultural art. The kids also took a field trip to the Squaxin Island Museum.

Week two was lead by Taaffe Simmons, and Officer Scott Freeman. The kids all received a t-shirt, and the students who completed the course received a badge. The students were able to get a first hand look at the Grand Mound-Rochester Fire Station, and listen to a presentation by the Thurston County Coroner. Cindy Beck gave a presentation about nutrition. The kids were also introduced to the tribal police dog Blitz, and received some simple self defense techniques from one of the officers.

Nathan Floth started off week three with a good lesson about the Olympics. Children competed in events ranging from races in the pool, weight lifting, bike races, to running relay races. Seeing the competitive edge in each young child was quite a sight to see.

Week four was titled, "Life on the Rez" with JJ Shortman. The youth were taken to the tribal



Youth met Chehalis Tribal Officer Sean Ulrich and K-9 Blitz during the public safety week of the summer school program.

pond on Old 99 to catch trout. They also toured the Fisheries hatchery where they were able to get a first hand look at how the Rainbow trout are raised. Another fun activity was traveling to Rainbow Falls to find eels.

Week five was a cooking week headed by Jason Gillie. The youth were taken to the Bison farm in Oak Meadows. They got a lesson on how the Bison are raised and how they live in captivity. The next day the youth ate bison burgers, and tried bison pepperoni sticks. Later that week, games were played such as watermelon eating contest and an egg toss. The last week was filled with

two trips, one to Tillicum Village, and another trip to Seattle to watch

the Mariners. This was the game that Felix Hernandez pitched a perfect game against the Tampa Bay Rays. Some of the younger students didn't understand how lucky they were to be in the presence of Seattle making part of Major League Baseball history. They'll understand it in the future as they grow older.

The summer program served an average of 28 youth everyday; with 36 being the most children served in a single day.

The library at the Community Center has a collage of pictures taken over the course of the summer program and everybody is welcome to take a look at it.

Continued on Page 2...



Nathan Floth taught youth about the Olympics during week three of the Summer School Program. They are seen here competing in swimming events held at the community center.



Olympic Week



Public Safety Week



Life on the Rez



More Photos on Page 3....

Cooking Week



Tillicum Village



Mariners Game



FELIX HERNANDEZ
First Perfect Game
in Mariners History

Event Provides Resources and School Supplies to Families



At the Back-to-School event the Education Program met with families providing information to assist their children as they returned to school.

As the summer is coming to an end, the Tribe provided the annual back-to-school event on Monday, August 20. Many tribal programs combined to sponsor this event providing school supply gift cards to Chehalis tribal families in preparation for the upcoming school year.

Parents and children enjoyed this bright sunny day together. The goal is to provide adequate information for tribal youth to be successful in achieving their academic goals. The Tribal Community Transformation Grant provided a delicious meal.

Party Outfitters returned to give the

children a fun filled day of playing at Tomahawk Baseball Stadium.

Youth were seen enjoying the water slides, shooting mini-basketballs, mazes, bungee jumping, and rock climbing. The sun was shining and children were smiling as they spent the day playing, yelling, cheering and running to the next game and returning to their favorites. Oh yes, not to be forgotten is the always popular snow cones, cotton candy and pop corn available at the event.

What a way to kick off the school year.

Have a great year!!



Second Annual Elder's Barbecue Brings Families Together



The Cooks



Face Painting



Cake Walk



Watermelon Eating Contest



Dunk Tank



Pie Eating Contest



Games

Tribal Health and Wellness News

Vaccination is the Best Protection Against Whooping Cough

What is Whooping cough?

Pertussis/Whooping Cough is a serious, highly contagious respiratory (in the lungs and breathing tubes) infection caused by bacteria. It causes violent coughing you can't stop. Whooping cough can be especially serious to babies and young children.

Symptoms start with sneezing, runny nose, and cough within 7-10 days the cough becomes more severe, especially in infants and young children. The severe coughing spells can make it hard to eat, drink, breathe, or sleep.

How does Whooping cough

spread? Whooping cough spreads easily through the air when an infected person breathes, coughs, or sneezes. You can aid in slowing the spread of pertussis/whooping cough by following this tips when you are sick:

- Washing your hands,
- Covering your cough,
- Staying home when you are sick.

How serious is whooping cough?

As of August 18, 2012, the cases of pertussis/whooping cough in Washington State have jumped from 336 to 3,539 from 2011 to 2012. Though we have been fortunate in our community to not have been heavily affected, we are taking action to prevent a local outbreak. Preventing any illness outbreak is important to the Chehalis Tribal Wellness Center but recently the clinic has been particularly working hard to get the pertussis immunization to all community members. We currently have DTaP for infants and children and Tdap for adolescents and adults.

Prevention:

Vaccination is the #1 way to prevent pertussis/whooping cough. If you or your loved one has not received the pertussis vaccination (DTaP/Tdap), contact the Chehalis Tribal Wellness Center to get vaccinated today!

Info has been taken from:

<http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/WhoopingCough/WhoopingCoughFAQ.aspx#About>
<http://www.cdc.gov/pertussis/downloads/outbreaks-11x17.pdf>
<http://www.cdc.gov/pertussis/fast-facts.html>

Nurse Schedule Change

Julianne Westlake, Nurse Practitioner with the Chehalis Tribal Wellness Center, has accepted another position where she will be working Mondays, Wednesdays, and Fridays.

Julianne will be available at the Wellness Center on Tuesdays and Thursdays.

10th Annual Breast Cancer Awareness Walk



at Nisqually

Saturday, October 6

10:00 AM - 12:00

Lacey Regional Athletic Complex
8345 Steilacoom Road/ Lacey, WA
98513

Lunch to follow at the Nisqually Youth Center. For more information contact Raylene McCloud @ the Nisqually Health Clinic 360-459-5312



October Is National Breast Cancer Awareness Month



Let's all wear **Pink** on Friday, October 12, 2012 to show our support.

We have a Native Women's Wellness Program at the Chehalis Tribal Wellness Center, Our NWWP Provider is Willie O. Hunt and our NWWP Outreach Worker is Christina Hicks. You can make an appointment to have your annual women's health exam or schedule for your annual mammogram if, you're a woman age 40 and over. Call 360-273-5504.

We will meet at the Chehalis Tribal Wellness Center at 10:00 AM to take a group photo on October 12,

Early Detection Saves Lives

Early detection and effective treatment have resulted in a decline in breast cancer mortality in the

U.S. – 31 percent since 1990.

Here's what you can do:

- Know your risk;
- Get screened;
- Know what is normal for you;
- Make healthy lifestyle choices.

What are healthy lifestyle choices:

- Maintaining a healthy weight;
- Limiting alcohol intake;
- Adding exercise to your routine;
- Breast feeding, if possible

Mammogram Clinic

September 25, 2012
from 9:00 AM to 3:00 PM
at the Wellness Center

Please call the Chehalis Tribal Wellness Center to make your appointment. 360-273-5504.

Flu Shots Available

The Wellness Center now has flu shots available. Prior to receiving a flu shot, you must be registered with the Wellness Center. You will need to fill out paperwork before receiving the flu shot. Please bring your insurance card, driver's license, and social security card with you.

Once registered we will make an appointment for you to receive your flu shot.

Shasta, the insurance company, will cover the costs of the flu shot and there is no co-pay.

Wellness Center Phone Number:
360-273-5504

Back by Popular Demand



Stating: September 20th
Ending: November 15th

All Community Members Welcome

Weigh in at the Clinic every other Thursday.

For more information contact Cindy Beck at 360-709-1810 or cbeck @ chehalistribe.org

USDA Foods Schedule

October 18
November 15
December 14

At the Community Center

Contact Shirley or Bonita at 360-438-4216 or 360-438-4235 for more information and applications for USDA Foods.

*Dates subject to change

■ Vital Health! Tips to Creating a Healthier You

By Willie O. Hunt ARNP,

(Part 1 of 2)

Over my years as an OB-GYN Nurse Practitioner I have researched and studied what makes a person healthy and well. I went into Nursing because I wanted to know why some people were healthy and some people were not. My Mother was an RN and every day she would tell me stories about her patients and healing. My Father was a Minister so I was also exposed to spirituality and faith. I am creating this document as a resource for people who want to maintain health and vitality into old age.

Motivation: You cannot achieve good health if you do not take an active approach in your health and well being. The most important decision is to be willing to make small changes and see the results of these in your life. As your health improves this will motivate you to make additional changes which will result in better health.

Recommended Reading:

The Inflammation Cure by Dr. Meggs (amazon.com); here the premise is that all diseases are caused by chronic inflammation @ the cellular level. It explains how to keep inflammation in the body to a minimum to slow the aging process and maintain health. A must read!

ANTIINFLAMMATION MEANS ANTI-DISEASES (Cancer, Diabetes, Heart disease, etc).

The Vitamin D Cure: by Dr. Dowd (amazon.com); With the advent of sun-screen and indoor living. Most Americans are D deficient. Vitamin D is a hormone **and** immune system regulator. Most if not all people of color are deficient and this is one theory why people of color have a disproportionate incidence of Obesity, Diabetes, Heart Disease, Cancer, Autoimmune . . . you name it. In my clinical practice **EVERY** patient with a chronic disease of any race was deficient in vitamin D. In addition the current recommendations do not fully address the levels that should be taken. Here is a link on Vitamin D.

<http://www.applehealth.com/files/D3.pdf>

You Can Heal Your Life by Louise L

Hay: An international author's message that anything can be healed. The book offers spiritual support in your healing journey and road to health. http://www.amazon.com/Heal-Your-Life-Gift-Edition/dp/151705280/ref=sr_1_2?ie=UTF8&qid=1345150057&sr=8-2&keywords=you+can+heal+your+life+by+louise+hay

D: Dr. Andrew Weils Guide to Optimum Health: An 8 CD course on how to feel better, live longer and enhance your health. Excellent! <http://www.amazon.com/Andrew-Weils-Guide-Optimum-Health/dp/1564559785>

APPLE HEALTH FOOD STORE:

One of the best in the country. It is staffed by people who are knowledgeable and has good quality products. You can call and consult with them about your medical conditions and what they recommend for you. They ship all over the country and have a 20% senior discount. The web site is: <http://www.applehealth.com>

Telomeres: Are structures in the brain that determine the rate of aging. As we age they shorten and we become more susceptible to diseases. The goal is to slow the process of these structures from deteriorating as we age.

Longevinex: A proven anti-aging pill, it mimics a very low calorie diet which slows the aging process and prevents the "telomeres" in the brain from shortening which causes the aging process. (Apple Health)

Omega 3 Fish Oil: The tablets you purchase @ Costco are not a high enough dosage. You need 800/ EPA/500DHA in liquid form. You can purchase from Apple or the Vitamin Shoppe online. It is lemon flavored, and you can put it on cereal, shakes or just take a swallow (daily tablespoon) every day. Wild Salmon 1-2x per week is also good.

Turmeric Extract Capsules: 95% Curcumin: Anti-inflammatory and you can purchase @ the Vitamin Shoppe. Turmeric, garlic, cumin and curry are mainstays of diet for the Indian (from India) culture and they have a low

incidence of cancers and inflammatory diseases as this is part of their daily diet.

Zinc 50mg-enhances immunity

Kyolic Garlic (formula 100): Anti-inflammatory and also has blood thinning properties

Astragalus 500mg: Anti Aging, maintains the telomeres in the brain. (Vitamin Shoppe online)

Ginger Root 550mg: Anti-inflammatory also helps with nausea (Vitamin Shoppe online)

WellBetX-PGX: This is a fiber made from sea weed which regulates blood sugar and promotes a healthy weight. (Amazon-com)

Baby Aspirin 81mg: Take 1 every day; anti-inflammatory and thins blood, protective against heart attacks, strokes, and cancer, do not take if you are already on blood thinners.

PBS Television: Seek out various programs that talk about health and well-being and tape and watch at your leisure. PBS is a wonderful resource. Programs like: Dr Fuhrman's Immunity Solution Health-Joel Secrets of longevity-Blood Sugar Solution Wishes Fulfilled-how to heal your self

Cable/Dish Network: The Incurables:

This is a 30 minute program that is about cases that were given up on by conventional medicine and how the patient's healed themselves. There is a theme of good nutrition and changing lifestyle to facilitate healing.

Nutrition:

Montel Williams Health Master:

This is a hi-power blender. Get organic vegetables and fruits and you can do a daily shake with greens, broccoli, berries, vegetables, banana, frozen or fresh fruit, protein powder, almond milk, ice etc. You can also put a little Omega fish oil in the shake to get your daily dose of fish oil. This is a powerful blender that allows you to make smoothies from raw vegetables and fruit for healthful green shakes. Raw vegetables have the highest vitamin and mineral content. Research indicates that blended vegetables allow for the micronutrients to get into the body and release the anti-cancer nutrients in the food. http://www.youtube.com/watch?v=QQZleMws_QY8

Anti-Cancer Foods Greens

Cruciferous Vegetables: Bok Choy,

Broccoli, Brussels sprouts, Cabbage, Collards, Kale; 3 servings per week will decrease the incidence of prostate cancer in men by 41%. Daily intake of cruciferous vegetables decrease breast cancer deaths by 62% compared to women who do not eat these. It is even observed in women who already have a diagnosis of breast cancer.

Beans: Prevent tumor formation in the body. Men who eat beans regularly have a 40% decrease in prostate cancer. Eat 2x per week and the colon cancer rate is decreased by 50%

Onions: 50-88% reduction in all types of cancers. Eat raw, chopped fine and or cook to release the nutrients and anti-cancer benefits. Recommend ½ cup per day.

Mushrooms: Have 3 different cancer fighting features against all cancers. Protective against breast cancer.

■ Prevent cancer cells from establishing a blood supply.

■ Sticks to cancer cells so the immune system can recognize and destroy.

■ Seeks out and destroys cancer cells in the body.

Meditation:

I AM Wishes fulfilled meditation tape by Dr. Wayne W Dyer and James F. Twyman, excellent meditation tape that will put your brain into a "theta" brain state where healing takes place. I recommend meditation prior to getting up (create your day), and going to sleep. Just prior to sleep is the best time to make contact with your God. I would also recommend that you view the PBS program called Wishes Fulfilled where Dr. Dyer discusses how he healed himself of Chronic Lymphocytic Leukemia. Tape is available on amazon.com for \$10.

Exercise: It doesn't have to be strenuous. If you walk and say your affirmation, research indicates the act of walking, focusing on the sky and saying "I have always been radiant health, strength and vitality is a form of walking meditation and the brain responds better if you do physical movement in combination with saying affirmations. Yoga is another form of meditative practice which promotes healing and involves movement.

To be continued in October...

Book Reveals Chehalis Boarding School History (Part Six)



Reprinted from Assimilation's Agent: My Life as a Superintendent in the Indian Boarding School System by Edwin L. Chalcraft, edited by Cary C. Collins, by permission of the University of Nebraska Press. Copyright 2004 by the Board of Regents of the University of Nebraska.

The cost for the book is \$29.95. If you are interested in ordering a copy of the book, go to this website. <http://www.nebraskapress.unledu/product/Assimilations-Agent,671728.aspx>. Order by Phone 1-800-848-6224

Part 6—Assimilation Agent continued from August 2012

They were then reminded that the Government, in a book entitled “Rules Governing Courts of Indian Offences,” prohibited such things as Ta-mah-nous doctoring, and Government employees were ordered to see [that] the rules are obeyed. [I told the Indians that] “from the information we now have, it does appear like Ta-mah-nous, but this Court does not want to take any action that is not right, and for this reason you have been asked to come here today to tell us all about Shaker doctoring. This is the time for your to express your thoughts and feelings freely. If you are right, we want to know it. If you are wrong, the Judges will decide what is to be done. Neither the Judges, nor I, shall interrupt any of you while speaking, but will listen patiently to all you may have to say. We may ask you some questions if there is anything we do not understand. Any one of you that wants to speak may do so now.”

No one seemed inclined to say anything at first, so I called on John Smith, the Shakers’ leading man at Chehalis, to do so. He arose and said, “If I speak, you will not believe me.” To this, I replied, “If you speak what the white man calls the truth, we will believe you; but not if it is like things you have sometimes told me for the truth.”

John then addressed the Court, say “that he believed all Mr. Mann had taught from the Bible, but it was for the white man and not for Indians because they could not read the Bible; that he believed John Slocum’s statement of having died and gone to Heaven; and his coming back to earth again with a special message from God to the Indians, because they were poor and could not read. He had known John

Slocum a long time before he went to Heaven and he was a bad man. He ran horses and gambled for horses and blankets, drank whiskey, and did other bad things. When he came back to earth, he put all these things behind him, and has been a good man ever since, teaching Indians how to live right, do good, and cure sick Indians without taking any pay for it. John Slocum is God’s man, same was white preachers. That is all.”

When John sat down, he was asked, “Did God tell John Slocum how to cure sick people?” His reply was, “He tell him to cure sick people and take no pay, that is all.”

Peter Heck was the next to speak. He said, “Many bad Indians had listened to white preachers for a long time without it changing their bad habits any, but when they became Shakers they put behind them everything that was not good to do.” He represented himself as one of this number and now he could see the right way to go and not do anything wrong. He then retold the story of his “vision” that came to him while sitting on a pile of rails, as first told to Alice and me n March 19th.

John Smith and Peter Heck were the only Indians to address the Court, but there was considerable conversation in the Chehalis language, among the spectators, some of which, [when] interpreted to me, showed the audience was divided on the subject under investigation.

After asking the Indians if anyone else had anything to say and getting no response, the four members of the Court retired to an adjoining room for

consultation, accompanied by Rev. Mann and Mr. Mills, but they took no part in our discussion.

I knew that one of our Judges, Charlie Walker, was a full-fledged Shaker, but thought the other two, Jim Walker and Pike Ben, felt about as I did, but [I] was mistaken and found it necessary to use some diplomacy in dealing with them. Charlie Walker began the discussion by saying the Mr. Mann was doing good in teaching white people how to live, and John Slocum was doing good in teaching Indians. Both believed in God, and should walk together like brothers teaching the people.

I replied to him, “That which you suggest is impossible, besides, Mr. Mann and the Church has nothing to do with the question we have to decide. It is doctoring the sick we have to talk about as we told the Indians when we were in the other room. They said nothing about it. Maybe they were ashamed to tell us what they did.”

Pike Ben the brought up the Shakers’ claim, “That when an Indian began to shake, he could not stop until his sine was all gone out of him, as that was God’s way.” I told Pike that if it was true they could not stop shaking when they tried to do so, it would be wrong to punish them. He then spoke of some other things of no importance, until he asked if it would be wrong to give the shakes to friends, if they asked for it. This caused Jim Walker to say, “If the Indians did not go to Mud Bay, so often, there would not be so much trouble,” and asked my opinion about it. I told him this had been my belief all the time, and said we could prevent much of the trouble by issuing passes as authorized by the Government regulations.

At this point it seemed to me that enough subjects had been brought up to enable us to frame a suitable set of regulations that could be in enforced without much trouble. I deemed it advisable to include Jim Walker as having the same authority as myself, in enforcing the Court’s action as shown

in the regulations adopted. This was safe because Jim was loyal to me, and anyway he could not write his name to a pass.

The Court’s Order, signed by all the Judges’ and their thumb marks, is as below:--

Court of Indian Offences Order

The Police Court on the Chehalis Indian Reservation, Washington Territory, in session this 14th day of April, 1884, hereby issues the following Order for the guidance of Indians residing on or being on said Reservation:

1ST. All Indians visiting the Reservation shall go directly to the Head Chief, Jim Walker, or the Superintendent, for permission to remain, which shall be given in writing.

2ND. No Indian belonging to the Chehalis Reservation is to leave the Reservation for any purpose without a written Pass, signed by the Head Chief, Jim Walker, or the Superintendent.

3RD. The giving of the “Shakes” to sick people, in treating them for sickness, is in violation of Rule 6, in “Rules Governing Courts of Indian Offences” and is prohibited, but if an Indian begins to shake and cannot stop doing so, he must not have any other person present, unless it be his wife, or the husband, as the case may be. Children must not be present.

4TH. No one shall offer to give another in the “shakes” but if an Indian requests it be given him, it may be done, providing they apply to the Head Chief, Jim Walker, or the Superintendent, in advance, so that both my be present to see that Government Rule is violated.

5TH. Any violation of this Order, and punishment for the same, will be determined by the Police Court on this Reservation.

(Signed) Approved

Jim Walker	Edwin L. Chalcraft,
Pike Benn	Superintendent
Charlie Walker	
(All by Thumb Marks)	

To be Continued in October

Happy Birthday to Tribal Members Born in September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday Malia We love you!!!						1 Darrel Cayenne Debra Cayenne Karlea Youckton
2	3 Julie Miller David Gunnels Sean Shortman Autum Beckwith	4 Alyssa Albert	5 Roxanne Thompson Cori Abell Eligah Quilt John Secena	6 Kathy Jones William Palmer Jason Gillie Robert Vigil	7 Dennis Cayenne Kelsey Potter Skyler Baker	8 Chris Ortivez Jake Tanner Walter Pickernell- Daniels
9	10 Ruth Rogers Darrin Starr	11 Nancy Romero Joaquina Coty Freddie Sanchez, Sr. George Sanchez, Jr.	12 Norita Comeaux Jason Slighte, Jr. Ethan Owen	13 Gary Gunnels Nick Purcell Cody Revay Mason Combs	14 Billie Higheagle Malikah McNair	15 Trudy Marcellay
16 Ruben Lopez	17 Timothy Poling	18 Jonathan Jack, Sr. Jimmy Burnett Vanessa Youckton Jason Medina Eli Snell Dashawn Hernandez	19 Allen Jones Theresa Youckton Cammi Wittwer	20	21 Roger Shortman	22 Eugene Klatush Minetta Cayenne Sean Adams
23 Julia Higheagle Eddie Klatush	24 Sylvia Cayenne Bryan Secena- Sanders Kayla Nyrreen Ethan Wittwer	25 James Pickernell Whitney Lewis	26 Linda Daniels Andrew Starr	27	28 Samuel Wright Shanin Clancy Karen Davis George Jack	29 Dustin Klatush Sasha Starr Angelicia Canales

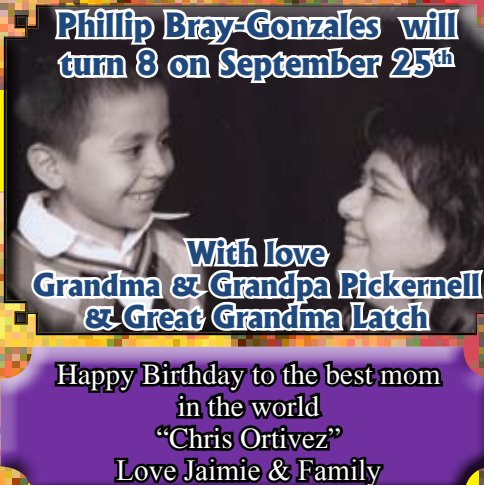
30
Gerald Cayenne
Sheena (Bette) Tanner
Michael Romero
Richard Romo, Jr.
Charles Latch III

**Happy Birthday
Auntie Linda**



Sending you all our love
and wishing you a better
new year coming up.
From Kathy & Family

**Phillip Bray-Gonzales will
turn 8 on September 25th**



**With love
Grandma & Grandpa Pickernell
& Great Grandma Latch**

Happy Birthday to the best mom
in the world
"Chris Ortivez"
Love Jaimie & Family

**Happy Birthday
wishes to: Charlie
Latch the 3rd will
turn 7 on September
30th**



Love Grandma

Thank You!!
Isaak and Family want
to thank everyone
for their prayers and
support. We could feel
all the community
love. So grateful
that we have three
wonderful boys to hug
and love still. Also
want to give a special
thank you to:

Natives Helping
Natives, Akeisha,
Uncle Fred, Christina,
Tony, Ray, Thomas,
Correna, Joyce,
Jennifer, Bruce Sr.,
Janice. Thank you all
for all your support
and caring. It means so
much.

*Life is not measured
by the breaths you take
but by the moments
that take your breath
away.*

Walter Daniels,
Glad you can
celebrate another
Birthday with us,
Have a great day
and a better new
year of your life.
From the family.

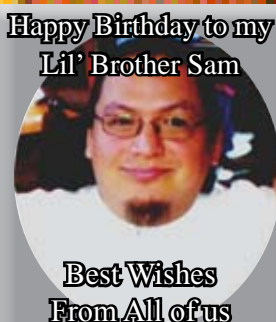
Rueben Lopez,
Have a very Happy
Birthday Scoob! Love
from all your LEC
family.

*Happy Birthday
Christine Ortivez
With love, Anna*

**HAPPY HAPPY 30th BIRTHDAY
TO OUR TWINS SASHA STARR
& DUSTIN KLATUSH**

God bless
and Many
more
Happy
Birthdays
to Ringo
From all
the family.

Happy Birthday to my
Lil' Brother Sam



Best Wishes
From All of us

To Sean
Adams,
Happy
Birthday and
have a great
new school
year as well.
From Your
Family

HAPPY HAPPY
JASON



LOVE YOU!
Mom & Dad




**LOVE YOU 2 SO VERY MUCH!
MOM & DAD**

House Identification Project Assists Community and Emergency Response Teams

By Sarah Hall, Public Safety Intern

I am doing a project that consists of identifying house numbers, and putting them up. I went around the reservation with a camera taking pictures of every house.

The camera that I used was linked to the GPS that I had, and it made coordinates of where the picture was taken. Every picture that I took was documented, and mapped out because of the GPS. So in the event of a natural disaster, such as a flood, we could go in the computer and look up a house to see where it is, then respond.

There is a reason why “We live in a society where pizza gets to your house before the police.” WE CAN’T SEE OR FIND YOUR

ADDRESS! Make your address visible from the road, keep it clean, and in sight for Law Enforcement and EMS Personnel.

The minimum size for house numbers is 4 inches. Place numbers near a light or door so it’s easier to see. If your house is more than 50 feet away from the road, place your

house address on a gate, or a fence by the road. If you have a mailbox, make sure that there are numbers on both sides of the mailbox, so

either way, emergency services and law enforcement can find where you live. Every second counts for both parties. Thirty seconds

can save a life, or prevent something bad from happening. In the case of an emergency, such as a fire, a difference in minutes can mean the difference between life and death.



Fire fighters, paramedics and the police are equipped with many tools to help improve their arrival time. One of these tools is a detailed map of their designated area(s).

However, house numbers are important for a quick reference. The more hidden and hard to find the numbers are, the longer it will take emergency personnel to arrive at the scene and provide help.

For more information regarding how you can make your home easier to locate, you can contact the Chehalis Tribal Police.

Safety Tips for Driving In fog (SmartMotorist.com)

Grays Harbor County Emergency Management is cautioning all drivers that this is the time of year when we begin to see increased fog issues on all roads and highways. The following information will be extremely helpful to every driver.

Chuck Wallace

Driving in Fog

Statistically, driving in fog is the most dangerous driving hazard in existence.

The best advice we can give to drivers confronted with thick fog is to get off the road as soon as possible. If you can’t or won’t pull off the road we offer the following advice:

- Keep your **MINIMUM** safety gap to three seconds in ideal conditions; with the decreased visibility fog causes, this interval should be increased substantially.
- Slow down. *Most fog-related traffic fatalities occur because someone was driving too fast and*

couldn’t stop in time to avoid a collision.

- Make sure that you can be seen. Turn on your fog lights, and use low beams. High beams direct light up into the fog making it difficult for you to see. Low beams direct light down onto the road and help other drivers to see you.

- Use the right edge of the road (aka fog line) as a guide rather than the center line, to avoid running into oncoming traffic or becoming distracted by their headlights.

- If you leave the road, be sure to pull off completely. Turn off your driving lights and turn on your flashers so others know you’re there but won’t think you are driving on the road.

- Always use your defroster and windscreen wipers in foggy conditions to keep the windows clear.

- Keep an eye on your speedometer and maintain a

slow, constant speed.

- Remember that other drivers have a limited sight distance and that fog can leave roadways slick. Signal early, and when you use your brakes, don’t stomp on them.

Web Site

<http://www.co.grays-harbor.wa.us/info/DEM/Index.asp>

Emergency Management Plan

Emergency Information Phone Line:
1-866-623-8883

When do I call the Emergency Phone Line? Any time you are concerned about adverse weather, power outages or other emergency situations.

For power outages call: Grays Harbor PUD: 1-888-541-5923; Thurston County PSE: 1-888-225-5773

If your interested in learning more about the emergency management plan. Please contact Ralph Wyman, Director of Public Safety at 360-273-7051 or stop by the Public Safety Building.

Public Notice: The Chehalis Indian Tribal Court, Oakville Washington

Che-J-9/07-274, 9/11-228

Notice of Motion to Modify Parenting Plan Hearing To Jerry Youckton:

A motion to Modify Parenting Plan has been filed in the Chehalis Indian Tribal Court a hearing is set for October 11, 2012 at 10:30 AM. 30 Neiderman Road Oakville WA on the Chehalis Indian Reservation. Any questions please feel free to contact the Tribal Court at 360- 709-1615.

THIS COURT HEARING MAY RESULT IN AN ORDER TO MODIFY PARENTING PLAN.

Youth Demonstrate Their Talent and Creativity Through Film Festival at Community Center

The First Annual Chehalis Tribe Film Festival came to a close Wednesday night, August 22, with a premiere of our community youth films. The Community Center Gathering Room was transformed into a dinner movie theatre, replete with black velvet curtains surrounding the silver screen, each table granted a perfect view. American Indian Film Institute founder and director Michael Smith was on hand to speak about the future of Native media and defending our way of life through film. Students, their families, and curious members of the community were treated to a recognition dinner before the lights were dimmed and the creative efforts of our students flickered across the room.

“Rez Dogs” is a short comic study on the thoughts that run through the minds of the canine members of our community. Featuring candid footage of local rez dogs and voiced by the AIFI instructors, Dewey Gleason, and others, the film entertained the audience with laughs and puzzlement.

“No Love In Basketball” is a melodrama following the turmoil endured by a young basketball player, Jamal (Geo Jack). After being caught by his baby-momma (Emily Ortivez) in an “It’s not what it looks like” moment, he has to find a way to repair his relationship while dealing with the vindictive plans of local young vixen (Brooke Allen), who is determined to steal him away. The film also featured Gary

“No Love In Basketball” is a melodrama following the turmoil endured by a young basketball player, Jamal (Geo Jack).



Youth made a documentary about the stories surrounding the mysterious inhabitants of our local forests in the “The Sasquatch Chronicles.”

Ortivez as the wise-cracking best friend and a break-out performance by Madoleen Goddard as The Baby.

In “Rise of the Gummies”, a high school science experiment led by Professor Norman (Harry Pickernell, Jr.) goes terribly wrong when a careless slacker (Jordan Bray) unleashes a gummy-bear mastermind and his chewy minions upon the hapless teenagers of the school (led by performances from Payton Albert, Jordan Merriman, and Makayla Ortivez). The film features comedy, suspense, and stop-motion animation to bring the gummies to terrible life.

“The Sasquatch Chronicles” is a documentary about the stories surrounding the mysterious inhabitants of our local forests. Told through interviews with Mel Youckton and Bruce Klatush, the film reveals the awe and respect that is due the Sasquatch people with whom we share our common

ancestral lands. Produced by Sean Allen, Farley Youckton, and Jordan Bird, the project provided a chance for families to connect together through the art of filmmaking.

The AIFI Tribal Touring Program, established in 2001, represents a strategic intervention into the lives of Native Youth ages 13-20. The sequential program uses technology to introduce youth to media-making tools, gives them the experience of making films related to their own lives, and prepares them for work-career options in the media industry. Over the course of 10 days, youth participants write, produce, shoot, direct, perform in, and edit their own broadcast-quality films. Tribal Touring Program Coordinator, Mytia Zavala, shared her thoughts on behalf of all the program instructors:

“AIFI would like to give thanks to the Chehalis Tribe and all Chehalis Youth who participated in AIFI’s Tribal Touring Program, August 13 - 22, 2012. We, the TTP Film Crew and AIFI Staff are all very thankful for our time working with the kids to help develop their stories into film format. It is always an amazing privilege to witness a community, as yours, who is encouraging and supportive of their future generation. Our TTP team is most grateful for all the hospitality

and genuine kindness of the Staff, Community and Parents of the Chehalis Tribe.

We would also like to thank all the youth participants. It was a pleasure and a blast to work with you!!! All of you are STARS in our eyes. Your hard work has definitely paid off and it has shown in the films. We look forward to seeing each and every one of you on Friday November 9 in San Francisco at the 37th Annual American Indian Film Festival.”

DVDs of the films will be available for community viewing later this fall.

Students who completed the AIFI Program included: Payton Albert, Brooke Allen, Sean Allen, Jordan Bird, Jordan Bray, Kaileen Bray, Aaliyah Flure-Latch, Dewey Gleason, Jacee Hoyle, Geo Jack, Jordan Merriman, Emily Ortivez, Gary Ortivez, Makayla Ortivez, Harry Pickernell, and Farley Youckton.

The Chehalis Tribe Film Festival and Youth Film Program was the kick-off event for the new Chehalis Tribal Youth Development Program. This program provides enhancement opportunities for all Chehalis Tribal Member and Community Youth to develop the skills they need to secure living-wage careers, advance to higher education, and thrive in our community with a passion for civic and social involvement, reweaving the intergenerational fabric of our community. Special opportunities are available for our most promising and committed youth.

To learn how the program may help your student, contact Youth Development Manager, William Thoms: 360-709-1897 or wthoms@chehalistribe.org.



The American Indian Film Institute

15th Annual “Ol’ Man” Wooden Bat Hard Ball Tournament



The Oakville Tomahawks won the Championship Jackets for the Ol’ Man Wooden Bat Hardball Tournament.

By Allison Carter

My brothers and I would like to Thank EVERYONE who attended our 15th Annual “Ol’ Man” Wooden Bat Hard Ball Tournament on August 24th, 25th and 26th. Our mother Roberta “Wells” Secena would like to thank everyone who donated and volunteered their time and energy to our father’s memorial tournament. She said, “I loved that everyone had a good time, ate good food and that there was nothing negative that happened throughout the weekend. I know that my husband would have appreciated the amount of respect that was given to him by all of those who attended and had a good time.”

It was a wonderful weekend of baseball, eating, laughing, joking and especially teasing for which our father was well known for. He loved to see people eat and laugh. To have their bellies full of fish, sit back and watch good baseball.

He loved to see young learning from those who were older and much wiser. He was a very strict man with a firm tongue, but for all the right reasons. He taught those whose lives he touched that life was fun and to have the best time possible at every possible moment. Thank you for honoring his memory by attending the memorial tournament and as he would say, “Fish On!” See you next year.

Thank You to the Volunteers
We would like to thank: Charlotte Lopez, Norine Wells, George Youckton, Sally Pikutark, Lucille Cayenne , Jett, Gerri, Mary, Leah, and Rach for donating food to the dinner. Thanks to Barb “Wells” Daniels, Lisa Charles, and Darrin Jones were the book keepers and very instrumental in helping us to pick out the awards. We would like to thank Sonny Youckton (Anthony Jr.), Casey, Chet, Bruce and Troy from Skok helping out with the umpiring. Not to forget all the teams that came and competed in this tournament. If there was anyone I forgot, please accept my sincere apology.

A double rainbow appeared during the baseball tournament. It was a sight to witness for those present.



Photo by
Joyleen McCrory

Domestic Violence Fatalities Involving Native People in Washington State

Washington State Domestic Violence Fatality Review June 2012

In 11 cases, the homicide victim or perpetrator was identified as a member of a tribe.

8 homicides and suicides occurred on tribal land including the Colville, Lummi, Tulalip, and Yakama reservations.

Homicides and suicides occurred in 12 counties: Asotin, Clark, Franklin, Ferry, King, Kittitas, Pierce, Snohomish, Spokane, Thurston, Whatcom, and Yakima.

Washington State is home to 29 federally recognized tribes and 7 tribes not recognized by the federal government. 28 tribes offer services for Native survivors of violence.

Since 1997 in Washington State, 41 people have died in 28 domestic violence related homicides and suicides involving Native victims or perpetrators.

(Washington State Domestic Violence Fatality Review)

The rate of intimate partner homicide for American Indian and Alaska Native women in Washington State is 2.8 times higher than for white, Non-Hispanic women.

(Washington State Domestic Violence Fatality Review)

46% of American Indian and Alaska Native women and 45% of men in the U.S. have been raped, physically assaulted, or stalked by an intimate partner.

(National Intimate Partner and Sexual Violence Survey)

Multiple studies have documented barriers to safety for Native victims and lack of accountability for abusers. Federal authorities decline to prosecute 46% of assaults and 67% of sexual abuse cases in Indian Country.

(U.S. Government Accountability Office)

Domestic violence fatalities involving Native victims and perpetrators in Washington State 1997-2011	
Women killed by current or former husband or boyfriend	17
Men killed by current or former wife or girlfriend	5
Children killed by abusers	7
Friends and family killed by abusers	3
Abuser suicides	8
Abuser killed by law enforcement	1
Total	41

Native and non-Native victims and perpetrators in 26 homicides
(Does not include suicides and abuser killed by law enforcement.)



22 different law enforcement agencies responded to fatalities involving Native people: 5 tribal agencies, 7 city police departments, 7 county sheriff’s offices, 1 state police agency, 1 university police department, and the Federal Bureau of Investigation.

Resources
WomenSpirit Washington State Native American Coalition Against Domestic Violence & Sexual Assault offers support for tribal programs serving Native survivors and statewide and national technical assistance, consultation and training. www.womenspiritcoalition.org
Find online training, publications, model policies, and more from the National Indigenous Women’s Resource Center at www.niwrcc.org

WASHINGTON STATE COALITION
WSCADV
AGAINST DOMESTIC VIOLENCE

Find more online at wscadv.org

- Get up-to-date statewide fatality statistics.
- Learn more about WSCADV’s work to end domestic violence.
- Find resources for advocates and survivors..

FirstName LastName
Street Address
City, ST Zip

PRSRT STD
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OAKVILLE WA
PERMIT No. 2

Are You Interested in Carpooling?

I'm looking for anyone interested in carpooling from the Olympia area. We are trying to get enough people to commit to ride sharing. This will assist in possibly getting a van from Intercity Transit.

Anyone interested contact Sheila Bray in the Tribal Accounting Office by phone: 360-709-1830 or Email: sbray@chehalistribe.org.

Chehalis Tribal Halloween Party & Haunted House



October 27th
Starting at noon
@ the Community Center



Bring the family!! Costume contest, pumpkin contests, lunch, treats.

Anyone interested in helping with the Haunted House email me at cstarr@chehalistribe.org or stop by my office located at the community center.

Northwest Native American Basketweavers Association (NNABA)



18th Gathering
October 5-7, 2012

Hosted by the
Muckleshoot Tribe

Emerald Downs in Auburn WA

For more information contact NNABA at
info.nnaba@yahoo.com



Map



2300 Emerald Downs Drive
Auburn, WA 98001

Free Broadband Internet & Computer Offered to Chehalis Tribal Members

Chehalis Tribe has been awarded a grant to supply Chehalis tribal members living in Clark, Cowlitz, Grays Harbor, Lewis, Mason, Pacific, Pierce and Thurston counties with free broadband access and a notebook computer. The goal of this initiative is to increase opportunities for those households without Internet broadband service.

A member of the tribal member household will need to have basic understanding of computer fundamentals, web browsing and virus protection.

There will be training available to assist you in increasing your level of computer knowledge.

Qualified recipients will receive:

- Free high speed Internet access for 24 months.
- If you are new to computers and the Internet, there is free computer training of a minimum of 10 hours. You will need to demonstrate proficiency to qualify.
- Laptop that is officially "on loan" to participant until successfully completing a 24 month program, at which time, it becomes the participants.

This program is available through the first half of 2013, or until recipient quota is fulfilled. This opportunity will go to the first 200 qualified individuals.

If you have any questions about the program or about the application, or you are unable for any reason to read or fill out the application, please give us a call at 360-864-4552. All information will remain confidential.

Chehalis Tribal Newsletter

The Confederated Tribes of the Chehalis Reservation...
"People of the Sands"



Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Chehalis Tribal Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs, and drawings to be considered for publication. These are subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal community members and staff.

Submission deadline: 6th of each month
Printed monthly



Tribal Center (360) 273-5911

420 Howanut Road
Oakville, WA 98568
(360) 709-1726 (office)
(360) 273-5914 (fax)
fshortman@chehalistribe.org

Chehalis Tribe's Vision Statement

*To be a thriving, self-sufficient,
sovereign people. Honoring our past
and serving current
and future generations*

Business Committee

David Burnett, Chairman
Don Secena, Vice Chairman
Stephanie Pickernell, Treasurer
Cheryle Starr, Secretary
Dan Gleason, Sr., 5th Council Member

Chehalis Tribal Newsletter Staff:

Fred Shortman, Communications
Coordinator