



CHEHALIS TRIBAL

The Confederated Tribes of the Chehalis Reservation
"People of the Sands"

NEWSLETTER

October 2012

Free

Suicide Prevention Awareness Walk Takes the Path to Healing

The Chehalis Tribe hosted the First Annual Suicide Prevention Awareness Walk on Sunday September 30. September is National Suicide Prevention Month. There was a huge turnout with over 100 community members walking in honor of suicide prevention. The walk kicked off the event starting at the Community Center. Each participant received a T-shirt, buttons, and dog tags. Mother Nature smiled down on the walkers giving some vitamin D to all on this brisk cool morning. Pam Youckton and Konner were also crucial volunteers, out there on her quad to provide water and safety for the walkers.

Participants came for a wide array of reasons to the walk. Many families walked together to help heal from this terrible tragedy. Individuals who choose this path have their own reasons which vary, but the aftermath leaves so many unanswered questions for the surviving family and friends. This walk was a moment to heal and also an opportunity for talking and letting those emotions out. Not deadling with them will only hurt you, because tears are a path to healing. This was a point well-established by the speaker, also.

It was an amazing dinner of our traditional foods. Salmon cooked the Chehalis way always delights the palette. Cold cuts were available too!

Speaker Arnold Thomas' presentation focused on never losing hope. Arnold is a member of the Shoshone-Paiute Tribes of the Duck Valley Indian Reservation of Idaho and Nevada. Since



Tribal and community members travelled along Niederman Road during the Suicide Prevention Awareness Walk.

1991 he has been speaking to communities throughout the United States, Canada and Europe. His message included: "Life is a gift. Live it!" He used many different analogies in order to illustrate his point. But his central theme was to keep life in balance. When feeling depressed reach out to someone through whatever means necessary to ease this burden.

Life will give you challenges, and opportunities, and never give up hope, not just for you, but as a Tribal people. Communication is the key to success. Go to someone like the professionals, church, or whatever means to lift your spirit when feeling depressed. When someone comes to you to vent or feel sad; listen to each other, treat others kindly and in a positive manner. If you do hear someone's story, make sure you don't try and take it on all by yourself, listen and engage more support as appropriate.

When tragedy does happen, don't play the blame game. Support each other, work through the problems together. We are a "resilient" people, with humor, traditions and the abundance we need to care for

one another. From his own story he shared that others blamed his girlfriend and some his mother, but as a survivor he stressed there is no blame. In fact, he spent a great deal of time making amends and apologizing to those hurt by his actions. I like to think that those we have lost would do the same, if they could.

Arnold Thomas combines both personal experience and research data to convey his message. He loved basketball and was being touted as a collegiate basketball player. In his sophomore year, however, his father took his life. This trauma stayed with him, as he started doing drugs and alcohol and "lost all harmony and balance" resulting in him trying to end it all in 1988.

At that moment he thought all the pain and suffering would end. He never thought he would

survive the self-inflicted gunshot wound. But he did survive and now he shares his story, because God had "saved" him "for a higher purpose", to help stop the cycle of suicide! Arnold went through many surgeries to reconstruct his face and he could not speak for two years and he became legally blind. He took on the challenges to learn how to talk and use his other senses. Arnold learned to read Braille, later attended college and on May 7, 1999 he graduated from the University of Utah with a Masters degree in Social Work and bachelor's degree in Psychology.

Towards the end of his presentation there was an open floor for others to speak and ask questions. Among those taking the opportunity to speak about their losses, perhaps helping others, or simply say what was on their heart was: Amanda Vernon & Akasha Slighte: (Sisters

Continued on Page 2...



Families carried a sign honoring a loved one lost by this tragedy. Pictured (L-R) are Karen Klatush, Susette Klatush, and Little Bear Davis

Prevention Walk continued..

of Maco); Karen Klatush: (Family of Ross Davis); Diana Pickernell; Evelyn Penn; Ginger Garity.

Others spoke also and agreed that survivors face a tough challenge, but they all choose to share their experience, although it is very tough, in order to assist with prevention and healing. Bev Starr-Klatush and Akasha Slighte presented Arnold with a Pendleton blanket as thanks at the end of his presentation.



Sisters Amanda Vernon and Akasha Slighte shared their story as they continue their path to healing from their loss.

He was wrapped with our love for sharing his message with our community.

All were introduced to the counseling staff and encouraged to reach out when needed. A raffle was held at the end of the event. It was an awesome feeling for those who attended. Community members left with a solid promise to themselves to try and do better to help those around them, "In a good way."

Things may seem bad at times, but those times don't last forever. Your pain maybe feels like it is too overwhelming to cope with and suicide may feel like the only form of relief. But remember that people do make it through suicidal



Guest speaker Arnold Thomas was wrapped in a pentleton blanket by Akasha Slighte and Bev Starr.

written when you need to remind yourself that you are IMPORTANT!

Organizing and sponsoring the event took the work of several departments, including Family Services and Behavioral Health and many volunteers. On the day having Nancy Dufraine, Joylene McCrory, Heather Hoyle, Barb Sanders, Sheryl Spahr, Cris Franklin,

thoughts. Ask for help-you can feel better. Alcohol and drugs won't take your problems away. Write down things you're grateful for. List your friends and family who care for you. Write down your hopes and dreams for the future. Read what you've

Madelyn Dethlefs, Don Secena (donating and cooking the salmon), Jenee Penn, Vernon McCrory, and Barb Churchill, ensured our success. Christina Hicks lent great organizing tips and assistance, Dawn Boley was unable to attend, but did a lot of preparation. Charlene Abrahamson was on hand to coordinate efforts and introduce speakers, as well as enjoyed the walk. The Suicide Prevention Walk is going to be an annual event.

If you are feeling depressed and need someone to talk. There is a suicide hotline available 24 hours 7 days a week.

Suicide Hotline 1-800-SUICIDE



Walkers pictured here receiving gifts as they completed the walk.

Chehalis Tribe Students of the Month

Desirray Klatush-Pope (9-12)



Desirray is a freshman at Oakville High School. She scored a 3.57 GPA for the month of September. In addition to her classes,

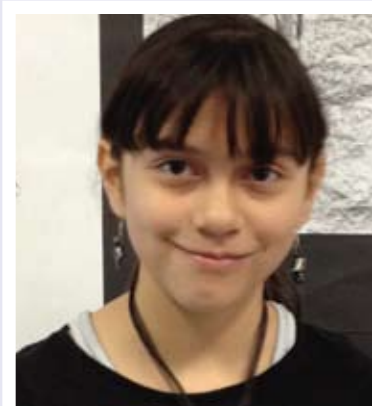
Desirray also plays on the Volleyball team and is an active member of the school club taking Rachel's Challenge.

She says her teachers all call her an "over-achiever" because she wants to be successful in everything she does in life. She encourages other students to "Always do your best and try your hardest."

Malena Canales (6-8)

Malena is a 6th grader at Rochester Middle School and scored a 3.19 GPA for the month of September. She enjoys reading and writing, which is why her favorite class is Language Arts.

Malena's key to success is the guidance of her mother: that "rewards and privileges come with good grades."



Jasmine Klatush (K-5)

Jasmine is a 5th grader at Grand Mound Elementary. She excels in her favorite class, math, and enjoys studying and practicing fitness.



Her advice to other students is "to stay off their phones and pay attention."

From the Education Department: As a reward for their commitment to school and personal growth, each student of the month will receive a \$50 gift card from the Education & Development Dept. Congratulations, ladies, and keep up the good work!

Chehalis Tribal Artists Strive to Share Their Art with the Community

By Dianne Devlin, Cultural Coordinator

Three Artists from our community have come forward to teach others the traditional skills they had learned. Chehalis Basket Weaver Artists Evelyn Penn and Walter Lewis offered weaving classes to the community in the month of September. Additionally the "Beginner Beading Classes" is being taught by Charlotte Lopez every Monday night till the end

of the year. Our Tribal Artists are home grown teachers who learned their craft from their families passing on the arts, and at times from community artists. In some of the classes other Tribal members contributed to the class by sharing what they have been taught. Now tribal artists are passing on the art to their people.

Insuring tribe artistry, Cultural Coordinator DeDe Devlin sponsors local artist to instruct classes. If you want to teach a class please call: DeDe Devlin @ 360-709-1621. We are always looking for community artists. The class can be any traditional craft or a new twist on traditional art work. Thank You.

Basket Weavers

Basket Weaver and Elder Evelyn Penn taught basket weaving classes the weekend of September the 22nd and 23rd in the Cultural Class Room. Evelyn instructed 10 community members how to weave the "Cedar Baseball Cap." The class began each day at 10:00 AM and ended at 5:00 PM in the Community Center Cultural Class Room. Evelyn added a special part to her class teaching everyone how to make doll size baseball cap in addition to the adult hat.



Cedar Baseball Cap Class

adaptations the Chehalis people like to create with cedar. Another example I am sure many of you have seen is the Fedora Hat.

An added favorite hat we like to make is the Cedar Sun Visor Hat; **Basket Weaver and Wood Carver Walter Lewis** stepped up to show eager weavers how to create the Sun Visor from yellow and red cedar. Students who signed up for the class were divided into four classes. Two of the classes where taught the last two weeks in September in the Cultural Class Room and each class was for two nights during the week. The third and fourth classes are scheduled for next month. Walter may be young

Putting a spin on cedar hat making has long been the creative art of basket weavers. Wearing a cedar hat that looks very much like the baseball cap we wear during our baseball games is one of many

Bead Work Classes

Beginner Beading Classes: is offered by Master Bader Charlotte Lopez every Monday night in the Cultural Class Room at the Community Center. The class is presented as a **walk-in class**. What does that mean? **It means every Monday Night from 5:00 PM to 8:00 PM.**



Beginning Beading Class

Community members are invited to attend by walking in, sign-in and join the class. So far 34 people from the community have dropped in at one time or another to learn to bead. The class is great for learning new ways to bead and everyone has been enjoying the classes. Charlotte has taught people several styles of earrings: the peyote stitch, which is used to bead around objects like pens, lighters, or just about anything you can imagine beading around. Presently everyone is learning to bead appliqué designs. Appliqué designs are often used on moccasins, hair barrettes, medallions or to embellish regalia.

in the world of weaving, but he shows great skill in his art and his teaching style. Walter offered color died cedar strip and color raffia to his students to add personal style for learner's who wanted uniqueness to their sun visor. Walter will finish the list of people who signed up for his classes the Wednesday the 17th and Thursday the 18th of October in the evening and closing out the classes the weekend of the 20th and 21st in October.

cleaned, split and carefully cut for each of the kits need for students in their class. Special tools often have to be designed by the teachers to help ease the participant's craft and work with cedar.

Thanks to the dedication of tribal artist our cultural is strong among our people. Watching our art evolve to meet the styles of today's tribal people is great to watch. We like to put our own spin on anything new in the world around us, yet it still has that Chehalis touch to it.

Both basket weavers prepared their classes with handmade hat molds to fit the many hat sizes that would be needed for the participants. Preparing to teach classes requires materials. There is no going to a craft store to purchase what you need. Each artist pulled their own cedar from Washington Forests. To get ready for class the pulled cedar had to be



Cedar Sun Visor Class.

Skokomish Nation Hosted this years Diabetes Awareness Walk!

Our SDPI prevention program is a consortium of four adjoining tribes; Chehalis Tribe, Squaxin Island Tribe, Shoalwater Bay Tribe, and Skokomish Tribe. This walk was originally started a few years back, at the Chehalis Tribe in 2009. Every year we have it hosted by one of the four tribes.

When the event began folks

received their tee-shirts, thanks to Cindy Beck for ordering the awesome green tee-shirts. Thanks Tanya Brown for signing folks up. We started at the Hood Canal School and ended up at the Twaudug Park, where we had dinner and screened folks before they ate. The BBQ'd fish turned out great thanks to Chuck Kennedy, and the mashed potato's hit the spot. Thanks to my

sister Mandy Wilbur for cooking the food. We had fun with making medicine bags and some tried using the beading looms.

Thanks to all the door prizes donated by; The Lucky Dog Casino, The Little Creek Casino, and The Lucky Eagle Casino.

Thanks for all those that helped

with the setup and clean up though I might not of mentioned we couldn't have done it with out you. You know who you are.

Article and photo's submitted by LuAnne Kennedy, Diabetes Coordinator
Skokomish Health Center
100 N Tribal Center Rd.
360-426-5755 ext. 2140



walk walk walk



Don't forget to walk



Tribal Health and Wellness News

Community Transformation Grant

First Year Accomplishments

The end of the first year of the grant's 'Building Capacity' phase is here and various goals have been accomplished. The following list shows some of the more significant ones:

- Creation of a leadership team and a community coalition
- Participation in community events within the Reservation and Oakville.
- Two public opinion surveys
- Social media tools are in place: logo, Facebook, Twitter, and our very own email address
- Consultants from the University of Washington have been hired to help with the 'Community Health Needs Assessment'
- More community members have expressed interest in participating in the project

Second Year Goals

We are so pleased to begin our

second year of activities for the Community Transformation Grant (CTG) with our community. We had 4 goals for our first year, all of which have been met or are in progress. In the second year our plans are:

- Continue to meet monthly with our community coalitions.
- Continue the Community Health Needs Assessments.
- Offer opportunities for community members to participate with CTG through: Personal Opinion Surveys, Key Informant Surveys, Focus Groups, Convenience Surveys, Community Town Halls, CTG Community Events, Facebook, Twitter and our webpage.
- Share the results of the surveys with the community.
- Work with and support other community organizations and events to improve the health and well-being of the community.
- Develop a Community

Transformation Implementation Plan (CTIP) with the coalitions once the community assessments are complete.

The CTG team are so excited for everything that we will learn and plan together. We look forward to working with you and hearing your hopes and plans for our community.

Community Support and Involvement

'Making a healthy living easier' requires the passion and commitment of multiple people, organizations and institutions getting together willing to transform. We would like to acknowledge our community partners: Tribal Business Committee, Lucky Eagle Casino, Eagles Landing Hotel, Great Wolf Lodge, Chehalis Tribal Wellness Center, Healthy Families, Native Woman Wellness Project, SDPI, Chehalis Tribal Enterprise, K-12 Educational Program, Chehalis Tribe Health Board, Vocational and Rehab Program, Chehalis Tribe Public Safety, Chehalis Tribe Facilities, Oakville School District, Methodist Church, Friends of the Library, Oakville Fire Department,

Governor's Interagency Council on Health Disparities, State of Washington Department of Health, Northwest Portland Area Indian Health Board, South Puget Sound Intertribal Planning Agency, City of Oakville, Grays Harbor County Public Health and Social Services Department, The Evergreen State College, State of Washington Health Care Authority, and American Indian Health Commission for WA State.



Walk with a Cop!

The opportunity has arrived to get to know your public Safety Officers, ask questions and get your 30 minutes of daily activity. We walk from the little store to the Casino and back at noon every Wednesday.

For more information contact Shannon Sullivan at Ssullivan@chehalistire.org or call 360-709-1771

\$\$\$ CONTRACT HEALTH REMINDER \$\$\$



NOTICE TO CONTRACT HEALTH ELIGIBLE PATIENTS:

PLEASE BRING IN YOUR MEDICAL BILLS AND STATEMENTS
(Labs, x-rays and related services)

If you have been billed that means they don't have all your billing information. Please don't assume we have the bill.

This applies for pre-authorized services ONLY - no exceptions.

October is Breast Cancer Awareness Month



STRENGTH HOPE COURAGE BELIEVE CURE

"The Best Protection is Early Detection"

■ Vital Health! Tips to Creating a Healthier You

By Willie O. Hunt ARNP,

(Part 2 of 2)

Candle Focus: Make a card that represents you with radiant health, strength and vitality. Light a candle and focus on the card and candle for 20 minutes. Mantras: You can say this daily 24/7

I am radiant health, strength and vitality

I am healed, restored and free of all diseases

I am 10-35 years younger

The Brain: Is a master computer and will do what you tell it to do in reference to your body and state of health. A good example of this was watching the athletes in the London Olympics. You must state this as if it has already occurred, as if it already is . . . Keep in mind that fear, doubt and negativity will prevent you from manifesting what it is you desire. Your God within you knows if you are saying this with intension and will. This must be done with conviction and belief as your observer (brain) knows if you believe what you are saying. If the God within knows that you do not mean what you are saying, or just going through the motions, you will not manifest what you desire be it health, wealth, or anything else. This is the law of Quantum Physics . . . what you think matters. This is the most important part of healing. You have to hold onto the thought of health no matter what health challenges you are facing, and do everything in your power to make it better. See yourself as radiant health!

Lakota Prayer:

Wakan Tanka, Great Mystery, Teach me how to trust my heart my mind, my intuition my inner knowing, the senses of my body, the blessing of my spirit. Teach me to trust these things so that I may enter my Sacred Space and love beyond my fear, and thus Walk in Balance with the passing of each glorious Sun. According to the Native People, The Sacred Space is the space between exhalation and inhalation. To walk in Balance is to have Heaven (spirituality) and Earth (physicality) in Harmony.

Community Transformation Grant Meeting (CTG)

All Tribal Members Are Welcome!

Available On

Facebook: Chehalis Tribe
Community Transformation Grant
Twitter: ChehalisCTG



Email: CTG@chehalistribe.org

For additional information contact: Shannon Sullivan at 360-709-1771 or email: ssullivan@chehalistribe.org.

Wednesday, November 7
2:00-3:30 pm
Eagles Landing Hotel
Conference Room, 5th Floor

Mammogram Clinic

Tuesday, October 23
from 9:00 AM to 3:00 PM

at the
Chehalis Tribal Wellness Center

Contact Christina Hicks at the
CTWC to schedule an appointment

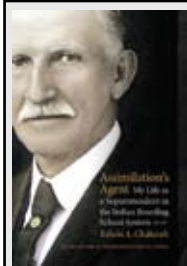
WIC Dates

Tuesday, November 8
Tuesday December 6
from 9:00 AM to 3:00 PM

at the
Chehalis Tribal Wellness Center

Contact Debbie Shortman at
360-273-5504

Book Reveals Chehalis Boarding School History (Final - Part 7)



Reprinted from *Assimilation's Agent: My Life as a Superintendent in the Indian Boarding School System* by Edwin L. Chalcraft, edited by Cary C. Collins, by permission of the University of Nebraska Press. Copyright 2004 by the Board of Regents of the University of Nebraska.

The cost for the book is \$29.95. If you are interested in ordering a copy of the book, go to this website. <http://www.nebraskapress.unledu/product/Assimilations-Agent,671728.aspx>.
Order by Phone 1-800-848-6224

From the Editor: This is the final part being printing in the newsletter. I received permission to print the Chapter regarding the Chehalis Indian Reservation. This is a very interesting documentary by Edwin L. Chalcraft. To some readers it is very wordy, but shares historical documentation regarding life on the

Chehalis Reservation from a Boarding School Superintendent.

There is other information that was omitted regarding "Love Letters" that were confiscated during his term at the Chehalis Indian Reservation. I highly recommend attaining your own copy of this book.

Part 7—Assimilation Agent continued from September 2012

This Order was read to the Indians and they received it without any signs of disappointment. They were given some friendly advice, and were all invited to come to the school and bring their friends with them on Wednesday, the 16th, at 2:30 o'clock p.m., and we would have a feast and general good time.

When we returned to the office, Mr. Mann was highly elated over the afternoon's work. I felt somewhat as he did, because we now had something that could be used as the basis of any further action it might be found necessary to take. Up to this time, there had been several things done on the Chehalis Reservation by the Shakers, the most serious being that of Dick Case's wife at John Smith's house, from which she was still sick. Reports of a serious nature had been come to us from the Nisqually and S'kokomish Reservations, notwithstanding the Agency Physician's service as available to all the Indians, without expense to any, but the Shakers refused to have him attend them when they were sick.

When 2:30 o'clock on the 16th arrived, there was a satisfactory crowd of men and women on hand and others came later. They were invited into the school house for a short program by the pupils which was followed by speeches in which men and women took part. Some of them spoke in English, but most of them used the native language, which was translated into English by an interpreter. This continued until 3:30, when dinner was announced. There were long tables on the lawn loaded with food and decorated with flowers gathered by the pupils. Jim Walker was seated at the head of one of the tables with his wife, Susie, at the other end of it. After Jim had arisen and said grace there was a busy time for the next half-hour. The remainder of the evening was spent in playing ball and other sports. The day's program was a kind of "potlatch," indicating friendship and goodwill, and it was so received by the Indians.

Following the Police Court action on April 14th, there was not much activity among the shaking element

Continued on Page 7...

Continued from Page 6...

that came to my notice. Many of the Shakers attended the Church Services regularly, and while there, appeared to be pretty good Presbyterians, Agent Eels came on May 9th and remained three days, he said, “to congratulate me on the good that had been accomplished.” Be that as it may, he would not compromise with the Shakers in any way, and told them to “do as Mr. Chalcraft says to do.”

On June 11th, Mrs. John Smith was at the school. While there she tried to pull, or shake, rheumatism from a school girl’s arm when they were alone in a room. Seeing Mrs. Mills, the Matron, coming towards the room caused Mrs. Smith to hustle off as fast as she could go. On August 2nd, while passing Charlie Walker’s house, I heard a bell ringing in the house, “Shaker fashion,” but I thought it best to take no notice of it, nor let anyone know what I had heard.

The issuing of passes began on the day the Police Court enacted the pass provision. The first was issued to Cap Carson, good for two days, to take a horse to Mud Bay and return. The second was issued to Harry Ho-wa-nut permitting him to go to Tumwater, five miles from Mud Bay, to visit a sick Indian and good for one week. I was suspicious that the real object in asking for these passes was to inform John Slocum and his followers at Mud Bay of what was going on at Chehalis. There were requests for passes nearly every day and Alice represented me in issuing them while I was away from home. No Indian was ever refused a pass, and as far as I know, no Indian ever left the reservation without having one.

On October 1st, the shaking element apparently had lost enough of its vigor to permit discarding the Pass Order, for a time at least, and on that date I issued an order to the effect that passes were no longer necessary. This was just one year from the time we began work at Chehalis Reservation. In looking back over the period in our lives, Alice and I agreed in that it was the most strenuous we had ever experienced, yet it had been the most interesting and thoroughly enjoyed,

especially as there seem to be no hard feeling on the part of the Indians.

From this time and during the year 1885, little was seen or said about Shakers at Chehalis. Rev. Mann continued his monthly visits and I conducted the Church Services in his absence. On Sunday, February 1st, the Indians complained about not being permitted to speak at the Church Services, which was true because neither of us thought the time had arrived to permit them to do so. On Sunday, May 17th, Mr. Mann brought with him Rev. Peter Stanup, an ordained Presbyterian Indian Minister, (and) also Joe Swa-eil and Coates, elders in the Church of Puyallup. They all took part in the services and spent a couple of days visiting the Indians. Their visit had a good effect which was felt for a long time.

Practically nothing more concerning Shakers took place until February 27, 1887, when I personally caught a lot of them at George Walker’s house doctoring Puyallup Bill, an Indian from the Puyallup Reservation. Ten were arrested and brought before the Police Court the next day. The testimony showed that Puyallup Bill had been spitting blood at time for a month or two, and had come to Chehalis to have the Shakers cure him, which they were doing by giving him the usual treatment in such cases. John Smith, assisted by Peter Yo-kum, Thomas Heck, and George Walker, were in charge of the doctoring, and with the patient, Puyallup Bill, were given a sentence of ten day at hard labor and to be locked up in the skukum house. The other five were found “not guilty” by unanimous decision of the Court and were discharged. The guilty five served their full time of sentence.

A strange feature of the case, to me, was that none of the five showed any resentment in the matter. When Mr. Mann came the next time, he was pleased with the Shakers’ punishment, and said he had come to the conclusion that it was useless to try to do anything more with the older people, but best to concentrate the work on bringing the younger generation into a better life. I agreed

with him. The punishment of these five men did have a quieting effect on the Shakers at Chehalis, because we had no further trouble with them up to the time we were to begin work at the Puyallup Reservation, June 30, 1889.

...Voting Documentation: ---I voted at Oakville, just off the reservation November 4, 1884. Indians did not have the right to vote at that time. As [Grover] Cleveland was elected [President], we were looking for some interesting times after he was inaugurated on March 4, 1884, but things moved on in about the usual way until his second term in office began.

The second section of the Dawes Allotment Act granted citizenship and the right to vote to all Indians who had accepted individual allotments of land, to be held under a Trust Patent issued by the Government. By this time practically all the Indians [living] on reservations under Agent Eells’ jurisdiction had complied with this law and were now ready to vote at the next election, November 6, 1888. I went to the voting place at Oakville on that date and found a large number of Indians there, but none had voted. There seemed to be no special objection to the Indian vote, but the Judges were uncertain as to its being legal. After reading a copy of the law I had brought with me, and [following] a short discussion of its terms, the Judges became satisfied as to the legality of Indian voting. Marion Davis was the first Indian to vote and he was followed by all the others.

In 1924, Congress passed an Act making all Indians born within the United States full citizens and entitled to all the rights of white citizens. Since then there have been no non-citizen Indians.

...Fishing and Hunting: There were plenty of eels in the Chehalis River. My first experience in fishing for them was the night of August 1884. In company with Joe Walker, Johnnie Dick, Bruce Jack, Johnnie John, Mosale Bill, Pe-ell Case, and Jessie Mills, we went to the river where we found the Indians had a platform built about eight inches above the water at

the head of a “riffle,” or shallow swift flowing place in the river.

The platform was about six feet square, and when fishing, three or four of us would be standing on it with pitch torches in our hands, which caused the eels to be easily seen in the water. Coming up through the swift water of the riffle made the eels tired and when they reached the upper end, they stopped to rest, making it easy to grasp them with the right hand, which had previously been rubbed on the inside with resinous leaves from a local plant to overcome the slippery surface of the eels.

We caught a good supply. Alice cooked the choice part of one, but the flavor was too strong for us to eat an of it. There was good fishing for trout and salmon in the Chehalis and Black Rivers, and they were more attractive to us than the eels were.

There was excellent hunting on and near the reservation. Deer were plentiful and they were frequently in our fields near the school. I remember Jim Walker killing three one day within a mile of our house. The regular price for venison was seventy-five cents for a ham, large or small. Elk were not so plentiful as deer, but the Indians killed several. One day Sam Smith, one of our pupils, killed four elk and I had the horns of one of them several years.

My favorite hunting was for grouse, usually on horseback and sometime accompanied by Alice, on her pony “Daisy.” We would put our little dog “Nixy” on the horse behind one of us and ride about a mile to the edge of the timber surrounding the prairie where the school was located. The grouse is a fine bird for the table and we killed many of them. When at the timber, we would put Nixy down on the ground and it would not be long until the dog had frightened a bird up into a tree and we would hear him give a yelp or two. When we rode to him, he would be found sitting upright on his haunches awaiting our coming. When the bird was killed, Nixy got one of the feet as a reward for his work. This was the usual procedure in hunting birds.



Happy Birthday to Tribal Members Born in October



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	¹ Wesley Chrisjohn Carmen Shortman Beverly Peterson Thomas Sanchez	² Edward Olney Kayley Trott	³ Joli King	⁴ Angela Cortez Maddex Mowitch Dan Penn	⁵	⁶ Dylan Hjelm Tanya Kinkade John Shortman, Sr.
⁷	⁸ Delores Rourke	⁹	¹⁰ Rita Burke Candice Jensen	¹¹ Todd Delamater Laticea Romo Don Secena	¹² Charles Black Lesley Gillie Correna Klatush	¹³ Cindy Andy Andrea Bordelon- Lannez Madison Carter
¹⁴ Tabitha Colson Walter Lewis Marla Medina Army Youckton	¹⁵	¹⁶ Cortney Beckwith Virginia Garity Kendall Medina George Sanchez, Sr. Ryder Vigil	¹⁷ Kaytlin Pickernell Hillary Powell	¹⁸ Rickie Marion Marjorie McCloud Scarlett Romero Rayna Romero	¹⁹ Alyssa Baylor Joseph Delamater Amber Oliver Robert Teague	²⁰ Trey Brown
²¹ Casey Pickernell Gerald Pickernell, Jr.	²² Evangeline Chrisjohn Selena Kearney Tristan Smith Tymseila Washburn	²³ Joel Brown Lydia Fromm Stormie Sanchez	²⁴ Ava Boyd Anthony Combs Karen Klatush	²⁵	²⁶ Connie Klatush Dakota Quezada- Klatush Janet Sanchez Clarence Youckton	²⁷ Ryan Pitzenberger
²⁸ Andrea Broom Willie Secena	²⁹ Alicia Safar	³⁰ Elaine McCloud Braiden Wittwer	³¹ Bruce Klatush, Sr. Dale Klatush, Jr. Ramona Marvin			

*Happy Birthday to my
mom, Cindy Andy*



*Love Lydia, Randy and
Cynthia*

*Happy Birthday to my Husband
Bruce Klatush, Sr. on October 31!!!!*

*Love Always
Jennifer & Kids*

*Happy Birthday Rita Burke
Love Auntie Jodie, Cedee, Tony
& Auntie Josie, Brittany, Brent*

*Happy Birthday
Kendall*



We Love you!

**Have a Very Happy
Birthday Kayclin**



**From Gramma Lu and
Poppa Gary, Great Gram
Edna, Harvey, Jeslin, Javier,
Chicha and Uncle Sam.
Aunt Nat, Uncle Wilson,
and Uncle Steven.**

Thank You

I would like
to thank and
acknowledge Norma
Daniels and Dennis
Cayenne for their
wonderful help at
the fish pit all day
cooking with Don
during the Ol' Man
Wooden Bat Hard
Ball Tournament.

Alison Carter

**Happy Birthday
Todd Delamater**

**From Big Chinaman
& Family**

*October 22
Happy Birthday
wishes to my daughter
Selena~~~*

*Love
Mom*

**Happy Birthday
Don Secena
and many many more
From your wife, Calvin, Andria,
Dyani & Jared**

**Happy 9th Birthday to
my daughter Madison**



**"You come along way
SUGAR BABY!"**

Prepare Your Home for the Fall & Winter Storm Season

Information provided by: Grays Harbor County Emergency Management, King County Office of Emergency Management, Washington State Emergency Management Division, TakeWinterByStorm.org, FEMA.org, NOAA.gov

Tips in preparing your home

- Prepare for possible isolation in your home by having sufficient heating fuel; regular fuel sources may be cut off. For example, store a good supply of dry, seasoned wood for your fireplace or wood-burning stove.
- Winterize your home to extend the life of your fuel supply by insulating walls and attics, caulking and weather-stripping doors and windows, and installing storm windows or covering windows with plastic.
- Check your roof for loose, missing or damaged shingles and flashing around vents and chimneys to eliminate flying debris and reduce the chance of possible water damage.
- Clean your Chimney and flue to your fireplace or wood burning stove. Check chimneys for bird nests, animal dens, cracks and areas of disrepair. These are all situations which could allow Carbon Monoxide and other dangerous combustion by-products to enter your home jeopardizing your entire family. Carbon Monoxide is deadly!
- Winterize your house, barn, shed or any other structure that may provide shelter for your family, neighbors, livestock or equipment. Clear rain gutters; repair roof leaks and cut away tree branches that could fall on a house or other structure during a storm.
- Grade your property so water drains away from the foundation and downspouts direct water away from the house.
- Insulate pipes with insulation or newspapers and plastic and allow faucets to drip a little during cold weather to avoid freezing.
- Check for loose handrails, banisters and stair coverings. Buckled or cracked walks should be repaired
- Test your sump pump before the start of the season.
- Check your smoke and carbon monoxide detectors for proper operation and new batteries.
- Learn how to turn your electricity off in the event your house gets flooded. Make sure to NEVER turn it back on until an electrician has checked the system.
- Keep fire extinguishers on hand, and make sure everyone in your house knows how to use them. House fires pose an additional risk, as more people turn to alternate heating sources without taking the necessary safety precautions.
- Learn how to shut off water valves (in case a pipe bursts).
- Know ahead of time what you should do to help elderly or disabled friends, neighbors or employees.
- Bring outdoor belongings, such as patio furniture, indoors.
- Prepare your family to be self sufficient for AT LEAST 3 Days (72 hours). The website below provides a guide to use which includes family size and pet preparedness.

<http://3days3ways.org/>

Emergency Management Plan



Emergency Information Phone Line:
1-866-623-8883

When do I call the Emergency Phone Line? Any time you are concerned about adverse weather, power outages or other emergency situations.

For power outages call: Grays Harbor PUD: 1-888-541-5923; Thurston County PSE: 1-888-225-5773

If your interested in learning more about the emergency management plan.

Early Warning System Link

Check out the new link on our website - Chehalistrie.org. Click on Resources and follow the directions to the Early Warning System Link. This link provides current and up-to-date information.

Please contact Ralph Wyman, Director of Public Safety at 360-273-7051 or stop by the Public Safety Building.

Caution!!



Bear Sighting

As customary at this time of the season, there are bear sightings in our area, as we coexist with our brother animals. They are presently fattening up in preparation for the winter before hibernation. If a bear is sighted be advised to adhere to the following tips:

- Remain Calm
- Avoid direct eye contact and never run from a bear. Instead, slowly back away.
- Avoid attracting bears with food or garbage. This is the best way to prevent black bears from becoming a nuisance near your home.

WARNING: There have been confirmed reports of a wounded bear. Please be extra careful and stay out of the woods.

If you seen an injured animal report it immediately to **9-1-1**.

Temporary Closure Park to Receive New Playground Equipment

The Makum Park, the park across the street from the tribal center, will be closed for renovation November 5th through November 23rd. During the park closure, the existing play structures will be removed and replaced with new playground toys that meet current safety standards. The new toys to be installed include a climbing wall, big toy with slide, swings, spring toys and a rotating net. The new swing set will have one handicap swing. The Planning Department appreciates your patience during the construction phase of the project.

CTLF Program Provides Tribal Members Opportunities to Build Dreams and Goals

 **\$4000.00**

Would you like to earn an additional \$4000.00 for your business, education or for a down payment for a house? You can do this by saving \$2000.00 of your own money.

Who qualifies?

- Chehalis Tribal Members
- Employed or Self-employed
- Low income (www.huduser.org)
- Reside within 60 miles of the Rez



How:

Open a Savings Account with the Chehalis Tribal Loan Fund AFI-IDA account toward a business, purchasing a home or Education expenses. Attend a Financial Literacy Class. Save a minimum of \$25.00 per month for 6 consecutive months. We match 2:1 ratio. Save a maximum of \$2000.00 and we will match that with \$4000.00.

See the Chehalis Tribal Loan Fund Program for details and further qualifications.

Chehalis Tribal Loan Fund

Classes to begin for Fall 2012



*Financial Education
(Managing your Budget)
Courses will start
November 1, 2012
from 5:30-7:30 at*

Chehalis Tribal Community Center Classrooms



We would like at least 8-10 applicants to hold classes. Curriculum is Building Native Communities or Money Smart. Any youth interested in Youth Money Smart program please contact the CTLF Program. Snacks and drinks will be available.

Indianpreneurship classes

Do you want to start a small business? Do you need a Business Plan? The Indianpreneurship Class will help you create a business plan.

Classes will be held at the Chehalis Community Center Class Room

The next "Indianpreneurship" class starts on November 6, 2012 and will run every Tuesday from 10:00 a.m. to 2:00 p.m. for a total of 4 weeks.

The class has a total of 10 student openings, 1 of which has been filled.

Call or email the contacts below to sign up.

The CLASS is FREE!!

1. Journey Begins
2. Creating your story
3. Good Scouting
4. The Road to discovery
5. Getting ready for Market
6. Finding your place
7. the Quest for order
8. Tracking dollars
9. Listening to numbers
10. Gathering Resources
11. Dreams into Actions
12. Graduation

To sign up or for more information please contact Chehalis Tribal Loan Fund Program:

**Julie Burnett, Executive Director,
Diana Pickernell, Loan Program Coordinator**

360-709-1831 or 360-709-1631

E-mail: dpickernell@chehalis tribe.org,

Chehalis Tribal Early Learning Program Update to the Community

This last May a Federal Review Team came to our Chehalis Tribal Early Learning Program to conduct a review. When the review was completed there were:

- Zero Deficiencies
- 4 Findings Reported (findings were corrected already)
- Reviewers were impressed with our Staff, Menu & Program Options offered to our Community!

We would like to thank all of our Families and Community Members for their support in our program!

Please feel free to visit and volunteer for a day!

All program information is made available to the public and can be found in our Early Learning Program's lobby.

College Fair at Great Wolf Lodge



Sponsored by: Confederated Tribes of the Chehalis Reservation & The Higher Education Department

Tuesday, November 6, 2012

11:00 to 4:00 pm

**200 High School Students
w/ASB cards and survey done will receive
A Great Wolf Lodge Day Pass**

Door Prizes: Great Wolf Lodge, Lucky Eagle Casino gift certificates

**All welcomed, High School Seniors should definitely
attend bring your parents & friends to visit with
representatives from
Colleges, Universities, Trade and Technical Schools**

Contact Higher Education Coordinator: Rachel Mendez: PO Box 536 Oskville WA 98568 Phone: 360-709-1698
E-mail: rmendez@chehalis tribe.org

Tribal Elder receives Northwest Indian Housing Association 2012 IHA Award

In recognition of her 27 years of service to the Chehalis Tribal Housing Authority, the Northwest Indian Housing Association honored Virginia “Dolly” Canales with the Indian Housing Authority Staff Person of the Year. Dolly was presented her award at the Annual Award Banquet on September 12, 1012. Congratulations and thank you Dolly for your many years of great service to the Chehalis Tribal Housing Authority.

Virginia “Dolly” Canales displaying her award for Staff Person of the Year with Brook B. Kistovich, Chair, NWIHA



Free Firewood Available to Tribal Members!

Glen Connelly – Environmental Programs Manager

Tribal members can get a free firewood gathering permit at the Chehalis Department of Natural Resources. There's a pile of logs ready to be cut up into free firewood, all you need is a permit. You can cut up to 2 cords of wood for your household use. (The firewood cannot be sold and the permit holder must be present while cutting it up.)

Dry Firewood Burns Cleaner
- Seasoned (dried) wood burns hotter and cleaner in your fireplace. This means more heat in your house, less soot in your chimney, and less smoke blowing towards your neighbor. Here are few reminders:

- Split your wood now and it will

dry before this Winter.

- Store your wood off the ground, so air can circulate and dry it. (Old pallets work great.)
- Cover the wood pile with a tarp, or build a wood shed to keep the rain off of it.
- Never burn garbage, or wood that has been painted or treated. They produce toxic chemicals.

Wood smoke is the leading source of air pollution in our area and we all create some of it. Every little bit we do to reduce pollution from wood smoke makes your community healthier for the elders, the children and those folks with respiratory illnesses. So don't wait, get your firewood cut now, so you'll be ready for the season. Do your part and burn clean, dry wood.

Commercial Fishing License Renewal Deadline Notice

Tribal fishing licenses expire October 31, 2012. Renewal before this date will cost \$5. After October 31st, the fees go up to \$35 for everybody regardless if it is a new license or a renewal. There will be an announcement posted if an extension is granted due to a lack of commercial opportunity; this extension would be in effect until a commercial opening has occurred. We will try to include commercial fishing openings that are scheduled well in advance in future newsletters as time allows.

2012-2013 Tribal Commercial fishing licenses will **NO LONGER**

include a reflective sticker. The reflective stickers were not welcomed by commercial fisher's, as many felt that it made their boats potential targets by non tribal boaters.

Please pay your fishing fees at the accounting office. First time license buyers fee is \$35.00, and renewal fees are \$5.00 due before October 31.

Watch for flyers on openings and follow the Chehalis Tribal Fishing Ordinance when participating in each fisheries opening.

Free Broadband Internet & Computer Offered to Chehalis Tribal Members

Chehalis Tribe has been awarded a grant to supply Chehalis tribal members living in Clark, Cowlitz, Grays Harbor, Lewis, Mason, Pacific, Pierce and Thurston counties with free broadband access and a notebook computer. The goal of this initiative is to increase opportunities for those households without Internet broadband service.

A member of the tribal member household will need to have basic understanding of computer fundamentals, web browsing and virus protection.

There will be training available to assist you in increasing your level of computer knowledge.

Qualified recipients will receive:

- Free high speed Internet access for 24 months.
- If you are new to computers and the Internet, there is free computer training of a minimum of 10 hours. You will need to demonstrate proficiency to qualify.
- Laptop that is officially “on loan” to participant until successfully completing a 24 month program, at which time, it becomes the participants.

This program is available through the first half of 2013, or until recipient quota is fulfilled. This opportunity will go to the first 200 qualified individuals.

If you have any questions about the program or about the application, or you are unable for any reason to read or fill out the application, please give us a call at 360-864-4552. All information will remain confidential.

FirstName LastName
Street Address
City, ST Zip

PRSRT STD
US POSTAGE PAID
OAKVILLE WA
PERMIT No. 2

Moved Recently?

Update Your Address to Receive Your Mail

By Fred Shortman, Editor

If you have recently moved, or are planning to move, make sure you change your mailing address. Many important tribal documents, including this newsletter, will not be forwarded to changed addresses.

If you or family members have not been receiving this newsletter, or other important tribal information including per capita, please contact me as soon as possible. I will forward

your new address to appropriate departments. Presently there are 30 tribal members with unknown addresses.

Please contact me, so you can receive your materials. Call me at 360-709-1726 leaving your name, new address and phone number to verify. Or you can e-mail me at Fshortman@chehalistribe.org with your information. Your cooperation is greatly appreciated.



Chehalis Tribal Halloween Party & Haunted House



October 27th
Starting at noon
@ the Community Center



Bring the family!! Costume contest, pumpkin contests, lunch, treats.

Anyone interested in helping with the Haunted House email me at cstarr@chehalistribe.org or stop by my office located at the community center.

Are You Interested in Carpooling?

I'm looking for anyone interested in carpooling from the Olympia area. We are trying to get enough people to commit to ride sharing. This will assist in possibly getting a van from Intercity Transit.

Anyone interested contact Sheila Bray in the Tribal Accounting Office by phone: 360-709-1830 or Email: sbray@chehalistribe.org.

Request from the Finance Department

The finance department mailed out this year's per capita instruction letter to all adult tribal members on October 3rd. Enclosed with the letter should be four forms to fill out and one self-addressed return envelope. The deadline for returning the forms is October 26th.

If you did not receive the letter or if you are missing any of the enclosures please contact the finance department at 360-709-1830. Thank you.

Chehalis Tribal Newsletter

The Confederated Tribes of the Chehalis Reservation...
"People of the Sands"

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Chehalis Tribal Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs, and drawings to be considered for publication. These are subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal community members and staff.

Submission deadline: 6th of each month
Printed monthly

Tribal Center (360) 273-5911

420 Howanut Road
Oakville, WA 98568
(360) 709-1726 (office)
(360) 273-5914 (fax)
fshortman@chehalistribe.org

Chehalis Tribe's Vision Statement

*To be a thriving, self-sufficient,
sovereign people. Honoring our past
and serving current
and future generations*

Business Committee

David Burnett, Chairman
Don Secena, Vice Chairman
Stephanie Pickernell, Treasurer
Cheryle Starr, Secretary
Dan Gleason, Sr., 5th Council Member

Chehalis Tribal Newsletter Staff:

Fred Shortman, Communications
Coordinator

