



# CHEHALIS TRIBAL

The Confederated Tribes of the Chehalis Reservation  
"People of the Sands"

# NEWSLETTER

November 2012

Free

## Elders Summer Activities Create Fond and Lasting Memories

By Nancy Romero, Elders Coordinator

Greetings! Well the summer months have come to an end. Time for jackets, scarves and mittens and extra blankets on your bed! I would like to give you a breakdown of some of the activities that the Elders have done the last few months.

In July the Elders took a two day trip to Spirit Mountain for the Elders luncheon which was held at the Spirit Mountain Casino. It was great fun, good food and had some raffle prize winners this time!

July we also had our Second Annual Family BBQ, which was held outside by the elder center. The Lucky Eagle Casino catered the food, and the Casino Managers helped serve the meal. It was great food, and everyone enjoyed the meal. Thanks to the staff at the Lucky Eagle for their continued support. The BBQ was a success as there was a lot of Elders that brought their families and grandkids to enjoy cotton candy, popcorn, snowcones and games that were played by young and old! Also there was a dunk tank, which was a big hit! We also had a watermelon and pie eating contest! And only one person actually got sick!! (Lol) Overall the BBQ was a fun enjoyable time spent together as families. Thanks to all the volunteers that helped out, just to let you know this is a success because of these volunteers!

August came with the sun and a day trip to the SW Fair. All the elders that signed up, they attended the fair on their own time and from what I heard had a good time. I did take a few elders that



**Tribal Elders and their family toured South Dakota during one of the field trips creating lasting memories.**

needed rides on an afternoon trip after it cooled down some from one of the hot days we were having. At the month's end, we celebrated all the Elders birthday of the month every month, so a large group went to Fujiyama's for a treat and entertainment.

September was still sun shining and the Elders enjoyed a day at the Puyallup fair on their own.

Some of the Elders that chose to go to ALASKA on a cruise on the Norwegian Jewel went from September 8<sup>th</sup> thru the 15<sup>th</sup>. This trip was enjoyed by all that went. There were a few days of rough seas, but overall it was good. Some Elders ventured off the ship at the different ports we stopped at such as Ketchikan, Juneau, Sawyer Glacier, Skagway, Victoria, BC, and Canada. The sites were so beautiful even though it was a little chilly weather wise, it was a beautiful trip. On the cruise there was so much great food and activities to do such as shows,

bingo, Deal or no Deal, swimming, hot tubbing, eating again, musical shows, and just relaxing with other Elders and friends and meeting new people from different parts of the world.

The birthday dinner was at Outback Restaurant in Olympia was enjoyed by all that attended.

In September some of the Elders attended a cedar visor class with Basketweaver Walter Lewis to wear on their trips to Alaska or South Dakota.

The Elders also took the opportunity to learn how to make baskets with Basketweaver Kathy Erwin several times during the year. They came out so beautiful.

October brought the next Elders trip to the Dakota's. We had 25 Elders and guests attend this trip. It was an early flight out of Seattle which had Ray Secena, Corrina Young, and Lawayne French up and picking the

Elders up by 2:00 AM to get to the airport by our 6:00 AM flight. It was a long flight and as we arrived at South Dakota we went out the airport doors and almost got blown away! The gusty winds there were pretty strong! But it calmed down as the days went by. The Elders got to see many sites such as Keystone, ride on an old locomotive through some beautiful country, Mt. Rushmore, Deadwood, black hills gold and diamond factory (where I think between all the Elders/guests we loaded up on black hills jewelry), Kevin Costner TaTanka "Story of the Bison" interpretive center that depicts the relationship of the bison and man. We also went to Deadwood, to the Black Hills horse sanctuary where over 400 horses run free and seen petro glyphs of prairie dogs. We also toured Custer's State Park. Just getting there was an exciting adventure as the bus drove through a rock tunnel which only gave the bus an inch or two of clearance on each side of the bus. If the bus driver would have made a small jerk or stop we would have been stuck in this tunnel for hours!! But

**Continued on Page 2...**



**At Custer's State Park Elders took the opportunity to feed the donkeys.**



## Elders Activities continued..

the driver was a pro and we got through it just fine. We got to see tons of bison roaming the land along with big horn sheep, and elk. What a beautiful sight it was to see. Our last adventure that day was to visit some crazy donkeys on the side of the road that liked to be fed and that sure was fun! Dolly went out to feed them, and she was attacked by almost all of them as they wanted her food she brought out! We all had a good laugh.

The badlands trip was the most breathtaking and amazing sight to see. One of the highlight of this trip, which we were lucky enough to witness an actual blast at the Crazy Horse Monument. We also visited this on Native American Day which South Dakota's has this day as an official holiday! It was so beautiful

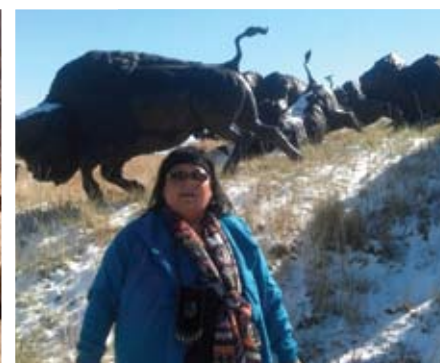
and exciting to be there. This was a very interesting and sacred place to visit. We were also lucky as the weekend we were there was a big POW WOW and some elders attended that and shopped again!

Overall the trip was very long, with some days lasting over 12 hours but there was so much to see and experience that most didn't mind the long days. This trip was very memorable one for many years to come for the ones that were blessed to go.

Now it is coming up to the holiday months, so please watch for the holiday activities and hope to see you participate.

And as always if you need anything please feel free to call Nancy at 360-870-0141.

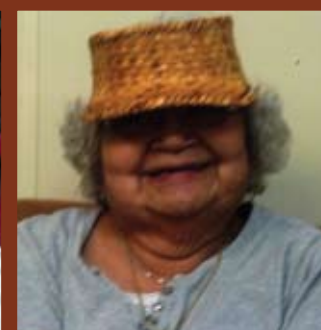
## South Dakota



## Alaskan Cruise



## Weaving Classes





# Community Gathers to Celebrate with Graduates of Training Program

On Thursday, November 1 the Chehalis Tribe celebrated the second graduating class of the Lucky Eagle Casino's Tribal Enterprise and Gaming Management (TEGM) on-site program. Two Tribal Members successfully completed the classes at the Red Wind Casino prior to the Casino bringing it to our reservation.

Family and friends of the graduates gathered at the Chehalis Tribal Community Center to celebrate their achievement with them. Dinner was provided by the Lucky Eagle Casino. The Casino also hired a photographer to take pictures that are being provided to the graduates as a keepsake and gifted each graduate with a personalized pen and pencil set.

John Setterstrom, CEO of the Lucky Eagle Casino spoke to the students about leadership. Dan (Bones) Gleason gave the opening prayer. Rodney Youckton, Executive Vice President, Lucky Eagle Casino, spoke to the students about the 5 most powerful words in our vocabulary, "I am proud of you" and the three F's- focus, fire, and faith.

Many of the students present spoke about their TEGM experience. Daryl Shortman started with an



**2012 Graduates of the Tribal Enterprise and Gaming Management program. Pictured (L-R) top row are Harry Pickernell, Chris Pickernell, Daryl Shortman, Kevin Bray, Alena McNeal, Jeff Young, Tara Groninger. Front row (L-R) are Heather Youckton, Sheila Bray, Carmen Fennel, and Sabrina Cole. Not photoed is Jessica Jack.**

Photo by Larry's Photography

inspirational poem and encouraged others to take advantage of learning opportunities. Others spoke about what was learned and challenged others to sign up for future TEGM classes. They also reminisced about how they really came together as a group and now have a better understanding of the Casino and Tribal Enterprises. Still others talked about the experience of learning about Tribal Sovereignty and its importance, while another shared that the class ended up including the entire family and they couldn't have

done it without family support and involvement.

The purpose of offering these courses is to build management skills within the casino, offer college level courses at a convenient location for the employees of the Chehalis Tribe and Chehalis Tribal Members and to create a learning environment where skills are transferable within the casino and the community.

A total of sixteen people showed an initial interest in the program and thirteen graduated. Out of thirteen graduates, seven were Chehalis Tribal Members. The students are employees of the Lucky Eagle Casino and also included an employee from the Eagles Landing Hotel,

one that worked at the Great Wolf and now works for the Tribal Government, two Tribal Government Employees, and one interested Tribal Member.

The casino hopes to continue with these classes in the upcoming year. The graduates are encouraged to continue following their dreams and goals to further their education.

To continue these classes the Lucky Eagle Casino needs to have enough people interested in committing to 49 weeks to complete this program. Please contact Stephanie Pickernell or Rodney Youckton at 360-273-2000 to sign up or if you have questions.

Congratulations to Kevin Bray, Sheilah Bray, Sabrina Cole, Carmen Fennel, Tara Groninger, Jessica Jack, Alena McNeal, Christopher Pickernell, Diana Pickernell, Harold Pickernell, Daryl Shortman, Heather Youckton, and Jeff Young.



**Graduates from the TEGM Training Program received a certificate for completing the forty-nine week course. Heather Youckton pictured here giving her dad, Rodney Youckton a hug after receiving her certificate**



**Daryl Shortman was selected as Valedictorian by the class. He read an inspirational poem, "Will I master change or will change master me."**



# 2012 Halloween Party and Haunted House a Success



Winners of the Ages 0-2 year old costume contest.

On Saturday, October 17 was a day to remember as tribal and community members gathered at the Community Center for the Third Annual Halloween Party. The Gathering Room greeted participants in a colorful array of Halloween decorations. The event was so well attended that extra tables were set up to accommodate the extra people.

Cheryle Starr, Events Coordinator and her group of volunteers set the stage for another great event. They spent many hours preparing the haunted house and dreaming up new ways to outdo last year. Screams and eerie sounds echoed throughout the community center gym. Enter if you dare to get the adrenaline racing for the bone chilling walk through this portion of the event.

**Costume Contest:** Children dressed in their Halloween costumes modeled after supernatural figures such as monsters, ghost, skeletons, witches or devils. Others dressed up in their costume selection such as popular characters from fiction, celebrities, ninjas, princesses or cartoon animals.

**Fun and Games:** The Photo Shoot was available this year for those that wanted to get a photo with the scary animals that were provided by our Culture program. The "Nightmare from Wall Street" was available with open arms to reach out and pose with anyone brave enough to volunteer. Added

to the photo section was a big huge Gorilla named "JJ" with haunting red glowing eyes. That didn't deter many, as family members gathered to create a lasting memory by the Boley family who volunteered to take, print and hand out photos. You could hear squeals of joy from the youth as they viewed their photos.

**Balloon Toss:** Awana's, Mr. and Mrs. Wilson, were available with the balloon toss. Giving youth and adults alike an opportunity to win a prize or treat. It was good clean fun and everyone came out a winner.

## Thanks to the volunteers:

Derek Youckton, Philip and Althea Youckton, Shawn Goddard, Ray Secena, Josh Terry, Jeremy Fanning, Correna Young and her daughter, Tony Medina, Jeremiah Baker-Jones, Violet Starr, Roberta Youckton, Sonny Youckton, Dawn Boley and Family, Dianne Devlin, Sally Pikutark, Charlotte Lopez, Talisa and Russ Baker, Ang Youckton, Steven Francis, Forrest, Lawarence, Amanda Starr, Geo Jack, Junior Jack, Skylar Baker, Pam Youckton, Alicia Canales, Evelyn Penn, Patricia Penn, Tina and Family, and my Grandkids Dre, Nate, Jeremiah and Layla for helping decorating and clean up. A big thank you to all for helping this year! Thank you to the Lucky Eagle Casino for donating the lunch and to the Youth Center for the gifts they donated.

From C.Starr, Events Coordinator.

## 2012 Costume Contest Winners



3-4 year old division



5-6 year old division



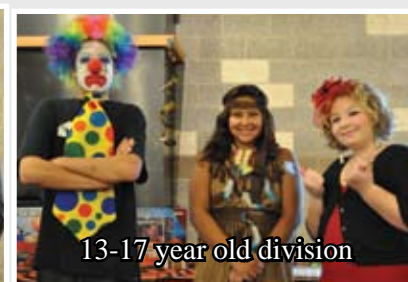
7-8 year old division



9-10 year old division



11-12 year old division



13-17 year old division



Adult division





# Tribal Health and Wellness News

## ■ Circle of Violence: Domestic Violence is Too Pretty a Name for It *By Harold A. Monteau*

Somewhere in Indian country tonight there is a little boy huddled with his little sister in a bedroom closet hoping against hope that the man who just came into the house at three a.m. will just quietly go to bed. They know the odds are against it though. He had picked a fight with their mother as soon as he got home from work. He already had alcohol on his breath. Even though their mother had not taken the bait, they heard him rage on until he finally said he couldn't stand being there anymore and stormed out the door. As usual he made hurtful remarks about how she "held it over his head" that she made more money than he did just because she had a college degree even though he had to work 10 times as hard as she. He said his mother never had a college degree and she stayed home and made a good house for them and she knew better than to "mouth off" to their dad, even if he spent their last dollar at the bar.

They heard the pots and pans being slammed around and knew what would come next. He stomped down the hall, slammed open the bedroom door and screamed, "Get out of bed you useless b—ch and make me something to eat!" She complied even while complaining that she had to go to work in the morning. He hit her behind the head with his

closed fist even before she got to the kitchen, sending her sprawling facedown into the top of the kitchen table, bloodying her nose. Grabbing her by the hair, he dragged her to the stove as she struggled to loosen his grip. The demand for food forgotten now, his rage overcoming his hunger, he held her by the throat and punched her in the face, showering her nightgown and his shirt with red splatters from her now profusely bleeding nose. He punched her in the stomach and let her drop to the floor. He screamed, "Look at the f—ng mess you made; you got blood all over my shirt." He emptied a plastic bowl of its contents of apples and oranges and put some water in it. He set it in front of her spread legs as she sobbed and gasped, trying to catch her breath. "Quit bleeding on the floor, clean it up," he screamed. As she began to apply water to her nose and mouth in a useless attempt to stop the flow of blood, he doubled his fist and from a stooped position over her delivered two blows to her already bruising lips and nose. The last thing she saw as darkness took over were her two little kids screaming in the doorway for their daddy to stop. She desperately wanted to stay conscious to protect them but could not.

The little boy and little girl had

been in the doorway long enough to see the last two blows to their mother. They desperately begged their daddy to stop hitting mommy and leave her alone. He stepped toward his children. The twisted rage in his face made him almost unrecognizable to them. He screamed at them to get back in bed. They ran, knowing that to stand their ground would mean not only a beating but perhaps more blows to their mother.

They heard him take a beer from the fridge and open it as he made his way out the door. They heard the truck start up, and they ran down the hall arriving in the kitchen just as their mother was reviving. They helped her wash her face with cold wet washcloths and helped her wipe the blood from her legs and arms. They helped her to her feet and back to her bed. They stayed by her praying silently that he would not return soon.

In the morning, she painfully made her way to the bathroom, emitting an audible gasp when she looked in the mirror. She knew she would have to call in sick. The little boy and girl ate silently, not talking, lest they awaken the man on the couch. When he woke later, he would be loving and apologetic once again to their mother. He would promise to

not hit her again and to stay sober. He would stay sober, for a while. He might even take them to the movies and ball games. They would be happy to have their daddy back and their mom safe, but lurking in the back of their minds was the was the rage-twisted face of the monster that took over their father from time to time. They knew their mother would be on the telephone to their grandmother when their dad was out of the house. They knew her mother would tell her to stay with him and that things would eventually change; her husband (their grandfather) got older and he hadn't hit her in years. Their grandmother, they knew, would tell their mom to pray. She'd tell their mom that nothing was more important than holding things together "for the children." The little boy and little girl knew that this is what happens in other houses because their cousins told similar stories, usually when one or the other's mother was seen to have fresh bruises on their face or arms. Then it wasn't talked about again; until the next time.

**Article submitted by Dawn Boley, B.A., Domestic Violence Advocate  
Chehalis Tribe Domestic Violence Prevention Program  
360-709-1874  
dboleym@chehalis-tribe.org**

\* Monteau, H.(2011) July 15(, Circle of Violence: Domestic Violence is Too Pretty a Name for It. *Indian Country*, Read more: [http://indiancountrytodaymedianetwork.com/ict\\_sbc/domestic-violence-too-pretty-a-name-for-it#ixzz2Ap63dQNb](http://indiancountrytodaymedianetwork.com/ict_sbc/domestic-violence-too-pretty-a-name-for-it#ixzz2Ap63dQNb)

### Mammogram Clinic

**November 27, 2012  
from 9:00 AM to 3:00 PM  
at Chehalis Tribal Wellness Center**

Please call the Chehalis Tribal clinic to schedule your appointment. You will need to have your yearly Clinical Breast Exam before you have a mammogram done.

If have any questions please contact Christina Hicks at 360-709-1741. Willie Hunt is here - Thursday's from 8:00 AM to 4:30 PM for your women health exams.

### Cancer Support Group Meeting

**Is set "Tentatively"  
for December 5, 2012  
Starting at 5:00 PM  
at the CTWC,**

If you have any questions  
please call Christina Hicks at  
360-709-1741

### \$\$\$ CONTRACT HEALTH REMINDER \$\$\$



**NOTICE TO CONTRACT HEALTH ELIGIBLE PATIENTS:**

**PLEASE BRING IN YOUR MEDICAL BILLS AND STATEMENTS. (Labs, x-rays and related services)**

If you have been billed that means they don't have all your billing information. Please don't assume we have the bill. Please bring them to the CTWC.

**This applies for pre-authorized services ONLY - no exceptions.**

# Operation Native Helping Neighbors Looking for Donations

Each year, the Chehalis Tribal Employees and Chehalis Tribal Enterprise Employees work together as the Natives Helping Neighbors Committee to collect food, toys and clothing for needy families in the Rochester and Oakville area. Employees are encouraged to “sponsor” a family as well as donate food to the food drive. This year, the Natives Helping Neighbors Committee will have incentives to

encourage employees to participate. You can help by sponsoring a family, donating food or supporting a fundraiser.

The food banks in Rochester and Oakville both benefit from our annual food drive. During the winter months, food banks get more requests for food than they can accommodate. The items that are most needed by food banks

include: meat or beans (tuna, canned chicken, chilli, stew, baked beans, dried beans), peanut butter, pasta noodles and sauces, rice, baby food, powdered eggs etc. All food items that are collected will be divided equally between the Oakville and Rochester Food Banks.

Donations are greatly appreciated. We would like to help more families than we helped last year and need

your help to make this possible.

If you would like to help by sponsoring a family please e-mail Jenée Penn at [Jpenn@chehalistribe.org](mailto:Jpenn@chehalistribe.org) or call 360-709-1620.

Food or toy donation box will be accepted at the tribal center from December 5<sup>th</sup> through the 12<sup>th</sup>.

## Eagles Landing Hotel Starbucks Coffee Grand Re-opening



**Eagles Landing Starbucks employee, Elaine Myers serving up a delicious frappe during National Coffee Day celebration.**

On Saturday, September 29<sup>th</sup> the Eagles Landing Hotel hosted a National Coffee Day celebration at the Lucky Eagle Casino. Guests had the opportunity to draw a card or roll some dice to win prizes such as bags of coffee and Starbucks logo cups. It was also an opportunity to celebrate the much anticipated Grand Re-opening of the Starbucks at the Eagles Landing Hotel. The coffee shop was temporarily closed due to severe water damage in July. After a complete renovation of the space, it is now open for business!

The Starbucks is now open daily from 7:00 AM to 7:00 PM in the lobby of the Hotel. Come on in and out of the cold, wet weather to enjoy a delicious cup of coffee.

Also available is a wide variety of breakfast or lunch sandwiches, assorted pastries, and desserts to satisfy that sweet tooth.

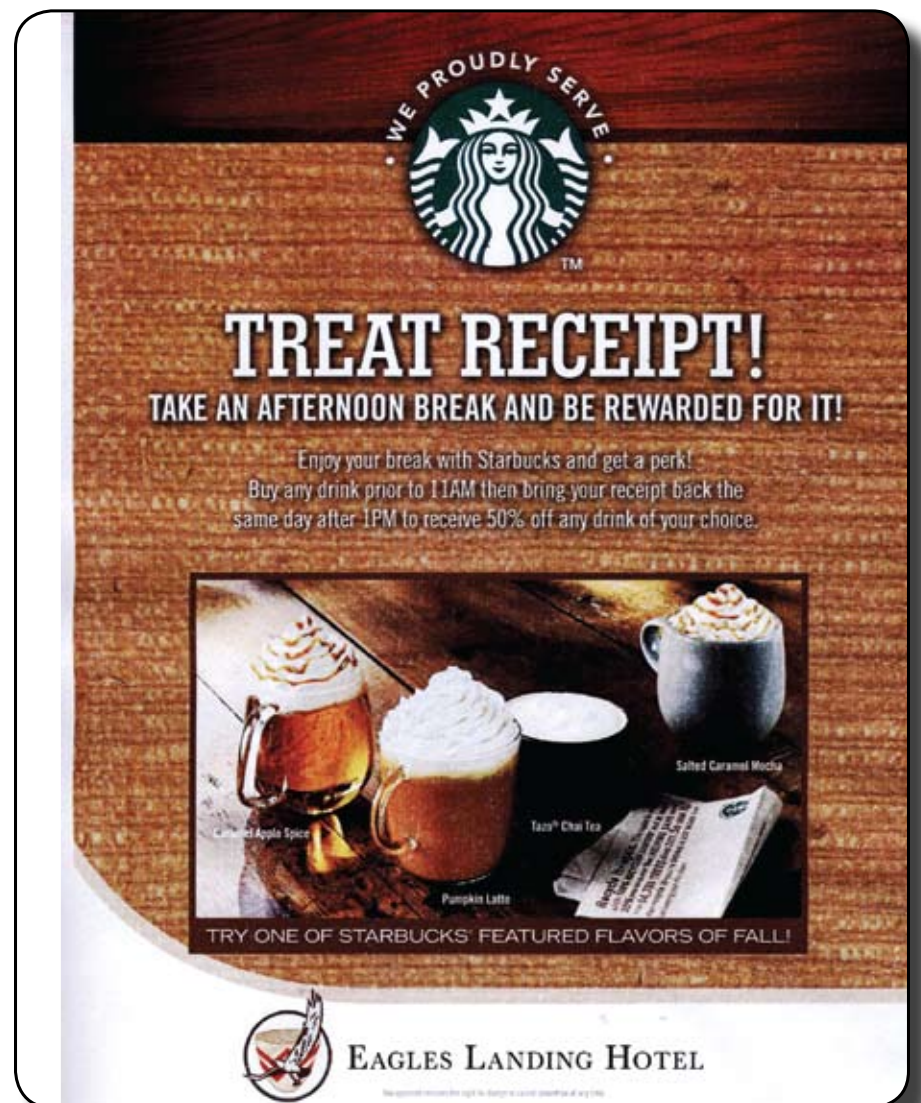
The Eagles Landing Hotel Starbucks is currently celebrating the flavors of fall with the signature *Pumpkin Latte* and other fall-inspired drinks. Be sure to take advantage of their Treat Receipt offer that they are currently doing. ***Buy a drink at regular price prior to 11:00am and return with your receipt after 1:00pm that same day and get 50% off your drink of choice.***

Starbucks classic winter flavors (Peppermint, Gingerbread, & Eggnog) will be arriving soon, along with great retail items just

in time for the Holidays. Swing by and see what gifts you can pick up for the coffee lover in your life or treat yourself to something special such as a Starbucks coffee sampler, 6 different coffees in a decorative

holiday box.

*For questions, please call 360-273-8640 Ext. 580 or email: [bsanders@chehalistribe.com](mailto:bsanders@chehalistribe.com)*





## Chehalis Tribal Early Learning Programs Annual Community Thanksgiving Dinner



**Families spent the evening at the Community Center Gathering Room to celebrate a delicious Thanksgiving dinner sponsored by the Head Start/Early Learning Program.**

*By Mary Sanders, Chehalis Tribal Early Learning Programs  
Parent Education & Involvement Specialist*

Tuesday, November 6<sup>th</sup> was our annual Community Thanksgiving Dinner held in the Gathering Room.

The entire traditional turkey dinner was donated by the Lucky Eagle Casino, thank you! We had such a wonderful turnout of Community members and Early Learning

Program families! It was nice to be together and remember what matters most, our families! We would like to thank Bones for blessing our food with his opening prayer.

Thank you all for coming and we hope it was a nice meal and memory for you and your family!

## The Healthy Families Project

Provides the following services:

- Parenting skill development through positive native parenting practices and resources
- Support and assistance in accessing prenatal care for pregnant women
- Provide developmental guidance and parent-child interaction support.
- Provision of home visits for prenatal through 5 years.
- Developmental and observational screening of the child, caregiver, and family including home safety, developmental concerns, pre/post-natal depression in mothers, domestic violence and family social support
- Referral and linkages to other health, developmental, mental health, community and educational supports for the child, caregiver and family as appropriate.



For more information please contact:

**Christibeth Burnett**

*Healthy Families Project Home Visitor  
Chehalis Tribal Education Dept.*

*Cell: (360) 463-1526*

*Office: (360) 709-1627*

*Fax: (360) 273-5207*

*Email: [bdodge@chehalistribe.org](mailto:bdodge@chehalistribe.org)*

## Dedicated Director Retires From Tribal Gaming

### To the Chehalis Tribe:

As you know, October 5, 2012 was my last day as Director of TGA (Tribal Gaming Agency). When I started as an Agent a little over 16 years ago the Department was much smaller and only four Tribal members. After becoming Director a little over 6 years ago, that has changed, there are now 15 Chehalis Tribal Members in TGA and one is working as Deputy Director.

You should be very proud of your members who are working as Regulators for the Tribe as well as the few who are not Tribal Members. They all do a terrific job! The positive relationship between Operations and the TGA is unique in the industry, but the results of that relationship show on the bottom line with the State and Federal Agencies.

I have enjoyed every day that I had the opportunity to work for the Chehalis Tribe and all its members. Each of you are very special and I thank you for the opportunity you gave me to work for you and I will miss you.

As you know being a Regulator, you are not always popular, if you are doing your job. My goal was always to be fair and treat everyone with respect.

Again thank you for the opportunity and I wish each of you the very best life has to offer.

C. Earl McWhorter



**Earl McWhorter, Director of the Chehalis Tribal Gaming Agency retires after 16 years with the Chehalis Tribe.**



# Happy Birthday to Tribal Members Born in November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Madoleen Goddard-Boyd Luwanna Sanchez Mia Vigil	2 Courtney Brown Lucille Hill Athena Lopez Katy Potter Christopher Yawn Pam Youckton	3
4 Gerald Aldrich Daphne Burke Joseph Revay, Sr. Kane Simmons	5 Kenneth Brown, Jr. Herbert Klatush Payton Simmons	6 Tracy Stroup April Thompson	7 Lori Tovrea	8 Heather Hoyle Marguerite Robles	9	10 Casilda Garcia-Starr Amil Starr, Jr.
11	12 Tyanna Canales Grace Quilt Carrie Squally	13 Nathan Boyd Madeline Colson Aurora Ortivez Ashley Ortivez Terry Palmer Lorilee Pickernell	14 Kevin Albert Sofie Sekishiro	15 Taryn Baker Tayleena Klatush	16 Anthony Gomez Joyleen McCrory Wayne Ortivez	17 Joan Martin Lisa McCloud Rachell Wells
18 .Maynard Starr	19	20 Randy Cornwell	21 Christopher Richardson	22 Orinda Goddard Benjamin Johns, Jr. Monique Lopez Marcus Youckton	23 Dylan Gleason-Wheeler Rachel Simmons Ryan White	24 Christibeth Dodge Penny Gleason Michah McNair Desirray Pope
25 Yvonne Phillips-Haukom Valerie Pickernell	26	27 Gabe Higheagle Antonio Jones Roachel Lambreth Shoni Revay	28 Kristopher Shortman	29 Bobbie Bush Alexis Starr-Wright	30 Ashley Fern	

Happy Birthday to the Most  
Beautiful Girl in the World  
Lucille Hill



I love you so much!  
Love Momma

Happy Birthday  
Pam Youckton!

From Anna Banana &  
Family

Happy Birthday  
Daphne Smith

Love Jodie, Cedes, Tony,  
Josie, Brittany & Brent

Happy Birthday  
Sofie

Love  
Your Family

Happy Birthday  
Mom & Volboski



We Love You  
From the Pickernell,  
Adams, Choke, &  
Shortman Families!!!

Happy Birthday  
Kristopher  
Shortman

From Mom,  
Dad, Uncles  
and Aunties

Happy Birthday  
Wayne Ortivez!!

Anna Banana  
and the Whole  
Ortivez Family

Happy "8" Birthday to  
Payton Simmons



We love you very much,  
Your Simmons family



**EMERGENCY CHECKLIST****Be prepared to take care of yourself and those around you at least three days.****Build an emergency kit with at least three days of essentials (seven to ten days preferred) for family and pets. Kits should be portable and ready to go in the case of evacuation.**

- ☐ Water – one gallon of water per person, per day, for at least three days (for drinking and sanitation)
- ☐ Non-perishable food – at least a three-day supply of non-perishable, ready-to-eat food and a manual can opener
- ☐ Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- ☐ Flashlight and extra batteries
- ☐ First aid kit
- ☐ Emergency Contact Card
- ☐ Multi-purpose tool
- ☐ Whistle to signal for help
- ☐ Antiseptic towelettes, garbage bags and plastic ties for personal sanitation
- ☐ Dust mask, to help filter contaminated air
- ☐ Cell phone with chargers (car charger recommended in the event of power outages)
- ☐ Thermal emergency blankets
- ☐ Rain ponchos for each family member
- ☐ Personal hygiene supplies (toothbrush, paste, sanitary napkins, soap, towel...)
- ☐ Copies of important documents, placed in a water proof container/bag
- ☐ Copy of your drivers license and/or birth certificate
- ☐ Bank account information
- ☐ Insurance cards/policy numbers/insurer contact information
- ☐ Cash (bank machines may not be functional, small bills are best)
- ☐ Extra set of house keys
- ☐ Prescription medications (seven-day supply suggested)
- ☐ Pet supplies (food, water, blanket, medications)
- ☐ Children/baby supplies (coloring book/crayons, diapers/wipes, formula, baby food)

*\* Always double-check expiration dates and update your emergency preparedness kit every 6 months. Use daylight savings dates as a reminder to double-check your kit.*

**Other items to have on hand at your home or place of work or school**

- ☐ Emergency Contact Card
- ☐ Instructions and tools to turn off gas, electricity and water
- ☐ Plastic sheeting and duct tape to shelter-in-place
- ☐ Warm blankets
- ☐ Tarps, tents and rope
- ☐ Fire extinguisher
- ☐ Carbon monoxide detector
- ☐ Utilities contact information easily accessible in case of downed power lines, gas leaks or flood water
- ☐ Rake to remove fallen leaves and debris away from storm drains to prevent street flooding
- ☐ Water purification equipment
- ☐ Snow shovel and salt to remove snow and ice from pathways for your safety and the safety of others
- ☐ Outdoor faucet covers and/or insulation to wrap outdoor faucets to protect them from freezing
- ☐ Camping stove and fuel (for outdoor use only)
- ☐ Firewood and water-proof matches (for wood burning fireplace or outdoor use only)
- ☐ Medical supplies (hearing aids with extra batteries, glasses, contact lenses and solution, syringes, cane)
- ☐ Two-way radios and extra batteries
- ☐ Local maps with pre-determined evacuation routes identified
- ☐ Additional unique family needs

**Specific items to include in your vehicle**

- ☐ Emergency Contact Card
- ☐ Flares
- ☐ Warm clothing and sturdy walking shoes
- ☐ Warm blankets
- ☐ Rain ponchos
- ☐ Preparedness kit with first aid supplies
- ☐ Small shovel and traction aides (sand, litter, chains) when freezing weather and snow is forecasted
- ☐ Local maps with pre-determined evacuation routes identified

**Make a family communication plan**

- ☐ Discuss with your family and/or friends how to prepare for and respond to emergencies that are most likely to happen where you live, learn, work and play. Identify responsibilities for each member of your household and plan to work together as a team.
- ☐ Identify an out-of-area contact. After a disaster, long distance phone lines may be more reliable than local lines. Ask a friend or relative who lives outside of Washington state to be your “family contact.”
- ☐ After a disaster, your family contact becomes a communication point to share information with all household members. Your plan depends on everyone knowing your contact’s phone number.
- ☐ Complete a Family Communication Plan and post in places your family spends most of their time. Download plans at [TakeWinterByStorm.org](http://TakeWinterByStorm.org).
- ☐ Program all emergency contact numbers into all of your phones, or keep a list with you. Make sure to tell your family and friends that you’ve listed them as emergency contacts.
- ☐ Use text messaging if network disruptions are causing phone calls not to go through. Wireless phones will not work if the electricity is out. Corded (also known as land line) phones are the most reliable.
- ☐ Stay informed. Tune in to local media channels for important updates and directives. Go to [TakeWinterByStorm.org](http://TakeWinterByStorm.org) for links on how to register for emergency alert systems in your area.



## Tribal Students Look To Make College A Reality



A number of tribal community students ushered in the fall with a commitment to the pursuit of higher education. Three trips sponsored by the Youth Development Program with assistance from the Higher Education Program sent a total of 11 students to the city to explore colleges, universities, and trade schools.

On October 26, three juniors and seniors journeyed to Portland to attend the National College Fair at the Oregon Convention Center. A week later, on November 2, a group of 8 students traveled with Youth Development Manager William Thoms to the Washington State Convention Center in Seattle, which also hosted the National College Fair. Participating students met one-on-one with representatives from colleges and universities to discuss admission and financial aid opportunities at their respective institutions. Counselors were available on site to help students determine the colleges that meet their requirements regarding major, location, and other areas of interest. Students had access to over 300 schools from North America and around the world.

Meanwhile, on the north side of town, Higher Education Coordinator Racheal Mendez escorted students Makayla Ortivez and Heather Daniels to participate in the University of Washington's Native American Student Day. The event was created to encourage Native students to pursue higher education as well as give them the opportunity to experience the UW. Attendees met with current UW staff & faculty as well as future classmates. They learned about campus programs, received assistance with their UW application and discovered the diversity and unity that exist in the UW community. Makayla Ortivez

**The Youth Development and Higher Education Programs sponsored field trips for High School Students explore colleges, universities, and trade schools.**

expressed that she came away from the event with more confidence. "It was a wake-up call to me to get ready, to get serious. It feels like there's huge support in the Native community there. It helped me feel less awkward about going to a large college, knowing that there are other Natives you can relate to, going through the same thing. You're not an outcast there."

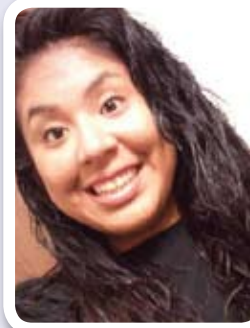
To qualify for the trips, students were required to have a 2.7 GPA, be on-track for college eligibility, and have no grade less than a 'C' in any class. Impressively, 16 students initially met this standard, and received an invitation. "It goes to show that if you raise the standards, the kids will rise to the occasion," said Education Manager Nathan Floth. "With the efforts of the Youth Development Program, we're well on our way to meeting our goals. The kids and the whole community benefit from these types of experiences. We're very proud of them." Participating students included Makayla Ortivez, Deidra Hawkes, Gary Ortivez, Desirray Klatush, Alyssa Albert, Sid Cole, Farley Youckton, Heather Daniels, Jordan Merriman, Kayley Sharp, and Natosha Lewis.

The Chehalis Tribal Youth Development Program provides enhancement opportunities for all Chehalis Tribal Member and Community Youth to develop the skills they need to secure living-wage careers, advance to higher education, and thrive in our community with a passion for civic and social involvement, reweaving the inter-generational fabric of our community. Special opportunities are available for our most promising and committed youth.

To learn how the program may help your student, contact Youth Development Manager, William Thoms: 360-709-1897 or [wthoms@chehalistribe.org](mailto:wthoms@chehalistribe.org).

## Chehalis Tribe Students of the Month for September

### Deidra Hawkes (9-12)



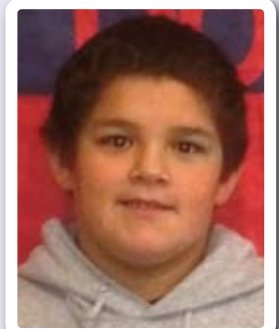
Deidra Hawkes is a Senior at Oakville High School. She scored a 3.77 GPA for the month of October.

She has participated in basketball, fast-pitch, and a local dance team. Deidra plans on going to college after this year to study business and art photography. She is proud of having corrected her past mistakes to get where she is at today.

Her advice to other students is to "Stay On Track!"

### Kamryn Couillard (6-8)

Kamryn is a student at Rochester Middle School. His favorite subject is Math

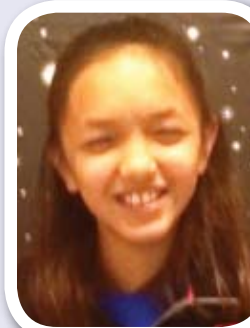


What advice would you give to other students to help them be successful? His response "turn in your work on time."

What qualities make you such a successful student? His response "turning in my work on time, and not talking when I'm not supposed to"

Kamryn also enjoys playing baseball for Larch Mountain.

### Kirsten Secena (K-5)



Kirsten is a student at Rochester Elementary.. Her favorite subject: Math.

What advice would you give to other students for them to be successful?

Her answer " Help others, and turn all of your work in."

Are you involved in any clubs or sports? Her answer "basketball"

What quality makes you a great student?

Her answer "Turning in all of my homework"

**From the Education Department:** As a reward for their commitment to school and personal growth, each student of the month will receive a \$50 gift card from the Education & Development Department. Congratulations, Keep up the good work!



## Oklahoma Museum Tour Discover Chehalis Basketry Exhibit

Greetings. My name is Nancy Romero and was so lucky to attend a conference in Oklahoma in June with some other Elders and Heritage committee. While there we were able to tour several privately owned museums from top to bottom. This means we were able to see what is not displayed in the public seen part of the museum. We were in the storage/dungeon parts.

It was very interesting. We saw many Native American artifacts from many different tribes. While touring the storage area, Christina Hicks scoped a few rows of artifacts listed with our Chehalis name on a them. So we asked if it was possible to view and take some photos of them. She gladly gave us permission. So while the rest of the group was heading back up to finish the tour. Cindy Andy, Joyleen McCrory and myself, stayed



**The Heritage Committee members discovered a private collection of Chehalis Baskets.**

behind and took pictures of all the baskets that belonged to some of our Chehalis Tribal basket weavers from a long time ago.



It was a very exciting and a privilege to be seeing these beautiful baskets, knowing that they were touched by one of our Elders at one time. Such an honor! So on this note; I sure hope you enjoy the pictures as much as we all did.



## Northwest Native American Basketweavers Association (NNABA) Conference

*By Christina Hicks, Committee Member of the Heritage Committee*

The 18<sup>th</sup> Annual Gathering of Basketweavers conference was hosted by the Muckleshoot Tribe at Emerald Downs in Auburn, WA on October 5 & 6, 2012. The Chehalis Tribe sent 21 tribal members to learn different styles and techniques of basket weaving. Friday, they had a youth track, which was free for youth, (this was made possible through a grant) they reported they had over 400 youth attend and participated in learning different basket weaving styles. Adults were in a separate area on both Friday and Saturday. They had various vendors and master weavers from all

over the northwest. NNABA they had a silent auction, and a dinner was held on Saturday night hosted by the Muckleshoot tribe.

NNABA is currently accepting bids to host the 2013 and 2014 Basketweavers conference, bids will be accepted until the end of December.



**Billie Higheagle weaving with her daughter Julie the weaving technique at the NNABA Conference**

## Cultural Program

**Beginner Beading Classes:** is offered by Master Beader **Charlotte Lopez** every Monday night in the Cultural Class Room at the Community Center. The class is presented as a **walk-in class**. What does that mean? **It means every Monday Night from 5:00 PM to 8:00 PM. Community members are invited to attend by walking in, sign-in and join the class.**

**Come by the office and check what other classes are being offered. Watch for flyers.**

### Instructors Needed:

The Cultural Program is looking for teacher for the following classes:

Beginner Beading Classes, Basket Making classes, Wood Carving Classes and Net Mending Classes.

If you are interested in teaching one of these classes or have a great idea for a cultural class please submit a proposal to Cultural Coordinator Dianne Devlin 360-709-1621.



FirstName LastName  
 Street Address  
 City, ST Zip

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## Elders Annual Christmas Bazaar

**Saturday, December 1st**  
**At the Lucky Eagle Bingo Hall**  
**Doors open 9:00 AM**

We need donations for the raffle and volunteers to help with the Bazaar that day. For food items please contact Dolly Canales at 360-273-7723.

Plenty of vendors to choose from and shop for that special native craft gift.

## Oakville Shaker Church Christmas Bazaar

**On December 15th in the Gathering Room**  
**Doors open for setup at 8:00 A.M.**  
**Open to public at 9:00 A.M.**

Seafood plates to be sold  
 Vendor tables \$25 with donation of item for raffle.

Contact: Winona 360-628-6416/Terry 388-0110/ Brenna 520-6100.  
 Oakville Shaker Church is open every 1st weekend of the month



## Chehalis Tribal Newsletter

The Confederated Tribes of the Chehalis Reservation...  
*"People of the Sands"*

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Chehalis Tribal Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs, and drawings to be considered for publication. These are subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal community members and staff.

Submission deadline: 6th of each month  
 Printed monthly

Tribal Center (360) 273-5911

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 Oakville, WA 98568  
 (360) 709-1726 (office)  
 (360) 273-5914 (fax)

fshortman@chehalistribe.org

### Chehalis Tribe's Vision Statement

*To be a thriving, self-sufficient,  
 sovereign people. Honoring our past  
 and serving current  
 and future generations*

### Business Committee

David Burnett, Chairman

**NEW** Ray "Barnaby" Canales, Vice Chairman

**NEW** Farley Youckton, Treasurer

Cheryle Starr, Secretary

Dan Gleason, Sr., 5th Council Member

Chehalis Tribal Newsletter Staff:

Fred Shortman, Communications  
 Coordinator



# WANT TO OPEN A SAVING ACCOUNT



### Chehalis Tribal Loan Fund

Julie Burnett 360-709-1831

Diana Pickernell-360-709-1631



**Come into the Chehalis Tribal Loan  
 Office and we will help you set up a  
 Savings Account with as little as \$5.00.**

**Ages: Birth to 101 years old can enroll**

## USDA Foods Schedule

**December 14  
 At the Community Center**

Contact Shirley or Bonita at  
 360-438-4216 or 360-438-  
 4235 for more information and  
 applications for USDA Foods.

\*Dates subject to change

## Community Transformation Grant Meeting (CTG)

**All Tribal Members Are Welcome!**

Monthly meetings held at the Eagles  
 Landing Hotel Conference Room, 5th  
 Floor.

For additional information contact:  
 Shannon Sullivan at 360-709-1771 or  
 email: [ssullivan@chehalistribe.org](mailto:ssullivan@chehalistribe.org)

## Recipe of the Month

### Turkey Sausage-Gnocchi Soup

(Yield 7 servings)

#### Ingredients

- 1 (4.5-ounce) link hot turkey Italian sausage
- 2 cups water
- 1 (16-ounce) package vacuum-packed gnocchi
- 1 (14-ounce) can fat-free, less-sodium beef broth
- 1 (14 1/2-ounce) can Italian-style stewed tomatoes, undrained and chopped
- 1/2 cup (2 ounces) grated fresh parmesan cheese

**Directions:** Remove casings from sausage. Cook sausage in a large Dutch oven over medium-high heat until sausage is browned, stirring to crumble. Add 2 cups water and next 3 ingredients to pan; bring to a boil. Reduce heat, and simmer 4 to 5 minutes or until gnocchi float to the top of pan. Ladle soup into bowls; sprinkle each serving evenly with cheese.