



CHEHALIS TRIBAL NEWSLETTER

The Confederated Tribes of the Chehalis Reservation
"People of the Sands"

October 2013

Free

Community Participates in Second Annual Suicide Prevention/Awareness Walk

It was a dark and wet morning Sunday, September 29 for the Suicide Awareness/Prevention Walk hosted at the Community Center. That didn't deter the forty community members who attended to hear motivational guest speakers Jason "Smoke" and Melissa "Mimi" Nichols who communicated their message of hope and healing through EMPOWER yourself.



Community and Tribal members walked together sharing memories and energy in honor of suicide awareness and prevention.

walk which is the result of a collaboration between Behavioral Health, Social Services and the Lucky Eagle Casino who donated food. The walk was a courageous commitment in support of families who have lost someone through this terrible act. The rain purified

the moment as community members shared their energy, support and compassion for each other. Letting each other know that they were not alone and there are others out there willing to talk.

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Tribal Member Awarded 2013 Indian Housing Association Commissioner of the Year

In recognition of his 14 years of service to the Chehalis Tribal Housing Authority, the Northwest Indian Housing Association honored Harry Pickernell with the Indian Housing Authority Commissioner of the Year.

Harry was presented his award at the Annual Award Banquet and awards ceremony on



September 11, 2013. As a Commissioner, Harry has worked to increase home ownership opportunities for tribal members.

Congratulations and thank you Harry for your many years of great service to the Chehalis Tribal Housing Authority.

Harry Pickernell, Sr. was honored with the 2013 Indian Housing Association Commissioner of the Year.

Chehalis River Basin Land Trust Protect River for Future Generations

By Jan Robinson, Secretary
Chehalis River Basin Land Trust

Hello! The Chehalis River Basin Land Trust would like to introduce you to our organization. The Chehalis River Basin Land Trust is a citizen-based, all volunteer, non-profit. As the name says, we focus our efforts on the Chehalis basin – the Chehalis River and all the rivers and streams that flow into the Chehalis.

We are not tribal members, but perhaps we have common interests and goals. Our mission is to conserve, protect and restore ecologically significant lands within the Chehalis River Basin. The conservation values we look for include healthy streams and wetlands, wildlife, forests and farmlands.

We do this by owning lands along the river or other waterways, and establishing conservation easements with land owners. These land owners have similar goals—to protect their lands in

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Guest Speakers Mimi and Smoke Nichols were wrapped with the community’s love for sharing their story and commitment continue with their good work.

Smoke and Mimi shared their story about their daughter who lost her life to what was at first thought to be suicide. It was a very difficult for them, because they had invested so much in establishing good communication skills as they watched their daughter achieve goals in academics and music. Little did they know about the peer pressure that was going on at school. The signs were there, but she didn’t talk with her parents about all the details even with their great relationship. Such is the power of peer pressure in a young person’s life. Due to her achievements she interacted daily with upper classman and others who bullied her, as well as others, into playing some very dangerous games on the bus while traveling to and from band practice and concerts. They never told her about the consequences of playing the game which could result in death. Smoke and Mimi were later informed by the school that this had happened again with another child and were able to learn that their daughter was not a suicide statistic, but a bullying statistic. It became an epiphany to them as they have dedicated their lives to spread the message in order for others to avoid these types of tragedies. The first step starts with you!

In order to do this, Jason “Smoke” Nichols, a recording and Hip-Hop artist, started taking classes to arm himself with enough knowledge to help to accomplish their goals as speakers. Music is uplifting in any type of venue. Some elders weren’t impressed with the derogatory lyrics, or the shameful way women are talked about in hip hop in general. He listened to what was being said, continuing onto a successful career in the music industry, while also learning to change his approach and appearance to respect his elders. Applying his Native upbringing, he

combined his art with a positive message. But he didn’t stop there as he took a deep look at himself and saw that he needed to reinvent himself further. He talked with his wife, as she was suffering too with the loss of their daughter.

They agreed to move forward to help prevent and educate parents and children in order to stop others from suffering by speaking about “Healthy Life Styles, through Healthy Living.”

Smoke shared some helpful tips: Remember you are not alone. What is happening in your community is happening in other communities. Your mind is very creative and is your GPS for success, use it! It is your choice and only you can program what it can do. EMPOWER your mind and commit to living a successful life, finding a way to accomplish these goals and don’t be afraid to succeed!

New Year’s resolutions are a great example, but are they successful? In reality they are not very successful in making a lifestyle change. The 30-30 Rule is more successful, utilize 30 minutes each day, for 30 days to envision and incorporate changes into your life which you want to achieve. Each morning is a fresh start and if you are vigilant and commit to your goals every day, it will give you more strength and lead you to happiness.

Each person was given an opportunity to have a voice as the microphone was passed around to those who wished to speak. One person shared that the event was “food for my soul.” The words and messages were very strong and emotional as they fell like raindrops onto everyone that was there. It was a great day!

Personal Growth Tips for EMPOWERMENT

- E** – Every Day, Healing, Motivating
- M** – Motivating, Use the 30-30 Rule
- P** – Persevere
- O** – Open Minded, Open Heart
- W** – Willingness
- E** – Educate
- R** – Ready

- Don’t go through it...GROW through it!
- In order to do something you haven’t done, you have to be someone you haven’t been!
- Commit to your passion!
- Your life should not be determined by circumstance. Your life should be determined by possibilities!

Tribe Awarded \$1.1 Million in Justice and Safety Grants

The Chehalis Tribe was awarded four grants this year through the Department of Justice Coordinated Tribal Assistance Solicitation, totaling over \$1.1 million in new funds for tribal services. Thanks to the hard work of the Planning Department, you will see a few new programs and services supporting the community in the next three years.

A new tribal police officer will be hired to focus on drug and alcohol related crimes. The new drug cop will also work with tribal members to start a neighborhood watch program. This increase in law enforcement will lead to a reduction in crime and the use of drugs and alcohol on the reservation.

Soon a range of services will be provided to inmates in the Chehalis tribal jail, including mental health and chemical dependency treatment. Employment assistance, life skills, financial literacy, and cultural/art therapy will also be provided. Through these services, corrections will reduce the number of repeat offenders in our jail.

The Tribe also received funding to do strategic planning for a comprehensive justice and safety plan. Although it may not sound exciting, creating a long term plan to address crime will allow the Tribe to improve existing services, and seek future funding for new programs.

Finally, funds were granted to expand the Tribe’s perpetrator treatment program by 50%. This will give the Tribe the additional capacity to hold non-tribal members accountable for domestic violence crimes. Increasing support for perpetrators will complement our program for domestic violence survivors.

The Planning Department is excited to have secured these grants to reduce and prevent crime on the Chehalis Reservation. Keep an eye out for these new programs starting in the next year!

Chehalis Tribal Housing Authority Dedicates New Apartment Building



The new apartment building is energy efficient and consist of four one bedroom homes for smaller households.

On Friday, September 13, the Chehalis Tribal Housing Authority Board of Commissioners and staff welcomed the community to attend a blessing and dedication for a new apartment building. The blessing was given by Winona Youckton. She was assisted by

Terry and Brenna Youckton. The Housing Authority hosted a lunch and open house for the new building following the blessing ceremony.

The new building consists of four 1-bedroom apartments. These units were designed and built

to be energy efficient homes for smaller households. Each unit has a ductless heat pump (features inexpensive heating and air-conditioning), propane heat, and dishwashers. These are all new upgrades compared to past units developed by the Housing Authority.

Two units were built to accommodate people in wheelchairs or who have mobility impairments. The community members who attended the open house were complimentary about the design and features of the new apartments.

If you are a Chehalis Tribal members who has a housing need, you can speak with the Housing Authority Staff about these units or any of the other programs offered through the Housing Authority.



Erin Delgado admires the design to accommodate people in wheel chairs or with impaired mobility during the open house.

Land Trust continued from Page 1....

perpetuity for the benefit of the river, fish, trees and all natural things. Today, with the help of private land owners, we protect over 1,300 acres in the Chehalis basin.

We believe that protection and restoration today means a better future tomorrow, for seven

generations and beyond. The health of the fish, wildlife, land and waters in the Chehalis River basin is important to us. They support our way of life, our economy and our recreation.

Typical Land Trust projects include the stewardship of easements and



other properties, restoration of sites, educational programs and public awareness. We also work to raise the funds needed for all our projects.

The Discovery Trail north of Centralia is a project that shows lasting benefits to both the river and public. Students from Oakville and Rochester have helped with restoration of the riparian zone along the trail. Older students have studied the water quality, native plants, and habitat along the trail. Directions to the trail may be found on our website,

www.chehalislandtrust.org

Another recent project on Land Trust property was the re-construction of a small park on

Eagle Scout children seen here planting flowers for a small park on the west Hoquiam River. The park is open to bank fishing, picnicking, and launching of small boats.

the West Hoquiam River. This project was led by an Eagle Scout and funded by Cosmo Specialty Fibers of Hoquiam. The park is open to bank fishing, picnicking and launching of small boats.

We hope the future will see more opportunities to work with local groups, and perhaps with the Chehalis Tribe to preserve natural places in the Chehalis River basin.

Please check out our website and contact us for more information. We invite you to become a member and/or join in our activities.



Tribal Health and Wellness News

Clinic Staff Profile: Physician

I grew up in Longview and went to Whitman College in Walla Walla, so I'm a Washingtonian through and through. Driving down Highway 12 to Oakville made me feel like I was "coming home." I have worked with Indian Health Service and Tribal Clinics for the past 5 years. I am thrilled to have to opportunity to work with the Chehalis Tribal Wellness Center.

Following college, I went to Tulane University Medical School and was a US Navy Flight Surgeon where I was the family doctor to a Naval Air Station and two squadrons of helicopter pilots and crews and their families. So I have always been a family doctor at heart.

Healthcare is best received when each individual can set their



Lance Ray, MD
Community Wellness
Physician

own goals for healthy living. This is known as "self management." Your Healthcare Provider can help you work out how you can accomplish these goals, but they should be "your" goals.

These goals should be set in an atmosphere

of trust and respect, and while goals may be similar for certain conditions, each individual will find their own way of meeting them. Why meeting these goals is important to that person should be discussed, as well as how to deal with barriers that we all find can make it harder for us to get there.

I look forward to meeting the community members, and to working hard for you as part of your Chehalis Tribal Wellness Center's excellent team.

Flu Shots Have Arrived!

The Wellness Center now has flu shots available for adults and children. Prior to receiving a flu shot, you must be registered with the Wellness Center.

To register, bring your insurance card, driver's license, and social security card to Deb Shortman in Eligibility (located at the Wellness Center). Once registered, you can make an appointment for your flu shot.

*Shasta and most other insurances cover the costs of the flu shot with no co-pay.

Wellness Center Phone Number: 360-273-5504

Let me know if you have any questions. Thank you!

Cassey Jankowiak RN, BSN; Clinical Registered Nurse
Chehalis Tribal Wellness Center
Email: cjankowiak@chehalisTribes.org

October is National Breast Cancer Awareness Month

Breast Self Awareness

Except for skin cancers, breast cancer is the most common cancer in women, but it can be successfully treated. Screening tests can find cancer early, when it's most treatable.

Susan G. Komen for the Cure® recommends that you:

1. Know your risk

- Talk to your family to learn about your family health history
- Talk to your provider about your personal risk of breast cancer

2. Get screened

- Ask your doctor which screening tests are right for you if you are at a higher risk
- Have a mammogram every year starting at age 40 if you are at average risk
- Have a clinical breast exam at least every 3 years starting at 20, and every year starting at 40

3. Know what is normal for you

See your health care provider right away if you notice any of these breast changes:

- Lump, hard knot or thickening
- Swelling, warmth, redness or darkening
- Change in the size or shape of the breast
- Dimpling or puckering of the skin
- Itchy, scaly sore or rash on the nipple
- Pulling in of your nipple or other parts of the breast
- Nipple discharge that starts suddenly
- New pain in one spot that doesn't go away

4. Make healthy lifestyle choices

- Maintain a healthy weight
- Add exercise into your routine
- Limit alcohol intake

For more information on Breast Cancer please visit:

www.komenpugetsound.org

At the Chehalis Tribal Wellness Center the SPIPA's Native Women's Wellness Program has women's health provider Chris Knutson. She is available on Tuesday's from 8:00 AM to 4:30 PM.

Christina Hicks, outreach worker for the program, is also available for more information and events. You can make your women's health examination appointment by calling the CTWC at 360-273-5504.





Diabetes Prevention Sponsors Monthly Walk

The Diabetes Prevention Walk was held on Thursday, September 19, 2013. The event began at 12:30 PM at the Tribal Center. Each walker received a bottle of water and a snack. The 15 participants walked down Howanut Road toward the Lucky Eagle Casino. Many of the group made it to the Casino before turning around.

Walking is an easy activity that when done on a regular basis (30 minutes 5 times per week) can significantly reduce an individual's risk for developing Type 2 Diabetes.

Each month the Chehalis tribal community competes with Shoalwater Bay, Skokomish, and Squaxin Island Tribes to see who gets the most walkers. If you participate in another physical

activity (stationary bike, swimming, etc.) on the third Thursday of the month you can be counted. Notify the Diabetes Prevention Staff Pat Odiorne, Gloria Jones, or Sandra Burnett at the clinic 360-273-5504 to be added to the sign in list.



This month Chehalis tribal community had the most walkers, so we will be adding a decoration to the Walking Stick. The Walking stick will be on display in the Wellness Center waiting area. So, if you would like to donate a decoration you can contact the Diabetes Prevention Staff. Stop by the Clinic to admire this Traditional Walking Stick.

The Walking Stick is awarded to the tribe that has the most walkers for the month. Winner of the month adds another decoration to the traditional walking stick.



Community Transformation Grant Meeting (CTG)

All Tribal Members Are Welcome!

If you are a community member interested in being part of the "Communities Transform to Make Healthy Living Easier" contact: Shannon Sullivan at 360-709-1771 or email: ssullivan@chehalistribe.org.

Meetings are the second Wednesday of the month:
2:00-3:30 PM
at the Eagles Landing Hotel
Conference Room, 5th Floor



The Community Transformation Community Coalition invites you to share your favorite family recipes.

We would like to compile the favorite recipes of our area into a community cookbook. While we are compiling enough recipes for a cookbook, we would like to share the recipes. Some of the recipes may be published in community newspapers and/or used in local cooking demonstrations. Please have your name and contact information on your recipe. Feel

free to submit as many family favorites as you like. Look for our Community Transformation (CTG) drop boxes at the Oakville School Elementary Office and Secondary Office, the Timberland Regional Library - Oakville Branch, the Oakville Methodist Church and the Chehalis Tribal Center. (The drop boxes are also being used to drop off CTG surveys). You can also bring your recipes to the Chehalis Tribal Wellness Center.

We look forward to seeing all of your delicious recipes, and eventually a local flavor cookbook!

Thank you for your participation.

Attention: Chehalis Tribal Members

Indian Wills and Estate Planning Services are now being offered to all Chehalis Tribal Members who are 18 years and older.

This service is without cost to Chehalis Tribal members who currently do not have a Will.

Please call Christina Hicks at 360-709-1741 to set up an appointment and get the paperwork needed to get started.

WIC Program

November 7
9:00 AM - 4:00 PM

For more information contact **Deb Shortman** at 306-709-1689

DSHS Program

Every Tuesday
8:00 AM to 4:00 PM

A representative from DSHS will be available. Contact the Chehalis Tribal Wellness Center at 360-273-5504 to schedule an appointment.

USDA Food Distribution Dates

November 15
December 20

Pick up is at the Community Center from 10:30 AM to 3:00 PM. For more information contact Deb Shortman 360-273-5504

Safety Tips When Roads are Flooded

According to a 2005 FEMA study, many flood fatalities and injuries happen due to people trying to drive through waters rather than avoiding them.

Whenever possible, avoid driving/walking through flood waters: depth and current can be deceiving and dangerous. What is in flood water can pose potential risks to your health and physical safety.

**As noted in the Chehalis Tribes most current Hazard Mitigation Plan, the roads typically affected by local swiftly moving water include State Route-12, James, Independence, Moon, and Anderson Roads.

Pay attention to barricades: Don't ignore them by driving past them.

Do not drive through standing water on roads or in parking lots: The average automobile can be swept off the road in 12" of moving water, and roads covered by water are prone to collapse. Other hazards such as potholes or dangerous debris can be



A truck stranded on Anderson Road during a flood. Driving through water is very dangerous. Pay attention to barricades: Don't ignore them by driving past them.

hidden below water over roadways. Attempting to drive through water also may stall your engine, with the potential to cause irreparable damage if you try to restart the engine. If you come upon a flooded street, take an alternate route.

Take extra precautions if you're forced to drive through water:

If no alternate route exists and you have no other reasonable alternative but to drive through standing water.

- If you have driven through water up to the wheel rims or higher, test your brakes on a clear patch of road at low speed. If they are wet and not stopping the vehicle as they should, dry them by pressing gently on the brake pedal with your left foot while maintaining speed with your right foot.
- Stay off the telephone unless you must report severe injuries.
- If your vehicle stalls in the deep water, you may need to restart the engine to make it to safety. Keep in mind that restarting may cause irreparable damage to the engine.
- If you can't restart your vehicle and you become trapped in rising water, and you abandon your car to higher ground, make sure your aware of the water flow. It might be safer to stay in your car and call 9-1-1 or get the attention of a passerby or someone standing on higher ground so that they may call for help.
- Do your best to estimate the depth of the water (if other cars are driving through, take note of how deep the water is).
- Drive slowly and steadily through the water.
- Avoid driving in water that downed electrical or power lines have fallen in — electric current passes through water easily.
- Items traveling downstream can trap or cause damage to your vehicle if you're in their path.

Emergency Preparedness Event

We face flooding and power outages every year in Grays Harbor County. This event is going to have resources and valuable information to help get through this rough time of year.

Highlights

- Over 20 informational booths
- Dinner provided
- Raffle
- Open to all ages

Thursday, October 24th
from 3:00 - 6:00 PM
at the Community Center

Please contact Shannon Sullivan or Leroy Boyd at 360-273-5504

Quinalt Indian Nation Temporary Assistance to Needy Families Program (TANF)

The Quinalt Indian Nation TANF Program offers services to Native families that reside in Grays Harbor and Jefferson County. If you reside off the Quinalt Reservation, to be eligible you must have at least one eligible Quinalt Tribal Member in the family unit and be income eligible. For those that are raising Quinalt children that are not their own and are not receiving foster care, the only income that is taken into account is that of the child. The program offers monthly cash grants to those that qualify for a Pregnancy, Family, Minor Parent, or Child Only Case.

The TANF Program also offers support services, youth services, Employment and Training services to include job training and classroom funding, and incentives.

For more information or to receive an application, please call the Aberdeen TANF Office at 360-537-1324 or you can email Becky Klatush at bklatush@quinalt.org

**CHEHALIS TRIBE
COMMUNITY
HALLOWEEN PARTY**

**SATURDAY, OCTOBER 26TH
NOON - 4PM
@ THE COMMUNITY CENTER**

**COSTUME, PUMPKIN, AND
SCARIEST DESSERT CONTESTS
GAMES & ACTIVITIES
LUNCH AND MORE!!**



BE THERE OR BEWARE

To All Organized Groups and/or Charities

Interested in Raising Funds? You can by providing the dinner at the next General Council Meeting! Please be prepared to provide for 40-50 people. You will need to provide dinner, beverages, plates, napkins, and utensils. Desserts are always appreciated!

If interested please contact the Business Committee Executive

Assistant Erin Delgado. You can e-mail me at edelgado@chehalis-tribe.org or call me at 273-5911 at Extension 1841.

The next meeting is coming up fast so please let me know a.s.a.p.! Remember you have to be an organized group or charity. No individuals!

Disclaimer: All dates and times are subject to change. Please call the contact numbers to verify the information regarding the event.

Fishing License Renewal Notice

Tribal fishing licenses expire October 31. **Please pay your fishing fees at the accounting office. First time license buyers fee is \$35.00, and renewal fees are \$5.00 due before October 31.**

Watch for flyers on openings. Follow the Chehalis tribal fishing ordinance when participating in each fisheries opening.

Return Instruction Letter Deadline


The finance department mailed out this year's per capita instruction letter to all adult tribal members on October 2nd. Enclosed with the letter should be three forms to fill out and one self-addressed return envelope. The deadline for returning the forms is October 25th. If you did not receive the letter or if you are missing any of the enclosures please contact the finance department. Thank you.

Moved Recently? Let Us Know, and Get Your Mail

If you have recently moved, or are planning to move, make sure you contact the accounting office to provide your new mailing address. Many important tribal documents cannot be forwarded to changed addresses.

If you have not been receiving your newsletter, or other important tribal information, including per capita, please contact the accounting office as soon as possible. Your address will be forwarded to the appropriate departments.

For more information please contact the accounting front desk at 360-709-1830. A booth will be available at the Annual General Council Meeting to assist you with updating and verifying your address. Your cooperation is greatly appreciated.



Chehalis Tribal Newsletter

The Confederated Tribes of the Chehalis Reservation...
"People of the Sands"

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Chehalis Tribal Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs, and drawings to be considered for publication. These are subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal community members and staff. Submission deadline: 6th of each month
Printed monthly

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Oakville, WA 98568
(360) 709-1726 (office)
(360) 273-5914 (fax)
fshortman@chehalis-tribe.org

Chehalis Tribe's Vision Statement

*To be a thriving, self-sufficient,
sovereign people, honoring our past
and serving current
and future generations*

Business Committee

David Burnett, Chairman
Ray "Barnaby" Canales, Vice Chairman
Farley Youckton, Treasurer
Cheryle Starr, Secretary
Dan Gleason, Sr., 5th Council Member

Chehalis Tribal Newsletter Staff:

Fred Shortman,
Communications
Coordinator





Happy Birthday to Tribal Members Born in October



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Wesley Chrisjohn Carmen Shortman Beverly Peterson Thomas Sanchez	2 Edward Olney Kayley Trott	3 Joli King	4 Angela Cortez Maddex Mowitch Dan Penn	5
6 Dylan Hjelm Tanya Kinkade John Shortman, Sr.	7	8 Delores Rourke	9	10 Rita Burke Candice Jensen	11 Todd Delamater Lalicea Romo Don Secena	12 Charles Black Lesley Gillie Correna Klatush
13 Cindy Andy Andrea Bordelon- Lannez Madison Carter	14 Tabitha Colson Walter Lewis Marla Medina Casey Pickernell Gerald Pickernell, Jr. Army Youckton	15	16 Cortney Beckwith Virginia Garity Kendall Medina George Sanchez, Sr. Ryder Vigil	17 Kaytlin Pickernell Hillary Powell	18 Rickie Marion Marjorie McCloud Scarlett Romero Rayna Romero	19 Alyssa Baylor Joseph Delamater Amber Oliver Robert Teague
20 Trey Brown	21	22 Selena Kearney Tristan Smith Tymseila Washburn	23 Joel Brown Lydia Klatush - Fromm Stormie Sanchez	24 Ava Boyd Anthony Combs Karen Klatush	25	26 Connie Klatush Dakota Quezada- Klatush Janet Sanchez Clarence Youckton
27 Ryan Pitzenberger	28 Andrea Broom Willie Secena	29 Alicia Safar	30 Elaine McCloud Braiden Wittwer	31 Bruce Klatush, Sr. Dale Klatush, Jr. Ramona Marvin		

Happy Birthday wishes to my lovely daughter Selena - October 22nd Love Mom

Happy 8th Birthday to Tristan Smith October 22nd
Love you so much!!!
Grandma Chris O. & Grandpa



Happy Birthday

We Love You!

Happy Birthday to my Son - Eagle Fixico Grandson - Justice Fixico
Love Mom, Grandma and Aunt DeDe, Barb, Uncle Dexter, Stan

Happy Birthday John Shortman, Sr.
Love Deb, Kris, JJ & Family



"Happy 5th Birthday Kaytlin"

Love Daddy, Momma & Emily



Happy Birthday Charles "Duffy" Black
From Toni, Tyson, Nancy & your brothers and sisters!!!



Happy Birthday Army

We Love and Miss you!

The Chehalis Tribal Loan Funds is selected as a USDA IRP Lender for Business Loans

USDA Press Release Washington, D.C. Sept 18, 2013
USDA announced more than 27 million in support for regional and economic development projects in 32 states. The Chehalis Tribal Loan Fund was awarded \$500,000 to be used for Small Business Loans.

Julie Burnett, Executive Director, states, "We are excited to have this opportunity to assist Chehalis Tribal members either start or expand an existing business. We will have funding for loans up to \$250,000.00 for small businesses."

The Chehalis Tribal Loan Fund can assist business owners with Business Plans, Financial Literacy, and loan applications. We would like to begin having Chehalis Tribal members register their business with us, so we can let them know when business opportunities become available.

For more information, contact:

Julie Burnett, Executive Director
360-709-1831

jburnett@chehalistribe.org

Diana Pickernell, Loan Coordinator
360-709-1631

dpickernell@chehalistribe.org

Chehalis Tribal Loan Fund receives \$150,000 award from the Department of Treasury

On September 19, 2013, the Department of Treasury announced the Native American Alaska Native and Native Hawaiian communities throughout the United States will receive much needed economic and community development assistance as a result of the 12.4 million in Native American CDFI Assistance Program (NACA Program) awards announced today.

The Chehalis Tribal Loan Fund was awarded \$150,000.00 through this process. The funding will be utilized for loan capital. The loan fund will be conducting a survey in November to see what type of loans will be most beneficial to the Chehalis Tribal members.

Trainings Offered

The Loan Fund in collaboration with the Head Start Program will begin offering once a month Budgeting and other Financial Literacy trainings. We held the first class on October 3, 2013. These trainings will be at the community center college classrooms. Everyone is welcome to attend.

We will also begin offering once a month training to the after-school children and youth in collaboration with Tony Medina's program. This will be on the second Tuesdays of the month around 5:00 p.m.

October's Trainings:

Wednesday, October 30
How do I repair my credit?
2:00 PM at CTLF
5:00 PM to be announced

November 21
How to budget per capita
2:00 PM at CTLF
5:00 PM to be announced

The Chehalis Tribal Loan Fund is now accepting applications for



HOME IMPROVEMENT LOANS

Maximum Loan amount: \$25,000.00.

See us for terms and loan rates

Criteria:

1. Chehalis Tribal Member
2. Homeowner
3. Title Insurance
4. Appraisal Report
5. Verification of income, including copies of tax returns, proof of employment
6. Must have 3 bids from Licensed contractors, and a construction contract signed off by CTLF
7. Verification of bank balance
8. Copy of deed or Home buyer certification
9. Credit Report
10. Homeowners Insurance
11. All loans must be auto pay with either employer or your bank

Borrowers are responsible for obtaining all required building permits and other applicable fees.

Chehalis Tribal Loan Fund Board Opening

Make a Difference!

- Want to help people build assets and grow businesses?
- Want to play a key role in community empowerment?
- Do you have good judgement and knack for making good decisions?

Join CTLF Board of Directors

The CTLF is seeking progressive and energetic individuals who are passionate about our mission to assist customers to build assets and grow businesses. As a board member you will be making important decisions that result in positive impacts for families and our community.
Together, we can help to create a brighter future.

If you are interested in becoming a board member and can make the commitment to attend monthly meetings, other special or annual meetings. Please contact Julie Burnett at 360-709-1831 or email jburnett@chehalistribe.org

Chehalis Tribe Students of the Month

Gary Ortivez III (9-12)



Gary Ortivez is in the 11th grade at Oakville High School. Gary's favorite subject in school currently is Algebra 2.

Gary participates in football,

basketball, and baseball.

Gary would like to go to college and receive a degree in Native American Studies. He's thinking about the possibility of attending Oregon University.

Kirsten Secena (6-8)

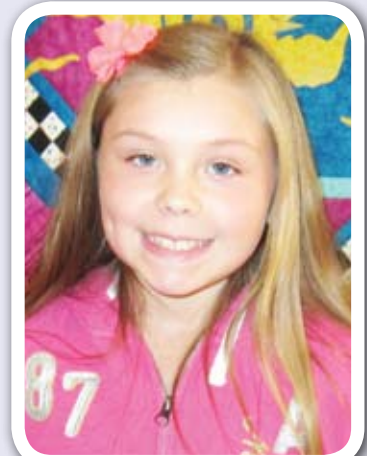


Kirsten Secena is in the 6th grade at Rochester Middle School. Kirsten's favorite subject in school is Math and Language Arts.

Her advice to other students is to pay attention in school, listen to your teacher, and turn in your work on time.

Kirsten wants to be a medical scientist when she is older. Kirsten said, "medical scientists find cures for diseases, and that sounds like fun."

Olivia Latch (K-5)



Olivia Latch is in the 4th grade at Ground Mound Elementary.

Olivia's favorite subject in school is Reading.

Olivia wants to be a Teacher when she grows up.

From the Education Department: As a reward for their commitment to school and personal growth, each student of the month will receive a \$50.00 gift card from the Education & Development Department. Congratulations. Keep up the good work!

October 2013

Monday-Thursday rides home @ 6:00 PM

Friday rides home at 5:00 PM

Mon	Tue	Wed	Thu	Fri	Sat
	1 Homework, Open gym Health & Nutrition w/ Taafe	2 Homework, Swim or Open gym, Class w/ Jodie	3 Homework, open gym Survival Skills w/ Jason	4 Swim Rochester/Oakville Early Release	5
6 Homework, Open gym Life Skills w/ Nate	7	8 Finance Classes w/ Diana and Julie @ 5:00 PM	9 Homework, Swim or Open gym, Class w/ Jodie Rochester Early Release	10 Homework, open gym Survival Skills w/ Jason	11 No School Pumpkin Patch Buse leaves @ 9:00 AM
12	13	14	15	16 Homework, open gym Survival Skills w/ Jason Commodities 10:30 - 3:00 PM	17
18 Homework, Open gym Life Skills w/ Nate	19 Homework, Open gym Health & Nutrition w/ Taafe	20 Homework, Swim or Open gym, Class w/ Jodie Early Release	21 Homework, open gym Survival Skills w/ Jason	22 Swim Rochester/Oakville Early Release	23
24 Homework, Open gym Life Skills w/ Nate	25 Homework, Open gym Health & Nutrition w/ Taafe	26 Homework, Swim or Open gym, Class w/ Jodie Early Release	27 Homework, open gym Survival Skills w/ Jason	28 Swim Rochester/Oakville Early Release	29 Community Halloween Party
30 Homework, Open gym Life Skills w/ Nate	31 Homework, Open gym Health & Nutrition w/ Taafe	Hand out Candy @ Youth Center starting at dusk	31 Youth Only Halloween Party		

Youth Center
360-273-9674

Program Searching for Photos to Honor Past Tribal Council

The Heritage Program is searching for photos of our past tribal chairmen and chairpersons between the year 1944-2012. The Tribe plans to honor them by creating a display for everyone to see.

If you have a photo to share our program can scan it for you. Or if you have a digital photo then we can make a copy of it.

We are searching for:

**Ralph Heck,
Oliver Sanders,
Ernest Beckwith,
Percy Youckton,,
David Youckton,
Melvin Youckton,
Virginia Canales,
Magdalena Medina,**

Present chairman from 2002- 2014 David Burnett.

Please bring them to the Heritage Room in the Community Center. Our hours are Monday-Thursday 8:00 AM to 4:30 PM. Contact Lynn Hoheisel or Joyleen McCrory and they will gladly make a copy to be archived and extra copies for you.

Heritage Program Available to Assist in Discovering Your Family Lineage

The Heritage Department is offering assistance in tracing your family tree. Bring the information you have and we can get started tracing as far back as we can in your lineage.

Also bring in your old photos and have them scanned and copied so we can document your family history.

To date we have been working on the six generations family trees for the Secena, Beckwith, Klatush, Gleason, and Penn families. If you are interested to see these, please come and visit us. It's so interesting and informative to see how our families all connect to each other.

We are located in the Community Center in the Library area. For more information contact Lynn Hoheisel, Heritage Coordinator at 360-709-1748.

Honoring the life and work of Mourning Dove, the pen name of Christine Quintasket (1888-1936), author of *Cogewea*, *The Half-Blood*, *Coyote Stories*, and *Mourning Dove: A Salishan Autobiography*

Morning Dove Symposium and Celebration

November 7-8, 2013

Okanogan, WA. and Omak Long House

FREE with Pre-Registration. For more information and to register, visit: www.wvc.edu/morningdove or contact Livia Millart 509-422-7814 or Peter Donahue 509-422-7840

- ~ Panel Discussions with Scholars, Historians, Writers, Tribal Leaders ~
- ~ Keynote Speaker: Jeanette Armstrong - Poet, Activist, Educator ~
- ~ Traditional Storytelling ~
- ~ Screening of the Cherokee Word for Water ~
- ~ Appearance by Actress Kimberly Norris Guerrero ~
- ~ Luncheons ~
- ~ Memorial Deciations ~



Sponsored by Wenatchee Valley College at Omak (WVCO), the Colville Confederated Tribes, the WVC at Omak Foundation, the Community Foundation of North Central Washington, Humanities Washington, Okanogan Family Faire, Associated Students of WVCO, Red Road Association of WVCO, and the Okanogan Historical Society

CONFEDERATED TRIBES OF THE CHEHALIS RESERVATION

FOSTER CARE LICENSING PROGRAM

CONTACT:
Kim Burdick, Foster Care Licensor
360-709-1782
kburdick@chehalistribe.org



UPCOMING FOSTER PARENT TRAINING



“Extending our Families through Unity” is based on traditions and cultures of Indian people. It is designed to address issues Native American foster parents have identified as important. In Native cultures, children are considered sacred beings. The underlying philosophy of this training is to help children grow to meet their potential in mind, body, spirit and emotions.

Call or stop by for information and sign-ups.

Group sessions will be held on:

**November 5th and 6th, 12th and 13th,
and 19th and 20th
Chehalis Tribe Social Services Conference Room**



“This project supported by Administration for Native Americans Grant# 90NA8230-01-00”

Chehalis Tribal Early Learning Celebrates Native American Day



On Thursday, September 26th we gathered together with our families, employees and community members to celebrate Native American Day with a traditional salmon meal. It was a great day for all of us and it was made possible by several people. Thank you to our friends and families who came to share this wonderful meal with us.

A sincere thank you for our gracious donations from:

Chehalis Tribal Enterprises, The Lucky Eagle Casino, and Natural Resources. Don Secena for his time preparing and cooking the fish. Jeremy and Grant for their help at the fish pit. We would also like to thank Heritage and Culture Programs for working with us and giving a helping hand with serving everyone at the fish pit! We want to send a big thank you to Granny Annie for her time donated in our Early Learning kitchen, creating and sharing her beloved fry bread with all of us.

