Graduating Seniors and Families Recognized The Community Garden for Achieving Their Academic Goals

The graduation recognition dinner for the class of 2014 was held on Thursday, June 12 at the Lucky Eagle. This year we had 11 tribal members and 3 community members who successfully graduated from high school. This recognition dinner is very important, supporting and recognizing not only the graduating seniors but also their families.

The room was decorated in style and JJ Shortman served as MC at the event. The slide show brought laughter and applause from the families acknowledging each graduate's growth from pre-school to that final day of completing this stage of their life.

Dan "Bones" Gleason started off by blessing the food provided by the Lucky Eagle Casino. While



This is the Class of 2014 tribal and community member graduating seniors. Pictured are back row (L-R) are Rueben Chum, Johnny Bird, Geo Jack, Kaileen Bray, Makayla Ortivez. Middle row (L-R) are Dylan Gleason-Wheeler, Skylar Baker, Rosa Shivel, Brooke Allen, Haley Parkinson, Ray Canales, Thomas Trott, Jr., Front Row is Marcus Youckton.

finishing up dinner Stephanie Pickernell offered a few words to the graduating class by saying "You all have so much opportunity

ahead of you. You can go to college, learn a trade, get a job, or

Continued on Page 2

Skokomish First Annual "Paddle for Life" Event

On Saturday, June 21 the Skokomish Tribe hosted the first annual "Paddle for Life" event. It started small and soon became a huge community effort involving many different agencies from the Skokomish Lucky Dog Casino and SPIPA Cancer Programs. It quickly became an inter-tribal event inviting other tribes to participate. This was a grassroots effort to address the spread of cancer in all tribal communities through prayer, stories, and songs. Cancer survivors were invited as royalty to ride along the journey on the water.

The work and collaboration was



The Chehalis Canoe Family travelled with eleven other Canoe Families in the Paddle for Life Cancer Awareness hosted by the Skokomish Tribe. Photo by Christina Hicks

a long worthwhile process. The Native Women's Wellness Program and the Colon Health Program **Continued on Page 12**

Blessing Ceremony

By Cassey Jankowiak, Health Advocate and Educator

The weather could not have been better for the community garden blessing ceremony on June 2, which was followed by a delicious barbecue and building of raised garden beds. The event was organized through the Community Transformation Grant staff, bringing the youth and community members from Chehalis Tribe and the City of Oakville together for the much anticipated community garden ground breaking. Everyone present gathered together for the ceremony that was opened with a blessing by Elder Bones Gleason and concluded with an opportunity for all to offer fresh soil to the build site along with a hope or dream for the community garden. It was an uplifting start for a week of cedar box building, shoveling and sharing stories. Thank you to all the community members who supported the garden build and made it possible!

For those who have a garden, or have gardened in the past, you know how relaxing garden work can be. The same is true for a

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travel the world. Your opportunities really are limitless. Take some time to really think about what you want to do, and then get started on achieving your goals."

Each graduate presented their parents with gifts for teaching and helping them graduate from high school.

The Chehalis Canoe Family sang and drummed for everyone to enjoy. The sound of the heartbeat themselves. of joy could be heard throughout the Event Center. The graduating seniors were invited to dance to the songs. If they didn't know the dance they were given instructions and also told the meaning of the song. It was fun and exhilarating watching the young men and women weave their way around the audience.

John and Mary Setterstrom started a tradition

about 10 years ago to recognize a graduating student for making honor roll for at their school. This year Makayla Ortivez received this award for her academic achievements and also for being Salutatorian at Oakville High School.

Tony Medina, Youth Center Director, presented each tribal member graduating with a gift card. There was a thunderous roar of applause recognizing the parents for their work as each graduating senior couldn't have done it by

Cheryle and Bones from the Business Committee presented each of the seniors with a Pendleton blanket, wrapping them with love and protection.

Congratulations to all the graduating Seniors and their families for a job well done in accomplishing this goal. Good Luck in the future!



14 Fireworks Season Celebration



These are the volunteers for the 2014 Chehalis tribal fireworks show. Thank you. It was awesome!

The Chehalis tribal fireworks stands were open for business for the public to come get their annual family tradition in preparation for 2014 Fourth of July Celebration. Some families travel a great distance in preparation of entertaining guests at their specific location throughout the Northwest.

The season started out slow and then the rush came for many tribal firework vendors. It was good time to visit and assist them in providing things for their fireworks show.

The Fourth of July is a time for families to gather together, visiting with a barbecue, and of course a little pyrotechnic. No better way to finish the night than with a little fireworks making the day end with a special and beautiful magic all their own -- a good show is absolutely amazing with the bright colors, booms and explosions. The sight of Fourth of July fireworks rouses the feeling of patriotism in all

Americans, and this is the reason why setting off these fireworks is one of the best ways for everyone to celebrate Independence Day.

During the fireworks season was a heart pounding salute for a few tribal members. There was 190 artillery shells put into the air honoring a family member they had lost. Each explosion was a prayer honoring our loved ones. The screams of joy could be heard throughout the Chehalis valley after its completion.

The Fireworks Show

The Chehalis Tribal Fireworks Show was awesome as the local people came to see the show. Law Enforcement set up the safety zone and patrolled to provide a safe atmosphere for all. It isn't always safe, as some tribal members refer to it as the "War Zone." Remember to always use the fireworks for for.

Many thanks to Barnaby

Canales and his helpers for doing another great job giving everyone that heart pounding tribute in celebrating our Independence!!

The morning after the Fourth is pretty messy with fireworks confetti all over the tribal grounds. So the clean up must happen. It is greatly appreciated to everyone else who cleaned up after themselves after the show.



what they were manufactured The Chehalis Tribal Fireworks Show was a Heart Pounding Salute to Celebrate our Independence. **Happy Fourth of July!**

Continued from page 1...

community garden, but there is the added benefit of sharing the experience with other community members, especially the youth who make the experience gratifying and fun! Other community ideas for using the garden are to grow traditional and medicinal plants, expand to grow more variety of food, and build a corn maze for next year.

Since the garden build there have already been several garden activities for the community to come together and learn. In June alone, the garden hosted a Basic Planting workshop, lettuce and spinach harvest for the Elders Center, and

learn plant parts, tour the garden, and plant seeds. "Can we do this again?" was a question excitedly asked by several youth as they enjoyed a fresh salad they harvested and made from lettuce they picked in garden.

If you haven't had a chance to check out the community garden located at the Community Center, feel free to drive by or take a walk through the garden beds of broccoli, beets, cabbage, beans, carrots, lettuce, tomatoes, spinach, radish, zucchini, and a variety of squash. If you have any ideas or suggestions for the garden, consider joining the garden council, which is an opportunity for all community members to learn about gardening and plan future

Here are some of the upcoming garden events you can look forward

Monday, July 21 Get to Know Weeds Workshop

from 4:00 - 5:00 PM at the Chehalis Tribe **Community Center**

Tuesday, July 22 **Pest Management Workshop**

from 4:00 - 5:00 PM at the Chehalis Tribe **Community Center**

Friday, August 12 **Garden Council Meeting**

from 4:00 - 5:00 PM



Tribal Health and Wellness News

2014 Biggest Loser Results By Sandra Burnett

On June 9 the Chehalis Tribal Wellness Center finished up a six month Biggest Loser Competition. This competition started in January with 29 females and 13 male participants. The participants were given a bag of goodies when they first signed up. In the bag were water bottles, resistance bands, pedometers, some helpful information about losing weight and sample workout routines.

Participants were also encouraged to attend free monthly lunch time health cooking demonstrations and healthy cooking classes. Topics presented during these presentations were varied based on requests from community members attending the meetings. Some topics covered were healthy portions, healthier desserts (see Black Bean Brownies Recipe at the end of article), and the difference between juicing and smoothies. All of the presentations were very informative (with demonstrations) and participants were encouraged to ask questions.

We are extremely pleased with

First Place Winners



John Tanzy Mens Division



Trisha Shipp Womens Division

the amount of weight that was lost by the participants. Trisha Shipp won the \$725.00 cash prize for the women and John Tanzy won the \$325.00 cash prize for the men. Trisha lost 24 % of her weight and John lost almost 7% of his weight. They are both happy that their hard work and determination paid off. They both realize that this is just the start of their transformation. This is not just a fad for them, this is a lifestyle change.

In addition to those prizes, we are happy to announce that Meghan Eaton won second place and Chris Ortivez won third place overall. Meghan and Chris both won a personal blender for smoothie making and mixing on the road.

The men and women lost a total of 175 pounds.

We will be doing another Biggest Loser Competition in the upcoming months; however the exact date is yet to be determined.

Please keep your eyes in the newsletter for the announcement.



Power Outage

Thursday, July 24
Starting at 6:00 PM

Grays Harbor County is upgrading their equipment and having a planned 2 hour power outage schedule.

Please plan for this inconvenience.

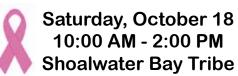
Chehalis Tribal Wellness Center "Living healthier lives"

Chehalis Tribal Health Fair

Thursday, September 18 10:00 AM to 3:00 PM At The Chehalis Tribal Community Center

For more information please contact: Christina Hicks, Community Wellness Manager at 360-709-1741or email: chicks@chehalistribe.org

2014 Breast Cancer Awareness Walk





Mark your calendars for the 2014
Annual Inter-Tribal Breast Cancer
Awareness Walk. The Shoalwater Bay
Indian Tribe is hosting the
Walk this year.

All are welcome to come and walk and show your support!

We are also looking for people to raise money for the walk, pledge forms can be picked up from Christina Hicks at the Chehalis Tribal Wellness Center







Black Bean Brownie Recipe



Ingredients

■ 15 ounce can black beans

■ 19.5 ounce box chocolate brownie mix

		Total		Dietary
		Fat		Fiber
138.1	2.9	2.6	28 grams	1.8 grams
	grams	grams		

Directions

Open can of beans, drain and rinse well. Put beans back in the can and fill can with water. Put beans and water in blender until smooth. Mix pureed beans with brownie package mix. Do not add eggs or oil. Spray baking dish with Pam. Refer to brownie mix box for pan size and approximate bake time. Cool and serve.

*Makes 20 servings



FUNCTIONAL FITNESS

WHERE: Chehalis Tribal Community Center Gym WHEN: July 26 and August 2 from 9:00 AM - 12:00 PM

These introductory 3 hr. exercise sessions will cover:

- Gym safety and equipment basics
- Proper Exercise Technique
- Nutritional Guidance
- Customizable Workout Plans for Individual Goals and Optimal Healthy Lifestyle.



Classes taught by a certified fitness instructor with over 8 years of experience working with all ages.

- Wear your comfortable workout clothes, close-toed shoes, and be ready to have fun!
- · Water will be provided.

Questions?

Contact Cassey Jankowiak,

Chehalis Tribal Wellness Center at 360-709-1771,

cjankowiak@chehalistribe.org

Notice: Regarding information contained in this email and/or displayed on the Tribe's website calendar is subject to change without notice. Please address all questions to the person or department identified in the announcement.

Low-impact Resistance Band and Stretching

New location

Where: Behavioral Health Conference Room When: Mondays from 12:15 - 1:00 PM



Join us every Monday (during lunch time) for a low-impact physical activity to improve strength, flexibility, and well being. Hope to see you there!

If you have any questions about this event, please contact Cassey Jankowiak at 360-273-5504 or email cjankowiak@chehalistribe.org

* This activity brought to by the Community Transformation Grant





Notice: Regarding information contained in this email and/or displayed on the Tribe's website is subject to change without notice. Please address all question to the person or department identified in the announcement.



Chehalis Community Walk

6:00 - 7:00 PM

Every Thursday evening

Meet in front of the Community Center

The walk is open to ALL community members.

Accommodating to the beginner, moderate and experienced walkers. Join us to enjoy friendship, sunshine (hopefully!), raffles, giveaways, and fun!

Event is prepared for rain or shine.

Water and snacks will be provided after the walk.

Look forward to seeing you all there!

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Family Zambo

Where: Chehalis Tribal Community Center - Youth Gym Tuesdays from 6:30 - 7:30 PM and Oakville High School Mondays and Wednesdays from 7:00 -8:00 PM

Wear your comfortable work out attire. For more information contact:

Kendra Cox Licences Zumba Instructor 360-915-4054 Cassey Jankowiak Chehalis Tribal Wellness Center 360-709-1771

Notice: Regarding information in this advertisement is subject to change without notice. Please address all question to the person or department identified in this announcement.

* Made possible through the Community Transformation Grant

The Federal Government and Congress We Think We Know By Chehalis Tribal Elder DeDe Devlin

Did you know the Political Structure we live under in the United States of America was patterned after the Native American's of the Iroquois League of Indian Nations? Well it is true.

While the Colonies were attempting to form a United States they had a problem, how to make each State have a fair voice in creating the Laws they would all follow, yet allow each State to have rights over their own internal affairs?

So how and when did our Founding Fathers come up with the Federal Government of the United States in which America now operates under? The thought of electing citizens from each State by the people who settled in the New World never operated anywhere in European Countries or for that matter was never considered anywhere else in the known World. After all, in Europe Kings ruled over their people and the people served their Monarchs and Church. The English settlers who came here from Europe knew little of Democracy. They came from countries ruled by Monarchs who claimed God conferred their right to rule and even to allow them to wage wars of extinction over other humans. The settlers had fled from their rulers for the reason of centuries of debauchery. extravagance and oppression that exploited and at times starved their subject. Freedom to choose your leader was unheard of. One of King Georges' delegates in the New World wrote back to King George to say: "There is a dangerous way of thinking in the New World among the Indians who live here. They select Leaders to serve the people; People are not here to serve the leader."

At the time Settlers came to the New World the Iroquois Nation controlled the territory from New England to the Mississippi River, and built a Federal System that endured for centuries. The Iroquois League united five principal Indian Nations: the Mohawk, Onondaga, Seneca, Oneida and Cayuga.

While Benjamin Franklin held the Post of Indian Commissioner during the 1750's he became intimately familiar with the Indian Political Culture. He realized they had developed a governing arrangement among all the surrounding tribes called the Federal System that worked so well he decided it was the solution to the problem with uniting the States.

Franklin was told by the Indians that hundreds of years ago a well known and respected Shaman called Peace Maker had a vision about all the Tribes. He said the tribes had to stop the fighting. Peace Maker said the vision showed how the people where suffering from the endless wars. The vision showed how he could bring peace to all the people. But to make the peace the tribes had to bury all their weapons and followed

the Peace Makers plan. Peace Maker said Laws must be established for all to follow. Peace Maker said he had a way to assemble all the tribes and have the Bigger Tribes and the Smaller Tribes represented equally. Peace Maker made two different Committees to serve on the League for Law Making for each Indian Nation. One Committee would represent each tribe with an equal number of voices for each of the Tribes and the others Committee would represent each tribe by how many members they had to care for in their tribe. Peace Maker told each Tribal Nation to select members from their existing Tribes' Council to sit on the Federal League of Law Makers two Committees. Peace Maker added, Tribal Nations would keep their separate Tribe's Council to govern their own people's affairs, but would come together once a year to sit on two separate but equal Federal Committees. This he call the Federal System.

Why separate Law Committees? Simple, the Bigger Tribes would not be equally represented if the Small Tribes had an equal vote over them; Bigger Tribes had more people to care for. The Small Tribes would not be equally represented if it was based on population; the Bigger Tribes could out vote them every time. He explained Laws could be presented in either Committee but would have to be passed by both Committees. Once both Committees agreed on a Law that all tribes would honor the New Laws would come before the Chief of the Iroquois Nation called the Commander and Chief. He or She was selected by a vote from all the Separate Tribal Nations to Rule over the Iroquois League of Nations. (The Commanding Chief had to be a person well known and respected by all the Tribes.) The Law could not be honored by all the Tribes if the Commander and Chief did not okay it and read it before the Assembly of Committees. If the Committees could not agree on a Law and they were deadlocked the Commander and Chief would decide to either accept or strike it down.

Is this beginning to sound familiar? It should, this is the Federal Government we live under to this day. Each State has its own Government of elected officials to deal with State internal affairs. Each of the States is represented in Congress. Plus, each state votes for a President of the United States but he is still called the Commander and Chief. Like the Iroquois Federal System the President has to confirm Laws passed by Congress and thereby sign the law into power or veto it.

The term Congress means the House of Representation and the Senate. People often think Congress only means the House. How are they different?

■ The House is comprised of elected members based on population of each State in the Union.

■ The Senate is comprised of an equal number of elected representatives from each State in the Union.

Thomas Jefferson, Benjamin Franklin, Thomas Paine, Charles Thomson and the Founding Fathers modeled the United States after the Iroquois Federal System not only in broad outlines but also in many of the specific provisions. Like the power to Impeach. In the Federal System members of the League could be impeached by the women of their own Tribe if they dishonored the position. The United States stop short of copying the part where only women impeached or where women could hold office. That came hundreds of years later. The United States also copied the rules of War Council. Any elected member of the League had to quit his position in order to become a Warrior and any Warrior had to bury his weapons to hold office. This follows the traditions that relied upon separate Leaders for War and Peace. In addition the Federal System allowed for adding tribes wanting to be under the protection of the League as does the U.S. who started with 13 states and grew to 51.

Henry Steele Commager later wrote the Indians actually invent Federalism, but the United States took out a historical patent on it. Proclaiming the patent meant they had the rights as the inventor, REALLY!

The Peace Maker told the Indian that one day this Federal System would be acknowledged across the whole of Mother Earth.

The final extension of the federal principals used in the Iroquois Nation formation of the United States came later, in 1918 with the establishment of the **League of Nations**. By ironic coincidence, the founding of this international body of representatives from Counties throughout the World was located in New York in the very territory that once belonged to the **Iroquois League of Nations**. As the Peace Maker predicted the United States served as the platform for the international version of the Indians League of Nations.

To this day Washington D.C. has never recognized the role of Indians in the writing of the United States Constitution or the creation of the political institutions that seem so uniquely American.

References: Jack Weatherford: "Indian Givers" and "How the Indian Enriched America"; Bruce A. Burton: "Iroquois Confederated Law and the Origins of the U.S. Constitution"; Lester J. Cappon: "The Adams-Jefferson Letters"; Henry Steele Commager: "How Europe Imagined and America Realized Enlightenment"; Alexander A. Goldenweiser: "Iroquois Social Organization"; and Edmund Wilson: "Apologies to the Iroquois

Who Needs a Tribal Business License?

Did you know that all businesses that do any work on the Chehalis Reservation must have a tribal business license? Any business, vendor, contractor, or consultant conducting business on Chehalis tribal land is required to have one. Having a tribal business license is required by Chehalis tribal ordinance. All businesses operating on the Chehalis Reservation must have a tribal business license BEFORE they do any work on the Reservation.

Some businesses are exempt from getting a tribal business license. This includes government agencies, non profits, courier services, taxi, limousine, airporter or similar services, and utility companies (PUD, phone providers, cable and satellite TV, propane, etc). If a business is only delivering items, they are also exempt. Gaming businesses that are working with Lucky Eagle Casino are also exempt from getting a tribal business license.

How does someone apply for a tribal business license? If a business needs to get a tribal business license, you can go to the Planning Department at the Tribal Center and get an application. You can also download an application from the Chehalis Tribe website, from the Planning Department page. A tribal business license application is simple to complete, only costs \$25.00, and is an annual license. Licenses need to be renewed each year.

I want to be a vendor selling in the Tribal Center. Do I need a tribal business license? Yes. You need to get a tribal business license, as you are conducting business on the Reservation. Even if the business is based somewhere else, but selling a product or service on the Reservation, you have to get a tribal business license.

I am having a contractor remodel my house. Do I need a tribal business license? Yes. If you are hiring a contractor to do any work on your house, that business needs to get a tribal business license. Send them to the Planning Department in the Tribal Center before they start doing work on your house.

I am having a package delivered to my house. Do I need a tribal business license? No. If you order something online, and it is delivered to your house or some other building on the Reservation, neither the delivery business, like FedEx, or the business you purchased from need a tribal business license.

What about door-to-door sales? Is that allowed? Door-to-door sales are not allowed. If you live on the Reservation and have a door-to-door salesperson come to your house, you may call the Tribal police non-emergency line and let them know.

The tribal business licenses let the Tribe know who is doing business on the Chehalis Reservation, and how to contact that business if there are any problems. It is one way the Tribe and the Planning Department are working to keep the tribal community safe. If you are doing business on the Reservation, are hiring someone to do business on the Reservation, or see someone who should have a business license, please visit your friendly Planning Department today!

These are the Business License that were issued out within the month of June 2014

BL#	Business Name	Business Contact	
2014-210	PS&SLLC	Kory Holm	
2014-211	Solid Waste Systems	Tracy Ball	
2014-212	Royce's Prop Shop Inc.	E Royce Mason II	
2014-213	Puget Sound Entertainment	Cory Kolilis	
2014-214	King Beverage Inc.	Brian J Kehne	
2014-215	ITW Food Equipment Group LLC	Brenda Wilson	
2014-216	Organizational Response System LLC	John M Taylor	
2014-218	John Korsmo Construction inc	Greg Primm	
2014-219	Flores Socorro	Garcia Flores	
2014-220	John Lupo Construction inc	John Lupo	
2014-221	Southgate Fence Inc.	Ed Vatne	
2014-222	Labels, Leadville and Lore	Douglas H Rhoades	
2014-223	Gitchel's Goodies	Jonathan Gitchel	
2014-224	NYWA Powwow	Chris Richardson	

Tribal Enrollment

If you need to enroll your child this year please stop by and pick up enrollment office for an application. If the biological father is an enrolled tribal member a DNA test is required, make sure you get your application in by August 29, 2014.

If you need a Tribal Identification Card please call at least one day in advance.

For more information contact Chris Ortivez at 360-273-5911. Please leave a short message, name, type of request, and a return phone number and I will get back to you as soon as possible. Have a great day!

Chehalis Tribal Newsletter

The Confederated Tribes of the Chehalis Reservation...

"People of the Sands"

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Chehalis Tribal Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs, and drawings to be considered for publication. These are subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal community members and staff. Submission deadline: 6th of each month Printed monthly

Tribal Center (360) 273-5911

420 Howanut Road Oakville, WA 98568 (360) 709-1726 (office) (360) 273-5914 (fax) fshortman@chehalistribe.org

Chehalis Tribe's Vision Statement

To be a thriving, self-sufficient, sovereign people, honoring our past and serving current and future generations

Business Committee

David Burnett, Chairman Ray "Barnaby" Canales, Vice Chairman Farley Youckton, Treasurer Cheryle Starr, Secretary Dan Gleason, Sr., 5th Council Member

Chehalis Tribal Newsletter Staff:

Fred Shortman, Communications Coordinator



	Happy	Birthday to	o Tribal Me	mbers Bor	n in July	N 12 21
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Elizabeth Brown	Natalie Brown Ronald Gaines, Jr.	3 Elvis Gillie Haley Parkinson	Adam Gunnels Rick Sanchez, Sr. JJ Shortman	Rene' Bracero, Jr. Jakeb Hoyle Johnny Perez Elisa Sanders Sam Secena Rhapsody Simmons
6 Connie Baker Mikaela Hoheisel Cassandra Pope Paula Reininger Uilani Siufanua	7 Bill Secena	Albert Combs, Jr. Joyce Thomas	9 Arielle Burnett Raymond Wertz Michelle Youckton	Tammy Boyd Erin Delgado Dale Klatush III Jorja Potter Ronald Rogers, Jr.	Andre Kluth Nathan Kluth Chloe Lopez-Palmer Jesa Penn-Roco Frances Pickernell	Candace Brown Alicia Canales Jacinda Legg
13 Fau Fau Boyd Hector Gaines Marlene Hjelm Chris Klatush	14 Linda McDougall	15 Kimberly Nath Farley Youckton II Jodie Smith	16 Querida Perez Donald Williams, Jr.	17 Allen Fricke, Jr. Christina Hicks	18 Eli King-Gleason Omar Thomas Querida Perez	19 Jimmie Williams Dallas Youckton
Gloria Jones Cecily Klatush Krista Parent Grant Shortman	Halle Colson	Theodore Charles Marie Griswold Yvonne Peterson Samuel Seymour Stanley Youckton	Jonathan Jack, Jr Edwardo Sanchez Phillip Youckton	24	25 Gary Ortivez III	26 Tom Hayden Shyann Ortivez
Calvin Bray Landen Mashburn Danny Thomas Ryan White Eagle Bracero	28 Sharon Hall Rigoberto Hernandez Jed Starr	29 Pai'nu'na Carter Frankie Brown	30 Carmen Brown Kamryn Couillard Linda McAlister Andrea Steckstor Melissa McAlister	31 Shayden Baker		
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Happy Anniversary to the most wonderful Parents anyone could ask for! \$ \$ \$		Happy 40th Birth to my son Albert Combs	le l	your birthday is	Happy Sth Birthday Twin Grandso Dre & Mate Kli July 11	ns 🚢 🧱
		Roberta Comb	os as amaz	zing as you arell Anna oy Birthday		ppy 21st Birthday Bobby Jones July 22 we, Mom & Dad
32 Years To and there's to many, Lots of love from your? & Dustin and all of th	many, morell liftls: Chris, Sasha	Happy Birthda Jodie Smith From Fred, Ceo Rosa & Famil	Jacin Brenna Stanley Philip	th Daniels and Legg a Youckton y Youckton Youckton Love Youll	Happy 31.st B Shannon Swi Jwly 23 Love Dad & Che	Lilityan rd

2014 Head Start Graduation



2014 Head Start Graduation Class. Pictured back row (L-R) are Teacher Tracy Mitchell, Jordan Eichelberger, Emelia Graham, Coleman Rosander, Ava Boyd, Andrew Starr, Anjolysa Sanchez, Tomas Sanchez, Teacher Sara Ziady. Middle row (L-R) are Madelyn Horton, Ayden Sanders, Joselin Ristvet, Claira Leschi, Kaytlin Holmes-Pickernell, Bear Douglas, Uilani Siufanua Front row (L-R) are Haylie Martin, Jayda Marie Charnell, Alakai Romero, Susette Klatush, Eli Snell, Alondra Mendez, Joseph Charles Weber, JaRae Sanders, Travis Stark

On Friday, June 13 our parents, staff and community members gathered at the Community Center's gym to send off 23 Head Start graduates to kindergarten. We celebrated the years our graduates had at Early Learning with an evening of family, friends and community members coming together to celebrate their success in our program.

Chehalis Tribal Head Start Staff Alumni and Nisqually Tribal Elder, Roberta Secena provided our opening prayer, kind words about the Early Learning Program and gave us a beautiful dinner blessing. Thank you Roberta for supporting our program, always. We are abundantly grateful for the continued support from the Lucky Eagle Casino & Hotel who graciously donated the evening's dinner and dessert for everyone.

It was a heartfelt graduation and we are so thankful to our parents who worked hard throughout the year (you know who you are) to make the evening possible, family members, teachers, Roberta Secena, and the Lucky Eagle Casino & Hotel for their contributions to make this a wonderful event for all.

Best Wishes to all our graduates and their families for continued success in kindergarten! We will miss you, please come and visit us often!



Chehalis Tribal Early Learning Programs Celebrates our 2013-2014 school year with families and food!

It's hard to believe another year at Early Learning has passed us and as we head into summer we wanted to end our year with celebration and memories.

After another awesome Father's Day Fishing event with our fathers, we had our End of the Year Picnic on Wednesday, June 11th. The picnic was held at the Community Center's covered area/playground and we were grateful for the beautiful weather! The Early Learning Staff provided games and prizes for the children such as face

painting, bubbles and a fishing game. Thank you to the Lucky Eagle Casino & Hotel for donating a delicious barbecue lunch for all of our families, friends, and staff to indulge in. We appreciate the participation from our families and for supporting our Early Learning Program this year!

Thank you again to the Lucky Eagle Casino & Hotel for the barbecue lunch and to our families for coming out and celebrating the year with us!



Chehalis Tribe Students of the Month

Sean Allen (9-12)



Sean Allen just finished the 10th grade at Chief Leschi, he has a 3.375 GPA.

Sean likes school, because it offers him sports which help him

stay on track. He feels successful because he turns in all assignments, tries on everything (even if he is wrong), and stays focused.

His advice for other students is to do all assignments, never give up, and to stay focused. When not at school, Sean enjoys playing football, basketball, track, and baseball.

After high school Sean wants to go to the University of Washington to play sports

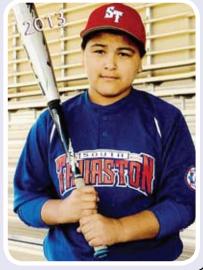
Adrian Brown (6-8)

Adrian Brown just finished the 8th grade at Oakville Middle School, he has a 2.81 GPA. Adrian likes that he is able to learn new things at school.

He feels successful because he listens, has good attendance, and is a hard worker. His advice for other students is to be a hard worker.

He enjoys playing football.

After Adrian graduates high school he plans to attend Centralia College.



Nora Ortivez (K-5)

Nora Ortivez just finished the 3rd grade at Oakville Elementary. Nora likes learning new things. She enjoys math the most.

Her advice for other students is to pay attention to the teacher.



After Nora graduates high school she plans on going to

From the Education Department

As a reward for their commitment to school and personal growth, each student of the month will receive a \$50.00 gift card.

Congratulations. Keep up the good work! Have a great summer.



Youth from the five SPIPA Tribes are invited to attend the eighth annual Native Youth POWER Conference. This conference raises awareness among our youth about how lifestyles (diet, exercise, regualr health care, and screenings) Impact cancer. This year it will be held at the Great Wolf Lodge on August 21st and 22nd.

Space is limited, so please RSVP. This annual conference is sponsored by the South Puget Intertribal Planning Agency's Comprehensive Cancer Control Program

For more information contact Sarah Zephier at 360-462-3241 or szephier@spipa.org









Starts at 10am
IBIBQ at 11:30am

Guest Speaker Raffle Prizes Tribal Department Outreach Tables Youth Activities COED Softball

Parade Route: Howanut Road, Niederman Road & Secena Road



Come one Come all

Bring your lawn chairs and set up along the side of the road to watch the Parade!!



US Dept_of Education: H250A090001

Bike Decorating Contest

Kids of all ages can participate (13 years old and under)
Decorate your bike with any *Walt Disney Theme/Character*The contest will be same time as the

Summer Youth Outreach Parade on August 15th

Ride your bike in the parade for the judges to see! There will be prizes...

We hope to see you in the parade and have a blast decorating your bikes.

Good Luck to all of you kids!



Many people have misconceptions about the food offered by the South Puget Intertribal Planning Agency Food Distribution Program. There are more frozen meats, fresh vegetables, and in season fruits being offered now than every before. The food is also much lower in fat and sodium than what was offered in prior years. Below is a partial list of what is available.

Kernel Corn Mixed Vegetables Green Beans Sliced Potatoes Spaghetti Sauce Tomato Sauce Carrots Fresh Carrots Onions Celery Blocked and Sliced Cheese Egg Noodles Macaroni Noodles Rice Spaghetti Noodles AP and Wheat Flour Red and Russet Potatoes Broccoli Applesauce Apricots Peaches Pears Raisins Fresh Apples Grapefruits Oranges Grapes Fruit Juices Canned Whole Chicken Canned Chicken Ground Beef Roast Chicken and Turkey Breasts Peanut Butter Bakery Mix Butter Vegetable Oil Refried Beans Dry Beans Variety of Soups

If you, or a member of your household, are enrolled in a federally recognized tribe, or you live within the reservation boundaries of the Chehalis, Nisqually, Skokomish, Squaxin island, or Port Gamble S'Klallam Tribe you may be eligible. There have been recent changes enacted by the USDA that make it much easier to qualify.

Please call the SPIPA Food Distribution Warehouse at 360-438-4216 Monday through Friday between the hours of 8:00 AM till 4:00 PM and one of our staff will be happy to assist you in applying for this program.

Services: The Confederated Tribes of the Chehalis Reservation, Nisqually Indian Tribe, Port Gamble S'Klallam Tribe, Skokomish Indian Tribe and Squaxin Island Tribe

USIDA Food Distribution Dates

July 17th

August 21st

September 18 October 23

November 20

December 16

Pick up is at the Community Center from 11:00 AM to 2:00 PM.

For more information contact Lynn or Shirley at 360-438-4216 www.chehalistribe.org
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* Or Current Resident

Continued from page 1...

worked collaboratively with the Skokomish Tribe in planning and providing education, outreach and incentives. SPIPA was well represented in this event which is the first of an annual event. The tribute to cancer survivors and the need to be screened was phenomenal. Many attendees were there because they needed to be there to have a personal satisfaction of doing their part in achieving their goals.

Twelve canoe families participated that day with over 700 people who came to witness and participate in the activities. Each puller had a prayer in their heart for loved ones that survived or were lost to this deadly disease as they made the journey from Twanoh to Potlatch State Park. One of the canoes was tuulap tit wiA (Tu-lap ti weah) with her pullers and skipper from the Chehalis Canoe Family. Many agreed it was a good day on the

FirstName LastName Street Address City, ST Zip



Participating Canoe families create a flotilla at Potlatch State Park during the "Paddle for Life" Cancer Awareness Event.

water for healing, balance and dedication for those affected by cancer.

After receiving permission to land by the hosting Skokomish people, there was feast of shrimp, geoduck, deer, elk, steamer clams, side salads, fry bread, yeast bread, and chowder that was provided by the Skokomish Tribal Members. The guest speakers talked about how cancer has reached into their lives. It was a very emotional and healing moment for many who sang their song and shared their stories.

Afterwards there was a raffle

offered with many cultural and non-traditional items that were donated for the cause. Pledges were collected to contribute to the canoe

registration fees of \$500 and/or sponsors and raffle. All will be donated to the NWWP and CHP to assist in program needs to recruit more Natives to be screened for early detection of cancer.

The Port Gamble S'Klallam Canoe Family challenged all the other tribal canoes families to return next year with a \$5000.00 donation. Our hands are up for

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everyone involved in the first annual Paddle for Life Event, from park rangers, Canoes, pullers, canoe support boats and captains, law enforcement, medical trailer and staff, parking attendants; head cook and volunteers, Shuttle services, sound equipment, stage, emcee, Skokomish Tribe, Lucky Dog Casino, and SPIPA Cancer Programs.

Photos provided by George Stenberg and Lonni Rickard.



Youth sang greeting the canoes as they arrived at the State Park.

Tribal Princesses Represent the Chehalis Tribe in Local Parades

By Tony Medina, Youth Center Director

We lucked out and had two beautiful days to honor the Swede Day and Oakville Fourth of July parades with the presence of our Chehalis Tribal princesses! It was just great to see so many community members at the parades supporting our tribal court. Youth followed along the float and threw candy to all the kids who came to see the parade.

Boy, I was really surprised to see so many entries and even Bones and Kris Salmon and her husband Jay with their beautiful 1965 CHEVY. A little jealous, but it was great to see them there.



Photos submitted by Kris Salmon, Terry Youckton and Chris Ortivez

