13th Annual Veterans Appreciation Interprise Updates Will Day Honors Gulf Actions

Tuesday, November 11 the Chehalis Tribe hosted the 13th Annual Veterans Appreciation Day at the Lucky Eagle Casino event center. Veterans were honored for sacrificing their time and for some their lives, protecting our country. Many veterans from our area filled the tables sharing smiles with the volunteers who helped make this a

memorable event.

The theme this year commemorated the Gulf Actions. All areas of service were recognized from Army, Navy, Air Force, Marines, Coast Guard, National Guard, and Reserves.



The "Posting of the Colors" by the Yakama Warriors Association is a time honored tradition at the Veterans Appreciation Dinner.

Master of Ceremonies this year was Lucky Eagle Casino's Director of Table Games Mark Palmer. himself an Air Force veteran. Everyone stood honoring the posting of the flags by the Yakama Warriors Association. The flags from not only all branches of the military, but also the American flag, the Chehalis Tribe flag, and a flag to honor POWs were posted. The pledge of allegiance was given

by our princesses Riley Smith and Emily Ortivez.

After the welcoming speech by the newly elected chairman, Don Secena, Bob Hawkey gave an awe inspiring invocation. Kenneth C. Wojczynski performed the MIA Ceremony for those who were missing in action. Gone but never forgotten, the ceremony brings

Continued on Page 2

Impact Tribal Discount

One of the favorite benefits for Chehalis Tribal members is the fuel discount program offered at our two End of the Trail gas stations. The stores will be upgrading the software to the discount card system in January. The plan is to minimize any inconvenience or interruption of the discount during implementation. The purpose of this article is to notify and inform Tribal members of these changes. More details will be available at the stores when we get closer to the start date to the new system. At any time you may contact Manny Medina for any specific questions or concerns at mmedina@ **chehalistribe.org** or at his CTE office number 360-273-1251. Alternately, you can stop by his office for a face-to-face meeting during most mornings at CTE.

Why make a change?

New technology is available to the stores. The new system will benefit not only Tribal members but casino patrons and store customers. The new system includes marketing

Continued on Page 3

Tribal Members Gather at the 2014 Annual Meeting

Saturday, November 8 the Chehalis Tribal Annual Meeting tribal members gathered to vote, and discuss tribal business. There was a lot of information shared during the meeting. Minutes were approved. The Treasurer gave his report on how the tribe was doing. Per capita numbers were discussed and issued in November.

Programs set up in the gathering room to share their information and resources that are provided to the general body of the Chehalis Tribe. Many programs had surveys available for tribal



Newly Elected Chairman, Don Secena accepts the keys to the office by David Burnett at the **Annual Meeting.**

members in order to provide better services to the Chehalis

Community. Raffles were used as an incentive to encourage survey participation.

Enterprises

Enterprises managers gave their reports to the general body. They continue to invest in the future economic base of our tribe.

Lucy Eagle Casino: John Setterstrom, General Manager – The Casino has now placed the hotel under their umbrella. John Setterstrom also discussed the plans for the future by building a

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attention to those who never came home after the ending of conflicts or wars. This ceremony never leaves a dry eye in the room.

After a blessing of the food from Dan "Bones" Gleason, dinner was served. During dinner the Chehalis Canoe Family sang and drummed. The Canoe Family has joined the event several times before, and always gives a wonderful and respectful performance.

Patriotic Speakers: Curtis DuPuis of the 5th Special Forces shared with the audience on the similarities between native culture and the MIA Ceremony for loved ones lost. The ritual of the MIA ceremony and the meaning of each item are similar to tribal ceremonies where each part of the ceremony and each item used have deep meaning.

Major General Thomas R. Tempel Jr. enlightened the crowd with his simple way of looking at war in general. Bringing laughter and healing, he shared his Army career, and background in the medical corps. He believed that health and support for active duty and veterans comes from the people around them, their friends, spouses, and family.

New to the event this year was a food drive for the Joint Services Support/Family Programs group. The food drive donations went to veterans in Thurston, Lewis, and Grays Harbor counties, keeping it local. On top of the food drive was an amazing donation of TEN cooked turkey dinners, which were delivered to disabled and senior veterans in Grays Harbor and Thurston counties. This donation from tribal members made a truly memorable Thanksgiving for those veterans.

Many Thanks go out to the volunteers who planned resources and money to buy giveaway prizes: Jenny Howe, Vanessa Youckton, Jo Aldrich, Gigi Fisher, David Jessen, Joe Talotta, Merrill Goldstein, Shawna Bruce, Dee Draeger, Gloria Jones, Nancy Romero, and Nicole Schwall.

A special thanks to the Chehalis tribal youth for their help that day. Your help was appreciated! There were too many to mention.



Tribal discounts continued from page 1

features such as coffee club, reward program and other store discounts and promotions. Not only will it manage Tribal discounts, but it will allow casino points to be redeemed at the stores.

The Tribal discount program will be first. The casino program will follow and then a store reward program will be last to roll out.

Who is eligible for the fuel discount?

Per an outstanding Business Committee resolution from many years ago, the fuel discount is offered to enrolled Chehalis Tribal members only. This is the reason why the Tribal member card is used.

When is the last time the old cards will work to get a discount?

The target date for the new system is Monday, January 5, 2015. The old cards will work through Sunday, January 4, with the potential for some down time during testing in December.

Will the fuel discount not be available at any time during implementation?

Unfortunately, that means the current discount system will be offline during December at certain times on certain days. This means there may be a period of time when the fuel discount is not available. This is a system limitation that we have to accept.

The stores will not give a discount nor give a refund if the Tribal member buys fuel during this time. However, we will try to post testing dates at the stores a couple of days in advance of the testing days.

Please be patient with us as this downtime is needed to install the new system and test it. Please be courteous to store personnel at these times.

How will the new system be added to my Tribal member card?

All Tribal member ID cards will have to be reprogrammed to use the new system. You do not need to get a new Tribal member ID. To make this easier for everyone, we are holding a special event at EOT 2 on January 5, 2015 from 8:00 am to 4:00 pm. During this event you can get your tribal ID reprogrammed and enjoy refreshments provided by the store while you wait.

You will be required to get your tribal ID reprogrammed to take advantage of your Tribal fuel discount starting January 5, 2015.

How do I update my Tribal ID after January 5, 2015?

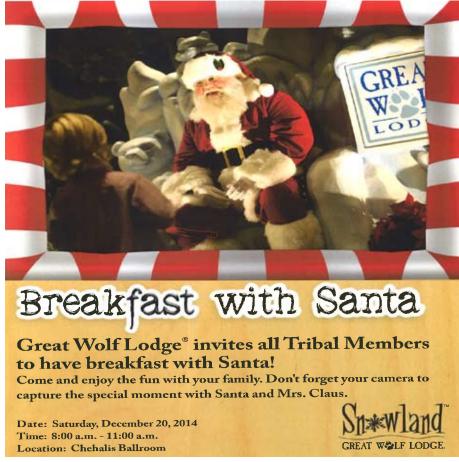
If you are unable to make the event on January 5, you can stop by EOT 2 and see Lisa Turner (the store's bookkeeper). She will reprogram your ID card. Lisa's hours are Tuesday through Saturday from 5:30 am to 1:30 pm.

How will the new system be different from the old one?

With this new program, Tribal members are only able to have one active Tribal ID with the fuel discount feature. So if you lose, misplace, or the card simply doesn't work, Tribal members would have to get a new card from enrollment and come to the EOT 2 store and get the new card reprogrammed.

Once the new card is issued the old ID card will be deactivated automatically. This is a similar as to when you lose your debit card or credit card.

New cards from enrollment will not be activated for the Tribal fuel discount.





Tribal Health and Wellness News

The Lifestyle Balance Program Coming in March, 2015



What: Weekly classes on Healthy Eating and Being Active

When: TBA starting in March Where: At the Chehalis Tribal Wellness Center



If you're interested in learning to eat healthier and learning how to be more physically active, then this program is right for you!

To learn more about this program please contact Pat Odiorne, at 360-273-5504 EXT. 1884 or email: podiorne@chehalistribe.org or Christina Hicks. at 360-709-1741 or email: chicks@chehalistribe.org. You can stop by the clinic to see them too.

The goal is to help people lose at least 7% of body fat, and give you the tools to continue with living a more physically active and healthy lifestyle.







Cervical cancer is highly preventable because screening

tests for cervical cancer and vaccines to prevent human papillomavirus (HPV), which is the main cause of cervical cancer, are available. However, half of cervical cancers occur among women rarely or never screened for cancer, and another 10%-20% of cancers occur among women who were screened but did not receive adequate follow-up care. When cervical cancer is found early, it is highly treatable and associated with long survival and good quality of life.

For women aged 21-65 years, regular cervical cancer screening can help prevent cancer. The PaP test detects precancers, which are cell changes on the cervix that might become cancerous if they are not treated appropriately. Women should start getting Pap tests at age 21 years old.

To help prevent cervical cancer, vaccines are available to prevent HPV infection. HPV vaccines offer the greatest health benefit to persons who receive all 3 doses before exposure to HPV through sexual activity. Routine HPV vaccination is recommended for girls and boys at age 11 or 12 years. Vaccination also is recommended for females through age 26

years and for males through age 21 years who have not been vaccinated previously. Any man who has sex with other men, and men with compromised immune systems (including human immunodeficiency virus infection), also may be vaccinated through age 26 years.

Information about HPV vaccines is available at http://www.cdc.gov/hpv/vaccine.html

Additional information about CDC programs that promote early detection and treatment of cervical cancer is available from the National Breast and Cervical Cancer Early Detection Program at

http://www.cdc.gov/cancer/nbccedp

At the Chehalis Tribal Wellness Center, we have two women health care providers who can talk to you more about cervical cancer and screening guidelines that are best for you. To make an appointment call the Chehalis Tribal Wellness Center at 360-273-5504 with Molly Mellon or Catherine Cassey. You could also talk to Christina Hicks, Community Wellness Program Manager at 360-709-1741.







Protect Your Family Against Pertussis (Whooping Cough)

You may have heard on the news that 13 students at Roosevelt High School in Seattle have been diagnosed with pertussis (Whooping Cough). All or most of these students had been vaccinated. If anyone asks about this here are some talking

- Vaccines are generally about 80-90% effective against the disease we're trying to prevent. We don't know why some people don't respond to
- Vaccine effectiveness decreases over time and the thought now is that pertussis vaccine immunity lasts anywhere from 2-10 years, with no real predictability as to who will be the 2versus the 10- year folks.
- This outbreak demonstrates why we **SHOULD** vaccinate rather than prove there's no point to it. If 100% of the people are vaccinated there are fewer carriers and this protects the people who can't get vaccinated or are "nonresponders" to the vaccine.
- For pertussis in particular, if you get this disease you will have the "whooping" cough for about three months and cough medicine is generally ineffective. Additionally, any cold or other respiratory illness you get for the next year will often re-trigger the "whooping" cough.
- Who should get vaccinated?
 - ALL people around babies as they cannot get vaccinated until 2 months of age. Babies are the most vulnerable to death from Whooping Cough.
 - ALL pregnant women, during EACH pregnancy (during the last trimester).
 - Anyone who is due for their 10-year tetanus booster.
 - Anyone who hasn't had the pertussis booster in the last 5-7 years, including teenagers.
 - Remind our Elders that having had Whooping Cough as a child does NOT protect you as an adult.

Please contact the Chehalis Wellness Center if you have any questions! 360-273-5504.

Chehalis Tribal Dental Clinic Holiday Toothbrush Promotion

Limited time offered November 1 through **December 31** Mail in rebate (prepaid card)



Ouantities are limited. Contact the Chehalis Tribal Dental Clinic to get yours today. 360-709-1659



(Women, Infants, and Children)
provides healthy foods and
nutrition information for you and your
child up to age 5.

For appointments or questions, contact:
Deb Shortman at 360-709-1689
Debbie Gardipee-Reyes
360-462-3227 or gardipee@spipa.org
Patty 360-462-3224
SPIPA main number: 360-426-3990
WIC Dates

1st Thursday each month 9:00 AM — 3:00 PM
Chehalis Wellness Center (dates and times may change)

Winter Physical Activity Challenge

The Spokane Tribe of Indians has challenged the entire Portland Area Tribes, the Portland Area Indian Health Service, and the Northwest Portland Area Indian Health Board to a physical activity challenge.

The rules of the challenge: Participate in physical activity at least 150 minutes per week, or 30 minutes for at least 5 days out of the week. The 30 minutes of activity can be broken down into 10 minute time increments. If you work during the day and have family to take care of in the evening, no problem. We recommend a way you can stay active is to walk 10 minutes during your morning, lunch and afternoon break.

The contest will start on Monday, January 5th 2015 and run to February 13, 2015; a total of 6 weeks.

If you would like to participate, please contact Christina Hicks, Community Wellness Manager at 360-709-1741 or email chicks@chehalistribe.org

Prepare Your Home for Winter



freezing weather has arrived, we should all be prepared to keep our home warm

Now that

and dry this winter. One thing to look out for is frozen pipes. A few minutes preparation can save you thousands of dollars in water damage to your home.

Here are a few ways to prevent frozen pipes in your home:

- Keep garage doors closed if there are water supply lines in the garage.
- Unhook your garden hose and wrap your outside faucets, especially if you have an older house built before 1985.
- Open kitchen and bathroom cabinet doors to allow warmer air to circulate around the plumbing, especially if you have an older house built before 1985.
- When the weather is very cold outside, let the cold water drip from the inside faucets served by exposed pipes. Running water through the pipe - even at a trickle - helps prevent pipes from freezing.
- Keep the thermostat set to the same temperature both during the day and at night. By temporarily suspending the use

of lower nighttime temperatures, you may incur a higher heating bill, but you can prevent a much more costly repair job if pipes freeze and burst.

■ If you will be going away during cold weather, leave the heat on in your home, set to a temperature no lower than 55° F.

If you think your pipes may be frozen, here are a few ways to thaw them safely.

- If you turn on a faucet and only a trickle comes out, suspect a frozen pipe.
- Keep the faucet open. As you treat the frozen pipe and the frozen area begins to melt, water will begin to flow through the frozen area. Running water through the pipe will help melt ice in the pipe.
- Apply heat to a section of pipe, starting at the faucet and working back, using an electric heating pad wrapped around the pipe, an electric hair dryer,

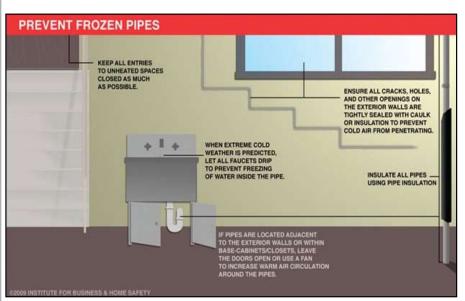


or by wrapping pipes with towels soaked in hot water. Do not use a blowtorch, kerosene or propane heater, charcoal stove, or other open flame device.

■ Apply heat until full water pressure is restored. If you are unable to locate the

> frozen area, if the frozen area is not accessible. or if you cannot thaw the pipe, call a licensed plumber.

■ Check all other faucets in your home to find out if you have additional frozen pipes. If one pipe freezes, others may freeze, too.



SALMON DEFENSE AND THE LEGACY OF BILLY FRANK JR.

Salmon Defense Looks Ahead as They Appoint New Chairman

The recent passing of Billy Frank Jr., one of the most recognizable advocates of Native American fishing rights, has placed a spotlight on his legacy and the non-profit organization Salmon Defense.

"Salmon Defense was a piece of Billy's vision, it is part of his legacy and today we are strong and committed to aggressively advancing and continuing the work of protecting the salmon that sustain us, and the Eco-systems that sustain them. Our time is now, we are Billy's salmon warriors, join us," stated Fran Wilshusen, Executive Director of Salmon Defense.

As chairman of the Board of Directors, Frank was instrumental in the mission to "protect and defend Pacific Northwest salmon and salmon habitat." Salmon Defense works to advocate, educate and litigate for the salmon.

"I hear Billy say that we have to fight for the salmon. The salmon can't get out of the river, we have to be their voice. I look forward to the leadership of Bobby, so we can fine tune that effort and be more engaged. It is time to step up and be this voice," commented Fawn Sharp, President of Quinault Nation.

Robert Whitener of Squaxin Island will take over the position as chairman of the board. He will continue the efforts to protect the salmon and carry on Frank's vision through Salmon Defense.

"I am both excited and saddened to become the Chair of Salmon Defense. I am saddened that our former Chair, Billy Frank Jr. left us too soon and that his wisdom and presence will be greatly missed. I am excited that I will be able to continue to work for Salmon Defense. I believe the work we have done in the past has been effective and see much more work in the future to protect our salmon. I look forward to being part of the future successes for Salmon Defense," explained Whitener when he was asked about his transition to chairman.

Created in 2003, Salmon Defense was established by the 20 treaty tribes in Western Washington. The purpose of this non-profit is to solely focus on the livelihood of salmon and their habitat. This is done through the education of young people and increased awareness amongst the public. In order to honor Frank, Salmon Defense has built the Billy Frank Jr. Salmon Forever Fund.

The Salmon Forever Fund was created to honor and preserve the vision and work of Frank to protect the salmon. This trust will provide scholarships for native students, fund restoration projects and participate in litigation involving salmon.

Frank was a fierce advocate for the salmon and native fishing rights since 1945 when he was 14, the age he was first arrested for fishing. Frank continued to fight for the salmon through protests, "fish- ins" and support of lawsuits.

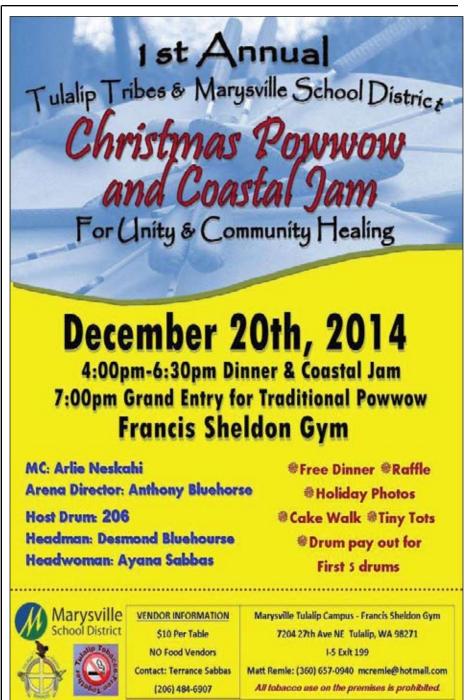
In 1974, the Boldt Decision ruled that most Native American Tribes in the Northwest had the right to catch up to half of the harvestable

salmon. Previously, fishing had been confined to the tribal reservations. Even after this ruling, Frank never

stopped his fight for the salmon.

Although Frank has passed, his legacy still lives on, and Salmon Defense will continue to ensure his efforts to protect the salmon are never forgotten and his legacy advanced through the Salmon Forever Fund.

For more information, please contact Tessa
Turnbow by phone at 360-888-2753 or by e-mail at tessat@whitenergroup.biz



Chehalis Tribal Enrollment Identification Cards

Any tribal member who needs to get a Tribal Identification Card, contact Chris Ortivez at 360-273-5911. Please schedule an appointment at least two days in advance.

If Chris is not available when you stop by her office, and you already have a card on file, you are welcome to pay for your I.D. in the accounting office. Leave a copy of the receipt with our receptionist Jennifer. I can print your card and either mail it to you, or you can stop by later to pick it up.



Northwest Justice Project Free Legal Advice Clinic

For low-income Community members of the five Tribes SPIPA serves

An attorney from the Northwest Justice Project will be coming to the South Puget Intertribal Planning Agency's (SPIPA) Squaxin Island Office the third Friday of each month unless noted to provide free legal consultations to eligible tribal members on civil legal matters (not criminal). Legal issues may include (among other things): Consumer – payday loans, debt collection, repossessions; Driver's license reinstatement; Education – suspensions, expulsions, special education; Employment issues; Family Law – child custody, child support; Health Care and Welfare Benefits; Housing – evictions, foreclosures; Indian Wills and Estate Planning.

UPCOMING CLINICS:

Friday, December 19, 2014 Friday, January 16, 2015

10:00 AM – 3:00 PM AT SPIPA'S OFFICE AT SQUAXIN ISLAND TRIBE 3104 S.E. OLD OLYMPIC HWY.

PLEASE MAKE SURE TO BRING ALL THE PAPERWORK RELATED TO YOUR LEGAL PROBLEM. NO APPOINTMENT NECESSARY. If you prefer to schedule an appointment or for more information please call Janel Riley at (888) 201-1012 ext. 631

Disclaimer: All dates and times are subject to change. Please call the contact numbers to verify the information regarding the event.



Chehalis Tribal Newsletter

The Confederated Tribes of the Chehalis Reservation...

"People of the Sands"

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Chehalis Tribal

Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs, and drawings to be considered for publication. These are subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal community members and staff. Submission deadline: 6th of each month Printed monthly

Tribal Center (360) 273-5911

420 Howanut Road Oakville, WA 98568 (360) 709-1726 (office) (360) 273-5914 (fax) fshortman@chehalistribe.org

Chehalis Tribe's Vision Statement

To be a thriving, self-sufficient, sovereign people, honoring our past and serving current and future generations

Business Committee

Don Secena, Chairman Harry Pickernell, Sr., Vice Chairman Farley Youckton, Treasurer Cheryle Starr, Secretary Dan Gleason, Sr., 5th Council Member



H	appy Birt	hday to Tri	bal Meml	bers Born	in Decemb	er
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Joshua Chum Ruben Chum Justin Karl Derrick Klatush Natasha Moore	Victoria Flores Aaron Youckton	Hunter Ortivez Madyson Pickernell	Leah Secena Alexa Strawder	Nancy Black Zachary Hofstetter Andrea Robertson	6
7 Nathan Patterson Jacob Secena Kirsten Secena Jerry Youckton	8 Marie Bird Samuel Starr- Wright	9 Monica Lopez	Alyssa Fern Jason Lyons Rebecca Youckton-Legg	Phillip Bush Shirley Gunnels Randi Robertson Roberta Youckton	Mary Weber	Kaileen Bray Jasmine Esparza- Klatush Melanie Hjelm Crystal Jones Adam Medina Rebecca Potter
14 Chase Beckwith Anthony Olney Eugene Ortivez	15 Libby Penn	16 Jeanette Whiteclaw Loren Klatush	17 Kindra Youckton	18	19 Wilma Graciano Jeana Nyland Anthony Soeby	20 Jonah Brown Justin Irizary Glenda DeLaMater
Craig Burns Michael Simmons	Allison Goldman Jeremiah Jones- Baker Braden Yawn	Shania McCloud	24 Laela Baker Shawn Goddard Elijah Revay	John Bird Ashton Boyd Ella Camp Kim Starr Bladen Zahner	26 Yvette Fulton Helen Sanders	Rachel Cortes Richard Hill Katelyn McCloud Kly Meas III
Edmund Myer	Koner Burnett Lana Cosman	Dyani Cayenne Roseabell McAllister James Quilt Joshua Sanchez	Lance Burgess Cayden Klatush	Happy Birth Prince Kly	day Happ	py Birthday Melanie
Happy Birdhday i Aaron Youck Rebecca Leg Zacharlah Le Kindra Youck Anabelle Youc	to row fon 38 38 ton	Zack	Happy Birthday Veronica Johnson Orinda Goddard Hayden Murrell We Love You!	We Love you so Love Dad Grandma An Papa Joe	Anna, Anna	you bunches na & Family
Shawn Godda We Love Yo	ard I	ove Mom		Happy Birthday t lil' brother Ri Make it a great or	to my ck ≪3 A	py Birthday len Zahmer untile Arma
HAPPY "8"BIR DYANI DEERI JACY CAYEN WE LOVE YOU GRANDPA D GRANDMA M MOM AND DAD A HAPPY HAPP DYANI.	MOON NNE OU, ON, IARY, IARY,			Anna Happy Birthd John Bird! hope your birth s awesome as your With Love, Ann Family	ay day is ou are	py Birthday Eugene! With <3 na & Family

Heritage and Culture Program News

New Work Hours for Heritage and Culture Coordinators

- Dianne Devlin: Monday through Thursday 10:00 AM 6:30 PM.
- Walter Lewis: Tuesday through Friday 10:00 AM 6:30 PM.

The culture coordinators will be working with the children in the Youth/Education services through the winter months.

■ Lynn Hoheisel: Monday through Thursday 8:00 AM - 4:30 PM. Their Lunch time is 12:00 - 12:30 PM. Lynn is available to help with family tree research, and documenting, or copying pictures for you.

ALL TRIBAL MEMBERS are welcomed to come in and use the sewing room for projects or for arts & crafts. Staff can be available to assist you if needed.

PLEASE CALL Lynn Hoheisel to schedule dates and times you would like to use the room for your projects or just drop in anytime before the end of the workday. Share with Lynn about the projects you would like to use the room for. Our program has seven sewing machines available to use for sewing projects.

For more information contact Lynn at the Community center in Heritage Room or call

360-709-1748

LONGHOUSE EDUCATION AND CULTURAL CENTER Awarded Governor's Heritage Organization Award

(Olympia, Wash.): The Longhouse Education and Cultural Center at the Evergreen State College was presented with a 2014 Governor's Arts and Heritage Award from Governor Jay Inslee on Tuesday, October 28th. The award recognizes the Longhouse's nearly twenty year record of making broad and lasting impacts in both contemporary and traditional Native arts and cultures throughout Washington State, across the nation, and in many places around the Pacific Rim. The Longhouse is dedicated to indigenous arts and culture, having achieved excellence in work encompassing education, cultural preservation, creative expression, and economic development. Part of this work includes hosting thousands of indigenous artists from across the globe for workshops; convening regional, national, and international stakeholders to foster and promote Native artistic expression; facilitating the marketing and sales of indigenous works; and gathering Native peoples from Washington, the greater United States, and the Pacific Rim

to learn from one another's cultural practices, values and traditions.

The Longhouse received congratulations from Senator Patty Murray, who stated, "Your organization's efforts to encourage cultural exchanges and your dedication to preserving indigenous arts and culture have truly been a benefit to our state and our nation." State Senator John McCoy (Tulalip) also offered a message of commendation, "Thank you for your extraordinary contribution to, and perpetuation of traditional knowledge, arts and cultural customs of the Northwest indigenous peoples. Your work enriches community through arts education, and culture of Washington State."

Of the Longhouse's longtime work, Les Purce, President of the Evergreen State College said "There is nothing more extraordinary in my mind than the evolution of our Longhouse – the first such Longhouse in the nation. Much of that is attributable to the

extraordinary leadership of Tina Kuckkahn-Miller. Through her efforts, her imagining, her incredible skill, the Longhouse is now on the international landscape. Over the years, she has had a vision, she's built community and connections internally on campus with faculty and staff and she's worked with Native American people in the Northwest, in the country and now with other indigenous people around the world in translating the vision of the House of Welcome to a service center for the college and for our region that is matched nowhere."

The Longhouse nominated two of the other honorees for awards this year: Johnpaul Jones (Cherokee and Choctaw) of Bainbridge Island, who won the Heritage Individual Award for his lifetime career as an artist and architect that has brought prestige and honor to the state of Washington. Johnpaul Jones is currently working with the Longhouse to build a new Fiber Arts studio on the campus of the Evergreen State College. Also nominated was Earl Davis

(Shoalwater Bay) of Tokeland, who was awarded the Young Arts Leadership Award for his work at his tribe's heritage department in revitalizing the Southwest Coastal arts in a rural remote area of Washington State.

Other Awardees are: the Arts Council of Snohomish County (The Schack Art Center) of Everett, which won the Arts Organization Award, the Arts Organization Leadership Award went to Speight Jenkins (Seattle Opera), and the Individual Artist Award was given to Norie Sato of Seattle.

The Longhouse Education and Cultural Center, "House of Welcome," is a public service center located at The Evergreen State College. Its mission is to promote indigenous arts and cultures through education, cultural preservation, creative expression and economic development.

For more information about the Longhouse, visit **www.evergreen.edu/longhouse**.

Chehalis Tribe Students of the Month

Gary Ortivez (9-12)



Gary Ortivez is a senior at Oakville High School who is putting up impressive numbers in the classroom and on the basketball court, both of which can be attributed to his work ethic.

When questioned as to what makes

him a successful student he responded "I am determined to pursue my education to the next level and bring it back to my people. My advice to the youth is you have to get your work done before you play. Never wait until the last minute."

Gary has spent a lot of his time here at the community center volunteering on outings with the youth program and sharing his court skills with children who want to learn.

After his final year of high school Gary plans to obtain a degree from a university in American Indian studies. With the help of Racheal Mendez, Gary has been sending out applications to many universities and hopes to hear back from them soon.

From the Education Department

As a reward for their commitment to school and personal growth, each student of the month will receive a \$50.00 gift card.

Congratulations. Keep up the good work!

Chayse Youckton (6-8)

Chayse Youckton is in the 8th grade at Rochester Middle School and has maintained a 3.4 GPA for all three years of junior high. A true passion for Chayse is math. While being his favorite subject, Chayse has also joined the math club, an after school program that allows him to find fun new approaches to a subject he enjoys. He is also a participant in the band where he plays percussion, something he hopes to continue through his high school career and expand on as his skills increase.

When asked what advice he had for his fellow classmates and the students that will follow him, Chayse replied "Remember, the teacher does not want to give you bad grades. They are there to help you and want to see you succeed. If they want to help you, take it" Chayse has been a successful student based on his determination. He refuses to give up when situations get tough and the amount of work seems overwhelming. He stays focused and learns how he can fix what is wrong.

After high school Chayse plans to attend college, seeking a degree in engineering or architecture. As of right now, a first option is the University of Hawaii and who could

blame him. As a fall back he would like to open a small business catering to the needs of the whole family. Something akin to the trading posts of old while continuing to create blueprints and dream big.



Courtney Price (K-5)

Courtney Price is a 3rd grader at Grand Mound Elementary School. Courtney is an avid reader. He says when he is reading he really gets into the story and likes the characters he hears about. When asked what qualities make him a great



student he responded "I am trying to be a better reader all the time and I am a good friend". This shows here at the youth center. You can often see Courtney helping other students complete assignments before going out to play.

One of his major interests has become wrestling. He is on the wrestling team for his school. It is his first year and he feels he is learning a lot and hopes to learn more as the season progresses.

After he finishes high school Mr. Price has aspirations of attending college to become a teacher. His advice to any of his fellow students and friends is "Work hard and then you'll get a reward.

Attention Thibal Members

If you feel that your child should be nominated for student of the month, please contact Jodie Smith at jsmith@chehalistribe.org or 360-709-1897. State the reason why your child should be considered.

Deadline is the last Friday of each month.

Tribal Big Brothers Big Sisters Program





The Tribal Big Brothers Big Sisters program is looking for volunteers. We have tribal little's waiting to be matched. These little's are looking for one to one time with

a high school or adult big from the community to play games with, do arts and crafts with, and participate in youth center or cultural activities with. If you would like to become a volunteer big or want to know more about the program.

PLEASE call Cindy Medina any time.....

360-628-7120

Active play feels great!



Help your children run, jump, and play. Encourage about 2 hours of active play time every day. Have fun!



CHIBITALIS TIRIBALILOAN FUND NIEWS

The Chehalis Tribal Loan Fund offers several types of loans:

- Business
- Home Improvement
- Debt Consolidation
- Fireworks

We also assist people in pulling their credit scores, and finding ways to boost their scores.

We offer many types of training, including:

- Providing Excellent Customer Service Skills
- Indianpreneurship How to write a Business Plan
- Youth Come play a How to budget your per capita game.
- Budgeting
- What is your Money Color?

Julie Burnett, Executive Director 360-709-1831

or

Diana Pickernell, Loan Coordinator 360-709-1631

Here is a guide to Budgeting Holiday Gift Spending:

- 1. List whom you want to shop for. (Friends, relatives, teachers, pets, etc)
- 2. Determine how much you can afford to spend on gifts. Set this figure as your overall holiday gift budget.
- 3. Divide your gift budget among the people on your gift list. Total up the expected spending for each person, and make sure it does not exceed the gift budget on step 2.
- 4. Brainstorm gift ideas. Jot down gift ideas that fall within the budget range that you've set for each person.
- 5. Track your spending throughout the season. Track your spending, and calculate how much over or under you are for each person.
- 6. Tweak your budget to cover any instances of overspending. Don't panic if you overspend on a gift, just scale back your spending on another gift to make up for it.

See the Gift Spending Worksheet.

Devin Huffstetler FrugalLivingAbout.com

Date_

toliday Planning

Gift Spending Worksheet

Name	Gift Ideas	Budgeted Spending	Actual Spending	Amount Over or under
		\$	\$	\$
		\$	\$	\$
		\$	\$	\$
	1.1700000000000000000000000000000000000	\$	\$	\$
		\$	\$	\$
		\$	\$	\$
		\$	\$	\$
		\$	\$	\$
	 - Additional Control of the Control	\$	\$	\$
		\$	\$	\$
		\$	\$	\$
		\$	\$	\$
		\$	\$	\$
		\$	\$	\$
MEAN TO		\$	\$	\$
		\$	\$	\$
	TOTALS:			

USDA Roods - Distribution Dates

Pickup is at the Community Center from 10:00 AM to 1:00 PM

December 16 January 22 February 19

If you, or a member of your household, are enrolled in a federally recognized tribe.



For more information please call the SPIPA Food Distribution Warehouse

360-438-4216

Monday through Friday between the hours of 8:00 AM until 4:00 PM.

One of our staff will be happy to assist you in applying for this program.

What do I do if... the Power goes out?

Emergency information Phone Line: 1-866-623-8883

For power outages call:

Grays Harbor PUD: 1-888-541-5923
Thurston County: 1-888-225-5773

When will an Emergency be declared? Emergencies will be declared by the Emergency Manager.

When do I call the Emergency Phone Line? Any time you are concerned about adverse weather, power outages or other emergency situations. What happens once the emergency is declared? Once an Emergency is declared the emergency line will be updated with the appropriate information regarding the situation.

Can I go to the Hotel? The Hotel has been designated as a safe center during times of emergency. It is being reserved for At-Risk individuals who are not able to be safe and have their needs met in the community center.

Who do I call if I need help? For life threatening emergencies call 9-1-1.

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* Return Service Requested

FirstName LastName Street Address City, ST Zip

CHEHALIS TRIBAL EARLY LEARNING PROGRAMS NEWS

In November, Chehalis Tribal Early Learning was visited by Pat Odiorne, Wellness Center Dietician, to highlight food experiences. The children always look forward to having Pat share the fun that food brings.

The Head Start teachers invited families for their November Parent/Teacher Conferences. The conferences went great! Parents of children at our center are now able to access their children's developmental progress on Teaching Strategies Gold.



Elders and families enjoy the dinner provided by the Early Learning Programs for a Thanksgiving feast.

Our Annual Thanksgiving Dinner brought together tribal elders, family and friends. We would like give a big thank you to the Lucky Eagle Casino & Hotel for their generous meal donation. Also, a big thank you to Food Services of America for the donated pies for raffles. Each classroom made a personalized thank you to John Setterstrom and all his team members who cooked and delivered the delicious turkey dinner with all the trimmings.

In December our schedule changes:

Monday, December 22 - Child Care Only
Tuesday, December 23 - 26 Entire CTELP Closed
Monday, December 29 and
Tuesday, December 30 - Child Care Only
Wednesday December 31
and Thursday, January 1 - Entire CTELP Closed

Happy Holldays to you and your family!

Meeting continued from page 1



David Burnett was gifted a beautiful cedar paddle honoring his many years of service for the Chehalis Tribe.

parking garage and other improvements to the casino. These changes will enhance and entice more people who frequent the casino and hotel.

Great Wolf Lodge: Patrick Alverez, General Manager – They have added a zip line to entertain guests visiting the lodge. There are plans for tribal artists to sell their artwork in the gift shop. He continued to encourage tribal members to enroll in the training program. It is a great way for those looking for employment within the Great Wolf Lodge. He reminded tribal members to come and have breakfast with Santa on the Saturday, December 20.

Chehalis Tribal Enterprise: Rodney Youckton, Manager – The Grand Mound property is now being leased to the newly

built venues, adding to what can be offered in that area. Hopefully everyone received the new newsletter. This newsletter will keep tribal members informed on what

Tribal members talked to programs as they share their resources in the gathering room. PRSRT STD US POSTAGE PAID OAKVILLE WA PERMIT No. 2

Enterprise has been doing. They gave an update on the truck stop property in Tumwater and other properties that the Tribe has purchased in the Grand Mound area for future investments.

The Business Committee approved a resolution to establish an the appropriate enrollement process for those over 18. However, children under the age of 18 do not fall under this and 25 children were enrolled into the Chehalis Tribe.

It was election-day as tribal members voted at the polling booths in the library at the community center. Results of the day, the Tribe had a new chairman, Don Secena, and Vice Chairman, Harry Pickernell. The secretary, Cheryle Starr, Treasurer, Farley Youckton, and Dan "Bones" Gleason Sr., 5th Council Member remained on the Business Committee. It was a long day for those on the election committee and their hard work and dedication was greatly appreciated.

It was an end of an era as David Burnett didn't run in this year's election. He had served 6 terms (12 years) as our tribal chairman. Our Tribe has grown over these years with many improvements for the Tribe. His problem solving skills, thoughtfulness, and quiet demeanor lifted the Tribe to where it is today.

Thank you David Burnett for your time and effort!

