



CHEHALIS TRIBAL NEWSLETTER

The Confederated Tribes of the Chehalis Reservation
"People of the Sands"

May 2015

Free

Youth Programs 2015 Annual Easter Egg Hunt Attracts Children of Many Ages

Thursday, April 2, was the Annual Easter Egg Hunt sponsored by the Youth Center. It was a spectacular day for many of the youth that participated. The girls' softball field was littered with eggs. These eggs were decorated and the plastic ones stuffed with a delightful treat during the week by employees, volunteers and the youth themselves.

Along the fence the children lined up, anxiously waiting to be turned loose to hunt for Easter eggs. There were four special golden eggs for those lucky enough to find them while scavenging. A special prize awaited those that found the golden eggs.

Children were released to search for eggs by age brackets, with the younger children released first,



Children were seen searching the girls' softball field for eggs during the Youth Center's Annual Easter Egg Hunt.

followed by the older ones. If you blinked you would have missed it.

After the Easter egg hunt, children lined up to take a photo with the Easter bunny. After the photo they

were given a chocolate bunny and a bag of candy. It was a sunny day and many families scored with candy, memories and a photo for Easter.

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Harlem Crowns Return to Entertain the Chehalis Community

The Harlem Crowns Basketball team returned to the community center to play against our very own Chehalis Stars on Thursday, April 16. Tony Medina annually invites them not only to display their basketball skills, but also to spread a very important message "Stay Clean of Alcohol and Drugs through Sports!"

It was a very entertaining night of "Clown Ball." The masters of ad-lib brought tears of joy, cheers and laughter to the audience.

Tony recognized Jeff Powell who has been a referee during past games. His health has not



The players and the audience listened to the Harlem Crowns share how basketball kept them away from alcohol, drugs, and gangs.

allowed him to volunteer. He was recognized by giving him a

referee's uniform. He requested

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Tips to Protect Your Family from Sharps

Many people use needles, syringes and lancets—called "sharps"—to manage their medical conditions at home. These conditions include diabetes, allergies, infertility, arthritis, hepatitis, HIV, blood clotting disorders, migraines and cancer. Sharps are also used to give medication to pets and farm animals.

But the haphazard disposal of these devices is putting a lot of other people, including waste-disposal workers, housekeepers, family members and children, at risk of injury and serious infections. The Food and Drug Administration (FDA) has created a new web section with information about the safe disposal of needles and other sharps at <http://www.fda.gov/safesharpsdisal>.

The Environmental Protection Agency estimates that 9 million people in the U.S. use sharps at home—that equates to more than 3 billion disposable needles and syringes and 900 million lancets each year.

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Sharps continued from Page 1

Unfortunately, many sharps used outside of a doctor's office or hospital are thrown in the household trash, and that's hazardous. FDA warns that:

- Loose sharps should never be thrown away in household or public trash containers, toilets or recycling bins and
- A person who is accidentally pricked by a discarded sharp is at risk of exposure to such blood-borne viruses as hepatitis and HIV.
- Message aimed at patients, caregivers.



Examples of "Sharps"

The California Sharps Coalition, a group of organizations focused on the safe disposal of sharps, told FDA it believes that most people hurt by a discarded needle or other kind of sharp do not report the injury.

Even if injuries do not cause infection, they can have significant psychological and financial impact on the person who has to be tested and may wait days or weeks to know if he or she has contracted a disease, the group says.

Janesia R. Simmons, a public health advisor in FDA's Center for Devices and Radiological Health, says that people using sharps often do not know the safest way to dispose of them. "In addition, family members and other caregivers who are taking care of someone in their home may not know what to do," she says.

Simmons says FDA's message primarily targets patients and caregivers. The agency recommends that used sharps be immediately placed in a sharps disposal container. FDA-cleared sharps containers are generally available through pharmacies, medical supply companies, health care providers and online. These containers are made of puncture-resistant plastic with leak-resistant sides and bottom. They also have a tight fitting, puncture-resistant lid.

If an FDA-cleared container is not available, some organizations and community guidelines recommend using a heavy-duty plastic household container, such as a laundry detergent container, as an alternative.

Disposing of sharps containers

There are a number of ways to safely dispose of the sharps containers. When the sharps disposal container is about three-quarters full, follow your community waste guidelines for disposing of the container. These guidelines vary depending on where you live. Local trash collection departments or health departments may have information about sharps disposal programs. In general they include:

- Drop boxes: Collection sites are located at doctors' offices, hospitals, pharmacies and police or fire stations.
- Hazardous waste sites: Public collection sites for hazardous materials (e.g., paints, cleaners and motor oil) may also accept sharps containers.
- Residential pickup programs: Some communities have pickup services for waste that includes sharps containers.

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Easter continued from Page 1



Golden Eggs Winners.

Men's Colon Health Outreach Dinner



Ate'ha Triance, Patient Navigator encourages men and women to be tested for cancer.

By Christina Hicks, Community Wellness Manager

On Thursday, April 9, 2015 at the Chehalis Tribal Community Center's Gathering Room, the S.P.I.P.A.'s Colon Health Program hosted a Men's Colon Health outreach event.

There were 25 people in attendance. The event started with a healthy dinner, Spaghetti and Green Salad, prepared by the prevention team

staff. Christina Hicks welcomed everyone and did the opening prayer. Dr. Lance Ray did a slide show presentation on Colon health, Lung and Prostate Cancer. Afterwards the audience participated in the Question and Answer session. It was very informative as he answered a variety of good questions.

There was a raffle for all men who attended the event, some of the items raffled were: Cabela gift cards, Pro Bass gift cards, Seahawks items, fishing gear, electric smoker and chainsaw. This event was sponsored by the SPIPA Colon Health Grant.

Colorectal cancer can be prevented through early detection and treatment of Pre-cancerous conditions. This continues to be our first line of defense for those diagnosed with colorectal cancer.

We are lucky to have the colon health program, which is a grant run through SPIPA, and includes the 5 SPIPA tribes: Chehalis, Nisqually, Shoalwater Bay, Skokomish and Squaxin Island. They also include Cowlitz and Quinault tribes. At each site they have a patient navigator for the program, the patient navigators have been trained in colorectal cancer outreach, screening and tracking. They insure all those eligible and recommended for colorectal cancer screening are screened and followed up in a timely manner.

CHP serves men and women who:

- Do not have health insurance or are under insured with high deductibles.
- Have incomes up to 250% of the Federal Poverty Level.
- Are above the

age 50 (under 50 if at increased risk for colorectal cancer, and those over 64 who do not have Medicare Part B).

- Receive services from the seven contract tribal health clinics of SPIPA.
- Are asymptomatic for colorectal cancer.

If you would like to know more about the Colon Health Program, please talk to one of the Health Care Providers here at the clinic

360-273-5504 or
Ate'ha Triance, Patient Navigator at
360-709-1774.



Raffle items being give to the luck winners at the Men's Colon Health outreach Dinner.

Crowns continued from Page 1

that the Harlem Crowns autograph it for him and was met with a huge round of applause.

At half-time each member of the Harlem Clowns gave a speech on what inspired them to remain clean and sober from alcohol, drugs and gangs.

Many grew up in the inner-city and there were bad influences all around them. Through sports they kept busy and continued to chase their dreams of playing basketball at the next level.

At the end of the game the children took the opportunity to have their basketball signed by

the Harlem Crown players. These basketballs are donated by the youth center. The children promise to stay clean and pursue a sport that would keep them alcohol and drug free. It is always a fun and entertaining night for everyone who comes to watch.

Watch for Flyers!



Tribal Health and Wellness News

Transportation to Medical Appointments

Transportation to medical appointments will be provided according to the following guidelines:

- The outreach specialist will only be available for transports to medical appointments off the Reservation to: **Olympia, Lacey, Centralia or Chehalis.**
- The request for transportation to a medical appointment **MUST** be made at least 72 hours before the appointment. (The Request must be made on a "Transportation Request Slip"). Transportation scheduling is based on the emergency of the appointment and availability of scheduling times.
- The CTWC outreach specialist will call the patient to confirm the transportation request.
- When less than 72 hours notice is given, the request must be accompanied by appropriate clinic staff. (Such as Nurse, CHS, Doctor). Even though a direct referral is provided, it does not always mean the Outreach Specialist will be available to provide transportation. EACH request will be screened by appropriate supervisor.
- Transportation will be provided **only when no other transportation resource is available.** A person or family with their own vehicle is expected to provide their own transportation.
- **A parent or legal guardian must accompany all children under the age of 18 years old. No exceptions.**
- Transportation will only be provided for medical appointments only. **No side trips will**

be allowed. (e.g., Personal shopping, visiting, or other personal business.) Transportation is provided from individual's home to medical appointment and back to their home.

- The outreach specialist will not provide transportation if the individual is intoxicated or high.
- Transportation may include more than one person being transported simultaneously, if there are more request to the same area at the same time.
- Outreach specialist does not provide meals for the patient.
- Transportation will only be provided for the person and parent/guardian (if person is under age 18).
- Persons needing transportation need to report appointment verbally to outreach specialist and fill out a Transportation Request Slip to the outreach specialist supervisor, to ensure it does not conflict with other transportation appointments.
- Outreach specialist will not provide transportation for Medically Invasive Procedures. Routine visits only.
- Medical appointments must include a referral from CTWC.
- Patient must read and sign the transportation guidelines.

For more information regarding a Medical transportation request, please contact:

Christina Hicks, Community Wellness Manager
at 360-273-5504 Ext. 1741

Or email: chicks@chehalistribe.org

Community Outreach Corner

Greetings, I am Mary Secena and I work with the Elders doing transport to doctors appointments if needed, and I deliver Elder's meals everyday.

There have just been a few homes that have dogs and one of our co-employees got bit. Now we have to honk our horns, and wait for someone to come out. Otherwise, it's a pleasure to visit them for a few minutes and listen to their story, and see how they are doing. I call their Rx in if they need refills, or anything else.

I go to Safeway everyday to pick up Rx for the Clinic. This is for the people who still get their medications from Safeway and not Kirks in Olympia.

I really enjoy my job and love to listen to the Elders share stories about the past and wish I had more time to listen to them. It a pleasure working for the Chehalis Tribe and I'm available at the Chehalis Wellness Clinic 360-709-1758.

Thank You ~ Mary Secena,
Community Outreach

Dinner will be provided

First come first serve basis on craft activity. Limited supplies

Blood Sugar Screenings and Blood Pressure checks will be also done for those who would like.

Chehalis Tribal Wellness Center
**SPIPA—COLON HEALTH PREVENTION
SDPI—DIABETES PREVENTION PROGRAM**

&

**NWWP—NATIVE WOMEN'S WELLNESS PROGRAM
PRESENTS:**

SPRING INTO PREVENTION

**CRAFT SESSION WHERE EACH
PREVENTION PROGRAM WILL DO
DIFFERENT ACTIVITY
WITH OUR TRIBAL COMMUNITY ON**

**THURSDAY, MAY 28
FROM 5:00 – 7:00 PM
AT THE GATHERING ROOM**

Any questions
please call the Clinic at 360-273-5504.
Ask for Pat, Gloria, Tia or Christina



ATTENTION All CHS/PRC Patients!

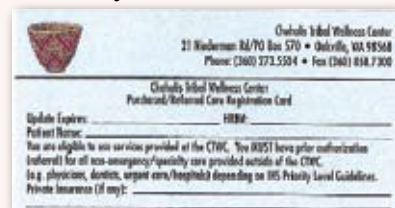
Have you been referred for medical care? Are you receiving medical bills in the mail?

If so please bring them to the Chehalis Tribal Wellness Center so the Purchased Referred Care Department can process and pay them.



New CTWC PRC Available

Are you Contract Health Eligible? Have you received your new ID card? This ID card along with a Purchase Order will help to ensure outside providers are billing the Purchased Referred Care Department quickly and accurately.



If you or your family members have not received their card, please see

Deb Shortman at the
Chehalis Tribal Wellness Center.

Mammogram Clinic

Friday, May 29
9:00 AM to 3:00 PM

Call the Clinic at
360-273-5504

With Swedish Mobile Mammography to make your appointment.

WIC Program



(Women, Infants, and Children) provides healthy foods and nutrition information for you and your child up to age 5.

1st Thursday each month
9:00 AM — 3:00 PM
Chehalis Wellness Center
(dates and times may change)

WIC Dates

May 7

June 4 - Handing out 3 summers
months's WIC vouchers

July 9



Chehalis Tribal Health Fair

Tuesday, September 15

10:00 AM to 3:00 PM

Chehalis Tribal Community Center

For more information in the months to come contact
Christina Hicks, Community Wellness Manager at
360-709-1741 or email chicks@chehalistribe.org

Elders Meal Program

Congregate Meals are for individuals 55 years and older, and:

- Their spouse, regardless of age
- Their dependent children with disabilities living with them

Elder Meals served at the Elder's Center are
Monday – Thursday: 11:30 AM to 1:00 PM,
Friday 9:00: AM to 10:00 AM

There is no application for eating lunch at elder's center, just show up and sign in when you eat lunch.

Congregate meals are important because it provides socialization for elders and allows staff and other elders to interact with them.

Home Delivered Meals are for individuals 55 years and older, and:

- Who meet the Homebound and Frail qualifications (2 ADL's)
- Spouses regardless of age
- Dependent Children with Disabilities
- Caregiver of elders who are receiving a meal.

- Fill out an application packet, includes annual assessment (Home visit) of nutritional well-being. Packet and assessment must be filled out and completed before lunches are delivered.

- Activities of Daily Living (ADL):

- Bathing
- Transferring
- Eating
- Toileting
- Walking
- Grooming
- Dressing
- Continence

Contact Information

If you would like a packet for an elder who may qualify for home delivered lunches, please contact:

Pat Odiorne or Christina Hicks at the
Chehalis Tribal Clinic at 360-273-5504

- If an Elder cannot do two of these without "substantial human assistance," they are eligible for Home Delivered Meals. If they do not meet two of these ADL's they **DO NOT Qualify** for lunch deliveries. **We are currently in a new grant year, so all applications will have to be renewed.**

- Home delivered lunches are delivered starting at 11:30 AM, Monday through Friday.

Spirit Walk - Walk for Native Health



Saturday, May 30
Seattle Center Mural Amphitheater
8:30 - 11:30 AM

Join us for a day of health information resources, gifts, prizes and giveaways. This is a celebration of community members and groups who have raised funds to support the Seattle Indian Health Board. Individuals and groups walk from Seattle Center to Myrtle Edwards Park at the Seattle waterfront (and return) followed by awards and prizes.

After the walk, join us for the **Spirit of Indigenous People** festival from 11:30 AM to 5:00 PM - a celebration of American Indian and Alaska Native culture and tradition. Activities include Native performances, arts and crafts vendors, lectures and displays, music and food. We are excited to bring the two events under one celebration.

Seattle Indian Health Board Website: <http://www.sihb.org/spiritwalk/>

69th Annual Lummi Nation Stommish Water Festival

June 10 - 14, 2015

"In Honor of Our Heroes: Give an hour • Give help • Give hope"

Pageant • Canoe Races • Sla hal Games • Parade •
 Swan Clan Dancers • Carnival • Arts & Crafts •
 Youth Field Events • Barbecued Salmon
 This is a drug and alcohol free event
 • lumminationstommish.com



5th Annual Summer Science Camp



Who: Native American High School Youth (9th-12th Grade)
What: Scientific Discovery & College Experience
When: July 6 - 18th, 2015
Where: Northwest Indian College (Lummi Reservation)
 2522 Kwina Rd. Bellingham, WA 98226

Cost: Free!! Housing, meals and classroom materials will be paid for by a National Science Foundation TCUP Grant

Purpose:

1. To promote interest in **Science, Technology, Engineering & Math (STEM)**
2. To provide opportunities for Native American High School students to experience STEM programs, research and professions at NWIC
3. To familiarize students with the college enrollment process and on-campus student life

Workshops - Students will be participating in lessons on subjects like:

Marine Science	Botany
Geology	Computer Science
Rocketry	Forestry

Experience:

- Financial Aid and Admission Process
- College Dormitory Living
- Off- Campus Field Trips

Visit the *Northwest Indian College* online at
<http://www.nwic.edu>



This event is sponsored by a National Science Foundation TCUP Grant

To sign up just contact Nathanael Davis (ndavis@nwic.edu or 360.392.4271). Students who complete the two weeks of camp will earn **\$200** for attending. There is only space enough for 20 students, so... **Sign up soon!**



2522 Kwina Road Bellingham, WA 98226 360-676-2772 Toll Free: 1-866-676-2772 Web: www.nwic.edu

Tenth Annual Vine Deloria, Jr. Indigenous Studies Symposium



Hosted by
Northwest Indian College
Lummi Campus

July 09, 10, 11, 2015

Symposium Theme:

Staying the Course: Honoring our Ancestors and Empowering our Youth

The purpose of this symposium is to bring together Native and non-native scholars, tribal elders and traditionalists, and others who are interested in honoring the life and work of our friend, colleague, and mentor, Vine Deloria, Jr., and in presenting new ideas and expanding knowledge in several key areas that Vine devoted his life to: law and policy, religion and spirituality, Indigenous philosophy and the natural world, and a critique of science among these. The symposium itself will be organized as a series of *intellectually driven* panels and poster sessions, as well as specially invited speakers addressing these issues and themes. Individual presentations may be formal or informal, but in keeping with the spirit of Vine, *there will be no PowerPoint or other electronic presentations.*

The deadline to receive abstracts is June 6th

For more information please contact:

Angel Jefferson, Co-coordinator (Registration)
 Email: ajefferson@nwic.edu
 Phone: 360-392-4287

Vine Deloria, Jr. Planning Committee (Abstracts)
 Email: VineDeloriaSymposium@nwic.edu
 Phone: 360-392-4309

ATTENTION TRIBAL MEMBERS

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Throughout the baseball season, we will have sign-ups so you can watch the Mariners in the Chehalis Tribal Suite. We want everyone to have a chance to go, so tickets will be limited to one visit per tribal member until everyone has had the opportunity to go. We will have a wait list for those who have already gone for later games in the season that are not getting filled up.

For more information contact

Leroy Boyd at 360-709-1787
or Phillip Youckton at 360-709-1752

You can also stop by the Events
Office located in the Community
Center.



~ USDA Food Program ~

For more information contact the SPIPA
Food Distribution Warehouse
at **360-438-4216**
Monday through Friday
between the hours of
8:00 AM until 4:00 PM

One of our staff will be happy to assist you
in applying for this program.

Distribution Dates

May 21

June 25

July 23

August 20

Pickup is at the
Community Center from
9:30 AM to 1:30 PM

Raffle Drawing - For This Seahawks Truck!



Tickets are \$10 each for a
chance to win this truck.
Contact Vanessa Youckton
to purchase your tickets

For every ticket Steesha's
team the Enforcers sell they
get \$7. The \$3 will go to the Centralia Athletic and Fields to help with costs
to maintain the fields and equipment. The money the Enforcers raise goes
toward their uniforms, equipment and tournament fees. Steesha is Vanessa's
daughter. Contact: Vanessa.Youckton@luckyeagle.com or text 360-528-
9868. Thank you for your support!

~ Drawing will be on October 23, 2015. ~

Disclaimer

Information displayed on any flyer, in email or on our website calendar is
subject to change without notice. Please refer to this flyer's contact person
for the latest update.

Firework Permit Reminders

Tribal members please remember the
following dates to purchase fireworks
permits. Stop by the Accounting Office for
more information

Permit are due by **June 15**

Helpers permits must be
purchased by **June 25**

Drought Conditions Web sites

For those that are interested in keeping updated in your area, here is some
websites available on updated drought information.

Governor Jay Inslee declared a drought in 13 additional river basins in
Washington State river basins. www.governor.wa.gov

Washington Drought links

Ecology Drought Watch 2015: <http://www.ecy.wa.gov/drought/index.html>

Great water supply and drought links: <http://www.ecy.wa.gov/programs/WR/ws/wtrsupply.html>

Monthly and Seasonal climate outlooks: http://www.cpc.ncep.noaa.gov/products/predictions/multi_season/13_seasonal_outlooks/color/churchill.php

Northwest River Forecast Center Water Supply: <http://www.nwrfc.noaa.gov/ws/>

Real time stream data for Washington: <http://waterdata.usgs.gov/wa/nwis/rt>

Snow as percent of normal (NOAA): <http://www.nwrfc.noaa.gov/snow/index.html?version=20131029v2>

USGS Washington Water Science Center: http://wa.water.usgs.gov/water_issues/watercensus.htm



Chehalis Tribal Newsletter

The Confederated Tribes of the Chehalis Reservation...

"People of the Sands"

Articles and opinions expressed in this publication are not
necessarily the opinions of this publication or the Chehalis Tribal
Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters,
articles, photographs, and drawings to be considered for publication. These are
subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal
community members and staff. **Submission deadline:** Changed to the first of each
month (printed monthly).

Tribal Center (360) 273-5911

420 Howanut Road
Oakville, WA 98568
(360) 709-1726 (office)
(360) 273-5914 (fax)
fshortman@chehalistribe.org

Chehalis Tribe's Vision Statement

*To be a thriving, self-sufficient,
sovereign people, honoring our past
and serving current
and future generations*

Business Committee

Don Secena, Chairman
Harry Pickernell, Sr., Vice Chairman
Farley Youckton, Treasurer
Cheryle Starr, Secretary
Dan Gleason, Sr., 5th Council Member

Chehalis Tribal Newsletter Staff:

Fred Shortman,
Communications
Coordinator



Happy Birthday to Tribal Members Born in May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Tein Meas Raelyn Romero Raymond Roof Robert Smith	2 Sasha Penn-Rocco Destiny Zaidy
3	4 Roger Goldman Alex Shortman Jaimie Smith Eli Snell	5 Lori Lund William Pressnall	6 Ashlea Parkinson	7 Brandon Canales Lucy Cush Lela Pulsifer	8 Aurora Carter Christian Hoheisel Georgia Meier	9 Joseph DuPuis Jessie Goddard Harry Pickernell, Sr.
10 Beth Hofstetter	11	12 Ann-Marie Youckton	13 Lindsey Fern Dante McGee Emily Mordhorst Teresa Pannkuk	14 Leo Daniels-Meddaugh Adam Flores Sarah Hall Art Medina Nora Ortivez	15 Violet Snell	16
17 Bobby Beckwith Cole Fulton Tiera Garrety Janice Latch Robert Penn	18 Curtis DuPuis Airel Klatush Amber Penn-Rocco Sheylee Phillips Austin Vigil	19 Kenny Brown, Sr.	20 Tony Brown Matteo Delgado Dewey Gleason- Wheeler Michael Haltom Shawn Ortivez	21 Valea Higheagle Patricia Jones Lauren McAlister Farley Youckton	22 Addison Sekishiro Asa Simmons	23 Joseph Burns Chyler Daniels Cyrena Ortivez Rosalina Sanchez
24 Artie Uden	25 Ilias Charles Jacqueline Pickernell	26 Gavin Hernandez Paula Klatush Amara Penn Brady Pickernell Tiffany Simmons	27 Aiden Secena- Sanders Rikki Sutterlict	28 Damius Hansen Steeshas Mc Joe Thomas Trott	29 Janet Stegall	30 Serenity Klatush Stephanie Robles Jesse Youckton
31 Savanna Bush-Bird Joaquin Robles Sunday Tejada						

Happy Birthday to
Jessie Goddard
Dante Goddard McGee
Dae Daniels (Upham)
Steeshas McJoe
Farley Youckton
 Have a Great Birthday
 We Love You!!!

Happy Birthday,
 Baby Girl! Aurora Ruth
 Carter-Martinez



From
 Grandma,
 Grandpa,
 Momma,
 Aunties
 and
 Uncle,
 and her
 Daddy!

“Happy 18th
 Anniversary,
 Love you more”
 ~Erika



Happy 4th Birthday
**Aiden Secena
 Sanders!!**

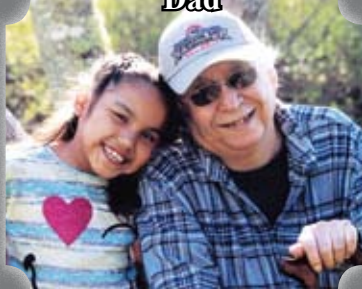
From All of
 your family!



Happy
 Birthday
 Alex Shortman

From Gramma,
 Mom, Dad,
 Daryl & Your
 Family


Happy 64 Birthday
 Dad



From Manny, Carolann,
 and Marla

Happy 15TH Birthday Savanna!!!
 Happy 20TH Birthday Jonathan!!

Love you
 both so
 much.
 Love always
 Mom,
 Jordan, Britt
 and Liam




Happy 1st Birthday
 Ilias Talon
 Marcel Charles

I love you
 My son!
 Mommy



Happy Birthday
 Pops



We Love You!
 From all of us!

CHEHALIS TRIBAL EARLY LEARNING PROGRAMS NEWS

Thank you to Pat Odiorne from the Wellness Center, who came over and made apple sauce with the children in all three Head Start classrooms, as well as the three Early Start classrooms.

Our home visiting program/socialization group met twice in April as well. In addition, the Healthy Families has been hosting an "Ask Aunties" group monthly. Positive Indian Parenting will be offered beginning in June. Call Christibeth at 360-709-1627

Thank you to all our parents who made time for either a home visit or conference at the center to review their child's education progress, and to set

goals for the remainder of the Head Start year. Early Head Start children attend 11 months out of the year.

The Early Learning Center welcomed a temporary Family Service Advocate, Julietta. If you are interested in Early Head Start or Head Start for next year, please consider making an appointment with Julietta beginning May 18. Please call her at 350-273-05514, EXT 1629.

A special thank you to the Wellness Center for all the work they volunteer to keep our children healthy. When children are healthy, they are better able to learn.

Free Legal Services for Low Income Native Americans and Alaska Natives

Do you have a non-criminal legal problem?

The Native American Unit at Northwest Justice Project provides free civil (non-criminal legal services to eligible Native Americans and Alaska Natives who cannot afford a lawyer in Washington.

Legal issues include (among other things):

- Protecting Indian monies;
- Education-suspensions, special education;
- Child custody matters involving the Indian Child Welfare Act;
- Trust land rights - leasing, rights of way, homeownership
- Driver's license reinstatement;
- Estate Planning (wills) for Indian trust property owners;
- Indian Health Care and other tribal benefits;
- Tribal employment issues;

To find out if the Native American Unit can help you, please call.

■ In King County: Call 2-1-1

■ For all other counties: call the CLEAR Hotline at 1-888-201-1014. CLEAR phone lines are open from 9:15 AM - 12:15 PM Monday through Friday

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



Homes For Sale to Tribal Members

The Chehalis Tribal Housing Authority has two homes for sale.

One is in the Vosper neighborhood. It is a newer home with 3 bedrooms and 2 bathrooms. The home is on tribal land.



3 bedrooms and 2 bath home available for sale on the Vosper neighborhood.

The other home is manufactured home that has 5 rooms and 3 bathrooms. This home is located near Grand Mound. Both of these homes sit on large lots. In order to buy either of these homes, you must be a Tribal member.



5 bedrooms and 3 bath home available for sale located in Grand Mound.

If you are interested in either of these homes or help buying a home, please call the Chehalis Tribal Housing Authority office at **360-273-7723**.

Sharps continued from Page 1

- Mail-back programs: The label on the container should have information on how to mail certain FDA-cleared sharps disposal containers to a collection site for proper disposal.

What to do if your accidentally stuck by a used sharp

If you are accidentally stuck by another person's used sharp, FDA advises that you wash the

exposed area promptly with water and soap or a skin disinfectant, (e.g. rubbing alcohol) and seek immediate medical attention.

This article appears on FDA's Consumer Updates page⁶, which features the latest on all FDA-regulated products. *Posted November 8, 2011*

- Check with your local provider for availability of a sharps container.

For more information contact the Clinic at **273-5504**.

Chehalis Tribe Students of the Month

Brady Pickernell (9-12)



Brady Pickernell is a senior at Centralia High School, where he is currently holding a 2.8 GPA.

He likes that his school offers Spanish and that he is able to be in a TA for his Spanish class, giving him an extra year to learn the language.

He has enjoyed being on his school's bowling league for the past four years.

Brady says that he is a successful student because he pays attention in class.

His advice for other students is, "Go every day and keep track of what you have done and turned in. So when the teacher tries to say you didn't do an assignment you can show them that it was done and graded."

After Brady graduates high school he is going to go to attend Centralia College then attend a college/university to become a video designer.

Jazmine Esparza-Klatush (6-8)

Jasmine Esparza-Klatush is in the 7th grade at Rochester Middle School, where she is currently holding a 3.18 GPA.

She enjoys her friends that she has made at school; she is in leadership at school, played volleyball and basketball, and is a pitcher on her fast pitch team.

Jasmine feels what makes her successful student is that she does her work.

Her advice for others is, "The better your grades the better your success."

After Jasmine graduates high school she wants to play sports at UW or UCL and then become a receptionist.



From the Education Department

Congratulations. Keep up the good work!



Amara Penn (K-5)



Amara Penn is in the 1st grade at Rochester Primary School.

She enjoys doing math at school.

She is also involved with Girl Scouts, enjoys playing Soccer, and taking hip-hop class

Amara feels that she is a successful student because, she is quiet when the teacher says to be quiet.

Her advice for other students is to listen to the teacher.

After Amara graduates high school she wants to go the Husky College (University of Washington) to become a dentist.

Attention Tribal Members

If you feel that your child should be nominated for student of the month, please contact Jodie Smith at jsmith@chehalistribe.org or 360-709-1897.

State the reason why your child should be considered. Deadline is the last Friday of each month.



Chehalis Tribal Dental Clinic

0-5 year old Dental Access Initiative

Bring in your child ages 0-5 years old and receive a free prize!

■ Please see Debbie Shortman to get your child registered.

■ Prizes for 0-2 year olds will be a toothbrush and "Teeth Under Construction" t-shirt. (While supplies last)

■ Prizes for 3-5 year olds is a Batman or Barbie Turbo toothbrush. (While supplies last)

0-5 year old Dental Access Initiative

Staff Profile: General Manager

Greetings to members of the Chehalis tribal community! I am Amadeo Tiam. I was appointed by the Business Committee to serve as General Manager of governmental services. I started in this position on January 4, 2015.

I have worked in Indian country for the last 20 years, serving as Executive Director of the South Puget Intertribal Planning Agency (SPIPA) located on the Squaxin Island Reservation and serving the SPIPA tribal consortium of the Confederated Tribes of the Chehalis Reservation and the Nisqually, Shoalwater Bay, Skokomish and Squaxin Island Indian Tribes. In that time I also provided consultation services to the Leschi Heritage Foundation which was established by the Nisqually Tribal Council.

My work background spans years in human service planning, public health management, higher education administration and teaching, magazine feature writing, financial services marketing management, non-profit leadership and management and small business operation. I worked in the governmental setting for at least one-third of my work life. It is good to be back working in government and collaborating with a strong program director team and a Business



Amadeo Tiam
General Manager

Committee that is committed to accountability and providing the best services possible for tribal members and constituency.

My role is to assist elected officials and governmental service administrators plan, implement, evaluate and make adjustments to services so that tribal members can have access to good quality services. In the course of this work, I am involved in coaching and mentoring up-and-coming tribal members

to take on operational leadership roles within the governmental services structure.

Good and accountable operational leadership is a foundation for success in any organization. I work to assure that this is a functioning core value at the Confederated Tribes of the Chehalis Reservation.

Please feel free to email me at atiam@chehalistribe.org or call at 360-273-5911, Ext. 1803 if you have any questions or if you simply want to share stories.

Thank you! I look forward to our time together!



The Tribal Traffic Safety Advisory Board invites you to participate in a video and photo shoot

Help develop culturally-relevant educational materials about the top five factors contributing to traffic deaths in Indian Country:

- 1) Lack of seat belt use
- 2) Pedestrian safety
- 3) Drunk and drugged driving
- 4) Speeding
- 5) Child passenger safety

Particularly needed:

- Tribal leaders
- Victims or surviving family members
- Tribal Police
- Tribal EMS
- Drummers & dancers - street clothes and regalia (coastal, plateau, powwow)
- Youth groups

June 9 | Squaxin Island, meeting at the Community Kitchen

June 11 | Colville Reservation

For more information or to RSVP, contact tribal liaison
MJ Haight, 360.725.9879, mjhaight@wtsc.wa.gov



Chehalis Tribal Loan Fund



Firework Loans are available: Loan amounts are up to \$5,000.00. 50% of the Firework loan must go toward direct business expenses, such as

wholesalers or building costs. Loans must be paid back by September 1, 2015.

Consumer Loans:

Now available for \$1000.00 loans.

Business Loans available:

We have Business Loan funding for up to \$125,000.00. You must have a business plan.

Trainings to Sign up for:

Credit Counseling
Business Plan Class
Native Agricultural
Native Artist Training

Contact us at:

Julie Burnett, Executive Director
360-709-1831, jburnett@chehalistribe.org

Diana Pickernell, Loan Coordinator
360-709-1631, dpickernell@chehalistribe.org

Confederated Construction Company Awarded First Federal Contract

The Tribe's 8a certified construction company, Confederated Construction Company, has begun its first federal set-aside project at the Oregon Air National Guard Base, adjacent to the Portland International Airport.

The project called OANG PANG Relocate Base Boundary Project installs improved site security for the active duty F-18 squadron.

After the scheduled completion of this project on July 1, Steven Burnett, CCC's Construction Manager, is bidding for additional, larger federal projects through

its 8a set-aside status with other federal agencies.



Steve Burnett, CCC's Construction Manager continues to search for larger federal projects after receiving the 8a certification.

Heritage and Culture Program

Sewing Room Available

The Heritage and Culture program is continuing with our open door policy so that you can come and use our sewing room or come out and learn to prepare your own weaving projects.

If you need a specific time that you want to come out here please call Lynn Hoheisel at 360-709-1748 and we will make arrangements to accommodate your schedule.

Woodshop

The tools from the old woodshop have been relocated to the new woodshop by the community center. The Culture and Heritage Program is developing a schedule for use of the tools available at the woodshop. It is a great way to make give away items for upcoming memorials.

Watch for Flyers and Sign-up sheets at the Tribal Center!

Instructors Wanted!

The Heritage and Culture program is looking for instructors to teach storytelling, weaving, beading or any other type of classes you can bring to our tribe.

Contact Joyleen McCrory at her tribal office with examples of your work and costs for your classes.

Movie Night



2015 Chehalis Tribal Days Memorial Day Weekend

May 22nd, 23rd, 24th and 25th

Men's Hardball +1 Token

Women's Softball +1 Token

Co-Ed Softball ♂ MALL TOKEN ♀ FEMALE TOKEN

**1st-4th place awards, MVP, All-Stars,
Best Bat, and Best Glove
Entry Fee: \$300 / Team**

**Contact Leroy Boyd at 360-709-1787
or Phillip Youckton at 360-709-1752**

Fish & Clam Bake

Arts & Craft Tables, Food Tables

**Contact Dan "Bones" Gleason at
360-273-5911 for information on tables and
concessions**

Youth Activities

**Block of rooms available at the
Lucky Eagle Casino & Hotel**

**Contact the Hotel and mention the "Tribal
Days" Block at 360-273-8640**

Volunteers Needed!

We are looking for volunteers to help with the Tribal Days Baseball Tournament. For more information contact Leroy Boyd at 360-709-1787, or Phillip Youckton at 360-709-1752. You can also stop by the Events Office located in the Community Center.

2015 Cancer Walk

Sunday, May 24

Walk starts at 1:00 PM

**Register at the at the Community
Center Picnic Area.**

The walking path will be marked with
pink ribbon signs.

Door prizes and bottled water provided. Come
support a cure for cancer as **"We Walk as One"**

