



CHEHALIS TRIBAL NEWSLETTER

The Confederated Tribes of the Chehalis Reservation
"People of the Sands"

June 2015

Free

2015 Tribal Days Baseball Memorial Weekend Brings Families Together

It was a delightful weekend to satisfy anyone's need for baseball, food and visiting old friends. The weather was overcast all weekend with a few showers during the evening throughout the tournament. Age wasn't a factor as families gathered to root for their home team. Both the Legends and Tomahawk baseball fields were used during the tournaments. People could be found everywhere watching Women's Softball, Coed Softball and Men's Hardball.

Vendors provided an opportunity to find food. Food vendors could be found scattered throughout the reservation.

Salmon Bake

Spring Chinook cooked in Chehalis style was available on Saturday and Sunday for people to purchase.



Children were seen digging in the wagon for prizes that the Youth Center provided after the fun activities were played during the Annual Tribal Days Memorial Baseball Tournament.

It is a delicacy for many natives who travelled from all over. Did it go fast! Many thanks to everyone

who donated the extras that went along with the salmon.

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Community Gathers to Celebrate at the Salmon Ceremony

The 2015 Salmon Ceremony was a huge success! What a great day! That morning the grounds crew prepared the area selected for the ceremony. There was a lot of work to do to ensure that the salmon people were honored.

The Selection of Fishers

The Chehalis Tribal Fish Committee met to select tribal fishermen to harvest Spring Chinook. It was short notice as the fish came up the river early. Come the river the fish did, as the Fish Committee target of 10 fish was achieved. Originally scheduled for May 12, the salmon ceremony was



Elders, Adults, and families gather to feast and celebrate the return of the salmon during the 2015 Salmon Ceremony.

reschedule for Friday, May 8. The timing of this feast matches the

arrival of salmon.

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Tribal Member Nominated for Enduring Spirit Award

At the 11th Annual Native Women's Leadership Forum on May 22 at the Great Wolf Lodge, one of our own Chehalis tribal members, Yvonne Peterson, was nominated for this monumental achievement award along with three other ladies from various tribes.

What is NAN? The Native Action Network was founded in 2001 by Claudia Kauffman and Iris Friday. Native Action Network (NAN) is powered entirely by volunteers.

The mission of the Native Action Network is to continue to recognize, appreciate, and maintain vital and precious history of the strength and endurance of Native women who inspire through traditional ways. These women lead by example and rise above the challenges of what life throws their way. To become a leader and inspiration to tribal communities and incorporate these principles and values to those who wish to

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Elders, community members, and employees spent the day cleaning during the Cemetery Clean-up in preparation for the upcoming Tribal Days Memorial Weekend.

Monday was a gut check for many of the players who were playing. They came to play “Indian Baseball!” Winning isn’t everything, but the bragging rights to the champions as they left it all on the field. Sportsmanship is greatly appreciated. It was a battle on the fields, and afterwards they acknowledged each team and shook hands afterwards.

Elders Mel Youckton and Dan “Bones” Gleason came forward to talk about Memorial Day. Their words reminded us about the true meaning of the holiday. Memorial Day is a day of remembering the men and women who died while serving in the US military. Bones gave a prayer and afterwards requested a moment of silence. They also recognized the Chehalis tribal veterans for their commitment to protecting our lands and country.

Memorial Day is not to be confused with Veterans Day; Memorial Day is a day of remembering the men and women who *died* while serving, while Veterans Day celebrates the service of all U.S. military veterans.

Thanks from Phillip Youckton, Events Coordinator

Chehalis Tribal Days has come and gone again. If you took a break out of your weekend to come out and watch some baseball, softball, or walk in the cancer walk, I think you would agree with us that it was a successful weekend. Leroy, Cheryle, Orinda and myself would like to give a big thank you to all those who helped out during the weekend. We couldn’t have done it without your help!

Thanks to the scorekeepers, umpires, vendors, and most of all the visitors who travelled to our Chehalis Reservation.

All together we had 11 men’s teams, 10 women’s teams, 14 co-ed teams, and 304 people in the cancer walk. Once again, if you came out any time during the weekend, give yourself a pat on the back for supporting Chehalis Tribal Days 2015!

Tournament Summary

When the final game of the tournament ended, awards were handed out to each division: 1st Place received championship jackets; 2nd Place received hooded sweatshirts; 3rd Place received crew neck sweatshirts; 4th Place received T-shirts; All-Stars received duffle bags; Special awards for MVP; Best Bat, Best Glove; and Best Catcher.

Men’s Hardball Tournament

- 1st Place- Little Boston
- 2nd Place-Oakville
- 3rd Place-Blackhawks
- 4th Place-Lil Boston Young Guns

Women’s Slow Pitch Softball

- 1st Place-Fire and Ice
- 2nd Place- Natives
- 3rd Place- Ice Ice Native
- 4th Place-Cal-Horz

Coed Slow Pitch

- | | |
|--------------------------|---------------------|
| 1st Place-Spider Monkeys | 3rd Place-Natives |
| 2nd Place-Lucky Eagle | 4th Place-Tamanamus |

2015 Tribal Days Memorial Baseball Tournament Champions

Men’s Hardball



Little Boston from Port Gamble S’Klallam won the men’s hardball championship jackets, losing the first game and defeating Oakville in the final 5 inning game of the tournament.

Women’s Slow Pitch Softball



The Fire and Ice team from Taholah won the women’s Softball Championship jackets, defeating the Natives in the championship game.

Coed Slow Pitch Softball



The Spider Monkeys won the Co-ed championship jackets, defeating the Lucky Eagle team in the final match.

2015 Miss Chehalis Princess Pageant

By Theresa Youckton, Tribal Member

History: The Miss Chehalis Tribal Days Princess Pageant started many years ago. The participants who wanted to run for Miss Chehalis did not have to be enrolled in the Chehalis Tribe and the pageant took place before Chehalis Tribal Days. There was an age limit for entering the pageant; you had to be wearing regalia and be able to speak in front of those either judging or witnessing the event. Some of the previous pageant contestants sold buttons or pins with the dates of the Memorial Days weekend and the year. The female contestant selling the most buttons reigned as Miss Chehalis for one year until the next year's pageant.

Sometimes people were asked to make a crown or cape for the winner of Miss Chehalis. The materials used depended on the person making it. Some used shells, beads, and select fabric such as leather, velvet or other material. In recent years the crowns have been made out of cedar bark and button shawls were made as well.

The judges for the pageant recently have been the Chehalis Tribal Elders. They have also added other categories of various age groups for titles of Miss Chehalis, Junior Miss, Little Miss and Head Start Miss.

Miss Tribal Days Selection: This year's Miss Chehalis Pageant took place on Thursday,



Pictured with Tony Medina (L-R) are Miss Head Start, Rebecca Youckton-Legg; Lil' Miss, Dyani Cayenne; Junior Miss, Nora Ortivez; and the Miss Chehalis, Maddison Carter.

May 21. There was a huge turnout to witness the selection of this year's Miss Tribal Days Princesses. The Youth Director, Tony Medina handles this event. The evening started with the meal being served, Mr. Medina chose the menu for the dinner: spaghetti, green salad, green beans, dinner rolls, and the dessert was cake with berries and whip cream.

Tony then called for all girls who had signed up to be a contestant in this year's Miss Chehalis Pageant. He called out the girls one by one and introduced them to everyone who came to

witness the selection for the 2015 Miss Tribal Days Pageant. He asked them to tell the audience about themselves and why they wanted to be selected to represent the Chehalis Tribe. The youngest, Head Start contestants started first; the second age group was Little Miss; the third age group was Junior Miss; and the final age group was Miss Chehalis.

The ballots for voting for Miss Chehalis were given out to all Tribal Elders that were present. The contestants anxiously waited for the results. The ballots were counted by previously selected volunteers.

The capes and crowns were made by a couple of tribal members. The results of the ballots were given to Mr. Medina. He announced the winners starting with the Head Start Miss, Rebecca Youckton-Legg; Lil' Miss, Dyani Cayenne; Junior Miss, Nora Ortivez; and the Miss Chehalis, Madison Carter. A couple of women were asked to volunteer to place the capes and sashes on all of the winners.

The reigning princesses proudly wore their attire during the weekend's events. They were seen at the cancer walk, around the area during the games, and participated at the youth events. They were all present at the end of the ball games for presentation of awards.

Ceremony continued from Page 1



Maynard Starr (L) and Shawn Ortivez (R) remove the Spring Chinook for the feast.

This salmon ceremony must occur before open commercial fishing can take place. The timing of these feasts matches the arrival of the salmon and the fishers spend several nights fishing until there is enough fish to feed everyone. It seems like short notice and the use of oral tradition notifies the community when the salmon ceremony will take place.

Honoring the Salmon

Other tribal members were preparing for this

special occasion to meet at the river to honor the salmon people. The purpose for this ceremony welcomes the first salmon of the season to show respect to the salmon in order to ensure a good run and safety for the fisherman throughout the fishing seasons. They taught us that if the salmon were not treated well, they would become offended and would stop returning.

A few people congregated at the gravel bar on the upstream portion of the Chehalis River. Things were gathered in the morning and the first fish caught for the ceremony was placed onto a cedar plank. Their songs and prayers were shared before the release of the salmon.

Songs and prayers were sung and drummed to the salmon people demonstrating that the Chehalis people thanked them for providing nourishment and encourage the salmon to continue to return for future generations.

The Celebration

Later that day, the salmon ceremony feasting began. People were seen visiting and laughing as they enjoyed a tasted dish of salmon, fried bread, salads and other tasty dishes. A prayer was offered to bless the food and Elders were invited to dish up first.

Elders shared their memories and gifts the salmon bring to the Chehalis People. There is always hope and thanks to those that commit to protect future runs in the survival of this honorable species.

Many Many Thanks

Gifts were given to many people who spent time and energy in making this ceremony a success. It was a day to remember to gather, feast and celebrate in honor of the salmon people. Great job everyone in keeping this celebration alive!

Tribal Health and Wellness News

The Diabetes Community-Directed Grant Funding Awarded

The Chehalis Tribal Wellness Center has been awarded continuation funding for the IHS Special Diabetes Program for Indians (SDPI) Community-Directed Grant. This money is used by the Chehalis Clinic to provide care and education for those Community Members who have Diabetes. Individuals who have Diabetes are at risk for developing life-changing complications such as blindness, amputation, kidney disease and neuropathy of their feet and legs.



Regular clinic visits are the key to preventing the complications of Diabetes. Often Diabetics only come to the clinic when they are “really” sick. When the Diabetic patient is being seen for an illness there is not time to do the regular Diabetes checks.

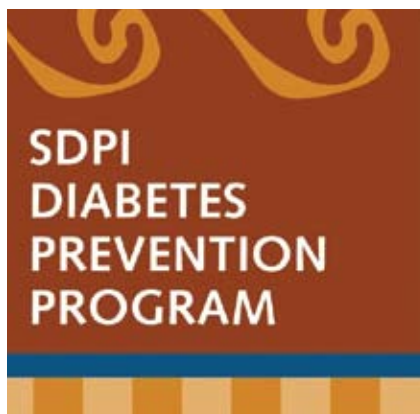
If you are a Diabetic you should have the following Diabetes Wellness Check-ups:

Perform diabetes-focused visit	Every 3-6 months
Refer to diabetes educator	At diagnosis, then every 6-12 months; or more as needed
Check A1C	Every 3-6 months
Review goals, medications, side effects	Every diabetes visit
Check lipid profile	Annually
Assess smoking/oral tobacco use	Each Visit
Check blood pressure	Every Visit
Check urine albumin/creatinine ratio (UACR) for albuminuria using a random urine sample	At diagnosis, then annually
Retinal camera photo or dilated eye exam by an ophthalmologist or optometrist	At diagnosis, then annually; or eye specialist
Visual inspection of feet with shoes and socks off	Each diabetes visit; stress daily self-exam
Dental exam by dental professional	At diagnosis, then regularly
depression, substance abuse screening	
Influenza vaccine	Annually
Pneumococcal vaccine	Once < 65 Years old, Reimmunize if > then 65 years old
Hepatitis B immunization	Unvaccinated adults < 60 Years old

The Chehalis Tribal Diabetes team is currently working on a “Diabetes Clinic Day” for August, 2015 and encourages those diagnosed with Diabetes to please make an appointment to see your health care provider here at the Chehalis Tribal Wellness Center to have your annual Diabetes Check-up. You can call the clinic at 360-273-5504 to schedule your appointment. This appointment generally is an hour long appointment. Please be sure to bring in a list of your current medicines with you to your appointment.

The Diabetes Community-Directed Grant funding will be used to provide these prevention services to our Community Members who have Diabetes.

If you have questions or want more information about the Diabetes “Wellness” Clinic call Pat Odiorne RD, CDE at 360-709-1884



ATTENTION All CHS/ PRC Patients!



Have you been referred for medical care? Are you receiving medical bills in the mail?

If so please bring them to the Chehalis Tribal Wellness Center so the Purchased Referred Care Department can process and pay them.

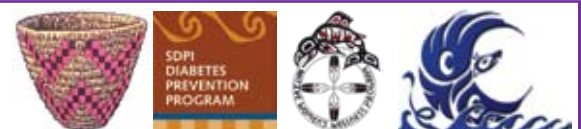
New CTWC PRC Available

Are you Contract Health Eligible? Have you received your new ID card? This ID card along with a Purchase Order will help to ensure outside providers are billing the Purchased Referred Care Department quickly and accurately.

If you or your family members have not received their card, please see



Deb Shortman at the Chehalis Tribal Wellness Center.



Chehalis Tribal Health Fair

Tuesday, September 15
10:00 AM to 3:00 PM

Chehalis Tribal Community Center

For more information in the months to come contact Christina Hicks, Community Wellness Manager at 360-709-1741 or email chicks@chehalistribe.org

Healthy Teeth Last a Lifetime: You have the Power to Protect your Child's Smile

Healthy Teeth and Gums



Baby Bottle Tooth Decay



Courtesy of Kristi Burke, RDH, BSDH at Chehalis Tribal Dental Clinic

■ **Water to bed:** Once the first tooth erupts, put baby to bed with water. This reduces Baby Bottle Mouth/ Early Childhood cavities caused by formula, milk or juice when left in baby's mouth while sleeping.

■ **Fill sippy cups with water only:** Milk and juice should be served with meals, not in a sippy cup. Repeated exposure to the natural sugars in milk and juice contribute to cavities.

■ **Brush Daily:** Use a smear of Fluoridated toothpaste to brush baby's teeth morning and night. Baby's pinky fingernail is about how much a "smear" is.

■ **All the Family:** Cavities are contagious! Mom, Dad, and siblings need their teeth cleaned and cavities filled. This reduces the amount of aggressive bacteria being transferred from Mom, Dad, and siblings to baby. Avoid sharing toothbrushes and eating utensils.

■ **Dental appointment:** Schedule an appointment with a dentist when first tooth erupts for a fun "chair ride" appointment.

■ **Questions?** Call your child's dentist. If your child doesn't have a dentist, call your pediatrician for a referral to a dentist in your area.

Sunny Delight is not juice; it is "sugar water" just like soda pop and Kool-Aid



Q. How do you know what is in that beverage you or your child is drinking?

A. Read the label where it says "ingredients."

Sunny Delight ingredient list says: water, corn syrup, and 2% or less of the following juices: orange, tangerine, apple, lime, grapefruit.

Does the product say 100% juice? Check your label and only choose 100% juice. Even 100% juice should be limited.

The American Academy of Pediatrics recommends the following:

- Breast milk is the only nutrient to feed babies until age 4 to 6 months.
- Solid Foods can be introduced to infants after age 4 to 6 months.
- Work with your baby to drink from a cup starting at 6 months.
- Fruits juice can be used as part of a meal or snack and should only be offered in a cup.
- To avoid cavities, do not allow your child or infant to sip juice throughout the day.
- Consider offering whole fruits instead of juice.
- Besides cavities, too much juice can cause diarrhea, obesity, and "picky eater" because they fill up on juice.

Suggestions:

- Dilute juice to mostly water & a few drops of juice.
- Offer water. If your tap water is not so good, consider a water filter on your tap, the Britta system, or water service.

100% Juice recommendations:

under 6 months= none
1 year to 6 years: 2 ounces (1/4 cup) to 4 ounces (1/2 cup) a day
7 to 18 years: 8 to 12 ounces a day

Consider drinking water an investment in good health for the entire family.
Submitted by Patty Suskin, Registered Dietitian Nutritionist with SPIPA WIC

WIC Program



(Women, Infants, and Children) provides healthy foods and nutrition information for you and your child up to age 5.

For appointments or questions, contact:
Deb Shortman at 360-709-1689
Debbie Gardipee-Reyes at 360-462-3227 or gardipee@spipa.org
Patty at 360-462-3224
SPIPA main number: 360-426-3990

1st Thursday each month 9:00 AM — 3:00 PM
at the Chehalis Wellness Center
(dates and times may change)

BIA Financial Literacy Classes Offered to Natives

When a warm huckleberry pie comes out of the oven very few people do not want a piece. Everybody wants to eat some of the pie. Think of the pie as the United States economy. Some folks enjoy upscale living so much they try to eat your tribal members' share of the pie. In order to help your tribal member receive their fair share of the pie, the Office of Special Trustee for American Indians (OST) has created financial literacy training classes for tribal members.

Financial literacy training may consist of many hours of training or as little as one hour. Subject which may be taught include budgeting, investing, banking, handling money, why we save, responsible use of credit, retirement planning and goal setting.

Most classes are targeted at specific age groups. For example graduating high school seniors are generally provided training topics which differ from those provided to elders.

For more information contact OST Main Interior Building at 202-208-3100 or Trust Beneficiary Call Center at 888-678-6836 or go to MyMoney.gov.

OST
Financial
Education

The Office
the Special
Trustee (OST)
for American
Indians



Oakville's Independence Day Parade and Celebration "Dream in Red, White & Blue"



**Saturday, July 4th
11:00 AM Parade**

Festivities to follow

Last Horse Back re-enactment Rodeo Grounds

Junior Rodeo

The Bruce Maier Band

Beer garden

Kids' activities

Food, craft, art, informational vendors

Fun for the whole family!

Parade participation and vendor forms

At Umpqua Bank Oakville or

Oakville Chamber Facebook or

<http://www.oakvillecityhall.com>

Please have all forms completed by 06/26/15

Mail to Oakville Chamber

PO Box 331

Oakville, WA 98568

Or drop off at Oakville Umpqua Bank

Looking for more information?

Call any of the ladies at the bank

360-347-0100

Follow us on Facebook!



REASONS WHY YOU SHOULD HIRE A LEAD-SAFE CERTIFIED RENOVATION CONTRACTOR:



1. To help prevent learning disabilities
2. To help prevent behavior issues
3. To help prevent diminished motor skills
4. To help prevent lower intelligence

5. To help prevent hearing loss
6. To help prevent brain damage
7. To help prevent memory loss
8. To help prevent headaches

Today, there are over one million kids who have been poisoned by lead from old paint. Home repairs that create even a small amount of lead dust are enough to poison your child and put your family at risk. If you live in a home or apartment that was built before 1978, make sure you renovate right with a contractor that is Lead-Safe Certified in accordance with the new EPA

Guidelines for any renovation or repair project. They'll know how to protect your family.

**To find a Lead-Safe Certified contractor
in your area, visit
epa.gov/getleadsafe or call 800-424-LEAD**



In Celebration of
National Indian Day,

The Northwest
Portland Area Indian Health
Board Presents:

**Pioneer Square
Downtown Portland
September 25
12:00 - 7:00 PM**

This event is **FREE** and open to the public. A **Drug Free, Alcohol Free, Commercial Tobacco Free, and Violence Free** event. Sale of sacred items is forbidden. The committee is not responsible for lost or stolen items or any travel/parking cost.

Vendors and Educational Booths:
For more information, please contact:
Candice Jimenez at 503-416-3264
or cjimenez@npaihb.org

Firework Safety

Fireworks are an exciting and fun way to celebrate our nation's freedom but they can be harmful or even deadly if not used properly. There are over 10,000 injuries every year with over 65% of those occurring during the month of July. More than half the injuries are to the hands, fingers and eyes. The most common fireworks that cause injury are firecrackers, bottle rockets, Roman candles, fountains and sparklers.

Remember to make smart decisions when using fireworks. If someone you know is hurt or injured from fireworks call 9-1-1 immediately. Here are some useful tips for fireworks and fire safety during fire season:

- Use fireworks outdoors only on flat, well-cleared areas.
- Always have water or bucket of water on hand.
- Do not ever use homemade fireworks of illegal explosives: they can seriously hurt or kill you!
- Kids should never play with fireworks, especially things like firecrackers and rockets.
- Alcohol and fireworks do not mix. Have a "designated lighter."
- Steer clear of others. Fireworks have been known to backfire and shoot off in the wrong direction. Never throw or point fireworks at someone, even joking around.
- Never relight a "dud" firework. Wait several minutes and soak in a bucket of water.
- Only use fireworks outside.
- Keep sparklers outside and way from face, clothing and hair. Sparklers can reach 1,800 degrees F (982 degrees C). Hot enough to melt gold!
- Obey local laws. If they are not legal where you live, do not use them.
- Brace all aerial cakes to avoid tipping

Be safe, enjoy friends and family and have a wonderful 4th of July!

Tribal Enrollment

If you need to enroll your child this year please stop by and pick up enrollment office for an application. If the biological father is an enrolled tribal member a DNA test is required. Make sure you get your application in by August 29, 2015.

If you need a Tribal Identification Card please call at least one day in advance.

For more information contact Chris Ortivez at 360-273-5911.



ATTENTION TRIBAL MEMBERS

Throughout the baseball season, we will have sign-ups so you can watch the Mariners in the Chehalis Tribal Suite.

For more information contact Leroy Boyd at 360-709-1787
or Phillip Youckton at 360-709-1752

You can also stop by the Events Office located in the Community Center.

Thank You from Planning as Tribal Elder Retires

Do you know which Chehalis tribal member created the first enrollment card for the Tribe? It was Winona Youckton, who created the card while working as the enrollment clerk! After serving the tribe for many years in several positions, Nona retired on May 26. Many people joined Nona and the Planning Department in the Tribal Center to share cake and recognize Nona's good work for the Chehalis Tribe.

In addition to working for enrollment, some of the positions Nona held with the Tribe just since 2000 included being the Community Health Representative, working for the diabetes program, and serving as the childcare coordinator. The Planning Department would like to thank Nona for all the work she contributed as the Planning Administrative Assistant, in particular for her time spent on issuing tribal business licenses.

While Nona will be greatly missed, we are all excited for her to enjoy spending more time with family and going on travelling adventures.

~ Thank you Nona! ~

~ USDA Food Program ~

For more information contact the SPIPA
Food Distribution Warehouse
at **360-438-4216**

Monday through Friday
between the hours of
9:00 AM until 3:00 PM

One of our staff will be happy to assist you
in applying for this program.

Distribution Dates

June 25
July 23
August 20

Pickup is at the
Community Center from
9:30 AM to 1:30 PM



Chehalis Tribal Newsletter

The Confederated Tribes of the Chehalis Reservation...

"People of the Sands"

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Chehalis Tribal Business Committee.

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs, and drawings to be considered for publication. These are subject to editing.

Contributing writers, artists, and photographers include Chehalis tribal community members and staff. **Submission deadline:** Changed to the first of each month (printed monthly).

Tribal Center (360) 273-5911

420 Howanut Road
Oakville, WA 98568
(360) 709-1726 (office)
(360) 273-5914 (fax)
fshortman@chehalistribe.org

Chehalis Tribe's Vision Statement

*To be a thriving, self-sufficient,
sovereign people, honoring our past
and serving current
and future generations*

Business Committee

Don Secena, Chairman
Harry Pickernell, Sr., Vice Chairman
Farley Youckton, Treasurer
Cheryle Starr, Secretary
Dan Gleason, Sr., 5th Council Member

Chehalis Tribal Newsletter Staff:

Fred Shortman,
Communications
Coordinator



Happy Birthday to Tribal Members Born in June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	¹ Eric Beckwith Mario Robles Caiden Starr	² Payton Albert Roberta Combs	³ Billy Uden	⁴ Suzzanne Ortivez Nikki Sanders	⁵ Zach Baker Leroy Boyd	⁶ Allen Andrews Tyson Hoheisel Michael LeClaire Dustin Sanchez Vincent Sanchez
⁷	⁸ Tyler Beckwith Donna Choke Loyala Davis David Dupuis Lee Starr, Sr. Winona Youckton	⁹ June Jones Emily Pickernell	¹⁰ Jeffrey Klatush Bryce Reynolds Blaze Sanchez Duane Williams, Jr.	¹¹ Malena Canales	¹² Paul Klatush Lindsey Shadle	¹³ Leona Clary
¹⁴ Jeremy Klatush Rachael Mendez Levi Sanchez, Jr. Rick Sanchez, Jr.	¹⁵ Keziah-Maray Gleason	¹⁶ Warren Beckwith Charles Blacketer Latisha Boyd Susan Sanchez Brendon Torres Raquel Wellman	¹⁷ Marilyn Johnson	¹⁸ Adam Lower Anthony Youckton Stacy Youckton	¹⁹ Beverly Bishop Kaylena Delgado Sonya Sherman Cheryl Stein	²⁰ Barnaby Canales Darian Washburn Marvin Youckton
²¹ Harold Pickernell, Jr. Bailey Revay-Fern	²²	²³ Jordan Eichelberger Erica Esselstrom Anastasya Lukianov Danika Pickernell Edward Sanchez	²⁴ Jeannette Boyd Jordan Hutchinson-Albert Erica Esselstrom Tanner McCloud Joshua Phillips	²⁵ Robert Dupuy Aaron Myer Heather Youckton	²⁶ Soryn Davidson Janet Sanchez	²⁷ Rena Hernandez- Klatush
²⁸ Brian Benda Janessa Bumgarner Filiberto Sanchez	²⁹ Elaine Myer Brooke Stein	³⁰				



Happy 11th Birthday
Kaylena!

We love you so
much!

Love Mom, Dad,
Bubby, and Kaiden



Happy 8th Wedding
Anniversary to my
Husband
Richie Delgado

I love you with
all my heart! And
Happy Fathers Day
to the Best Daddy in
the World!



CHEHALIS TRIBAL EARLY LEARNING PROGRAMS NEWS

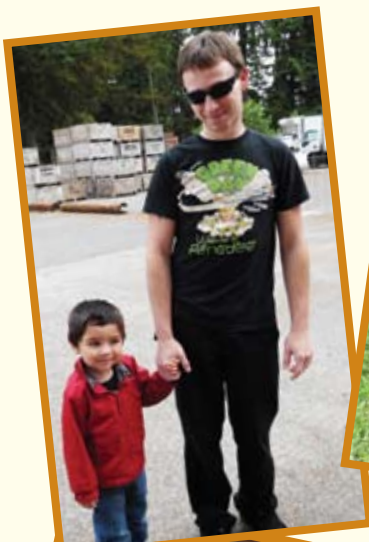
Field Trip to Lattin's Country Cider Mill and Farm



~ KIDS VISITING KIDS ~

Lattin's Country Cider Mill and Farm was a fun field trip destination for the 40 Early Head Start families last week.

Children were accompanied by their parents and teachers as they visited with several small animals including baby goats (kids), piglets, lambs, chicks, turkeys, ducks, bunnies, and peacocks. A highlight of the day was the ride on the small train.



Now Enrolling for the 2015 - 2016 Program Year!!!

Head Start and Early Head Start Center Based Program.

- Focuses on early childhood development and promoting healthy relationships as the content for all learning and growth.
- Curriculum is individualized to meet the physical, intellectual, and social-emotional needs of each child.
- Children received opportunities to enhance social skills, fine and gross motor skills and are exposed to early literacy, math, and science activities.



All families with children ages 0-5 years old are encouraged to apply

Early Head Start also provides Home-Services for expectant families and children.

For more information and application please call **360-273-5514**.



Our offices are located at 420 Howanut Road on the Chehalis Reservation



Families gathered at the lagoon to spend the day fishing at the Chehalis Early Learning Fatherhood Fishing Day.

Chehalis Tribe Students of the Month

Kelsey Bray (9-12)



Kelsey Bray is a freshman at Oakville High School. She currently holds a 3.26 GPA.

At school, Kelsey enjoys her Geometry class. Her teachers comment about her is she is an intelligent student and a pleasure to have in class.

Kelsey feels that what makes her a successful student is completing her assignments on time. Her advice for students is to complete your assignments when they are due even if it is a subject that you don't like.

Kelsey enjoys playing basketball and volleyball.

After high school, she would like to attend the University of Hawaii. Kelsey would like a career in the medical field.

Cameron Snell (6-8)

Cameron Snell is currently an 8th grade student at Oakville and will begin his journey into high school carrying with him a 3.52 GPA. While Cameron states that his favorite subject is history, if you were to look at his performance he is gifted in all areas of study.

The faculty and anyone who knows Cameron can attest to how proactive he is about his education. What Cam feels makes him a great student is his attendance and his determination to have his work in on time. His advice to his classmates to better their learning is quite simple "Turn in your work on time, Pay attention to the teacher and if you need help, ask" this has worked out for him very well.

He is a great role model. Watching his interactions with his younger brothers Adrian, Eli and Noah shows just how important his place is in his family. While Cameron is keeping his options open as far as a choice of career, he does have his eye on a higher education that he hopes to get from the University of Washington.



Maddison Carter (K-5)

Maddison Carter is in the fifth grade. She attends Oakville Elementary. Maddison receives 3's and 4's (or A's and B's) on her last report card.



Maddison's favorite subject is science. She enjoys watching the different chemical reactions.

Her advice to other students is to never be afraid to ask for help and to pay attention to the teacher.

Maddison enjoys playing football and volleyball. She would like to play for Oakville next year.

When Maddison graduates High School, she would like to attend the University of Washington. She would like to pursue a career as a paleontologist.

From the Education Department

Congratulations. Keep up the good work!



Native American Olympic Gold Medalist Billy Mills Inspire Youth



Olympic Gold Medialist, Billy Mills, inspires Chehalis tribal youth to achieve their dreams and goals.

On Thursday, May 29, Billy Mills was the special guest speaker invited to talk to the youth. He

shared his story of the 1964 Tokyo Olympics where he won a gold medal in the 10,000 meters. It was the greatest upset in Olympic History. It was a moment in time that changed his life, muchless being the second Native American to win a gold medal during the Olympics.

After a short video, Mr. Mills discussed with the youth about how he trained his body, mind, and soul to achieve "Peak Performance." Being born and raised on the Pine Ridge Indian Reservation in South Dakota, it was rich in culture and spirit, but was economically poor. Being an orphan he was sent to a boarding school, making the Kansas University cross country team and joining the United States Marine Corps to continue training for the Olympic Team.

He asked the children about making dreams and goals come true, through faith, hope, and believing in yourself. This is not a small commitment to achieving success. Believe in yourself, put in the hard work, and your dreams will unfold.

He shared some of his life struggles from those that didn't believe in his dreams. But there were people who did. They worked and believed in his abilities. Though the awards are nice, it is important to give back to your community. Presently, he is an accomplished businessman, author and National Spokesperson for American Indian Youth organization. He has spent the last 26 years lifting other young men and women toward their aspirations and has championed wellness and unlocked opportunities in Native American communities across America.

Workshop Encourages Oakville High School Seniors To Pursue Higher Education

By Erika Pickernell, Oakville High School
Indian Education Coordinator

On Friday May 8th, I took a group of native students to the Capital for a workshop along with Jessie Gleason and Renee Davis from the Chehalis Tribal Education program. The itinerary for the day was to learn about what different parts of the government's responsibilities and how they interact to accomplish these monumental tasks for the people. It was a great experience for all the youth who attended.

The day began at the Red Lion in Olympia where they met Brie Coyle Jones, Attorney at Miller Nash & Dunn LLP (brie.coyle@millernash.com) and Sarah Clinton Executive Director YMCA Youth & Government (sclinton@seattlemca.org). The students then did a mock appellate proceeding that examines the extent of tribal sovereignty under federal Indian Law. The objective of the workshop is to encourage native students to attend college and law school.



Pictured top row (L-R) are Trey Brown, Jordan Bird, Ray Lopez Jr., Brittany Maass. Front row (L-R) are Jordan Bray, Kelsey Bray, and Geraldine Youckton.

Photos provided by Erika Pickernell

Once the mock trial was finished the students toured of the State Capital building. They witnessed a mock bill being passed in both

galleys from the house and senate. They experienced first-hand the negotiation skills and discussions to make a bill successful.

Next item for our agenda was a tour of the Supreme Court Building with Supreme Court Justice Debra L. Stephens. After the tour she spoke to the students on what education and background needed to become a Supreme Court Justice. She talked about how their responsibility is not to make the laws, but to protect the Constitution and not infringe on the rights of the people.

The students toured the Washington State Governor's Conference Room. The Governor's Conference Room is used for a variety of purposes. News conferences, bill signings and gubernatorial meetings are the majority of assemblies in this room.

It was an enjoyable experience!

Award continued from Page 1



Three generations take a photo with guest speaker Dr. Suzanne Jarvjo. Pictured (L-R) are Halisa Higheagle, Dr. Suzanne Jarvjo, Billie Higheagle, and Yvonne Peterson.

learn and lead.

The goal of NAN is to provide an environment for daughters, mothers, granddaughters, and great-grandmothers to interact with one another. To unite Native women of all ages and create a forum that celebrates the power which women have in creating positive change within their families and communities.

About Yvonne Peterson

She is soft-spoken, thoughtful individual and dedicated to preserving many traditions from her upbringing.

Traditional arts like basketry have to be reclaimed and the art has to be raised to a stature on par with that of the dominant society. Indian identity through the arts means empowerment and requires requisite tools to function and have success at the highest levels of American and Indian society. Respect education, have an affinity for hard work, have a strong sense of self-worth - these are the qualities Hazel Pete instilled in her brothers and sisters. Yvonne is the middle child of 14 brothers and sisters. They are Chehalis/Nisqually/Potawatami/Sac-n-Fox. The home they grew up in on the Chehalis Reservation was without running water, electricity, and a paved road until 8th grade. Like Hazel Pete, they grew up fishing, gathering, hunting, and making art. They attended an all-white public school and involved themselves with student government activities.

When one itemizes the steps of colonization – take the land, take the resources, discredit the legitimacy of thought, denigrate sovereignty and governance, and take the children. Indigenous art can play a major role because it can be the visual that makes the point and begins the conversation

in civic engagement. Renaissance of Chehalis culture led by Hazel Pete meant a recovery of many facets of the recent and distant past: history, legends, language, oral traditions, ceremonies and protocols, celebrations, foods, regalia, songs, and arts.

What an honor to be nominated for such an achievement award. Along with the three other women nominated, their inspiration and dedication is an awe-inspiring event to be witnessed by future generations. Congratulations Yvonne!



Yvonne Peterson is wrapped with a Pendleton blanket in recognition for being an nominee for the Enduring Spirit Award

For more information go to

www.enduringspirit.org

Huge Turnout Makes 8th Annual Cancer Walk a Success



By Orinda Goddard, Cancer Walk Coordinator

8th Annual Cancer walk was held on Sunday, May 24 at the Legions Field picnic area. I would like to thank everyone who came out and supported the walk. It's an amazing event that has become a part of the Chehalis Tribal Days Weekend. Every step we take is a prayer to find a cure for cancer.

We had 304 walkers and 25 different tribes were represented that registered for the walk and 145 of the walkers were Chehalis Tribal Members. Thank you all for supporting our tribal event.

There were 80 raffle prizes that were donated for the raffle that was held at the end of the walk. Each participant had to walk the cancer loop that

was marked off with pink ribbon signs, starting at the Community Center then to the tribal center and then down to the 4-way and finally back to the community. Each walker had to finish in order to receive a raffle ticket. This year each walker received: Cancer t-shirt, infused water bottle, key chain, and car charger plug-in.

I would like to take the time to thank these companies, departments and individuals for donating items for the cancer walk: Chehalis Tribal Business Committee, Accounting Department, Law Enforcement, Family Services, TGA, Human Resources, Behavioral Health, Heritage & Culture, Chehalis Tribal Enterprises, Great Wolf Lodge, Kevin Bray from the Lucky

Eagle Casino, Fred Shortman, REZ Gear, Boo Thomas, Penny Gleason and Little Creek Casino.

Special Thank You

Thank you to the following: Pam Youckton, Stacy Youckton, Joyleen McCrory, Vernon McCrory, Brenna Youckton, Talisa Baker, Ray Jr, Bones, Heather Hoyle, Venessa Castle, Stephanie Pickernell, Harry Pickernell, Philip Youckton, Theresa Youckton, and Cheryle Starr.

These individuals sure show their support each year to make this walk happen. We are looking forward to next year's walk and hope that more people come out and support cancer awareness. Thank you all once again for your support!

