Second Annual Parade a Huge Success
Uniting Friends, Families, and Programs

The Vocation Rehabilitation Program hosted its annual parade on Friday, August 14. The theme for building the floats this year was Decades, which means anything in the 1920’s through the 1980’s. Many programs went all out this year with planning, building and dressing their part. The parade started at Howanut Road and ended at the Tribal Center. Of course candy is an added attraction as children and adults were seen along the path picking up the delicious treats.

When the parade was finished, food was provided by the Lucky Eagle Casino staff. Various programs provided other resources to assist families. It was a well rounded and fun day!

From Orinda Goddard, Vocation Rehabilitation Program Director

Thank you everyone for a successful summer outreach parade! Rain, shine, thunder and lightning storm…We did it!!! We all were very impressed with all the floats this year. You all did a lot of hard work on your floats. It really made it very difficult for the judges to decide the winners. Our judges this year were John Setterstrom

Continued on Page 12

“PADDLE FOR THE BATTLE”… A DAY FOR HEALING AND SHARING

By Lyn Dennis, Lummi/Tahltan of B.C.

The “Paddle for the Battle” addresses cancer and through healing. 10 canoes began pulling at Twanoh State Park on the Hood Canal and arrived at Potlatch State Park on August 22. The tide was high and yet the waters were still, as canoes from Quinault, Chehalis, Port Gamble S’Klallam, Muckleshoot, and Skokomish landed.

All ages, both Native and Non-Native aligned the beach, as Chairman of the Skokomish Tribe, Guy Miller, and tribal members sang a welcome song.

The Quinault Nation’s canoe came ashore and sang a traditional song, stating it was an honor song and they were glad to be here.

Emcee Marty Allen, of the Skokomish Tribe, welcomed everyone and introduced Elder Delores “Dorie” Gleason, who is 78 years old and a cancer survivor. She said she got cancer in her 40’s and had difficulty getting health care. Those were very hard times for her and she felt alone. She said, they were glad to be here.

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The canoes were greeted by the hosting Skokomish Tribe.

“I am happy to be a witness today and we are survivors and I want to thank everyone for being here today.”

There were various speakers who wanted to share about their experiences with cancer. Rodney Youckton, a Chehalis Canoe Family member said, “I am very honored to be able to support fighting cancer. It is important to maintain a positive attitude. Look at all the young kids participating. They are our next hope. To have confidence to overcome challenges.” He concluded “It is always a blessing to be thankful today.”

Roberta Ortiz, a puller and member of the Ogglala Sioux Yomba Shoshone Tribe, came from Portland, Oregon. She represents NAYA, the Native American Youth Association. She said, “The biggest part is showing up. I am honored to be on your water and appreciate opening your community.”

Lukas Angus, a puller and member of the Nez Perce Tribe, who also traveled from Portland, said he wants to gain knowledge and offer prayers.

John Cayou, Jr., of the Swinomish Tribe said, “When this canoe journey started, to travel community to community like our elders used to do. I want to thank the elders and thank who

organized this event. Singing the songs on the water is a blessing.”

Gary Petersen, a Skokomish Tribal member, said “We are reclaiming many things, our language, culture and Indian names. My mother had colon cancer and it was terminal. She was only 47-years-old when she passed away. She would have had a better chance if she had the resources we have today. He went onto say that he has been a social worker for the past 40 years and involved with the Indian Child Welfare Act. “We want to make sure our Indian children are raised in our tribal communities. This is a chance for our young people to sing on the water and pull in the canoes.”

Walter Jackson, a Quileute Tribal member, said “I would like to thank the Skokomish Tribe and everyone who helped with putting this together. We need to continue to pray for our loved ones fighting this battle.” Jackson went onto say “My daughter, Charlotte is battling cancer. She is fighting it and is determined. I’m thankful to all of you for being here.” He also said it was special to see the young ones singing on the beach and encourages them to listen to elders when they speak.

Ed Green, a Skokomish Tribal member and skipper said, “This is a good cause. We’ve got to live good and healthy and we’re going to keep doing this “Paddle for the Battle.”

Elsie Allen, a Skokomish Tribal member said, “I am a survivor of cancer. We all love you and we have your back.”

Emcee Marty Allen said, “I am thankful to be here today and be a witness. It touches my heart to see people fighting this cancer.”

Dennis Jones, a Port Gamble S’Klallam Tribal member said, “I am here for my father. Cancer grabbed my dad and tried to take him down. My dad is here because of prayer. I wouldn’t cry about what my dad was facing. I sat with my dad in the kitchen and told him that he taught me never to give up. He’s still with us here today after 10 years. And we looked upon everyone who prayed.” Jones concluded and said this event is a really great thing.

Anna Brown, a member of the Nisqually Tribe, standing up in front of everyone wearing a red scarf said, “I have lung cancer. I’m hanging in there. I’ve been through chemotherapy and radiation. I am happy to be here.”

Rose Robinson, a member of the Quinault Nation and Skokomish said, “I’m honored to be here. I lost my mother to colon cancer and she was only 55-years-old. I am honored to see all the survivors.”

Lester Dan, a member of the Quinault Nation said, “I lost my wife to cancer. The water is healing and I am glad to be here today.”

Bill Kalapa, a Makah Tribal member from Neah Bay said “I’m a cancer survivor. Those were the loneliest years of my life and suffering the after effects. I’ve been a preacher all my life and I know I can trust God. The flyer for this “Paddle for the Battle” said to come meet with old friends. You’ve been a wonderful audience and good listeners.”

Then a traditional Tukaduq Potlatch Feast was enjoyed by all, including the famous Hood Canal shrimp, barbecued salmon, elk, and a variety of side dishes. A special thanks to Volunteer Cook: Gussy Blacketer; Shrimp Cook: Cody Andrews; Harvesters: Tim LeClair/shrimp; Ed Green/elk and fish; Fish Processing: Mark Warren; Fish Cooks: Kevin and Norma Cagey.

This is a fundraiser to help cancer patients. A special thanks to the Squaxin Island Tribe and S.P.I.P.A., the South Puget Inter-tribal Planning Agency for donations of food and gifts. The raffle had a number of donations, from Native artwork to sweatshirts, firewood and more.

Hosted by the Skokomish Tribe, appreciation goes to the “Paddle for the Battle” Planning Committee: Chair: Rita Andrews; Vice-Chair: Ed Green; Treasurer: Darlyn Warren; Secretary: Heidi Brown, and others included: Shanoah Cloud; Jody Rosier; Joseph Vukich; Eleanor Smith; Annette Smith; Lila Vigil; Kimberly Miller; and Jake Smith.

The “Paddle for the Battle” was a special day of healing for all.
Chehalis Stream Team – Learning About Our Waterways

Each of the Stream Team youth earned their boating education certification. Then they all took turns operating a jet boat, air boat, and prop boat on Mayfield Lake. Next, the youth took turns kayaking from Adna to the Oakville boat launch and measured the river water temperature, dissolved oxygen level, and pH. Over the summer, the youth entered their data and charted the average water temperature of the Chehalis River. They found the average temperature to be between 68 and 69, which is higher than normal, and can negatively impact salmon populations.

While the Stream Team was in the tribal waterways, they also learned to identify different juvenile fish, and they surveyed the streams that feed into the Chehalis. The youth found that some of the tributaries to the Chehalis were much cooler than the river itself. In addition to learning about the water and the fish, the Stream Team learned how to operate the Tribe’s drone. They were able to fly the drone and take pictures of different parts of the reservation and the river. Each youth learned to tag adult fish, and how to use radio tracking to track the fish. Besides testing the river and creeks, the youth also tested the Tribe’s monitoring wells for groundwater quality. And don’t worry, they got some fishing in too – fly fishing and night fishing!

Towards the end of their time on the Stream Team, the youth presented the data they had gathered to the Business Committee. Although they were nervous to speak in front of them, the teens all did a great job sharing what they had learned. The Stream Team project was funded by a BIA Tribal Youth Initiative Program grant. This is the second year the Tribe has received this grant for the Stream Team, and we are all excited to see the youth continue to learn about their river and the fish is supports.

Continued on Page 10
If You Have Diabetes, Take Care of Yourself by Getting a Flu Shot

If you have diabetes, getting the flu can give you more than aches and pains. It can mean being sicker for a longer time. You might have to go to the hospital. It is even possible to die from the flu. This is because when you have diabetes, your body’s flu-fighting system may not be as strong.

What is the Flu?
- The flu is an illness that spreads from person to person. It is different than a cold. The flu may give you:
  - Headaches and/or body aches
  - A 100 degree Fahrenheit or high fever
  - A cough and/or a stuffy nose
  - Chills
  - Tiredness
  - Nausea, vomiting, and/or diarrhea

Get a Flu Shot Every Year
The types of flu change from year to year. To protect yourself, get a flu shot every year. The fall season is the best time to get your flu shot.

You Won’t Get the Flu From a Flu Shot
The flu shot does not contain a “live” flu virus, so it cannot give you the flu. Some people may get flu-like symptoms for a few days after the shot, but this is not the flu.

You may still catch the flu later, even if you had a flu shot. But the shot will help because you won’t get as sick. You will be less likely to go to the hospital.

Your Family Needs Flu Shots, Too
The flu spreads very quickly from person to person, so all family members need flu shots. Anyone over the age of 6 months can get one. Ask your family members to get their flu shots. It will help keep them from getting sick. They will be protecting you and other family and community members who have diabetes and other health conditions.

Contact your health care provider about getting a flu shot.

Diabetes Clinic
September 22 and October 28, 8:30 AM to 4:00 PM
Chehalis Tribal Wellness Center

The Chehalis Tribal Wellness Center will be holding their Diabetes Wellness Clinics on the following dates:

This day will focus on the care of the diabetic patient. We will have healthy snacks available, diabetes information, diabetes meter exchange if you are in need of an update meter.

Patients will have labs done, see their health care provider, and see the Registered Nutritionist. Check to see when your last Diabetes eye exam, Diabetes foot exam, and Dental exam were, review your immunizations, your medications, and also screen for Depression and Tobacco use.

If you are a Diabetic and have not been seen for your regular Diabetes care we want to see you. We will be having a Diabetes clinic every month, and plan to see all our diabetic patients.

If you want to schedule your Diabetes Appointment Please call Pat Odiorne, RD, CDE or Christina Hicks, Community Wellness Manager at 360-273-5504.

All Diabetic Patients who schedule an appointment and complete all screenings during their visit will receive a special incentive! And be put in for a raffle at end of day!

Mammogram Clinic

Thursday, September 10, and Thursday, October 22
9:00 AM to 3:00 PM
At the Chehalis Tribal Wellness Center
(Assured Imaging will be here inside the clinic)

Incentives
Breast care information
Drawing for a Pendleton blanket

Please call the clinic at 360-273-5504 to schedule your appointment.

If you have any questions regarding your eligibility please contact:
Christina Hicks, N.W.W.P. Outreach Worker at 360-273-5504 EXT. 1741

“Every Woman counts, tell your sisters, daughters, mothers, and friends to have a mammogram done yearly”

Staff Profile: Referral Coordinator CTWC

Hi, my name is Lori Smith. I am the new Referral Coordinator for the Chehalis Tribal Wellness Center. I am an enrolled member of The Confederated Salish & Kootenai Tribes of the Flathead Nation (Montana). Together my husband and I have 6 children and 11 grandchildren which keeps us pretty busy with all the sports activities the kids have going on 😊.

I have previous experience working in a health clinic; I spent many years working at the Skokomish Health Center. I am very excited for the new opportunity to serve the Chehalis community and look forward to working with and meeting everyone.
Chehalis Tribal Wellness Center Has a Podiatrist Available

Diabetic patients should have their feet checked by a Podiatrist at least once a year, even if you don’t have any foot problems.

Foot care tips for people with diabetes:

People with diabetes have to take special care of their feet. You should have a comprehensive foot exam every year. Some things you can do to keep your feet healthy:

■ Wash your feet in warm water daily.
■ Dry your feet well, especially between the toes.
■ Keep the skin soft, with a moisturizing lotion, but do not apply in between the toes.
■ Inspect your feet daily for cuts, bruises, blisters, or swelling. Tell your health care provider right away if you find something wrong.
■ Ask your diabetes care team how you should cut your toenails.

Podiatrist Deborah Behre, DMP will be here on
Monday, September 21 from 8:30 AM to 4:00 PM
Monday, October 26 from 8:30 AM to 4:00 PM
Monday, November 30 from 8:30 AM to 4:00 PM

If you would like to make an appointment to see her please call the CTWC at 360-273-5504 and ask to speak to Pat Odiorme or Christina Hicks.

Back-To-School Dental Care Advice For Parents

Here are some dental care tips as the school year gets underway.

1. Adequate home care: As always, brushing and flossing are important for kids, but for youth under 7 years of age, the parent or guardian should also be doing the brushing at least once each day. Make it a habit…once in the morning and once at night. You can decide when is best. Perhaps getting the kids to brush before breakfast will save time so that they can catch the bus.

2. Healthy diets and choosing fruits, vegetables, and water for children’s lunches.

3. Trauma prevention can ensure that children’s teeth stay healthy when they get back to school. The advice: ensure that kids use mouth protection when playing sports. The Chehalis Tribal Dental Clinic can help by making custom mouth guards for youth in school sports programs.

We suggest a “back-to-school checklist” calling for regular dental exams, good dental hygiene habits at home, plenty of healthy snacks, and properly fitted mouth guards for student athletes.

Medication Prescriptions Changes

The Chehalis Tribal Wellness Center is no longer picking up medications from Safeway in Centralia. If you wish to continue to receive your medications from there, you will have to pick them up yourself. We now utilize Kirk’s CHS Pharmacy in Lacey, as they deliver medications to the clinic during the week.

If your want your medication delivered, please contact Kirk’s CHS Pharmacy to have your medications transferred over to them at 360-493-8614.

NOTE: Narcotics can not be delivered. If you have any questions or concerns, please call the clinic at 360-273-5504.

NWWP’s 13th Annual Inter-Tribal Breast Cancer Awareness Walk

Hosted by Chehalis Tribe
Saturday, October 17
10:30 AM to 2:30 PM
Community Center ~ Gathering Room ~
Registration will start at 10:00 AM
Opening Prayer – Welcome at 10:30 AM
Walk will start at 10:45 AM
Lunch starts at Noon
Cancer Survivor Speaker at 12:45 PM
Honoring Breast Cancer Survivors
Door Prize Raffle
All walkers will get a T-shirt (while supplies last)

Looking for Volunteers to help with the walk!
For more information about the walk please contact:
Christina Hicks, Community Wellness Manager at CTWC phone: 360-709-1741
September is Childhood Obesity Awareness Month

Submitted by SPIPA WIC Staff

Your child is watching and learning from you. Obesity has serious health consequences. Childhood obesity puts kids at risk for health problems that were once seen only in adults such as type 2 diabetes, high blood pressure, and heart disease.

Children’s eating patterns and food preferences are established in early life and are greatly affected by parenting styles. The epidemic of type 2 diabetes, which includes AI/AN communities, is associated with decreasing levels of physical activity and an increasing prevalence of obesity. Promoting physical activity and healthy eating is a critical part of the prevention and management of type 2 diabetes.

Here are some nutrition and fitness tips to choose from to keep your child at a healthy weight:

Healthy eating guidelines include:
- Choose healthy drinks.
  - Make water the first choice for drinks.
  - Choose sugar-free drinks.
- Eat three meals a day, including breakfast.
- Keep snacks small and healthy.
- Eat a variety of foods from all the food groups.
- Expose children to a variety of healthy foods at an early age.
- Eat healthy amounts of food.
- Eat five or more fruits and vegetables a day.
- Eat more whole-grains.
- Eat fewer high-fat foods.
- Eat less fast food.
- Pay attention to body messages for hunger and fullness.
- Importance of family meals.
  - Handle refusals to eat in healthy ways.
  - Avoid overfeeding and food rewards/punishments.

Healthy physical activity guidelines include:
- Be physically active one hour or more every day.
- Engage in two hours or less of screen (sitting) time each day.
- Develop enjoyable lifetime fitness activities.

Choose one new healthy habit to start, then add others as you can.

Source: IHS Diabetes Best Practices Youth & Type 2 Diabetes Prevention & Treatment. Revised April 2011

WIC Program

(Women, Infants, and Children) provides healthy foods and nutrition information for you and your child up to age 5.

For appointments or questions, contact:
- Deb Shortman at 360-709-1689
- Debbie Gardipee-Reyes 360-462-3227
  or gardipee@spipa.org
- Patty 360-462-3224 or SPIPA main number: 360-426-3990

First Thursday each month
9:00 AM — 3:00 PM
at the Chehalis Wellness Center
(dates and times may change)

ATTENTION
ALL CHS/PRC PATIENTS!

Have you been referred for medical care? Are you receiving medical bills in the mail?

If so please bring them to the Chehalis Tribal Wellness Center so the Purchased Referred Care Department can process and pay them.

Greetings,
The 2015 Native American Student Day at the University of Washington (Seattle) application is now live.

Native American Student Day
When: October 9th, 2015 (Friday)
Where: waldq慌@ – Intellectual House
Time: Registration/Resource Fair opens at 8am
  Program begins at 8:45am
  Program ends at 5pm

There are a few changes to note for this year’s conference.

1. Travel support is available for students coming in chaperoned groups (details can be found under Travel Support on the NASD webpage listed above). Proposals must be received by September 18th.

2. A Group Registration form is available for chaperoned groups. Students not in groups will sign up via the Individual Registration.

3. Native American Student Day is available for grades 9-12.

Travel support however will prioritize Juniors and Seniors.

I look forward to seeing at Native American Student Day. Jim

Jim La Roche (Lower Brule Sioux: Kul Wicasa)
Admissions Counselor
Multicultural Outreach & Recruitment

Office of Minority Affairs & Diversity
University of Washington
1410 NE Campus Parkway
Seattle, WA 98195 Box 355845
larocher@uw.edu 206 685.3022

New CTWC PRC Available

Are you Contract Health Eligible? Have you received your new ID card? This ID card along with a Purchase Order will help to ensure outside providers are billing the Purchased Referred Care Department quickly and accurately.

If you or your family members have not received their card, please see
Deb Shortman at the Chehalis Tribal Wellness Center.

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http://depts.washington.edu/reach/
School Bus Traffic Safety Tips to Protect Your Family

For twenty three million students nationwide, the school day begins and ends with a trip on a school bus. The greatest risk is not riding the bus, but approaching or leaving the bus. Before children go back to school or start school for the first time, it is essential that adults and children know traffic safety rules.

Drivers

- When backing out of a driveway or leaving a garage, watch out for children walking or bicycling to school.
- When driving in neighborhoods with school zones, watch out for young people who may be thinking about getting to school, but may not be thinking of getting there safely.
- Slow down. Watch for children walking in the street, especially if there are no sidewalks in neighborhood.
- Slow down. Watch for children playing and congregating near bus stops.
- Be alert. Children arriving late for the bus may dart into the street with out looking for traffic.
- Learn and obey the school bus laws in your state. Learn the “flashing signal light system” that school bus drivers use to alert motorists of pending actions:
  - **Yellow flashing lights** indicate that the bus is preparing to stop to load or unload children. Motorists should slow down and prepare to stop their vehicles.
  - **Red flashing lights** and extended stop arms indicate that the bus has stopped, and that children are getting on or off. Motorists must stop their cars and wait until the red lights stop flashing, the extended stop sign is withdrawn, and the bus begins moving before they can start driving again.

Children

- Get to the bus stop at least five minutes before the bus is scheduled to arrive.
- When the bus approaches, stand at least three giant steps (6 feet) away from the curb, and line up away from the street.
- Wait until the bus stops, the door opens, and the driver says that it’s okay before stepping onto the bus.
- If you have to cross the street in front of the bus, walk on the sidewalk or along the side of the road to a point at least five giant steps (10 feet) ahead of the bus before you cross. Be sure that the bus driver can see you, and you can see the bus driver.
- Use the handrails to avoid falls. When exiting the bus, be careful that clothing with drawstrings, and book bags with straps don’t get caught in the handrails or doors.
- Never walk behind the bus.
- Walk at least three giant steps away from the side of the bus.
- If you drop something near the bus, tell the bus driver. Never try to pick it up because the driver may not be able to see you.

Parents

- Teach children to follow these common sense practices to make school bus transportation safer.
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Happy 55th Anniversary
September 6th
Dolly and Hector Canales
From your loving family!
Children Learn Rules of the Road at Bike Rodeo

By Mike Mcnair, Community Resource Officer

Children await their turn to enjoy the bike rodeo course at the Community Center.

During the Back-to-School event our Chehalis Tribal Law Enforcement put on a bike rodeo. The bike rodeo emphasized hand and arm signals for bicycle safety for any child who participated. About 60 children participated in the bike rodeo. They also received a flyer in order to teach the children about the “Rules of the Road.”

There were 21 Bikes and Helmets raffled off. These were donated by Public Safety, Youth Center and Planning. There are plans to make this an annual event, so watch for flyers.

Many thanks to all the helpers that assisted in making this bike rodeo such a success: Sergeant Kelly Edwards, Jason Dickerson, Alexa Strawder, and Sheldon Pruett.

For more information on bicycle safety, visit the National Highway Traffic Safety Administration (NHTSA) web site at: www.nhtsa.dot.gov

Volunteers display the safety techniques to ensure their safe travel to the next station.

10th Annual Dancing in the Square Powwow

Ripon Square
Downtown Portland
~September 25~
12:00 - 5:00 PM

This event is FREE and open to the public. A Drug Free, Alcohol Free, Commercial Tobacco Free, and Violence Free event.

Vendors and Educational Booths

For more information, please contact Candice Jimenez at 503-416-3264 or cjimenez@npaihb.org

USDA Food Program

Distribution Dates

September 24
October 22
November 19

Pickup is at the Community Center from 9:45 AM to 1:30 PM

Please call the SPIPA Food Distribution Warehouse at 360-438-4216 Monday through Friday between the hours of 8:00 AM till 4:00 PM

Our staff will be happy to assist you in applying for this program.

Division of Child Support

Eric Stender, Support Enforcement Officer - Tribal Liaison, 360-664-6971
stender@dshs.wa.gov

Not sure how to get started? Have questions? Need help filling out paperwork?

Just show up between 1:00 - 3:00 PM every second Wednesday of the month
Chehalis Tribal Social Services Conference Room

Call this toll-free number if you suspect that a child or vulnerable adult is being abused or neglected. The Operator will connect you with the right DSHS office to make your report.

Washington State Department of Social and Health Services
Toll Free 1-866-End Harm (1-866-363-4276)
You may also call Chehalis Tribal Law Enforcement at 360-273-7051
Protect Services Office hours are 8:00 AM to 4:30 PM in the Social Services Building.

If you are called about immediate life-threatening emergency call 9-1-1!
I finished all the documents, my supervisor sent them to the court house and they asked if I could put in margins and footers on all of the papers. I finished that job rather quickly, but in between all that, I got to sit in on an official meeting and hear what goes on behind the scenes. While some may say it was boring, I found working for OTA very interesting. When OTA couldn’t find any more work for me to do, I was sent to work at the Planning Department.

While working at Planning, I learned how to make business licenses and send them out to the clients. I also got to sit in on a meeting the department had, and worked on the float for the VR Parade. I learned how to use all the equipment in the Planning Department, so time really flew by in there. At the end of the day, I enjoyed being in OTA and Planning, as they helped me learn life skills and learn about the field I want to go into.

**Shyan Ortivez:** Working at the Head Start was a great experience. I worked with the babies and although they cried I had a great time. We went for walks every morning. I would get a little bored during their nap times but after naps we would eat and then play in the classroom. At times there would be one baby that would not go to sleep, or they would sleep for twenty to thirty minutes and then end up waking the rest of the babies up. It wasn’t easy, but I would not change this work experience. I am glad I was able to work during the summer, because it will help me sooner or later in life.

**Jakeb Hoyle:** While I was working at law enforcement we did three main things: I took the driving courses, I typed, and I also did a lot of outside stuff. The driving course involved the performance test and the timed course. While typing I copied a BIA Handbook and did a bit of labeling and filing. Some of the outside stuff I did were things like washing some of the police vehicles, delivering mail, and painting.

During the driving course we did two things: The performance and the timed courses. The performance course was a bit slower because you had to take your time on stuff like turning around and parallel parking, but you always have to watch out for the cones because you can only hit 4 cones. Now the timed course was a bit faster. We had to take turns going 40-60 mph, and this time if you hit a cone your time goes up.

While typing I had to focus on three main things: Digitizing a BIA Handbook, labeling, and filing. While copying the handbook I had to make sure that I had everything perfectly spaced. Labeling and filing however was a bit easier. All I had to do was replace a few numbers, print the labels out and put them on folders with the corresponding numbers. After that I had to arrange each folder in the correct filing cabinet.

Last the stuff I did outside: Washing cars, delivering mail, and painting. Washing cars was pretty easy of a job until I had to wash the van, or some of the bigger police cars. Delivering mail was the easiest of the three jobs. I had to walk to the Tribal Center and well..., deliver mail. However painting was the hardest of the three because I had to paint the shed, trying to reach places way over my head.

The most memorable part of this summer was going to the Northwest Trek. I had my own little group for the first time!! I was a little worried that I was going to lose one. I didn’t, and they had fun. Overall this summer was a fun, memorable, and tiring one. Hope to come back next year!

**Duane Gleason:** Over the course of this time I spent as a youth worker I was put as team leader for the five other youth workers in the Department of Natural Resources. I learned what it is like to be a supervisor over a group of employees, which also came with multiple responsibilities. One of the responsibilities learned was having to terminate a worker for a lack of accountability which was not as simple as I once thought. This was a difficult decision but it had to be done. Another responsibility was to keep the schedule for all the workers organized and on task, as well as always keeping them busy.

But as a youth worker I learned things as well which may possibly be useful in life depending on how I decide to plan my future and which career I choose to go into. But I learned about part of the fish anatomy, how to tell if the fish is male or female, and how to not hurt the fish when we tagged them. I learned more about gular tagging which is where we place a tag in the fish’s stomach, we are not interfering with the feeding process cause usually when we gular tag the fish they have not eaten and have an empty stomach. I learned about P.I.T. tagging (passive integration transponder) which is where we place a tag about the size of a grain of rice in the dorsal sinus which is at the base of the dorsal fin, this does not hurt the fish cause it as an unused cavity in the fish’s body, but on juveniles (preadolescent fish) we place in the pyloric caeca which is just right on the under belly of the fish which also is an unused part of the body of the fish.

**Desirray Klatush:** I learned many things this summer while working the summer. Working at the clinic was an amazing and wonderful experience! I’ve gained a lot of confidence. I learned how to put chart information in the computer and how to utilize the computer system. I would love to work there again. The people there are really amazing. I would like to thank them for allowing me to experience all of this.
On a beautiful summer day in August the Youth Services program held their annual Back to School Bash for the upcoming 2015-2016 school year. The team members from the youth center were on hand to give gift cards and backpacks for new and returning students, while the Education Department made available gift cards to assist with the many supplies needed for education. This gave the community and the youth a chance to get to know the staff who has made its priority number one to help the future of our tribe succeed in any way possible.

Tony Medina spoke with many of the attendees about what they could expect from the Youth Center in the upcoming year and opportunities on how the community could volunteer in his ever growing department.

The members of the Education Specialist Team met with many parents to explain how they would assist with student needs and much more. With 164 students signing up at this event it will be a fun year for them, but they are always up to the task. Rachel Mendez and the higher education department had representatives from local colleges on hand with information about continuing education after high school for those who might be interested.

To battle the heat, that reached up into the mid 90’s, Merry Makers were on hand with water slides, misting stations and a jousting arena. However, the biggest hit was the rock wall. Kids young and old, tall and small tested their ability in three levels of difficulty and all day you could hear the bell sounding a successful climb. There was a lot of help on hand from the Chehalis Tribal senior class hoping to complete their community service requirements and helped out with the BBQ lunch provided by the Lucky Eagle Casino.

To cap the day off, community outreach officer Mike McNair held a bike rodeo. This gave the children a crash course (no pun intended) in bicycle safety and raffled off many bikes and gear to promote safety and an activity driven lifestyle.

In the end, the day was a tremendous success for the departments and the community. As we do many times a year, the community came out in support of the event and spent time with one another. We always come together to share a moment and a meal with our friends and family. If you are interested in offering a special skill you have with our youth, please contact Tony Medina at 360-273-9674.

If you have questions about your student’s education you may contact any of the following- Jodie Smith 360-709-1897, Nate Floth 360-709-1878, Jesse Gleason 360-709-1759 or JJ Shortman 360-709-1749.

For your higher education needs of any kind you may contact Rachel Mendez at 360-709-1698.

Please remember, if you haven’t signed your child up for education services or filled out the necessary paperwork for the youth center you may do so at any time. However, the sooner the better.
Parade continued from Page 1

(Casino), Carol Cordova (Skokomish VR Director), Michelle Sorlie (Lewis County Public Health) and Ollie Obi (Quinault Tribe).

Our winners for this year was:

**Best Float**
- Planning Department 1940’s ~ 1st place
- Enterprises 1960’s ~ 2nd place
- Hotel 1950’s ~ 3rd Place

**Best Dressed**
- Rodney Youckton (Enterprise) 1960’s ~ 1st place
- Garth Hamilton (Accounting) 1960’s ~ 2nd place
- All of Law Enforcement 1920’s ~ 3rd place

**Youth Awards**
- Daryl “Bubbah” Boyd ~ 1st place
- Kylee Secena ~ 2nd place
- Falisty Bumgarner ~ 3rd place

**Heartfelt Thanks!** Thank you to all the departments that participated: Accounting, Law Enforcement, Planning, Clinic, Behavioral Health, Youth Center, Education Program, Human Resources, Loan Department, Chehalis Royalty, Lucky Eagle Human Resources, Lucky Eagle Marketing, Lucky Eagle, Chehalis Tribal Enterprises and all the youth that walked in the parade! Our community loves this parade and looks forward to it every year. Special Thank You to Social Services for the donating the BBQ lunch and Chehalis Tribal Enterprises for donating beverages. It was good food and thank you all for standing in the rain to help eat the food as well! We had 30 raffle prizes donated for our raffle. There was over 200 people that stayed for this event. Thank you to local programs for coming out and providing resources to our community. We had Molina, Gravity, Reliable, PAVE, Resource Center, Teen, Timberland, REZ Based GHC, Parent 2 Parent, Department of Vocational Rehabilitation State office, CISPUS Center, and Lewis County Public & Health & Social Services. Big Thank you to Heather Hoyle, Francis Pickernell, Vanessa Castle, Pam Youckton, Tammy Boyd, Ollie Obi, Philip Youckton, Leroy Boyd, Samuel Starr-Wright and Meja Handlen. Now, on to making sure we all can come up with a great theme for next year’s parade...and hope for no thunder and lightning storms!! Thank you all again for making this a successful event!