Steps for survivors

Cancer awareness walk shares hope

Submitted by Jen Olson, Cancer Program Manager

Even though rain was in the forecast, more than 130 tribal and community members braved the weather and busy holiday season Nov. 19 to walk in support of those facing cancer. The 2016 Intertribal Breast Cancer Awareness Walk was hosted by the Squaxin Island Tribe. Initially scheduled for Oct. 15, the sixth annual walk was postponed because of severe storm.

More than 500 people gathered at Lucky Eagle Casino on Nov. 11 for an evening celebrating veterans.

Thank you, veterans

Patriotic dinner recognizes honor, sacrifice and pride of those who serve our country

The 15th annual Veterans Recognition Dinner on Nov. 11 honored those who served our country. Many veterans came to Lucky Eagle Casino to witness and participate in this special ceremony established by the Veterans Day Committee and the Chehalis tribal community. Upon entering the events center, you could feel the patriotism, love for our heroes and pride in our precious United States of America.

More than 500 people came out to honor veterans from all the wars. Their sacrifice to protect our freedom doesn’t go unnoticed. They stood proudly in their uniforms, representing each division in the United States Armed Forces. The 2016 Intertribal Breast Cancer Awareness Walk had a large turnout.

See VETERANS, page 2

See WALK, page 11
Forces. The heartfelt evening was the Chehalis Tribe’s opportunity to thank those men and women who chose to defend our way of life.

The master of ceremonies was Lt. Jake Dickerson from our Chehalis Tribal Law Enforcement Program. Winona Youckton from the Oakville Shakers Church started off the evening with a prayer.

Posting of the colors

The flags were carried by tribal member veterans and posted with honor on the stage for everyone to see. As the veterans stood for the ceremony, you could see the pride in their eyes.

Chehalis Tribal Royalty Talena Klatush and Mya Ortivez gave the Pledge of Allegiance while dressed in their regalia. Young tribal member Madoleen Goddard sang the National Anthem. They did such an awesome job, and the veterans stood and responded with thunderous applause.

The Chehalis Tribe’s Vice Chairperson Jessie Goddard welcomed everyone. She thanked all of the veterans and their families for attending the ceremony. Jessie recognized those from past wars and offered prayers to those now serving so they may return safely to their families.

Upon entering the room, attendees saw a special table set up on the stage reserved to honor our missing veterans. The POW/MIAs ceremony was performed by Kenneth C. Wojoczynski.

It represents a place that is solemnly held for those who have not yet returned from war. Each item on the table is symbolic of the trials of these missing veterans. Kenneth described the items, sharing what they symbolize.

When the ceremony was finished, everyone raised their glasses to honor America’s POW/MIAs. It was a toast to the success of our efforts to account for them and to the safety of all now serving our nation. The message was: “You are not forgotten!”

Dinner was especially delicious. Fish was provided by the Chehalis Tribe and Lucky Eagle Casino. After the food was blessed by Pastor Marie Bird, everyone was invited to eat. Entertainment was provided by the Chehalis Canoe Family. They brought a coastal Salish style of singing and drumming in honor of the veterans.

Patriotic speakers

The first guest speaker of the evening was retired Air Force Lt. Col. Travis Wofford. He brought a surreal reality to his time in the air force. He shared how the big helicopters that flew rescue missions were nicknamed Jolly Green Giants.

Travis described how he survived his deadly missions and how his determination and training allowed him to be here today. He was able to save his fellow serviceman. Even though they died later, he said if given the same choice knowing the outcome, he wouldn’t change a thing. When he finished his story, the audience clapped for the heroism he showed for his fellow man and country.

Travis Hedrick, who served in the Air Force and holds a doctorate degree in theology, was the second guest speaker of the evening. Travis shared his wisdom and the history of men and women who stepped up to support and defend the United States from enemies at home and abroad. He also shared the reality of war – the sacrifices one makes to protect our values.

War leaves scars, and many veterans still bear the scars and have paid a significant price for their service. Some have given up family time, seeing the birth of a child or saying goodbye to a dying loved one. Others have paid with a limb, their sight or their hearing.

Still other veterans continue to pay with secret mental struggles, nightmares or homelessness. Brother to brother, comrade to comrade, I urge you to remember those who continue to bear the scars of their service. Understand their dedication to the liberty and freedoms of the United States.

See VETERANS, page 3
Gifts galore found at Elders Bazaar

Event helps put presents under the tree, fund activities

The annual Elders Bazaar brought beautiful handmade items to the Lucky Eagle Casino Event Center on Dec. 3. The center was filled with wall-to-wall vendors and a wide assortment of treasures.

There was a wealth of gifts available to wrap up Christmas gift lists for family and friends. It also was a great opportunity to reunite with old friends and make new ones. The Christmas spirit was in the air as people visited, shopped and shared as they enjoyed their day.

Elders provided tasty food for hungry customers to take a break and re-energize before continuing to shop. Who could resist purchasing delicious fried bread, clam chowder, chili or a piece of pie? All food was donated by the elders. The money raised will be used to assist funding elders’ activities throughout the year.

Chehalis tribal elders offered raffle tickets to the delight of many. Items were donated by vendors, and elders were seen bringing in more donations for the raffle. It was a huge raffle with more than 70 items available. Congratulations to all of the winners!

The annual Elders Bazaar rounds out the Christmas shopping season with a warm and inviting place to find special gifts. It’s a great way to meet new people and fund activities the elders plan each year.

Remember, the bazaar is the first Saturday of every December. Merry Christmas and Happy New Year!

VETERANS
From page 2

States and keep them in your prayers.

Tamra Marlow sang America the Beautiful. Halfway through the song, she invited everyone to sing with her. It was a special moment for all as their voices chimed in to finish the patriotic song.

There was a raffle, and gifts were handed out to the veterans. The grand prize was a big-screen television. When the winning raffle number was announced, there was an excited scream of joy from the winner.

Nancy Romero asked those who hadn’t received a gift to raise their hands, and volunteers distributed the remainder of the prizes.

The MC provided an opportunity for those who have served in various armed services to stand proudly and be recognized. He also announced that it is a time-honored tradition to recognize the youngest veteran, Brandon Aker; oldest veteran, Alexander Dunnum; and person with the longest term of service, Curtis Thompson. Each veteran stood up and was met with a roar of approval from the audience.

Jake graciously accepted a coat for his time and commitment as MC. Nancy also announced his 21 years of service protecting our community.

Winona offered a closing prayer to bless the evening.

The event came to an end with the retiring of the colors. Everyone stood in honor and some people saluted as the colors were carried from the stage.

As veterans, let us pledge all the things we hold dear once again to the liberty and freedoms of this great nation. May god bless you and may god bless America.

Thank you, veterans. We continue to honor your precious sacrifice for our country.

Eternal thanks

• Veterans Day Committee: Nancy Romero, Angie Coulter, Gigi Fisher, Gloria Jones, Jo Aldrich, Joseph Talotta, Alyssa Charles, Micheal Stevenson, Tamra Marlowe, Michael McNair, Mand Warren, Jake Dickerson and Lela McAferty.

• A special thanks to all of the volunteers for your hard work and dedication to making this a memorable event for each and every veteran.

• Thanks to those who donated to this special day. Chehalis Tribe, Lucky Eagle Casino & Hotel and Glenco Supply

Hope to see everyone next year!

Chehalis tribal member Madoleen Goddard sang the National Anthem beautifully.
We appreciate your feedback

By Fred Shortman, Communication Coordinator for the Chehalis Tribal Newsletter

Surveys can be tedious, and I would like to say thank you for spending the time to fill out the Chehalis Tribal Newsletter survey at the annual General Council meeting.

This is a great way to evaluate what changes or potential improvements could be made to the newsletter. It also provides valuable information about what our tribal community prefers to read.

A total of 146 people participated in the survey, including 38 elders.

Results showed that while many tribal members have access to the Internet, they prefer to receive a hard copy newsletter. Survey participants said they use Facebook, reader board and word of mouth as sources of information for upcoming events.

Tribal members primarily get their information through the newsletter. Many would pay for advertisements for their businesses.

It was nice to hear that the newsletter is being read, enjoyed and that the information advertised is very important. The newsletter plays a vital role in documenting tribal life. It also shares valuable resources.

I’m so grateful to our newsletter team.

We put a lot of effort into making this a professional and beautiful newsletter. The change in print style improved the photo quality immensely. This changed the way photos are submitted. With your assistance and cooperation, improvements will continue.

Although survey participants said they would rather receive a printed newsletter, the electronic version is available on our Chehalis tribal website. You can read all past and present newsletters on chehalistribe.org.

I noticed that some people requested an address change but forgot to put their name on it. It makes it difficult to change an address without a name on the survey. If you requested a change, please contact me at 360-709-1726. Leave your name, new address and telephone number and I will return your call.

Again, thank you so much for participating. Have a great holiday season!

Congratulations to raffle winners
Joan Martin: Seahawk spirit feather necklace
Derick Youckton: Basket spirit feather necklace
Chayse Bonifer-Youckton: Wireless Internet

To save costs of printing, would a quarterly or bi-monthly newsletter be acceptable?
Yes 95
No 34

What is most important to you if given the choice of receiving a hard copy?
Monthly 78
Bi-monthly 20
Quarterly 12
Doesn’t matter 26

Would advertisements discourage you from reading the newsletter?
Yes 31
No 108

If you have a tribal business, are you willing to pay for advertisements in our newsletter?
Yes 76
No 42

If a hard copy was no longer available, would you read the newsletter on our website?
Yes 44
No 99

Do you have access to or use the Internet?
Yes 130
No 14

Are you an elder?
Yes 38

Do you like the new format of the newsletter?
Yes 135
No 4

Do you receive a newsletter?
Yes 122
No 23

Do you read the newsletter?
Yes 139
No 4

How do you receive your information from programs?
Facebook 53
Newsletter 100
Reader board 26

Bulletin board 12
Word of mouth 59
Other 3

CHIEHALIS TRIBAL NEWSLETTER

The Confederated Tribes of the Chehalis Reservation, ‘People of the Sands’

Articles and opinions expressed are not necessarily those of this publication or the Chehalis Tribal Business Committee.

SUBMISSIONS

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs and drawings to be considered for publication (subject to editing). Contributing writers, artists and photographers include Chehalis tribal community members and staff.

Submission deadline is the first of each month (printed monthly).

TRIBAL CENTER

360-273-5911

420 Howanut Road

Oakville, WA 98568

360-709-1726 (office)

360-273-5914 (fax)

CHIEHALIS TRIBE’S VISION STATEMENT

To be a thriving, self-sufficient, sovereign people, honoring our past and serving current and future generations.

BUSINESS COMMITTEE

Don Secena, Chairman

Jessie Goddard, Vice Chairman

Shoni Pannkuk, Treasurer

David Burnett, Secretary

Leroy Boyd Sr.,

Fifth Council Member

NEWSLETTER STAFF

Fred Shortman, Audra J. Hill and

the Information Technology Team
Annual meeting covers election, business

The Chehalis Tribe’s annual General Council Meeting was hosted at the Community Center on Nov. 5. Many tribal members gathered to vote, discuss issues and learn about businesses the tribe operates. After signing in, each tribal member was given an itinerary to follow during the meeting.

It was Election Day! The General Council voted to select their candidates running for five positions. Throughout the building, business was being conducted – from the main gym to the gathering room to the youth center gym.

After voting, tribal members were seen either going to the youth center gym to check out program resources or into the main gym to gather information. Participants were given the chance to fill out surveys, win prizes and see how programs can enhance tribal community life. It was a great opportunity to put faces to names for those who don’t live on the Chehalis Reservation.

Lucky Eagle Casino

General Manager John Setterstrom updated tribal members on the casino’s expansion project. Some improvements will be completed soon. The construction company is on track to finish in a timely manner. John also discussed how to offset impacts of the casino’s changes on its southern customer base.

Great Wolf Lodge

General Manager Patrick Alvarez shared that the hotel numbers are strong, and our Great Wolf Lodge is considered the busiest of all the lodges. The additions of new activities have been received with open arms by the public and look very promising. Another plan in the works is for tribal artists to sell their artwork in the gift shop. And Patrick continued to encourage tribal members to enroll in the training program. It is a great way for those looking for employment with Great Wolf Lodge to get their foot in the door. He reminded tribal members to come have breakfast with Santa at the lodge on Saturday, Dec. 17.

Chehalis Tribal Enterprises

Manager David Burnett updated tribal members about construction of the Marriot Fairfield Inn and Suites on the Grand Mound property. Other plans are in the works to create additional building opportunities at Grand Mound. And an overflow plan is being created for the other two hotel properties the tribe operates. David discussed future plans to develop the truck stop property in Tumwater and additional properties the tribe has purchased in the Grand Mound area.

New members

The General Council voted to accept the nominees for children to be enrolled in the Chehalis Tribe. There were a few applications that were not complete and an extension was added to allow paperwork to be finished.

<table>
<thead>
<tr>
<th>COMMITTEE POSITIONS</th>
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<tbody>
<tr>
<td>Many committee positions have been created to enhance stability on past decisions and progress for each committee. Members are responsible for attending meetings. A description of the committee is available for members to learn what the goals and objectives are for their respective committee. New committee members were voted in by the General Council. Here are the committee selection results:</td>
</tr>
</tbody>
</table>
| Personnel Committee | 1. Lucy Hill  
2. Dianne Pickernell  
3. Sara Myer  
4. Dolly Canales  
5. Janice Latch  
6. Charlotte Youckton Two-year terms – members 4-6 are up in 2017  
| Heritage Committee | 1. Thomas Trott  
2. Dolly Canales  
3. Lydia Klatush  
4. Cindy Andy  
5. Christina Hicks Two-year terms – members 5-6 are up in 2017  
| Head Start Policy Council G.C. Representative | Phillip Youckton Annually  
| Trust Committee | 1. Farley Youckton  
2. Jaimie Smith  
3. Anna Hill  
4. Suzanne Ortivez  
5. Janice Latch  
6. Christibeth Klatush  
7. Leroy Boyd  
8. Dolly Canales  
9. Jesse Gleason Three-year terms – 4-6 are up in 2017; members 7-9 are up in 2018  
| Constitution Committee | 1. Farley Youckton  
2. Dolly Canales  
3. Racheal Wells  
4. Dianne Pickernell  
5. Helen Sanders  
6. Chris Ortiz (alt) Two-year terms – members 5-6 are up 2017  
| Fisheries Committee | 1. Shawn Ortivez  
2. Maynard Starr  
3. Jerry Youckton  
4. Dustin Klatush Three-year terms – all members are up in 2018  
| New Business Committee | 1. Joan Martin  
2. Jerrie Simmons  
3. Rose Choke  
4. Janice Latch  
5. Mary DuPuis Four-year terms – 1-2 are up 2017, 3-5 are up in 2018  
| Health Board | 1. Joan Martin  
2. Jerrie Simmons  
3. Rose Choke  
4. Janice Latch  
5. Mary DuPuis Four-year terms – 1-2 are up 2017, 3-5 are up in 2018  
| | Chairman: Don Secena  
Vice-Chairman: Jessie Goddard  
Secretary: David Burnett  
Treasurer: Shoni Pannkuk  
Fifth Council: Leroy Body  

Attendees filled out surveys while tribal programs explained the resources they have available during the General Council Meeting.
HEALTH/FITNESS

Food program offers better selection

Many people have misconceptions about the food offered by the SPIPA Food Distribution Program.

It’s definitely not just about the cheese nowadays, although we do still offer that! We now have better food options. There are more frozen meats and in-season fruits and produce being offered than ever before. Below is a partial list of what is available.

If you or a member of your household are enrolled in a federally recognized tribe or you live within the reservation boundaries of the Chehalis, Nisqually, Skokomish, Squaxin Island or Port Gamble S’Klallam Tribes, you might be eligible. Recent changes have been enacted by the USDA that make it much easier to qualify.

FRESH FRUITS
- Apricots
- Peaches
- Pears
- Oranges
- Grapefruits
- Lemons
- Apples

FROZEN MEATS
- Whole chicken
- Bison/buffalo

GROUNDED MEALS
- Ground beef
- Roast beef
- Chicken breasts
- Pork chops
- Ham
- Cabbage
- Broccoli

DAIRY
- Block cheese
- Sliced cheese
- 1 percent milk
- Butter

FRESH VEGGIES
- Romaine lettuce
- Green beans
- Onions
- Carrots
- Celery

OATMEAL
- Refried beans
- Crackers
- Mixed fruit and nuts
- Roasted peanuts
- Macaroni and cheese

CANNED
- Spaghetti sauce
- Tomato sauce
- Beans
- Beef stew
- Soups

DAIRY
- Block cheese
- Sliced cheese
- 1 percent milk
- Butter

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- Apricots
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- Lemons
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FROZEN MEATS
- Whole chicken
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GROUNDED MEALS
- Ground beef
- Roast beef
- Chicken breasts
- Pork chops
- Ham
- Cabbage
- Broccoli

Water testing helps protect community’s health

The Chehalis Tribal Water Quality lab in the Department of Natural Resources building performs a number of tests on the surface water (rivers), ground water (wells) and drinking water for the tribe.

River water testing monitors the overall health of water throughout the entire Chehalis basin. Our data work in conjunction with other agencies, local, state and federal, to help determine planning and restoration strategies to ensure a functioning ecosystem.

Our groundwater monitoring helps track the amount of water available for use by tribal facilities. The lab collects data on water levels within the aquifer throughout the year. The lab is in the process of acquiring the necessary accreditation to be able to monitor nitrate levels within the groundwater on the Chehalis Reservation. Nitrate levels are a key factor in the health of the water.

Household drinking water testing also is available. The lab can test for elevated levels of bacteria in your water. All tribal members, on and off the reservation, receive the test for free. Non-tribal members can get the test for $20.

LEARN MORE
Contact Colleen Suter, Lab Technician with the Chehalis Tribal Department of Natural Resources, at 360-709-1559 or email csuter@chehalistribe.org for more information on this or any of the other water quality programs.
Darnell Sam of the Colville Tribes in Omak was the challenger for the “Shoot Out” game that’s featured in the film “Muckleshoot Indian Tribe Sla-Hal 2015 Tournament.” The film premiered at the 41st annual Indian Film Festival in November.

‘Indian Tribe Sla-Hal’ premieres at festival

Submitted by Lyn Dennis, producer, director and narrator

The 41st annual American Indian Film Festival took place Nov. 4-10 in San Francisco, California, at the AMC Theater.

The “Muckleshoot Indian Tribe Sla-Hal 2015 Tournament” premiered Nov. 9. The 23-minute documentary includes tribes from all over the Pacific Northwest and Canada.

Sla-hal is a guessing game—a game of chance.

“It was so exciting to attend the premiere and be able to share with the community what the sla-hal bone game means to our people,” said Lyn Dennis, producer, director and narrator of the film. Lyn is Lummi Nation/Thalitan Band of British Columbia.

The film festival’s founding principle is that film is a transformative tool. We present Indian voices that dispel popular, often damaging myths and advance appreciation of Indian peoples’ artistic and societal contributions.

The intent of the video is to be an educational tool for the Muckleshoot Tribe’s youth and the community.

“Our main goal is pulling tribes together and having fun, doing what we’ve always done, and this game has been going on for centuries,” said Mike Jerry, Sr., Muckleshoot Councilman and Chairman of the Muckleshoot Sla-Hal Committee.

About 185 teams with five members on each team play in this annual tournament in September with no buy-in and a purse of $75,000. A game can last 10-15 minutes or up to four hours. Other games include the “Traditional Game,” the “Kick Stick Special” and the “Shoot Out” game, which all require strategy and skill. Sla-hal shows tribes are a gambling people. In the past, tribes played sla-hal to settle land or secure food and supplies.

“There were a lot of questions and interest, and it was an honor to be a part of the festival. I feel it is so important to be able to tell our stories and share about our culture to the bigger community,” Lyn said.

CONTACT

Lyn Dennis can be reached at warriorwoman747@yahoo.com or 360-463-6621.

WIC THROUGH SPIPA

Checks to buy food, health education, breastfeeding help, services referral

NEXT DATE: 9 a.m.-3 p.m. Jan. 5 at the Chehalis Tribal Wellness Center

WIC SERVICES ELIGIBILITY

- Getting food stamps/basic foods
- Pregnant or have a child under the age of 5
- Dad, grandparent, foster family or other caregiver of children
- Under the age of 5
- On Medicaid or TANF

CONTACT

Debbie Gardipee-Reyes, 360-462-3227 or Patty Suskin, 360-462-3224

Many working families are on WIC. Is your income within the following guidelines?

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<thead>
<tr>
<th>People in your house</th>
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As always, the Early Learning Program is bustling with activities:

**Performance review**
A federal review team from the Office of Head Start came to visit our program Nov. 7-8. They met with the newly elected Chehalis Tribal Business Committee and the Head Start Policy Council. Periodically throughout the school year, members of the team will return to our center to provide staff training, classroom advice and to ensure our program is following the newest Head Start Performance Standards.

**Giving thanks**
Early Learning hosted our annual Community Thanksgiving Dinner on Nov. 17 at the Chehalis Tribal Community Center. We’d like to give a big thank you to Lucky Eagle Casino & Hotel for donating a traditional, delicious Thanksgiving dinner! We were very happy to see so many of our program families and community members come together to give thanks.

**Teacher check-in**
Parent/teacher conferences are well under way in both Head Start and Early Head Start. Parents that have not met with their child’s teacher will need to speak to the teacher to schedule an appointment. We love getting a chance to brag about all of the wonderful things the children are doing at school.

**Christmas trees**
The Head Start classrooms went to Christmas Valley on Highway 12 the last week of November to pick out classroom Christmas trees. Each child is given a chance to use the saw to cut down the tree that they have chosen, hear a Christmas story and take home a candy cane. After parent volunteers hauled the trees back to the center in their trucks, children decorated them with ornaments and art they created. Come take a look!
Youth invited to learn about life of an elder

Contributed by Youth Center
Director Tony Medina

Young eyes glistened as children listened intently to elder Diane Devlin’s story on Dec. 1.

Diane’s talk is part of a new Youth Center program that invites an elder to share with our youth what life was like growing up on the Chehalis Reservation back when there was just a Tribal Hall and a ball field.

Diane spoke about when the Chehalis Tribe would kick off the Tribal Days Baseball Tournament. The gathering would be the start of the baseball season for other reservations, which would follow during the spring and summer. She also shared with the children how far apart her neighbors were, that they grew their own vegetables in their family garden and they shopped once a month at a store.

Children focused on Diane as she discussed what her chores consisted of and how families depended on each other. She talked about her education, family and life on the reservation. When she finished speaking, children patiently raised their hands to take turns asking questions regarding who her favorite singer and movie star are.

Our goal for this program is for youth and elders to interact and learn from each other. If there are any other elders who would like to share their life story with our children, please contact the Youth Center so we can schedule a date.

Thank you DeeDee from the youth and Youth Center staff!

Shop with a Cop brings out holiday smiles

Submitted by Mike McNair, Chehalis Tribal Community Resource Officer

Local families who could use a helping hand received a memorable Thanksgiving treat Nov. 21.

Chehalis Tribal Law Enforcement Officers, Lucky Eagle Casino employees, Rochester ROOF Center staff and Bailey’s IGA put a surprise plan called Shop with a Cop into action.

Families were selected by the Rochester ROOF Program and our Chehalis Tribal ICW Program. The Chehalis Tribal Law Enforcement sponsored two families and Bailey’s IGA sponsored two families.

First, they were picked up at their house by squad cars and driven to Lucky Eagle Casino for breakfast. This was a delight because many of the families don’t have money in their budget for this type of activity.

Afterward, they traveled to Rochester Bailey’s IGA to shop with the officers. The families received help to have a wonderful family gathering.

That is why it is called Shop with a Cop. They were seen smiling as they traveled up and down the isles to shop for their Thanksgiving dinner with all the fixings.

Everyone thanked the officers for their surprise. It reminds us all that they are thoughtful people who are very much appreciated. It wasn’t about the cost involved but rather an opportunity to learn about the officers and share in a moment of appreciation of each other.

Chehalis Tribal Law Enforcement and Bailey’s IGA sponsored families to give them a grand holiday meal.
STUDENTS OF THE MONTH

Ava Boyd
Oakville Elementary School
Second grade

Ava, daughter of Daryl and Angelena Boyd, is in the second grade at Oakville Elementary School. She has four older brothers and seven dogs.

She enjoys doing math. She feels she is a successful student because she listens to her teacher and does her work. Her advice for other students is to pay attention, participate and be good.

Ava likes to watch TV and play fun games with her friend Carolann. She also likes to play baseball and says she's good at the game. Cleaning up around the house and yard with her family is fun, and it's important to spend time together.

After Ava graduates from high school, she plans to attend college to become a teacher.

If Ava was chairman of the tribe, she would encourage people to be good.

Emily Pickernell
Rochester Middle School
Eighth grade

Emily is in the eighth grade at Rochester Middle School, where she has a 4.0 GPA.

She is the daughter of Chris and Erika Pickernell and has one sister.

She has set a simple goal of being successful at school. She says she is a good student because she does her work and turns it in on time. Emily's advice for other students is to be dedicated, work hard and complete your homework.

Emily is athletic and plays volleyball for her school. She also enjoys going places with her family.

When she graduates from high school, Emily wants to study nursing at Centralia College.

If Emily was chairman of the tribe, she would put more money into the education program to help tribal students succeed.

Devon Olney
North Thurston High School
Ninth grade

Devin is in the ninth grade at North Thurston High School and has a 3.9 GPA. He is the son of Edward Olney and has a sister, six dogs and two cats.

Math is Devin's favorite subject. He feels the secret to his success is hard work.

At home, Devin likes to play video games, ride his bike, go shopping and collect shoes. He is good at gaming and loves running. He also enjoys going on hikes with his family.

While he's not yet sure what he will study, Devin wants to go to a division one college and earn high marks.

When Devin was asked what he would do if he was chairman of the tribe, he said: "I would give out a bunch of shoes and change the qualifying age of elders to 60 years old."

From the education department: As a reward for their commitment to school and personal growth, each student of the month will receive a $50 gift card.

Honor roll: Kaylena Delgado, Jakeb Hoyle, Anna Johnson, Devin Olney, Mya Ortivez, Nora Ortivez, Emily Pickernell, Valerie Pickernell, Kirsten Secena

Community Center offers Centralia College courses

Centralia College is offering college classes at the Chehalis Tribal Community Center starting Jan. 3.

Classes are for all tribal members, community employees, tribal employees and Enterprise employees.

Chehalis tribal members' classes will be paid through the Higher Education program.

**Math 107:** 10:15-11:20 a.m. Linda Griffith, Monday-Thursday. Designed to enhance math proficiency of liberal arts students. Includes mathematics in management, statistics, probability, art and other practical applications in society. Not preparation for calculus. Prerequisite:

Math 99 or equivalent. **English 98/99:** Randy Johnson, 11:30-12:50 p.m. Tuesday, Wednesday, Thursday 98 – Study proper word usage, sentence structure and punctuation. Writing includes personal essays and summaries. Emphasis is on improving grammar and writing skills for personal needs and preparation for technical coursework. 99 – Prepares students for college composition. Students analyze text, review sentence structure and punctuation and write several short essays.

**English 101:** Expository writing course encourages students to think and write with clarity, conciseness and enjoyment; to organize and develop their ideas; and to express themselves sharply. Prerequisite: Students must meet mandatory placement requirements to enroll. A minimum score of 83 on the COMPASS test or 46 on the ASSET test, or completion of five credits of ENGL 099 with a minimum grade of 2.0.

To take classes you must:

- Apply to Centralia College. Go to entralia.edu.
- Get an acceptance letter.
- Take the compass test at Centralia College.
- You may go to the Phoenix Center/Library at Centralia College or call Racheal Mendez at 360-709-1698 to find out a good time for her to drive you there.
- The test costs $15 (Chehalis tribal members’ tests will be paid through the Education Program).

Tribal members must also have a Chehalis Tribal Higher Education Scholarship application completed.

LEARN MORE

Feel free to contact Racheal Mendez at the Community Center at 360-709-1698 or rmendez@chehalistribe.org.

Contributed by Chehalis Tribe K-12 Program
warnings. Event planners were not sure whether we would have good weather or much participation with the date change. What a wonderful surprise to not only have a break in the rain, but so many participants that we had to set up extra tables! It was a strong illustration of how much our intertribal community supports those who have cancer.

The walk began at the Squaxin Island Community Kitchen, circled the sports fields and tribal offices and followed a country road for 1.5 miles. A group of dedicated walkers completed the loop twice for a total of 3 miles. Umbrellas were raised for the beginning of the journey, but the walk was completed during a break in the rain. A special thank you goes to the Squaxin Island Police for helping the group stay safe during road crossings.

This year’s walk was a collaborative effort between staff of the Native Women’s Wellness Program, Squaxin Island Tribal Health and the SPIPA Cancer Control Program. The color purple was chosen for the theme to recognize all types of cancer and cancer survivors.

Squaxin Island elder and Council Member Charlene Krise gave a heartfelt welcome to participants. Squaxin Island elder Paula Henry gifted us with a prayer and a message that each step taken during the walk is a silent prayer for loved ones facing cancer. Nisqually Family Nurse Practitioner Elizabeth Siegel and Rob Woodall, retired physician’s assistant from Skokomish, gave a short talk on the importance of annual physicals called well woman and well man exams. Keeping up with annual physicals will ensure cancer screenings are up to date and other age-appropriate tests and screenings are completed. Early detection is the best prevention.

We were honored to have Darlene Fanus from Swedish Mobile Mammography attend the event and share a few words on the importance of breast cancer screening for early detection. We thank Darlene for her words and the mobile mammography services provided by Swedish Health Systems.

Following the walk and lunch, the event continued with speakers and honorings. The keynote was Millie Wagner, Squaxin Island elder. Millie told her story of facing breast cancer and the challenges of treatment while juggling work, family and the unknown of her diagnosis. Millie is now a 30-plus year cancer survivor and a powerful spokeswoman for living well after cancer. Thank you Millie for your bravery and your words that touched all those in the room.

Cancer Survivors/Champions were recognized at the end of the event. Breast Cancer Champions were asked to come forward to receive a plaque honoring their bravery.

Cancer survivors were honored at the Intertribal Breast Cancer Walk hosted by the Squaxin Island Tribe.
DECEMBER BIRTHDAYS

1
Joshua Chum
Ruben Chum
Justin Karl
Derrick Klatush
Natasha Moore

2
Victoria Flores
Aaron Youckton

3
Hunter Ortivez
Madyson Pickernell

4
Leah Secena
Alexa Strawder

5
Nancy Black
Zachary Hofstetter
Andrea Robertson

6
James Seymour

7
Nathan Patterson
Jacob Secena
Kirsten Secena
Jerry Youckton

8
Marie Bird
Samuel Starr-Wright

9
Monica Lopez

10
Alyssa Fern
Jason Lyons
Rebecca Youckton-Legg

11
Phillip Bush
Randi Robertson
Roberta Youckton

12
Mary Weber
Lauren Youckton

13
Kaileen Bray
Jasmine Esparza-Klatush
Melanie Hjelm
Crystal Jones
Adam Medina
Rebecca Potter

14
Chase Beckwith
Anthony Olney
Eugene Ortiz

15
Libby Penn

16
Loren Klatush
Kindra Youckton

17

18
Juliet Kramer

19
Jeana Nyland
Anthony Soeby

20
Jonah Brown
Glenda Delamater
Justin Irizary

21
Craig Burns
Michael Simmons

22
Allison Goldman
Jeremiah Jones-Baker
Bradyn Yawn

23
Shania McCloud

24
Laela Baker
Shawn Goddard
Elijah Revay

25
John Bird
Ashton Boyd

26
Yvette Fulton
Helen Sanders

27
Rachel Cortes
Richard Hill
Katelyn McCloud
Kly Meas III

28
Edmund Myer

29
Koner Burnett
Lana Cosman

30
Dyani Cayenne
Rosebell McAllister
Joshua Sanchez

31
Lance Burgess
Cayden Klatush
Keira Rosado

REBECCA JAYNE YOUCKTON-LEGG: Happy 6th birthday.
We Love you.

JASMINE KLATUSH AND SAMUEL STAR: Happy birthday with lots of love, hugs and kisses. From the moms, dads, Grama, Papa and the rest of the family.

MELANIE HJELM: Happy Birthday beautiful. Much love! From Anna.

KLY MEAS III: Happy birthday to my No. 1. From Gramma Anna.

Another wish

DYANI J. DEERMOON CAYENNE: Happy 10th birthday and many, many more. We love you to the moon and back! Grandma, Grandpa, Mom and Dad.

Wishing all tribal members & employees
Merry Christmas
and
Happy New Year
From the Chehalis Tribe