



THE CONFEDERATED TRIBES OF THE CHEHALIS RESERVATION, 'PEOPLE OF THE SANDS'

CHEHALIS TRIBAL NEWSLETTER

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may 2017

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Children haul in their catch at Chehalis Tribal Fisheries.

Spring fun

Hooray! Youth play on school break

The first week in April saw kids cut loose with a jam-packed week of indoor and outdoor activities. Youth Center Director Tony Medina and staff, along with Education Department staff and volunteer parents watched over kiddos as they burned some serious energy. Children stayed active and entertained with huge smiles on their faces.

1 BOUNCE IT OUT: The Youth Center kicked off the fun by traveling to BoomShaka in Olympia on April 3. More than 70 children shook their sillies out on the trampolines. The exhilarating experience left children breathless as they jumped, yelled and screamed with joy. BoomShaka also features foam block pits, basketball hoops and ramps

See FUN, page 7



Kids worked up an appetite bowling at Centralia's Fairway Lanes during the Youth Center's spring break activities.

A picture with the Easter Bunny was the perfect touch to the annual Easter Egg Hunt.



Kids find treats, Easter Bunny

Everyone loves an egg hunt

Children of all ages showed up in full force at the annual Easter Egg Hunt sponsored by the Youth Center on April 13.

The weather didn't dampen their spirit or excitement in the pursuit of nabbing treats. The girls' softball

field was littered with different colored eggs for children to find. Some eggs were plastic with candy inside and some were real eggs that children had decorated earlier in the week. A few plastic eggs had a special treat hidden inside that were

See EASTER, page 9

Yuzu opens to tribe

Lucky Eagle's new bistro offers a range of flavorful dishes

Chehalis tribal elders were invited to serve as volunteer food critics for the new Yuzu Asian Bistro at Lucky Eagle Casino on April 24.

The well-attended event was the soft opening for the eatery and a chance for folks to sample the menu and visit with friends. Tribal members shared their thoughts on possible improvements that the restaurant could incorporate before the official opening.

Yuzu offers a different flair and vibe. If this is a taste of what is to come, the food venue should prove very exciting.

The menu offered many choices, and some patrons were overheard commenting how difficult it was to choose which items to sample.

After making their final decisions, folks were invited to select a chair to await their

CHECK IT OUT

Yuzu Asian Bistro at Lucky Eagle Casino is open 11 a.m.-10 p.m. Wednesday, Thursday and Sunday; 11 a.m.-11 p.m. Friday and Saturday; and is closed Monday and Tuesday. For more information, call **800-720-1788**.

order. The service was very good and wait staff were seen hustling to fill drink orders and serve food in a timely manner. It was very busy as tribal members filtered in and out.

One tribal member said, "This was very tasty and we will be bringing our family back again. The prices were within acceptable limits of my budget."

So if you'd like a delightful dining experience with a great atmosphere, friendly service and tasty food, come try it. You will not be disappointed.



Lucky Eagle Casino's Yuzu Asian Bistro brought in Chehalis tribal members to sample the restaurant's food during a soft opening. Menu items include crab rangoon, lumpia, pho bo, pad thai, honey shrimp and more.

Prairies, wetlands talk

Author M. Kat Anderson will present a free public talk at 10 a.m.-noon May 25 at Purce Hall 1 at The Evergreen State College. The topic is "Prairies and Wetlands of the Olympic Peninsula, Washington: Their Native American Uses and Stewardship."

Based upon extensive ethnographic interviews and review of historic literature, Dr. Anderson will discuss the crucial importance of prairies and wetlands to the tribes of the Olympic Peninsula.

Prior to European contact, indigenous people managed these open environments mainly with the tool of fire to benefit plants and animals they harvested for foods, medicines and fiber. Indian-set fires maintained and expanded the biologically rich environments

of prairies and wetlands.

Today, private landowners and forest managers would do well to consider mimicking indigenous burning practices; prioritizing habitat diversity as a management goal; pursuing restoration projects focused on increasing the abundance of ethnobotanically important plants; and collaborating with tribes in restoring these practices to the land.

M. Kat Anderson has a Ph.D. in wildland resource science from UC Berkeley and has conducted field work with tribes in California and Washington for more than 25 years. She is the author of "Tending the Wild: Native American Knowledge and the Management of California's Natural Resources."

Parking is \$3.

CHEHALIS TRIBAL DAYS

MAY 26-29

LET THE GAMES BEGIN

- Men's hardball + token
- Women's softball + token
- Co-ed softball + men's token and women's token

\$350 entry per team

Awards: First-fourth place, MVP, all-stars, best bat, best glove/pitcher, catcher awards. Call Leroy Boyd at 360-709-1787, Phillip Youckton at 360-709-1752.

DON'T MISS: 10TH ANNUAL CANCER WALK, FISH BAKE, FIREWORKS, YOUTH ACTIVITIES

Vendor tables/concessions: Call Dan "Bones" Gleason at 360-273-5911.

Block of rooms available at Lucky Eagle Casino & Hotel: Call 800-720-1788.



CHEHALIS TRIBAL NEWSLETTER

The Confederated Tribes of the Chehalis Reservation, 'People of the Sands'

The articles and opinions expressed are not necessarily those of this publication or the Chehalis Tribal Business Committee.

SUBMISSIONS

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs and drawings to be considered for publication (subject to editing). Contributing writers, artists and photographers include Chehalis tribal community members and staff.

Submission deadline is the first of each month (printed monthly).



TRIBAL CENTER

Main line: 360-273-5911
Address: 420 Howanut Road
 Oakville, WA 98568
Office: 360-709-1726
Fax: 360-273-5914

CHEHALIS TRIBE'S VISION STATEMENT

To be a thriving, self-sufficient, sovereign people, honoring our past and serving current and future generations.

BUSINESS COMMITTEE

Don Secena, Chairman
Jessie Goddard, Vice Chairman
Shoni Pannkuk, Treasurer
David Burnett, Secretary
Leroy Boyd Sr.,
 Fifth Council Member

NEWSLETTER STAFF

Fred Shortman, Audra J. Hill and the Information Technology Team



Workers helped spruce up Chehalis tribal members' yards and homes after a wet and windy winter. The annual Spring Cleanup revitalizes our reservation and keeps it looking neat and tidy.

It's cleanup season on reservation

Spring Cleanup is an annual event on the Chehalis Reservation as well as across the nation.

It offers the perfect opportunity to freshen up your yard and home that has been shuttered up all winter.

The Chehalis Tribe provides much-needed support in handling this big job that one person can't do alone. The tribe hires laborers to assist tribal members in tackling spring tasks head-on. It's a two-week window of assistance to take care of tasks that pile up during winter.

Early in April, homeowners were told about the event and asked if they needed help finishing tasks. Elders homes were

served first. Laborers provided the muscle to mow lawns and complete landscaping chores.

The cleanup crew was seen buzzing around in the little Kubota vehicles and pick-up trucks that were assigned for this monumental task. They were provided with safety gear and proper instructions on lifting techniques. It was awesome, and the Tribe continues to provide this service to keep our reservation clean.

This allows everyone to enjoy the beauty of spring! Many people were very grateful for the assistance and wish to offer a gracious thanks to the cleanup crew and the Chehalis Tribe!

in brief

Earthquake hazards discussed

All residents and Chehalis tribal community members are invited to hear a presentation on earthquake hazards from 3:30-4:30 p.m. May 30 in the Community Center gathering room.

Tim Walsh, Assistant State Geologist for Washington Geological Survey Department of Natural Resources, will discuss the three different kinds of earthquakes the Chehalis Reservation region is subject to:

- Cascadia subduction zone, last time on Jan. 26, 1700
- Deep (Benioff Zone), such as the 2001 Nisqually Quake
- Crustal, or shallow quakes, like those that occur within the Mt. St. Helens Zone

Hear about other hazards such as landslides, liquefaction, ground cracking and tsunamis.

Refreshments will be provided.

American Legion meeting moves

Starting Aug. 2 the recently renamed American Legion Cpl. Christopher J. Nelson

Post 49 will meet in the back kitchen area of The Swede Hall at 18543 Albany St. in Rochester on the first Wednesday of every month (except July).

The social hour and meal are at 6 p.m. (free, but donations are appreciated) and the meeting starts at 7.

Veterans and local community members are always welcome. Our social and meeting are open to public.

USDA Food Program

To sign up for the USDA Food Distribution Program, call the South Puget Intertribal Planning Agency Food Distribution Warehouse at 360-438-4216 from 8 a.m.-4 p.m. Monday through Friday.

Tribal community members can get an application from Debra Shortman at the Chehalis Tribal Wellness Center.

The next distribution dates are June 8 and July 18. Pickup is at the Chehalis Tribal Community Center from 9:45 a.m.-1:30 p.m.

HEALTH/WELLNESS

Seeking donations for 10th Cancer Walk

*Contributed by Orinda S. Goddard,
Cancer Walk Coordinator*

The Confederated Tribes of the Chehalis Reservation's 10th annual Cancer Walk is May 28 during Chehalis Tribal Days.

We are very excited about the increase in participation and the continued growth!

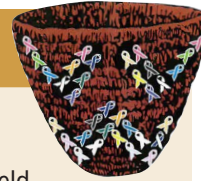
Last year, we had more than 305 registered participants with a combined total of more than 600 miles walked for cancer awareness.

At least 25 different tribes and local community members were represented.

I would like to ask for donations for our Cancer Walk Event Door Prize Raffle as well as items we can use for your company/organization/program advertisement to

WANT TO HELP?

The 10th annual Cancer Walk "We Walk as One!" starts at 1 p.m. May 28 at the Legends Field Complex. For more information or to donate, please call Orinda S. Goddard, Cancer Walk Coordinator, at **360-709-1735**.



hand out with our Cancer Walk items. In the past, we have always given out T-shirts to all participants, toddler size on up to 4X.

Your contributions, time and donations are greatly appreciated. Thank you.

events

DR. BEHRE FOOT CLINIC

1-4 p.m. May 25, 8 a.m.-noon June 13, 1-4:30 p.m. June 27: The Chehalis Tribal Wellness Center has a podiatrist available for all foot care needs.

MONTHLY LUNCH AND LEARN

Noon-1 p.m. May 24: Dr. William Elton in the PT Room of the Wellness Center.

DIABETES WELLNESS CLINIC

8 a.m.-4 p.m. June 15: Patients need labs, medicine review, foot/diabetes/physical exams and a uric acid blood test.

MONTHLY COMMUNITY WALK

Noon June 15: Join others for a fun fitness walk. Starts at the Chehalis Tribal Wellness Center.

MAMMOGRAM CLINIC

9 a.m.-3 p.m. June 6: With Swedish Women's Wellness Clinic. Call your health care provider.

FOR MORE INFORMATION

Call Diabetes Licensed Practical Nurse Sandra Dickenson (**360-709-1660**) or Christina Hicks (**360-709-1741**).

Teach your toddler smart eating

1: Offer the same foods for everyone: Don't be a short-order cook, making a different meal for your child. Your child will be hungry for the next meal or snack if they decide not to eat.

2: Allow your toddler to help with meals: Give them small jobs to do such as tearing lettuce, placing things in the trash and wiping the table. For ideas, go to choosemyplate.gov and search for "kitchen helpers."

3: Let your kids be "produce pickers": Let them pick out vegetables and fruits at the store. Don't buy any foods or beverages you don't want your child to eat.

4: Offer choices: Rather than ask your child if he or she wants broccoli for dinner, ask which vegetable he or she would like for dinner, broccoli or cauliflower?

5: Keep calm if they tantrum: And don't bribe or force your child to eat certain foods or clean his or her plate. This might only ignite – or reinforce – a power struggle over food.

6: Set a good example: If you eat a variety of healthy foods, your child is more likely to do the same. Your child wants



MAKE AN APPOINTMENT

Leave a message at **360-462-3224** for South Puget Intertribal Planning Agency's Women, Infants and Children.

to copy you.

7: Pay attention to beverages: Some children eat poorly because they fill up with beverages. Water is best between meals. Recommended

maximum per day: milk, 16-24 ounces (2-3 cups); juice, 2-4 ounces (1/4 to 1/2 cup).

8: Don't offer dessert as a reward: Withholding dessert sends a message that dessert is the best food, which might only increase your child's interest in sweets. You might select one or two nights a week as dessert nights and skip dessert the rest of the week – or redefine dessert as fruit, yogurt or other healthy choices.

Sources: mayoclinic.org and choosemyplate.gov

Alcohol Awareness Dinner promotes hope

Evening shares stories of strength, courage

Contributed by Ranessa Goddard, Prevention Outreach Specialist

The Alcohol Awareness Dinner on April 25 was a success with more than 50 attendees.

After a blessing, the Vocational Rehabilitation Program served a delicious meal.

Many participants shared their stories with humility and courage.

These are examples of true generosity, as so much healing begins by hearing others and their journey. Also, many provided suggestions for having more cultural events because culture is prevention.

At Tsapowum, we could not agree more with this

statement.

Another popular suggestion was to hold more family events with parents and their children.

The plan is to keep this as a regularly scheduled event, in collaboration with other departments when possible, and have more community activities based on alcohol and drug prevention.

A goal of mine is to have more sober events offered through Tsapowum Chehalis Tribal Behavioral Health, as we have those through the Traditional Plant Medicine classes, Domestic Violence and Chemical Dependency.

However, with some of the programs offering confidential support, we also want to focus on more community-wide activities.

I would like to thank Jake Dickerson and his wife for always being so willing to help. I would also like to thank the Vocational Rehabilitation Program for providing a delicious meal.

Most of all, I would like to thank all of the people who attended this event, especially community members who had the courage to share their stories related to experience, strength and hope on their journey to wellness.

Please watch for future events.

If you have questions, comments or suggestions, please feel free to contact me at 360-709-1652.

Thank you, and I look forward to seeing everyone at more of the upcoming events!

MONTHLY EVENT

The Alcohol Awareness Dinner was a huge success and received such a positive community response that our program has planned to sponsor a monthly sobriety dinner.

The next dinner has been tentatively scheduled for 5 p.m. May 22 at the Community Center. The theme is family support.

First aid kits will be given to every person who attends. Raffle prizes will be handed out for fitness, health and other items. Everyone is invited to enjoy a night of food, friends and sobriety!

Legal services available

Contributed by Northwest Justice Project

Northwest Justice Project's Coordinated Legal Education Assistance and Referral program has new services available for Native American crime victims through the CLEAR-CV-Native American Program.

An NJP attorney can provide advice, brief services and referrals in civil (non-criminal) legal matters stemming from the client's experience as a crime victim.

Examples of legal help include:

- Family law matters such as divorce, custody and protection orders involving domestic violence or sexual assault, especially when the case is in tribal court or the client believes it should be in tribal court; or when tribal court orders are not enforced.

- Health matters including denial of health care services or assistance in obtaining mental health services to deal with victimization.

CONTACT US

To find out whether the CLEAR-CV-Native American Program can help, contact Jennifer Yogi at jennifery@nwjustice.org or 206-464-1519, ext. 0921.

- Housing problems such as evictions or needing to break a lease because of a crime in the home.

- Economic security issues such as medical bills, utility access and other consumer problems caused by an assault, abuse or fraud.

- Other legal problems resulting from being a victim of crime.

If you are a Native American crime victim seeking legal assistance, ask a tribal service provider for a referral. Social services staff or tribal advocates refer clients to the CLEAR-CV-Native American program by sending a referral form.

WIC THROUGH SPIPA

Checks to buy food, health education, breastfeeding help, services referral

NEXT DATE: 9 a.m.-3 p.m. June 1 at the Chehalis Tribal Wellness Center



WIC SERVICES ELIGIBILITY

- Getting food stamps/basic foods
- Pregnant or have a child under the age of 5
- Dad, grandparent, foster family or other caregiver of children
- Under the age of 5
- On Medicaid or TANF



CONTACT

Debbie Gardipee-Reyes, 360-462-3227 or Patty Suskin, 360-462-3224

For Chehalis: Debra Shortman, 360-709-1689

Many working families are on WIC. Is your income within the following guidelines?

People in your house	Maximum annual income	Maximum monthly income
2	\$29,471	\$2,456
3	\$37,167	\$3,098
4	\$44,863	\$3,739
5	\$52,559	\$4,380

Practice bicycle safety

Contributed by Chehalis
Tribal Law Enforcement
and Officer Mike McNair

There are so many great reasons to ride your bike.

It offers fun, freedom and exercise, and it's good for the environment. We want kids and families to ride their bikes as much as possible. Here are a few tips to stay safe while you do so:

■ **Wear a properly fitted helmet:** This is the best way to prevent head injuries and death. Properly fitted helmets can reduce the risk of head injuries by at least 45 percent. Unfortunately, less than half of children 14 and younger usually wear a bike helmet.

■ **Ride on the sidewalk when you can:** If not, ride in the same direction as traffic as far on the right-hand side as possible.

■ **Use hand signals and follow the rules of the road:** Be predictable by making sure you ride in a straight line and don't swerve between cars.

■ **Wear bright colors and use lights:** This is especially important when riding at night and in the morning. Reflectors on your clothes and



LEARN MORE

For additional information about how to stay safe on your bicycle, **go to safekids.org**.

bike will help you be seen.

■ **Ride with your children:** Stick together until you are comfortable that your kids are ready to ride on their own.

Dental help for older adults

Older adults need to know about their oral health as they age. Brushing teeth twice a day and dental visits can become increasingly challenging for adults as they age, which is problematic because dental decay, gum disease and oral cancer are common later in life.

People think cavities are just for kids, but older adults have as much or more tooth decay as young kids. Older adults need to know several things:

■ Research suggests there is an association between oral health and heart disease.

■ Avoiding dry mouth is important.

■ A fluoride toothpaste and

COME SEE US

Dr. William Elton at the Chehalis Tribal Dental Clinic can answer any questions and supply what older adults should be aware of to protect their teeth. Call **360-709-1659** for an appointment.

rinse can help protect teeth.

■ Regular dental visits can help detect any issues early.

■ An electric toothbrush can be a huge help to seniors who find brushing teeth challenging because of health issues such as osteoporosis and arthritis.

MEETING NOTICE

The Constitution Committee meets the second (noon) and fourth Monday (5 p.m.) of each month in the Business Committee Room. Meetings are open to all Chehalis tribal members.

COMMITTEE MEMBERS

Virginia Canales
Helen Sanders
Farley Youckton

Dianna Pickernell
Rachelle Wells
Christ Ortivez (alt.)



GET FIT FOR FREE

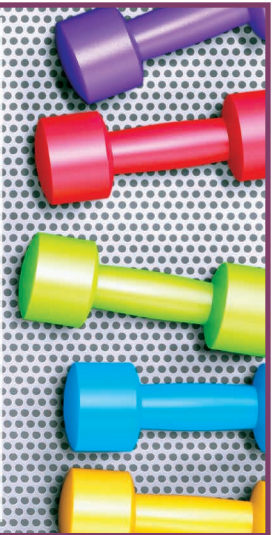
TRAINER RIKKI SUTTERLIC is offering group strength training and conditioning classes Monday-Friday

■ 6-7 a.m., 7-8 a.m., 3-4 p.m., 4-5 p.m., 5-6 p.m. at the Community Center gym

■ 11:15-11:45 a.m. at the Elders Center (elders only)

■ 12-1:30 p.m. open gym

Contact Rikki at 360-464-0664



High blood pressure equals HIGHER RISK OF STROKE.



NORMAL
BLOOD PRESSURE
IS BELOW
120/80



Most people who have a first **STROKE** have **HIGH BLOOD PRESSURE.**



At age 50, people without high blood pressure have a

**LIFE EXPECTANCY
5 YEARS
LONGER**

than people with high blood pressure.



80%
of strokes can be
PREVENTED.

**STROKE HAPPENS
WHEN A CLOT
OR RUPTURE
INTERRUPTS BLOOD
FLOW TO THE
BRAIN. WITHOUT
OXYGEN-RICH BLOOD,
BRAIN CELLS DIE.**

Nearly
1 IN 6
American adults with
high blood pressure
DON'T KNOW.



Have your
blood pressure
checked
and keep it
in check to

REDUCE
your **RISK OF STROKE.**

For more information visit Heart.org/HBP



The Youth Center planned an entire week of exciting outings for children during spring break, including a trip to Chehalis Tribal Fisheries.

FUN

From page 1

to race up and slide down. When you want to make sure youth get their energy out, this is the place to take them. Tony and the chaperones treated kids to a pizza dinner and a park trip afterward.

2 ON A ROLL: Everyone traveled to Centralia's Fairway Lanes on April 4 to enjoy the game of skill and concentration. The youth center provided french fries and drinks. Bumpers were added for younger players while more experienced bowlers demonstrated their skills without them. Players kept score, but it wasn't about winning or losing – the focus was on improving and having fun. Boy, did they work up an appetite! Afterward, the children were taken to Dairy Queen for a special treat.

3 BASKETBALL SILLINESS: Tony and his staff invited the Fabulous Harlem Crowns Basketball Team to put on a great show for everyone on April 5 at the Chehalis Community Center gym. Players entertained youth and community members of all ages with impressive basketball skills and comic routines. Players shared stories to encourage children to stay strong to achieve their dreams.



The second stop on the week of fun was Fairway Lanes in Centralia for a chance for kids to test their bowling and claw game skills.

The Harlem Crowns' comic routine netted huge laughs from the audience. It was a memorable night full of humor, basketball and family time.

4 FISH ON: There's no better way to spend the day than to go fishing. Elders, adults and children enjoyed time together with Chehalis Tribal Fisheries

down at the pond on April 6. The weather was overcast and sprinkled a little in the morning, but that didn't deter folks from joining in.

Many selected and gathered in their lucky location to try to catch the big one. Children's voices carried across the water as they yelled, "Fish on!" when they reeled in good-sized catches. For some of the youth,

this was the first time they had ever gone fishing. Adults spent time teaching them how to bait their hook, the art of casting, having patience and yelling loudly and proudly when they hooked a fish.

Lunch was served to satisfy everyone's appetite. Steelhead was cooked by the fisheries staff. Many of the foods and deserts were donated by the community. After the food was blessed, elders were invited to come up and get a dish. Then the children lined up for a delicious meal of Chehalis-style fish on a stick, potato salad, baked beans and Ritz crackers.

5 FEEL-GOOD FILMS: On the last day of spring break, Youth Center children went to the movies in Yelm. It was the day of the spring storm with winds howling and knocking out power in the area. Staff, children and chaperones all traveled together to Yelm Cinemas. Some chose to watch "Boss Baby" and others checked out "Power Rangers." The Youth Center bought snacks and popcorn for the kids.

They didn't experience any power outages from the storm and were able to travel back home safely. The children were excited to share the adventure with their parents.

What a wonderful week of playing, learning and growing together!

FAMILY

Harlem Crowns score big laughs

Team delivers comedy, skills, positive message

The Fabulous Harlem Crowns Basketball Team put on quite a show for community members on April 5 at the Chehalis Community Center gym.

The Chehalis Stars volunteered to be part of the entertainment with special guest referee Jason Dickerson. Little did they know what they were getting into when it comes to the challenge of playing basketball against the Harlem Crowns. It is always a special night of laughter and entertainment. There was a raffle throughout the evening for lucky folks to win prizes.

The Harlem Crowns team features players from the inner city. They demonstrated their skills with thunderous dunks, impressive dribbling and polished passing. Players refer to their style as clownball, in which they showcase set gags and comic routines. They are masters of ad lib and take advantage of every situation.

Pursuit of dreams

During half-time, players shared stories about how they stay clean and sober through

sports. They told the audience how basketball led them out of their city life. It wasn't easy with the influences of gangs, violence, alcohol and drugs that could have pushed them down the wrong path. Players said it was a choice to rise above the challenges.

Basketball isn't the only way out. It's just a sport they love, and it worked for them. Players encouraged children and adults to pursue whatever they love to do, whether it is music, art, native dance, etc. You just have to discipline yourself to do the things required by your body to stay in shape. That's where a sharp mind and strong principles are needed to achieve your dream.

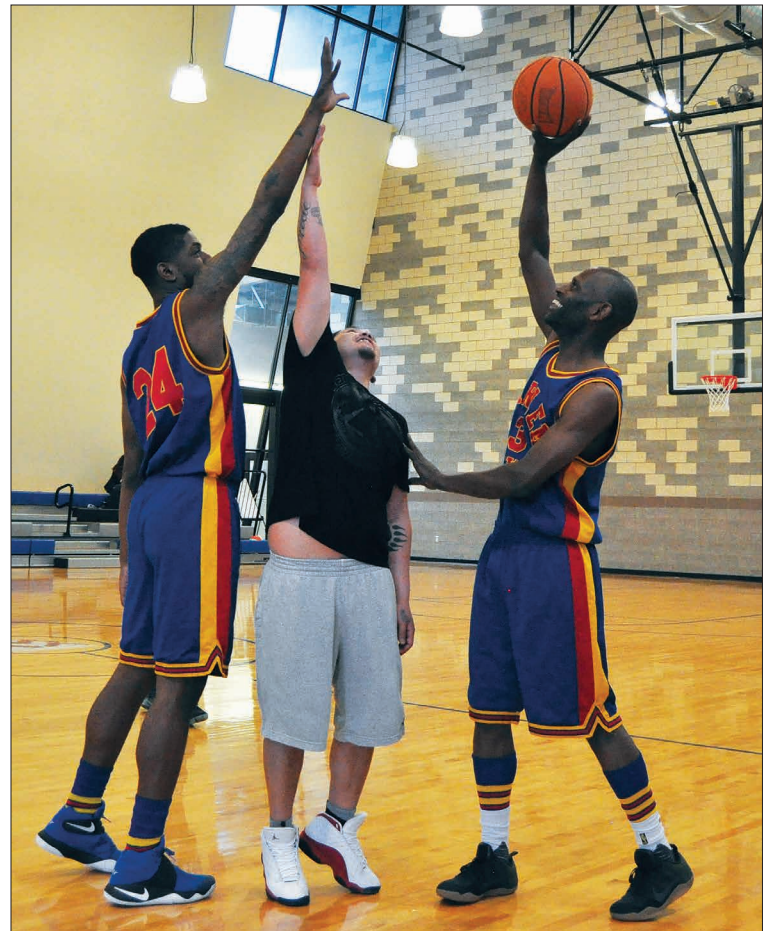
Back to the game

Even though the Chehalis Stars didn't win, it was a great evening. The Harlem Crowns continued their comic routine, which brought fits of laughter from the audience.

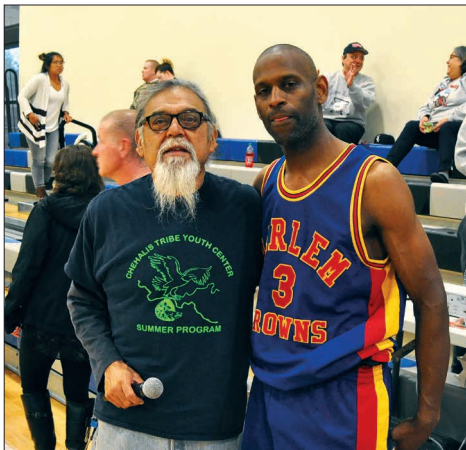
Thank you Tony Medina for inviting the Fabulous Harlem Crowns Basketball Team. Also thanks to those who volunteered their time. It is greatly appreciated. It definitely was a perfect family night filled with laughter and quality time together.



Left: A member of the Fabulous Harlem Crowns Basketball Team autographs a basketball. Below: The Chehalis Stars played against the visiting team.



Youth Center Director Tony Medina helped bring celebrity players to the Community Center to entertain and also share their message of staying strong in the face of life's challenges.





READY, SET, GO! It's adorable mayhem as children race to find treats during the annual Easter Egg Hunt.



Children dyed eggs at the Youth Center to prepare for the festivities.

EASTER

From page 1

traded in for wonderful Easter baskets provided the Youth Center.

Youth Center Director Tony Medina asked all of the children to line up in their age brackets. The youngest hunters were allowed to begin first followed by older kids. It was organized chaos as the youth were released to track down hidden treasure. Kids were seen scampering all over the field and made short work of the egg hunt.

Afterward, the youth were invited to take a photo with the Easter Bunny. Their eyes shined brightly as they waited for a turn. They each received an extra prize of a chocolate bunny and a bag of goodies. Families also had the opportunity take a family photo.

Thank you to Tony and your dedicated staff. This special occasion always brings out big smiles.



Kids took pictures with the Easter Bunny and received an additional goody bag.

Sweet surprises at Early Learning

Early Learning has been buzzing with activity this spring!

Our students enjoyed Spring Break from April 3-6, and we celebrated the season with a Spring Festival on April 11.

Families joined us for dinner, face painting, pictures, a raffle, games and art activities.

While children played, adults stuffed Easter eggs for classroom egg hunts.

Thank you to all of the people who donated candy and items for the egg hunts and parties on April 17.

The children had a terrific time and were visited by the Easter Bunny!

Thank you to Jacinda Medina for taking the time to wear the costume and visit all of the classrooms.

Graduation fundraising

Parents of this year's graduates have been busy raising money for the graduation ceremony and to purchase gifts for the children.

They are doing such an awesome job, and we'd like to thank them for all of their hard work!

Field trips

The Satsop River room in Head Start is planning a zoo field trip for May.

If you have any ideas for field trips or would like to assist in planning, please contact our teaching staff.

Award encourages native arts growth

The Native Arts and Cultures Foundation has awarded its first Mentor Artist Fellowship to 12 artists in three regions of the United States: the Pacific Northwest, Southwest and Upper Midwest. Awardees reside in Alaska, Arizona, Minnesota, New Mexico, Oregon, Washington and Wisconsin. Beginning in July, each artist will mentor an emerging American Indian or Alaska Native artist apprentice for one year.

The 2017 awardees were selected from an open call for applications that was issued last October to American Indian and Alaska Native artists. Applications were reviewed from more than 100 submissions by a panel of art peers and professionals.

In accordance with fellowship guidelines, the awardees are accomplished native artists of 10 years or more in traditional arts or contemporary visual arts. They have resided in their respective states for at least five years and are enrolled in an American Indian tribe or Alaska Native corporation.

"The goal of the Mentor Fellowship is to improve creative development, artistic rigor and perpetuate intergenerational cultural and traditional knowledge," says NACF Director of Programs Francene Blythe, Diné/Sisseton-Wahpeton/Eastern Band Cherokee. "This fellowship will foster the continued growth of Native artist mentors and apprentices and empower them to play an integral role in their communities."

The NACF Mentor Fellowship includes training and requires a joint mentor/apprentice art project at the completion of the one-year fellowship period. The fellowship includes a monetary award of \$30,000 per artist for a total of \$360,000 awarded in fellowships.

LEARN MORE

To learn more about the National Artist Fellows and NACF's work nurturing the passion and power of creative expression, go to nativeartsandcultures.org.

For detailed information about the 12 artists selected for the Native Arts and Cultures Foundation's Mentor Artist Fellowship, go to nativeartsandcultures.org/programs/mentor-fellowships.

2017 Mentor Fellows

CONTEMPORARY VISUAL ARTS

Nicholas Galanin, Tlingit/Unangax, multi-disciplinary, Alaska

Jackson Polys, Tlingit, carving, Alaska

Cara Romero, Chemehuevi, photography, New Mexico

Dyani White Hawk, Sicangu Lakota, mixed media, Minnesota

TRADITIONAL ARTS

Lani Hotch, Chilkat Indian Village, weaving, Alaska

Royce Manuel, Auk-Mierl Aw-Thum, fiber art, Arizona

Delbert "Smutcoom" Miller, Skokomish, carving, Washington

TahNibaa Naataanii, Diné, weaving, New Mexico

Wayne "Minogiizhig" Valliere, Lac du Flambeau Lake Superior Band of Chippewa Indians, birch bark canoe making, Wisconsin

Delina White, Minnesota Chippewa Tribe, Leech Lake Band of Ojibwe, regalia/apparel, accessory making, Minnesota

Laura Wong-Whitebear, Colville/Sinixt, basket weaving, Washington

Shirod Younker, Coquille/Coos, multi-disciplinary, Oregon

Office of Indian Policy

Washington State Department of Social and Health Service's Office of Indian Policy improves the safety and health of individuals, families and communities by providing leadership and establishing and participating in partnerships:

Ensure access

■ We develop recommendations in conjunction with Department of Social and Health Services Administrations, the Secretary's Indian Policy Advisory Committee, Tribal governments and Indian organizations to improve service delivery to Indian people.

■ We ensure direct and timely access for tribal participation in the planning and development of service delivery.

Advocate

■ We advocate for culturally relevant delivery of services to Indian tribes and communities.

■ We evaluate policy to ensure compliance with treaties, federal law and tribal/state agreements.

■ We monitor and evaluate DSHS services to Indian tribes/communities.

LEARN MORE

For additional information, go to dshs.wa.gov/oip/index.shtml.

■ We ensure the implementation of the DSHS Administrative Policy 7.01.

Assist communication

■ We strengthen working relationships between Indian people, DSHS and other agencies.

■ We coordinate and facilitate the development of regional resources for the provision of technical assistance and training to each region.

■ We facilitate consultation and provide information to Indian tribal governments, off-reservation and Alaskan Natives to keep them advised of departmental matters.

How we can help

- Food, cash, medical
- Housing assistance
- Children
- Child support
- Youth services
- Adult care
- Mental health and addiction services
- Disability support

TRIBAL POLICE

CRIME TIP LINE

Anonymous calls are welcome at **888-646-7407**. For non-emergency calls, dial 360-273-7051. This line is not monitored regularly.

SIGN UP FOR PROGRAM

Would you like to be a mentor to our people? Become a Tribal Police Explorer! Contact Mike McNair or Jake Dickerson at 360-273-7051. Stop by the Chehalis Tribal Law Enforcement Department at 30 Niederman Road in Oakville to fill out an application.

MAY BIRTHDAYS

1

Tein Meas
Raelyn Romero
Raymond Roof
Robert Smith

2

Sasha Penn-Rocco
Destiny Zaidy

4

Roger Goldman
Alexander P. Shortman
Jamie Smith
Eli Snell

5

Lori Lund
William Pressnall

6

Aiden Parkinson

7

Brandon Cash
Lucy Cush
Lela Pulsifer

8

Aurora Carter
Christian Hoheisel
Georgia Meier

9

Joseph DuPuis
Jessie Goddard
Harry Pickernell, Sr.



ILIAS TALON MARCEL: Happy 3rd birthday Bubba! We loooooove you. From Mommy and Daddy.



JAMIE SMITH: Happy birthday to my beautiful daughter Jamie Smith, my nephew little Eli Snell, my beautiful sister Lucy Cush, my beautiful niece Cyrena Ortiz, my awesome nephew Shawn Ortiz, my goofy nephew Damius Hansen (DJ) and my beautiful niece Savannah Bird. I love you all so much! I am blessed with such a wonderful family! Chris Ortiz.

10

Beth Hofstetter
Geraldo Sanchez

12

Ann-Marie Youckton

13

Lindsey Fern
Dante McGee
Emily Mordhorst
Teresa Pannkuk

14

Leo Daniels-Meddaugh
Adam Flores
Sarah Hall
Art Medina
Nora Ortiz

15

Violet Snell

17

Bobby Beckwith
Cole Fulton
Tiera Garrety



ART MEDINA: Happy 66th birthday, Dad. Love Manny, Marla and Carolann!

Janice Latch
Robert Penn

18

Curtis DuPuis
Airel Klatush
Sheylee Phillips
Austin Vigil

19

Kenny Brown, Sr.

20

Tony Brown
Rodney Davis
Matteo Delgado



HARRY PICKERNELL, SR.: Happy birthday. From your family!

Dewey Gleason-Wheeler
Michael Haltom
Shawn Ortiz

21

Valea Higheagle
Patricia Jones
Lauren McAlister
Farley Youckton

22

Addison Sekishiro
Asa Simmons

23

Joseph Burns
Chyler Daniels
Cyrena Ortiz
Rosalina Sanchez

24

Artie Uden

25

Ilias Talon Marcel Charles
Jacqueline Pickernell

26

Gavin Hernandez
Paula Klatush
Amara Penn
Brady Pickernell
Tiffany Simmons

27

Aiden Secena Sanders
Rikki Sutterli

28

Damius Hansen
Steasha Mc Joe
Thomas Trott

29

Janet Stegall

30

Serenity Klatush
Jesse Youckton

31

Savanna Bush-Bird
Joaquin Robles
Sunday Tejada

MORE WISHES

ALEXANDER P. SHORTMAN: Happy birthday. From your Mom, Dad, brother and all of your family!

AIDEN SECENA SANDERS: Happy 6th birthday. We love you so very much! Love, Dad, Mama, siblings and family!

LUCY CUSH: Happy birthday to an amazing Mother, wonderful Grandma and pretty awesome Great Grandma. We love you so much <3 Anna M. Hill and family!

EMILY MORDHORST: Happy birthday. From your Auntie Susie Sanchez. Love you very much.

CHRIS PICKERNELL: Happy to be celebrating 20 years with you. Love Erika.

THOMAS TROTT: Happy 21st birthday to my son! I am so proud of the man you have become! Love you always, Mom.

Happy birthday to **JONATHAN ATKINS** on May 21 and **SAVANNA BIRD** on May 31. We love you bunches! Love Mom, Jordan and LeeAnna.

JAMIE SMITH: Happy birthday. With love, Anna Hill.

BETH HOFSTETTER: Happy birthday. From your brothers, sisters and family.

STUDENTS OF THE MONTH

Kenedy Adams

**10th grade
Oakville High School**

Kenedy Adams is age 16 and is in the 10th grade at Oakville High School, where she has a 3.0 GPA. She is the daughter of Sean and Irene Adams and has three brothers and three dogs.



She enjoys watching baseball with her family and hanging out with her brother.

Her favorite subject is math. Kenedy feels she is a successful student because she does her work and pays attention during class. Her advice to other students is to remember that school comes first before anything else.

Kenedy loves sports and is very active in school activities. She loves to play fast-pitch softball, basketball and volleyball and represent her school with pride and honor.

During Kenedy's down time, she likes to sleep and listen to music. This helps maintain good grades and passing her classes at school.

After she graduates high school, Kenedy plans to attend Saint Martin's University in Olympia to study social work and engineering.

If Kenedy was chairman of the tribe, she would change the way tribal members receive their per capita money by giving it out monthly.

Rhapsody Simmons

**Sixth grade
Rochester Middle School**

Rhapsody Simmons is in the sixth grade at Rochester Middle School, where she is maintaining a 3.14 GPA. She is the daughter of Susan Ortiz and John Tanzey and has five brothers and two sisters.



She enjoys watching movies with her family at home and hanging out with friends at school. She is good at math. Rhapsody feels she is a successful student because she attends homework room. Her advice for other students is to do their best and try hard!

During Rhapsody's spare time, she admits, "I like to play on my phone."

After she graduates high school, Rhapsody will attend a college close to home where she will pursue a career as a doctor.

If she was chairman of the tribe, Rhapsody would build more playgrounds.

CONGRATULATIONS

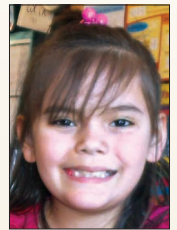
As a reward for their commitment to school and personal growth, each student of the month will receive a \$50 gift card from the Education Department.

*Contributed by the
Chehalis Tribe K-12 Program*

Susette Klatush

**Second grade
Rochester Primary School**

Susette Klatush is in second grade at Rochester Primary School. She is the daughter of Jeremy Klatush and has four brothers and two sisters.



She enjoys watching TV with her family and reading and is good at math. Susette feels she is a successful student because she pays attention. Her advice for other students is to pay attention and don't talk to friends when the teacher is talking.

During Susette's free time, she likes to sleep and play fast pitch softball.

After high school, she plans to graduate college and become a teacher.

If Susette was chairman of the tribe, she would tell everyone to be good.

Attention seniors

Graduation is right around the corner! The Chehalis Tribe celebrates our graduating seniors with a dinner and recognition ceremony. If you know any community or tribal members getting ready to graduate, please have them get in touch with us to make sure they are on our list. Contact JJ Shortman at 360-709-1749 or Jodie Smith at 360-709-1897.

in brief

Facilities reservations

Please contact Leroy Boyd at 709-1787 or lboyd@chehalistribe.org to reserve the gathering room or any of the other tribal facilities.

A facilities use form will need to be filled out and signed with all future reservations.

No exceptions. Thank you!

Celebrate Men's Health Month

Did you know that men live 5.7 years less than women? Did you know that men are only half as likely as women to have preventive visits to the doctor? Do you think those facts

might be connected?

The Chehalis Tribal Wellness Center is celebrating Men's Health Month in June by giving away prizes if you make an appointment with Dr. Alan Whipple from June 6-10, the week before Father's Day.

For questions, contact John McGee at 360-709-1775.