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The Chehalis Tribe celebrated graduating seniors June 16 at Lucky Eagle Casino. Students were gifted Pendleton blankets. From left: Robert Phillips, Farley Youckton II, Devin Boyd, Valerie Pickernell, Raven Hawk Penn, Sean Adams, Faith Hoheisel, Nathan Patterson, ShyAnn Ortivez, Christian Hoheisel, Mathew Esselstrom, Alex Youckton, Zoe Hutchinson, Roberta Youckton.

# Congrats grads!

*Future leaders of our tribe, families honored at ceremony*

The Senior Recognition Dinner celebrated 2017 graduating students and recognized their achievements on June 16 at Lucky Eagle Casino. This day was sponsored by the K-12 Education Program to reward seniors for completing an important step in their lives. It was incredible to share the moment with all of the families and celebrate the students' hard work in accomplishing their goals. Education Manager John Shortman Jr. was the master of ceremony for the event. His department staff worked hard to push the graduates to success. They provided guidance, tutoring

See GRADS, [page 3](#)



Elder Lynn Hoheisel and her grandson Christian Hoheisel.

Elder Mel Youckton and the 2017 Chehalis Tribal Royalty attend the 22nd anniversary celebration of Lucky Eagle Casino & Hotel.

Courtesy of Darrel Westmoreland, DMW Images



# Lucky Eagle unveils expansion

*\$46 million update delivers dining, gaming, parking*

Throughout June, Lucky Eagle Casino & Hotel celebrated its 22nd anniversary with the opening of a new and renovated gaming space with an expanded non-smoking floor, four restaurants and a 350-space parking garage. "We are excited about the expansion to the Lucky Eagle Casino," said Chehalis Tribal Chairman Harry Pickernell Sr. "The expansion and remodel updated the casino to a state-of-the-art facility. Everything was designed to improve

See EXPANSION, [page 2](#)

## STAFF PROFILE

### Welcome Chehalis Tribe's new general manager

Hello, my name is Misty Secena. I am honored to be the new General Manager for the Chehalis Tribe. I am a Chehalis tribal member. My lineage is from my mother, Rita Hernandez (Hill), and grandmother, Lucille Cush (Beckwith). My husband is Willie Secena. We have three daughters – Kirsten, Kylee and Kaelyn.

I have lived on the Chehalis Reservation most of my life. All of my work experience has been with the tribe. My first position in government was with the K-12 Education Program. I cultivated relationships with families and school districts to help meet the educational needs of tribal youth.

I later transferred to the Accounting Department. During my eight and a half years with accounting, I held various roles that imparted knowledge of our tribe's budgets, grants, investments, accounting standards, management and so much more. I am grateful to the tribe for the opportunities that led me down this path.

I believe we have seen positive growth in our population, resources, economic ventures and technology that shape how we



Misty Secena

perceive what it means to be Chehalis today. This growth is met with various challenges and adversity. Therefore, I consider it is important to understand our history and the framework that governs us to help navigate our direction on key issues.

I will work with the Business Committee, departments and boards to help best answer what type of services we will provide for our members. Do they meet our needs? How do they fit into our culture? What changes are necessary to further progress in areas such as housing, tradition, education, infrastructure, substance abuse, health, safety, unemployment, etc.? How do we manage and protect our resources to promote sustainability and growth for future generations? How does new administration, regulating authorities and other external forces affect the tribe?

The perseverance and dedication of previous and current leadership guided us here today. I feel we are at a time of prosperity, possibility and change. I look forward to serving the Chehalis Tribe to the best of my ability.

My office is in the main tribal center building near the Office of the Tribal Attorney and Human Resources. Please feel free to stop by. Thank you.



Courtesy of Darrel Westmoreland, DMW Images

Seeing an Elvis impersonator is just one highlight of a visit to Lucky Eagle Casino.

## EXPANSION

From page 1

the experience for our guests."

The \$46 million-dollar expansion features a gaming floor that boasts about 55,000 square feet and includes an expanded nonsmoking area, the newest slot machines and a table games pit. Four restaurants also were added.

Lucky Eagle Casino Interim CEO Lisa Miles said, "Our guests can enjoy a juicy steak prepared to perfection at Room 188 Steakhouse, tempt their taste buds at Yuzu Asian Bistro, try a gourmet burger and their favorite craft brews at CraftHouse sports bar and choose from all of their favorite buffet items at Fire Kitchen Buffet, where Sunday brunch is back for just \$15.95."

The expansion complements the existing five-story hotel featuring 170 rooms, including 30 suites.

"These changes provide our guests with a completely new and exciting gaming, dining and entertainment experience," Miles said.

### MORE INFORMATION

For upcoming events, restaurant menus, go to [luckyeagle.com](http://luckyeagle.com).

## Vaccinate your pet against rabies

By Brennan Stoelb,  
Animal Control Officer

Living in a small, close-knit community has many advantages. For instance, you are more likely to know and speak to your neighbor. The same is true for your pets.

Just like a cold or flu can spread from person to person, our pets can get sick, too. Thankfully, by vaccinating our pets, major illnesses such as rabies can be prevented.

Rabies is a serious viral disease that affects the central nervous system of all warm-blooded mammals, including humans. Rabies is passed through saliva and is almost always fatal.

Rabies typically comes from wild animals. At this point,

### FOR HELP

Do you have questions or need assistance? Contact Animal Control at the Public Safety Building or call **360-273-7051**.

the only known wild animal in Washington that carries rabies are bats. Vaccinating pets is an important part of making sure rabies does not become more widespread in other animals or humans.

Even pets that are kept inside should be vaccinated for rabies because bats can get into houses.

Quick facts:

- After the first rabies shot,

a booster is needed a year later. After that, a booster is typically needed every three years.

- Rabies is almost always fatal.

- Rez Animal Resources is a nonprofit animal organization that can assist in getting pets vaccinated and spayed or neutered. Call 253-370-6392 for assistance.

Once your pet is rabies vaccinated, you can get them an official Chehalis Tribal pet license by contacting Animal Control. The license ensures every pet that has one has been vaccinated, as well as linking your pet's license number to you.

By getting pets vaccinated, we can ensure that all people and pets in the community can live happy, healthy lives.



## GRADS

From page 1

and assistance to the tribal members. Education is the key to building a strong group of young adults to become the future leaders of our tribe.

After the blessing of the food by Dan Jones, graduating seniors and elders were served first, followed by everyone who came to witness the event. Fish, chicken and other food selections were offered. There also was a beautiful cake made by Stephanie Floth for dessert.

It also is important to recognize the families, mentors and everyone who helped the students achieve their dreams of graduation and furthering their higher education. Each grad received flowers to honor their families for their support.

During the awards ceremony, a question and answer was developed for each senior to earn their gift. This was new and assisted the young adults to strengthen their knowledge of their journey to get this point of their life. They



**Roberta Youckton selects flowers to honor her parents for their support at the senior graduation ceremonies.**

demonstrated how well they paid attention to what was being taught to them.

Speakers were invited to congratulate the seniors on becoming our future leaders. They also offered words of advice for finding success and deciding on a career choice:

■ Rodney Youckton spoke of using the three "F's" in creating their future: faith in your own abilities and skills

and being confident in what you do; fire represents desire that fuels high performance and also is hunger, energy, enthusiasm, passion and purpose; and focus is what you direct your attention to and what creates the biggest impact.

■ Lisa Miles, Lucky Eagle Casino Interim CEO, recognized Matthew Esselstrom and Robert

Phillips for the John and Mary Setterstrom Highest GPA Award. Lisa said this important award is given to graduating seniors who achieve the highest GPA.

■ Tony Medina, Youth Center Manager, congratulated the graduating seniors.

■ Rachel Mendez, Higher Education Coordinator, discussed what her program has to offer to tribal members. She encouraged everyone to strive toward the goal of receiving a higher education. She announced some grads already have been accepted to college. Her announcement was met with thunderous applause.

There also was a slideshow presentation of the graduates. It was wonderful to witness the growth of each graduating senior through fun pictures. The seniors shared who they wanted to thank most.

Pendleton blankets were given to each student. Shoni Pannkuk, a Chehalis Tribal Business Committee member, and staff presented blankets to the graduates as they were called onto the stage.



### 2017 HEAD START GRADUATING CLASS

– Back row from left: Teachers Nicole Postlewait, Mireya Arellano and Gisa Goldston; Atrayu Wilder, Calen Moore, Virginia Chavelas, Losia Gisa, Marivella Mendez, Samuel McCormack, Prince Adams, Micheal Bangs, Kenneth Anthony Daniels, teacher Alisha Hosford and Director Mary DuPuis. Middle row: Emma Youckton, Asher Morrow, McKinzy Kinkade, Bradyn Lopez-Palmer, Danica Garcia, Javier Sanchez, Alexis Dixon, Freddie Sanchez and Kiara Dixon. Front row: Timothy Conway, Myles Cayenne, Coleton Youckton, Briella Cantrell, Eddie Mendez-Castro, Vincent Visaya and Hawk Wittwer.

## Head Start ceremony celebrates children

Head Start children were greeted by the sounds of the Chehalis Canoe Family singing and drumming as they took the stage on June 14 at Great Wolf Lodge.

The celebration was filled with family, friends, staff and community members. Their

eyes beamed with pride as they watched their little ones march onto the stage. This gathering was important to recognize their work and the success of the Head Start Program.

Children smiled proudly when their names were called and came forward to receive

diplomas. So many special memories were created during the evening.

Best wishes for the graduates as they start kindergarten in the fall. Many staff members agreed that they will miss their smiles! But most of all, good luck in the future.



# HEALTH/WELLNESS

## Diabetes can impact oral health

*Disease symptoms, types and treatment discussed at CTWC monthly gathering*

Dr. William Elton offered a presentation on diabetes and oral health to community members during a Lunch & Learn June 25 in the PT Room of the Chehalis Tribal Wellness Center.

The monthly event invites providers to teach the community about various health issues and enjoy a delicious, healthy meal.

### Diabetes types

Diabetes is a serious disease in which the body does not produce or properly use insulin, a hormone needed to convert sugar, starches and other foods into energy. Normally, insulin helps get sugar from the blood to the body's cells, where it is used for energy.

When you have diabetes, your body has trouble making and/or using insulin, so your body does not get the fuel it needs and your blood sugar stays too high.

High blood sugar sets off processes that can lead to complications, such as heart, kidney and eye disease, or other serious problems.

It is estimated that more than 20 million adults and children in the United States have diabetes. Fourteen million have been diagnosed with the disease and six million are unaware they have it. Types of the disease are 1, 2 and gestational diabetes, as well as prediabetes.

About 90 percent of Americans diagnosed with diabetes have type 2.

### Periodontal disease, treatment

During the past 10 years, much research has been undertaken on the link between diabetes and periodontal disease. Periodontal disease is the sixth leading complication of diabetes. If you have been diagnosed with diabetes, you are three to four times more likely to develop periodontal disease, with a higher rate of more severe levels of bone loss and gum infection.

Periodontal disease, or gum disease, is a bacterial infection of the gums, ligaments and bone that support your teeth and hold them in the jaw. If left untreated, you might experience tooth loss. The main cause of periodontal disease is bacterial plaque, a sticky, colorless microbial film that constantly forms on your teeth. Toxins



Dr. William Elton shares information about diabetes and oral health care during the Chehalis Tribal Wellness Center's Lunch & Learn on June 25.

### JOIN US

Everyone is invited to participate in the Chehalis Tribal Wellness Center's monthly Lunch & Learn event. For more information, contact Christina Hicks at **360-709-1741**.

**Do you need to get checked?:** If you'd like to schedule an appointment with the Chehalis Tribal Dental Clinic, call **360-273-5504**.

(or poisons) produced by the bacteria in plaque irritate the gums, causing infection.

Periodontal disease might make it more difficult for you to control blood sugar. Your body's reaction to periodontal disease can increase your blood sugar level. Consequently, it is important for patients with diabetes to treat and eliminate periodontal infection for optimal diabetes control.

Periodontal treatment combined with antibiotics has been shown to improve blood sugar levels in patients with diabetes, suggesting that treating periodontal disease could decrease insulin requirements.

### Warning signs

- Constant hunger or thirst

- Frequent urination
- Blurred vision
- Constant fatigue
- Weight loss without trying
- Poor wound healing (cuts or bruises that are slow to heal)
- Dry mouth
- Itchy, dry skin
- Tingling or numbness in the hands or feet
- Most people with diabetes do not notice any warning signs
- Periodontal disease
  - Red and swollen gums that bleed often during brushing or flossing and are tender to the touch
  - Gums that have pulled away from the teeth, exposing the roots
  - Milky white or yellowish plaque deposits, which are usually heaviest between the teeth
  - Pus between the teeth and gums accompanied by tenderness or swelling in the gum area
  - A consistent foul, offensive odor from the mouth

### Diabetes and your mouth

Periodontal disease is not the only problem that can occur if you have diabetes. Although you might not be able to prevent these problems, you can minimize the trouble they cause you:

See LEARN, page 7



# Prepare for a quake

Chehalis tribal community members came out to learn about earthquake hazards during a meeting on June 30 in the Gathering Room.

Tim Walsh, Assistant State Geologist from the Washington Geological survey, Department of Natural Resources, offered an overview on where and when such a disaster could occur. It is a real danger for many of us living in the Northwest. The Upper Chehalis language has two words for earthquake, evidence that our ancestors were well aware of them and likely the dangers they posed.

Three types of earthquakes occur in our region:

- Cascadia Subduction Zone – last one was Jan. 26, 1700

- Deep – Benioff Zone, such as the 2001 Nisqually earthquake

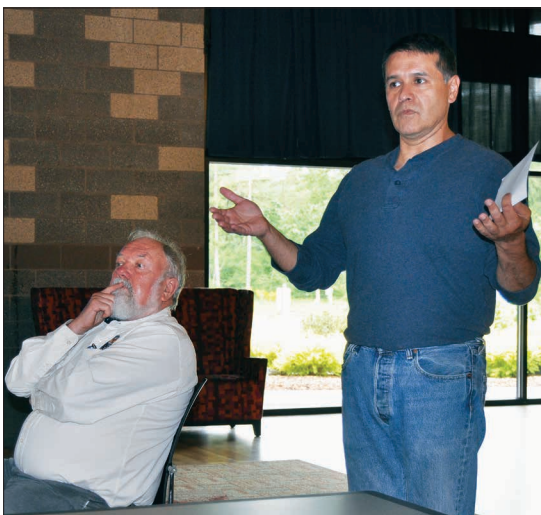
- Crustal or shallow quakes, such as those within the St. Helens Zone

Earthquakes can cause severe damage to surrounding areas and create landslides, liquefaction, ground cracking and tsunamis. Tim's slideshow documented the devastation quakes leave behind.

The geologist said knowing what to do afterward is crucial. Tim's most important advice was to stay calm and not panic. He said being prepared is the best method for families to survive an earthquake.

Handouts from Emergency Management Coordinator Cal Bray were informative

**Emergency Management Coordinator Cal Bray welcomes everyone who came to learn about the dangers of earthquakes at a meeting on June 30. A good tip to survive after the initial event is to assess ways you can recover.**



## MORE INFORMATION

Contact Emergency Management Coordinator Cal Bray at **360-709-1691** or **cbray@chehalistribe.org**.

And check out the Tribal Emergency Facebook page. Washington State Department of Natural Resources: **[dnr.wa.gov/programs-and-services/geology/geologic-hazards-and-environment](http://dnr.wa.gov/programs-and-services/geology/geologic-hazards-and-environment)**

Emergency Management Division: **[mil.wa.gov/preparedness](http://mil.wa.gov/preparedness)**

Cascadia Region Earthquake Workgroup: **[crew.org](http://crew.org)**

and instructive.

Everyone should be aware that cell phone usage will be limited or unavailable after an earthquake to minimize call traffic. That allows emergency crews to handle emergencies. Be patient; it will be restored when everything settles down.

You can do simple things to protect your family:

- Decide upon an emergency meeting place.

- Post emergency contact information on your refrigerator.

- Make an escape plan and practice it with your family.

- Anchor large objects such as bookcases.

- Gather and store emergency supplies.



## CTWC goes blue for fellas

In honor of Men's Health Month, Chehalis Tribal Wellness Center staff gathered to participate in the national Wear Blue Friday on June 16. It was good to see the smiling faces of the staff that cares for the Chehalis tribal community.

Men's Health Month is celebrated across the country with screenings, health fairs, media appearances and other health education and outreach activities. The Wellness Center

was decorated in blue to recognize and bring awareness to the important topic.

During June, the clinic invited men to participate in Men's Health Screening week and get their annual health checkup completed. Early detection is the best way to stay healthy. An added plus was the chance to earn a raffle ticket and win a prize! Men who wore blue to their appointment received an additional raffle ticket.

## DANCING IN THE SQUARE POWWOW

Noon-7 p.m. Sept. 22  
Pioneer Square downtown Portland  
Grand entry: 3:30 p.m.

- PAYMENT GIVEN TO FIRST 4 REGISTERED DRUMS. PLEASE REGISTER PRIOR TO EVENT WITH MONIKA DAMRON, MDAMRON@NPAIHB.ORG OR 503-416-3260

- EDUCATIONAL BOOTHS, VENDORS

- CONTACT: CANDICE JIMENEZ, CJIMENEZ@NPAIHB.ORG OR 503-416-3264





## CHEHALIS TRIBAL NEWSLETTER

### The Confederated Tribes of the Chehalis Reservation, 'People of the Sands'

The articles and opinions expressed are not necessarily those of this publication or the Chehalis Tribal Business Committee.

### SUBMISSIONS

The Chehalis Tribal Newsletter encourages tribal members to submit letters, articles, photographs and drawings to be considered for publication (subject to editing). Contributing writers, artists and photographers include Chehalis tribal community members and staff.

**Submission deadline is the first of each month** (printed monthly).



### TRIBAL CENTER

**Main line:** 360-273-5911  
**Address:** 420 Howanut Road  
 Oakville, WA 98568  
**Office:** 360-709-1726  
**Fax:** 360-273-5914

### CHEHALIS TRIBE'S VISION STATEMENT

To be a thriving, self-sufficient, sovereign people, honoring our past and serving current and future generations.

### BUSINESS COMMITTEE

**Harry Pickernell**, Chairman  
**Jessie Goddard**, Vice Chairman  
**Shoni Pannkuk**, Treasurer  
**David Burnett**, Secretary  
**Leroy Boyd Sr.**,  
 Fifth Council Member

### NEWSLETTER STAFF

Fred Shortman, Audra J. Hill and the Information Technology Team

# Camas, rose harvest

## *Dedication in the preservation of prairies and an education in traditional plant use*

The Behavioral Health Program's traditional medicine class was divided into two different field trips recently.

On May 15, individuals traveled to Glacier Heritage Reserve to harvest camas and learn about the prairies and their diverse ecosystem.

Sadly, less than 3 percent of prairies are left because of agriculture and growth. The soils were so rich that they made prime locations for both agriculture and ranching. This contributed to the loss for many native people who subsisted off the land for both food and medicines.

Hope isn't lost though as a group of individuals strives to protect the prairies. Thurston County Parks Department was fortunate to acquire this unique property. Dedicated folks are working to preserve the Glacier Reserve Prairie.

The Black River-Mima Prairie Glacial Heritage Preserve, known as Glacial Heritage, is an excellent example of the Puget Prairie ecosystem that greeted settlers in the 1800s.

With the exception of Thurston County Parks-sponsored events, the park is closed to public use. Arrangements may be made in advance to access the site for educational or environmental activities.

The class met up with tribal elders and adults from other local tribes who came to learn about the prairies and harvest camas. Folks from the visiting tribes took turns to introduce themselves. It was a diverse group.

The Glacier Heritage Reserve was the aboriginal territory where families would gather to harvest camas.

Native people managed camas prairies for thousands of years to promote a diversity and abundance of native foods and medicines. The field trip encouraged everyone to explore traditional harvest techniques, cooking methods and the nutritional values of camas.

The Center for Natural Lands Management will share prairie management strategies. The class will be taught by Sara Hannah, Restoration Ecologist with Thurston County Land Management.

Requests should be made by contacting the Parks Department at 360-786-5595.

The group reconvened at the National Parks Reserve in Mima Mounds near Capital Forest to harvest camas. It was beautiful, peaceful and educational.

The Mima Mounds Interpretation



**Participants learn about preserving prairies and how to harvest camas during a field trip on May 15.**



**Instructor Elise Krohn teaches how to use camas and wild rose for medicinal, culinary and other uses.**

Center educated those who wished to read about the mystery surrounding Mima Mounds. There is a Chehalis legend of the flood that formed the mounds.

It was a thought-provoking presentation that opened the door for more questions.

Elise Krohn, herbalist and wild foods educator, and Department of Natural Resources Archeologist Maurice Major met the group to share the history of Mima Mounds and prepare for the harvest. Individuals then headed off in different directions to harvest camas.

Many tribal members use the staple food for personal and medicinal benefits.

See HARVEST, page 7



## LEARN

From page 4

**Dry mouth:** Xerostomia occurs when salivary glands don't produce sufficient saliva to keep your mouth moist, causing tissues in your mouth to become inflamed and sore. It can make chewing, tasting and swallowing more difficult, as well as cause difficulty in eating. This can make it even more challenging to control blood sugar.

**Fungal infection:** Candida albicans is a fungus that normally lives inside the mouth without causing any problems. But when you have diabetes, deficient saliva in your mouth and extra sugar in your saliva allow the fungus to cause an infection called candidiasis (thrush), which appears as sore white or red areas in your mouth.

**Burning mouth syndrome:** If you feel severe burning and pain in your mouth even though you don't see any problems causing it, you may have this syndrome.

**Oral surgery complications:** If you need oral surgery, diabetes – particularly if poorly controlled – can complicate oral surgery. Diabetes hampers healing and increases risk of infection.

Your blood sugar levels also may be harder to control after oral surgery. Your dentist should work closely with your physician to minimize possible complications. If you need oral surgery, the American Diabetes Association recommends you:

- Remind your dentist that you have diabetes and discuss any specific diabetes-related issues.

- Eat before your dental visit so your blood sugar is within normal range.

- Take your usual medications. Your dentist should consult with your physician about whether you can adjust your diabetes medications or take an antibiotic to prevent infection before surgery.

- Plan for your eating needs after surgery. If you're having dental work that might leave your mouth sore, plan to consume soft or liquid foods that will allow you to eat without pain.

- Wait until your blood sugar is under control. It's best to have surgery when blood sugar levels are within your goal range. If your dental needs are urgent and your blood sugar is poorly controlled, talk to your dentist and physician about receiving dental treatments in a hospital.

## HARVEST

From page 6

### Mother Nature's bounty

Elise and Caytee Cline hosted another fun and educational field trip to harvest camas and learn about medicinal plants on our local prairie on June 5. Participants were taught how to harvest and preserve camas.

For some, it was the first time they had harvested camas. Everyone also learned how to properly maintain the prairies. It was a great day to be out in Mother Nature's garden.

Later in the evening, Elise taught about the camas and wild rose plants during a class at the Elders Center. Tribal members learned about cooking camas and explored nutritional benefits.

Dinner was a camas and smoked salmon soup along with salad and bread.

Elise encouraged everyone

to make medicine, infused honey, oil and lip balms from the wild rose. She also shared a story about the rose. Its mythic presence and a legend that contributed and influenced the lives of destinies of countries throughout history. The flower in full bloom represents beauty, love, protection and grace. It has influenced art, poetry and religious ceremonies since ancient times. The flower is still revered today.

Elise also discussed where it grows, how to recognize and harvest it, the curing process and its culinary and medicinal uses.

Caytee provided handouts for the class to be added to the binders that are provided if you attend the events. Samples that were made that evening were taken home to be used.

The Behavioral Health Program's amazing classes help participants learn about Mother Nature's plant foods and medicines.

## CHEHALIS TRIBAL HEALTH FAIR

**10 A.M.-3 P.M. WEDNESDAY, SEPT. 13**  
CHEHALIS TRIBAL COMMUNITY CENTER GYM



### HIGHLIGHTS

- Tribal, state program vendors
- Information
- Lunch at noon

### CONTACT

Christina Hicks  
at 360-709-1741,  
chicks@chehalis-tribe.org.

YOU'RE INVITED TO

# NATIONAL NIGHT OUT



POLICE • COMMUNITY PARTNERSHIPS

Join 38 million neighbors in thousands of communities around the nation for annual campaign that promotes police-community partnerships and neighborhood camaraderie to create safer, more caring places to live

**TUESDAY AUGUST 1ST 2017**

@ Public Safety Building 6pm - 8pm



# FAMILY

## *Freedom rings on the Fourth*

### *Community enjoys fabulous fireworks*

The 2017 fireworks season has come and gone with a bang. There were more than 70 fireworks stands within the Chehalis reservation. Savvy owners were busy setting up their stands to supply products to excited customers.

The weather was pleasant throughout the season, with one hot day. There were many things that affected sales, but it was a busy season overall.

Areas and times were dedicated for lighting fireworks and made for an enjoyable experience if done properly.

After purchasing their fireworks, community members headed out to meet up with their friends and family. You could see the delight in their eyes as they walked away talking about how they were going to enjoy their Independence Day celebrations.

Parades, barbecues, music and fireworks are a way for families to gather and celebrate freedom in the United States of America. Yes, freedom! Without the commitment and dedication of our veterans, we wouldn't have our freedom to celebrate.

### **Fireworks show**

The tribal center complex was filled with vehicles and people that came to celebrate the Fourth of July.

Fireworks could be seen all around the surrounding areas. Children were lighting their hoards as they enjoyed the special day.

There were areas dedicated to lighting fireworks to protect all those who traveled to watch the dazzling display at the annual Chehalis Tribal Fireworks Show. There were vendors there, too!



**It was another bustling season of selling fireworks and enjoying displays on the Chehalis Reservation.**



There were very few mishaps. Chehalis Tribal Law Enforcement Officers and Oakville Fire Department personnel were available to handle emergencies. They also provided much-needed traffic control when the show was finished.

Some emergency personnel had to leave because of a fire in Oakville.

The licensed Chehalis Tribal Pyrotechnic crew put on a wonderful display



of thunderous booms and dazzling colors with cakes and mortars in the only hand-lit show in Washington. The volunteers created and delivered an awesome fireworks show to end the season.

Of course, explosives are dangerous. The crew set up safety protocols and strictly followed them to ensure a safe show.

The inspiring display of booms, crackles and bright

burst of the bouquets left a lasting impression during the majestic grand finale. This brought a powerful close to our Independence Day celebration.

Most important is the lasting impression of the majestic grand finale that brings a powerful close to Independence Day.

Thank you Barnaby, Dustin, Buck Buck, Hector and all of the other volunteers who helped with the show.

It is a great way to end the fireworks season. Again, thank you and another awesome show!

### **Clean-up crew**

Clean-up is essential after a great fireworks show. The clean-up crew is very dedicated in keeping our tribal properties clean. Early the next morning, the ground maintenance crew gathered debris leftover after the Fourth of July celebration.

Many responsible people cleaned up after themselves, and some even carried out what they brought in.

Again, thank you! Your



# Get the lowdown on classes, scholarships

*Contributed by Racheal Mendez,  
Higher Education Coordinator*

Centralia College will offer college classes at the Chehalis Tribal Community Center starting Monday, Sept. 18. Classes are offered to anyone who wants to start or continue their education.

**ENGLISH 98/99** (5) Randy Johnson, 9:10-10:10 a.m. Monday-Thursday. **98:** Study proper word usage, sentence structure and punctuation. Writing includes personal essays and summaries. Emphasis is on improving grammar and writing skills for personal needs and preparation for technical coursework.

**99:** Prepares students for college composition. Students analyze texts, review sentence structure and punctuation and write several short essays and other writing.

**Introduction to Stats Math 146** (5) Linda Griffith, 10:20 a.m.-11:20 a.m. Monday-Thursday. Introduction to concepts of data collection, organization and summaries. Develop the fundamental concepts of mean, median and standard deviation, probability and probability distributions. Then apply those ideas to hypothesis testing, linear regression and analysis of variance. Prerequisite: MATH 097, MATH 099 or equivalent.

## WINTER CLASSES

**English 101** Expository writing course that encourages students to think and write with clarity, conciseness and enjoyment; to organize and develop their ideas; and to express themselves sharply, economically and grammatically. Prerequisite: Students must meet mandatory placement requirements to enroll – a minimum score of 83 on the COMPASS test or 46 on the ASSET test, or completion of five credits of ENGL 099 with a minimum grade of 2.0.

**Math 98** For students with good arithmetic skills and familiarity with signed numbers and basic algebraic expressions. Problem-solving skills are emphasized. Topics include linear equations and inequalities,

**MORE INFORMATION**

Contact Higher Education Coordinator Racheal Mendez at [360-709-1698](tel:360-709-1698) or [rmendez@chehalistribe.org](mailto:rmendez@chehalistribe.org).

graphing, polynomials and rational expressions. Prerequisite: MATH 096.

## TO APPLY

If you'd like to take these classes, you must apply to Centralia College and receive an acceptance letter. To do this, go to [centralia.edu](http://centralia.edu).

You must take the Accuplacer test at Centralia College. You may go to the Phoenix Center/Library at the Centralia College or call Racheal Mendez to schedule a time for her to drive you there.

The test costs \$15 (Chehalis tribal members' tests will be paid through the Education Program).

Chehalis tribal members must also have a Chehalis Tribal Higher Education Scholarship application completed.

## Thinking about going to college this fall?

You still have time to fill out your free application for federal student aid online and start applying to college. If you have not done this already, please do so immediately or make an appointment to come see me. Many colleges are now offering fall registration.

Deadlines for the Chehalis Tribal Scholarship:

### Semester system

Aug. 1: Fall semester

Dec. 1: Winter semester

### Quarter system

Sept. 1: Fall quarter

Nov. 1: Winter quarter

March 1: Spring quarter

\*Summer quarter or semester

is for graduating/continuing students only.

For the Chehalis Tribal Scholarship and to start fall 2017, you will need:

- An acceptance letter from

your college

- To be registered for classes
- A free application for federal student aid ([fafsa.ed.gov](http://fafsa.ed.gov))
- Three alternative scholarships completed
- A copy of your high school diploma or GED
- College transcripts if any

These are only parts of very important documents needed for the scholarship program. Please get started right away.

## Chehalis Tribal Scholarship students

To complete your file for fall, you will need:

- Financial aid information for 2017-2018 ([fafsa.ed.gov](http://fafsa.ed.gov))
- There might also be a separate application through your school's financial aid office. Look for (data sheets, verification form, dependent/independent work sheets.)
- Proof of three alternative scholarships (every year you must apply for three)
- If you applied last year and the scholarship award is for the 2017-18 academic school year, you

will not need to apply for three more. If your award is considered a continuous award, please show proof of an undated award letter for the 2017-18 academic school year.

- Unofficial transcripts 2016-17
- Register for fall classes
- Update contact information if changed since fall 2016
- Refund agreement form for 2017-18
- Signed FERPA release form for 2017-18

■ Please be advised that some colleges will not use our FERPA form and the student must request the college's FERPA form or give access through the student portal.

All of the appropriate paperwork must be turned in by July 27. Please note that the Chehalis Tribal Scholarship Program will not be able to pay your fall 2017 tuition in a timely manner without this paperwork. If I'm not in my office when you stop by, please feel free to leave your paperwork on my desk or at the front desk in my box. If there is anything I can help you with, please let me know.



## EARLY LEARNING

### APPLICATIONS FOR 2017-18

Accepting enrollment for ages 6 weeks-5 years

- Expectant Mothers' program
- Qualified early childhood staff
- A wonderful place for children and families
- Employment and volunteer opportunities
- Bus services provided

Call 360-273-5514 or stop by 420 Howanut Road, Oakville, for an application. Turn in all required documents by Monday, July 31.

## Seeking money for school?

These websites might help you to secure scholarships:

■ [Thewashboard.org](http://Thewashboard.org) is for Washington state students.

■ Gates Millennium Scholars: [gmsp.org](http://gmsp.org).

■ American Indian College Fund: [collegefund.org](http://collegefund.org). Click on "Student resources," "Scholarships" and then "Scholarship programs."

■ American Institute of CPA's Graduate Studies: [aicpa.org/career/diversityinitiatives/pages/fmds.aspx](http://aicpa.org/career/diversityinitiatives/pages/fmds.aspx).

■ American Indian

Services: [americanindian-services.org](http://americanindian-services.org). Click on "Students" and then "Application form."

■ Cobell Scholarship: [cobellscholar.academicworks.com](http://cobellscholar.academicworks.com).

■ Continental Society Daughters of Indian Wars Inc.: [csdiw.org/scholarships.html](http://csdiw.org/scholarships.html).

■ Intertribal Timber Council for Native Americans studying natural resources: [itcnet.org/about\\_us/scholarships.html](http://itcnet.org/about_us/scholarships.html).

■ Fastweb.com is a search site for scholarships.



Madison Carter (from left), Annabell Youckton, Emily Pickernell and Rita Burke participate in the THRIVE Youth Conference.

## Youth build self-esteem at THRIVE conference

Domestic Violence Advocate Janita Raham and Prevention Outreach Specialist Ranessa Goddard took four tribal youth to the seventh annual THRIVE Youth Conference in Portland. The conference ran from June 26-30.

The three Chehalis tribal youth who attended the conference are Madison Carter, Emily Pickernell-Holmes and Rita Burke. The fourth youth is Annabelle Youckton, a Puyallup tribal member. Her parents are Derek Youckton (Chehalis tribal member) and Mina McCloud (Puyallup). We were allowed to bring only four youth between ages 12-19.

The conference was held at the Native American Student and Community

Center at Portland State University. The objective of the conference was to build protective factors and increase skills and self-esteem, connect with other young Natives, learn about healthy behaviors (suicide prevention, healthy relationships, etc.) and discover how to strengthen our nation through culture, prevention, connections and empowerment.

The Chehalis Tribal Youth participated in the beats lyrics leaders workshop where they learned how to write and produce songs. The girls had a great time and were able to experience the city with a lot of walking and a visit to the Chinese Gardens. We look forward to taking more youth to conferences in the future.



The Chehalis Canoe Family spends time on the water together pulling and praying during the 2016 Paddle to Nisqually.

## Canoe Journey begins

### *Tribal community stands together*

Come watch the Chehalis Canoe Family participate in the 2017 Paddle to Campbell River.

Feel free to join anywhere along the way, learning to share with the canoe families, and travel with "One Heart, One Mind" through the waterways. Community support is greatly appreciated as we share our culture with elders, adults, youth and other canoe families.

This is a drug, alcohol and violence-free journey. Everyone is welcome!

### Itinerary

**Circle up** at Sylvia Cayenne's – noon July 20 to Port Gamble.

**July 20:** Suquamish

**July 21:** Port Gamble

**July 22:** Port Townsend

### MORE INFORMATION

Go to [tribaljournays2017.com/route](http://tribaljournays2017.com/route). If you are interested in attending or pulling in the canoe, contact Sylvia Cayenne at **360-888-6638** or Glenda Comenout at **360-250-0633**.

**July 23:** Jamestown

**July 24:** Lower Elwa

**July 26:** Esquimalt (Canada)

**July 26:** Tsawout

**July 27:** Tsartlip

**July 28:** Duncan

**July 29:** Shell Beach

**July 30:** Nanimo New Castle

**July 31:** Nanoose Bay

**Aug. 1:** Big Qualicum River

**Aug 2-3:** Comox

**Aug 4:** Cape Mudge

**Aug. 5:** Campbell River

### BURN BAN

#### BECAUSE OF DRY CONDITIONS:

- No burning yard debris
- No open flames
- No fireworks allowed

CHEHALIS TRIBAL  
DEPARTMENT OF  
NATURAL RESOURCES  
360-273-5911





# JULY BIRTHDAYS

1

Elizabeth Brown

2

Natalie Brown  
Ronald Gaines, Jr.

3

Elvis Gillie  
Haley Parkinson

4

Adam Gunnels  
Rick Sanchez, Sr.  
JJ Shortman

5

Rene' Bracero, Jr.  
Jakeb Hoyle  
Johnny Perez  
Elisa Sanders  
Sam Secena  
Rhapsody Simmons

6

Connie Baker  
Mikaela Hoheisel  
Cassandra Pope  
Paula Reininger  
Uilani Siufanua

7

Bill Secena

8

Albert Combs, Jr.  
Joyce Thomas

9

Arielle Burnett  
Raymond Wertz  
Michelle Murrell

10

Tammy Boyd  
Erin Delgado  
Dale Klatush III  
Jorja Potter  
Ronald Rogers, Jr.

11

Andre Kluth



**MARY AND DON SECENA:** Happy, happy anniversary. Looking forward for many more fabulous years to come! We love you, Dyani and your wife.



**FARLEY YOUNCKTON II:** Happy birthday! We are so proud of you, love Mom and Dad.



**JODIE SMITH:** Happy birthday. We love you, Carlos, Fred, Daphne, Rita, Dylan, Josie and family.

**Nathan Kluth**  
**Chloe Lopez-Palmer**  
**Jesa Penn-Roco**  
**Frances Pickernell**  
**Andrew Youckton**

12

**Candace Brown**  
**Alicia Medina**  
**Jacinda Medina**



**ALEXIS AND KIARA DIXON:** Happy 5th birthday, love and hugs from Mom, Harry, Collin and Malia.

13

**Fau Fau Boyd**  
**Hector Gaines**  
**Marlene Hjelm**  
**Chris Klatush**

14

**Carlos Bill-Sanchez**  
**Linda McDougall**

15

**Kimberly Nath**  
**Jodie Smith**  
**Farley Youckton II**

16

**Donald Williams, Jr.**

17

**Allen Fricke, Jr.**  
**Christina Hicks**

18

**Eli King-Gleason**  
**Querida Perez**  
**Omar Thomas**

19

**Jimmie Williams**  
**Dallas Youckton**

20

**Gloria Jones**  
**Cecily Klatush**  
**Krista Parent**

## MORE WISHES

### ROSETTA MAXINE

**CARTER:** Happy birthday Pai-Nuh-Nah, love Mom, Dad, your brother and your sisters. And most of all AURORA!!!

### SAM AND BILL

**SECENA:** Happy birthday and many, many more to come! From your family.

### DRE AND NATE

**KLUTH:** Happy 10th birthday to my twins, love Grandma and Choopa.

### CHRISTINA HICKS:

Happy birthday love Mom, brothers, nephews and the rest of your family.

### JJ AND GRANT

**SHORTMAN:** Happy birthday to our nephews, from your family and friends.

### CARLOS SANCHEZ:

Happy birthday to my grandson, from Gramma Jodie and Grampa Fred.

### RHAPSODY SIMMONS:

Happy birthday to my sweet granddaughter, from your Grandmother Suzzane.

**Grant Shortman**  
**Krista Parent**

21

**Halle Colson**  
**Kenneth Daniels**

22

**Theodore Charles**  
**Marie Griswold**  
**Yvonne Peterson**  
**Samuel Seymour**  
**Stanley Youckton**

23

**Jonathan Jack, Jr**



**MELISSA MCALLISTER:** Happy birthday, from Jodie, Carlos, Daphne, Rita, Dylan and the rest of your family.

**Edwardo Sanchez**  
**Philip Youckton**

25

**Gary Ortivez III**

26

**Tom Hayden**  
**Shyann Ortiz**  
**Rain Slighte**

27

**Calvin Bray**  
**Landen Mashburn**  
**Danny Thomas**  
**Ryan White Eagle Bracero**

28

**Jasmine Baker**  
**Sharon Hall**  
**Rigoberto Hernandez**  
**Jed Starr**

29

**Frankie Brown**  
**Pai'nuh'nah Carter**

30

**Carmen Brown**  
**Kamryn Couillard**  
**Alexander Florez**  
**Melissa McAlister**  
**Andrea Steckstor**

31

**Shayden Baker**

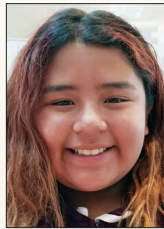


## STUDENTS OF THE MONTH

### Dyani Cayenne

#### Fourth grade Grand Mound Elementary

Dyani Cayenne, daughter of Andria Hawks Shortt and Calvin Cayenne, is in the fourth grade at Grand Mound Elementary. She lives with her grandparents, Mary and Don Secena. Dyani has five dogs and five cats. She enjoys when her grandpa Don plays with her and their pets.



She likes going to school and seeing her friends. Dyani feels she is a successful student because she gets good grades and pays attention to her teacher and does her work. Her advice for other students is to work hard and be kind.

Dyani enjoys playing basketball, hanging out with her friends and listening to music on her phone.

After she graduates high school, Dyani wants to attend college to become a singer, actor or makeup stylist.

If Dyani was chairwoman of the tribe, she would give homeless people in the community free food.

### Rita Burke

#### Sixth grade Rochester Middle

Rita Burke is in the sixth grade at Rochester Middle School. She ended the school year with a 3.39 GPA. She is the daughter of Daphne Smith Burke. Rita has four brothers, one sister and three cats. She likes going to the beach and hanging out with her family.

Her favorite subject is math. She thinks she is a successful student because of the homework help she receives from K-12 staff. Her advice for other students is if you miss a day of school, get your missing work, do it and turn it in.

Rita likes to recharge by sleeping. She is good at sports and plays fast-



pitch softball. She will play volleyball and soccer during the upcoming school year. Rita shared that when she lived in Alaska, she participated in karate, gymnastics and swim team.

After Rita graduates high school, she wants to attend college to become a veterinarian because she loves animals! Then, she would like to continue on to become a crime scene investigator to help people solve crimes that have happened to them.

If Rita was chairwoman of the tribe, she would fix all the bus stops so kids won't get wet when they are waiting for the bus. She also would start a crime watch group.

### Faith Hoheisel

#### Graduating senior River Ridge High School

Faith Hoheisel graduated from River Ridge High School with a GPA of 3.25. Faith is the daughter of Kristie McIntyre and Jacob Hoheisel. She has a brother, two sisters, four dogs and two cats. She enjoys going fishing with her family.

Faith liked that she learned something new every day in school. She was a successful student because



she knew there always was room to improve. Her advice for other students is to keep working hard.

She was involved in the Future Farmers of America. She also likes to go fishing and adventuring. During the fall, Faith will attend Pima Medical Institute to become a veterinarian.

If Faith was chairwoman of the tribe, she would be greatly involved with the youth.

### HONOR ROLL

#### Chehalis

Richard Romo  
Faith Hoheisel  
Devon Olney  
Annie Burnett  
Kirsten Secena  
Kayleena Delgado  
Lauren Quilt  
Emily Pickernell  
Emily Mordhorst  
Rita Burke

#### Community

Zoe Hutchinson  
Anna Johnson



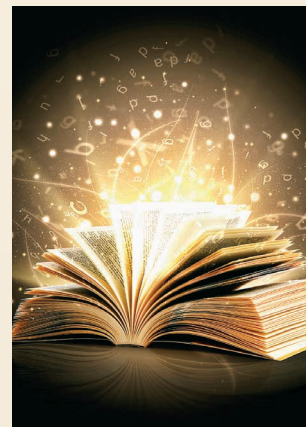
*Contributed by  
the Chehalis  
Tribe K-12  
Program*

### TAKE TIME OUT FOR BOOKS

Classes are over and the beautiful, warm, relaxing days of summer are finally here!

Amidst swimming, barbecues and fun time with family and friends, please encourage your children to read throughout the summer.

Diving into good reads will help keep your child's mind sharp and ready to soak up all kinds of new information in the upcoming school year.



**'The more that you read, the more things you will know. The more that you learn, the more places you'll go.'**

- DR. SEUSS