Starting Wednesday, March 18th:

- CTWC will be for sick/urgent care visits only.
- When you arrive for your visit at ANY office, a staff member will help limit the possible spread of infection by asking you a series of questions, some families will be asked to remain in their vehicles where an exam can be conducted.
- If anyone is sick with cold or cough symptoms, we are requesting that you call the clinic first for additional instructions.
- Please also note, Chehalis Tribal Wellness Center will attempt to continue telehealth visits for our chronic health management and well visits.

- **In-home nurse visits and/or medication delivery may be provided to anyone at risk, isolated or quarantined.**

-Dental is limited to dental emergencies only. No routine dental care or hygiene cleanings.

We currently have limited testing abilities for COVID-19 (coronavirus) therefore priority at this time goes to those with severe illness or have symptoms and are at highest risk for severe illness including older adults (age over 55), pregnant women and people who are immunocompromised or have chronic health conditions, such as heart disease, diabetes and lung disease and/or those working in healthcare/first responders.

It is important to know that most people with mild symptoms of cough/cold including COVID-19 can recover at home and that there are currently no medications specifically approved for treating COVID-19. If you are experiencing mild cough and cold symptoms, you should stay home and avoid close contact with others and follow these guidelines:


The care for COVID-19 is the same as for other respiratory illnesses:
- stay hydrated
- rest
- take pain and fever medications as needed

If your illness is worsening (for example, if you have difficulty breathing, increasing confusion), **Seek medical attention, but call first.** Before coming to our office or an emergency room, call ahead and tell them your symptoms and we will be able to provide recommendations that will help us limit the spread of infection.

As always, if you are having a medical emergency, call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.
We will continue to update you with further information or changes as they occur.

Thank you for allowing us to participate in your care.

If you have ANY questions, please call us at 360-273-5504. We are your medical home and are here to help support you and your family in this challenging time.

Sincerely,

Dr. Chau-Glendinning

Safety Officer