

# Trauma is NOT our tradition!

**A WOMEN only conference on healing from trauma**

**Please join us for a talk about Mental  
Health, Trauma, Violence and Self Care.**

**Heal through Mind & Body**

**April 20<sup>th</sup> 2022**

@ Chehalis Tribal community center Gathering room

**5:00 p.m. ~ 7:00 p.m.**

~Dinner catered by The Crowded Kitchen Catering Co.

sponsored by Chehalis Tribal Wellness center

~Child care provided

Please RSVP to Sam Sandstrom @

[ssandstrom@chehalistribe.org](mailto:ssandstrom@chehalistribe.org)

Or call The Healing House 360-709-1676

LOOK for a  
Men's conference  
coming soon!

**Gift  
Bags**

**RAFFLES!**

**Grand prize**

**FREE night at  
Lake Quinault Lodge!**

