



# *Heal your mind body & soul through beading*

*Please join the healing house staff for a beading class & healing circle*



Whether you are experienced at beading or new to beading, please join us as we teach the art of beading & share stories of stress management & self care.

**When:** *March 6th, 13th, 20th & 27th*

**3:00 p.m. to 5:00 pm**

**Where:** *Healing House*

**12615 HWY 12 SW Rochester, WA 98579**

**RSVP:** *Erika Pickernell 360-709-1677*

**Open to Chehalis Tribal members & community (ages 12 & up)**

