

NOV. 13, 2024



SDPI-DIABETES AWARENESS MONTH EVENT

Time: 5:00pm - 7:00pm

Where: Chehalis Tribal
Community Center-
Gathering Room

Jessica Stockdale will do a presentation
on Diabetes Basics



Sandra Ebel, LPN will do Blood Pressure
checks



Cathy Visser, Registered Dietitian Nutritionist will
provide a healthy meal and desert.



Questions please contact
Christina Hicks, Community Wellness
Manager at 360.709.1741 or email:
chicks@chehalistribe.org

