



*Cathy Visser, Registered
Dietitian Nutritionist with
30 years' experience and
15 years working in
Tribal communities.*

Light lunch will be provided

SDPI Lunch and Learn

Topic: Spring into Vegetables!

Where: CTWC- Clinic Meeting Room by
Pharmacy

When: Wed. April 30, 2025

Time: Noon to 1:00pm

Who: SDPI Participants or anyone
wanting to learn more about this topic.

For more
information
about this please contact:

Christina Hicks, Community Wellness Manager at
360.709.1741 or email: chicks@chehalistribe.org

We do provide a light lunch meal and allow for Questions
anytime during the presentation. Please share your
Questions about Pre-Diabetes and Diabetes.

Notice: Information displayed on this flyer, in email or on our website calendar is subject to change
without notice.