

Question. Persuade. Refer.

Our program uses QPR gatekeeper training to provide guidance on how to ask the question around suicide. This training is appropriate for staff, community and youth. QPR stands for Question, Persuade, and Refer the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR to help save thousands of lives each year, people trained in QPR teaches how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. A gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide.

Training is being offered to all Chehalis Community Members. Limited to 25 people per session.

Date: November 24, 2025

Time: 4:00 p.m. to 5:30 p.m.

Where: Chehalis Behavioral Health Conference

Room

Sign-up Required: Contact mstevens@chehalistribe.org call 360-709-1683.



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