## January is Cervical Cancer Awareness Month



Cervical Cancer begins in the cells of the cervix, the lower part of the uterus that connects to the vagina. It usually develops slowly, starting with changes in cervical cells known as dysplasia, where abnormal cells appear. If these abnormal cells are not treated, they can become cancerous and spread deeper into the cervix and nearby areas.

## Screening Guidelines

 Women should always talk to a doctor about their individual risk and the best screening schedule for them. They should also get vaccinated against HPV if they are within the recommended age range.

## **Cervical Cancer Facts**

- Cervical cancer is one of the most preventable cancers with regular screening and vaccination.
- American Indian/Alaska Native women have higher rates of cervical cancer incidence and mortality compared to non-Hispanic white women.
- Approximately 13,000 new cases of cervical cancer are diagnosed annually in the United States.

Schedule a Pap during the month of January get a \$25 gift card.

Call the Chehalis Tribal Wellness Clinic for your appointment at 360.273.5504.